



Issue 1/ 2015





Hello friends,

Welcome to Kindsville! This is where the Kindness Cubbies and I live in. Everyone in this happy town cares for one another.

You can also make your neighbourhood a fun and happy place to live in by being a good neighbour! Be kind and friendly to the people you see in the lift, void deck, playground and bus stop.

We believe all children are kind by nature, so don't be shy and bring out the Singa-spirit in you today!

Love,



ALL THE THINGS YOU WILL BE DOING

on your first day of school

Circle the things you do every morning.



Greet family members



Brush your teeth



Greet your neighbour in the lift



Have a bath



Have breakfast together as a family



Smile and say 'hello' to the bus driver

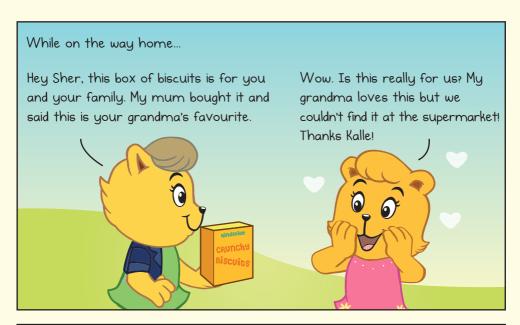
Kindness begins with me!

A Nation of Kindness Starts with One Thoughtful Neighbour











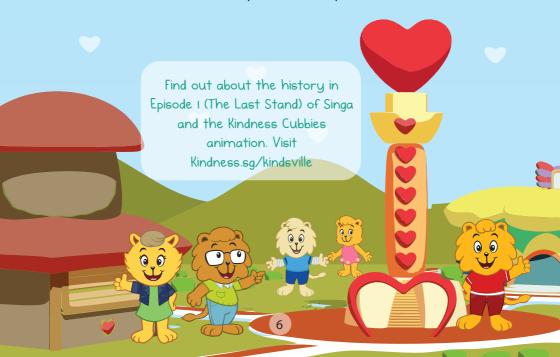


HISTORY OF KINDSVILLE

Did you know Kindsville did not start out the way it was?

Kindsville was not always the most caring neighbourhood in the universe. There was a time when people were unkind to one another.

Today, Kindsville is a town where being kind is taken very seriously. Everyone works hard to keep the compassion compass level up.





I wonder how the neighbourhoods in Singapore used to be ...

SINGAPORE

From Kampong to HDB



In the past, most people lived in *Kampongs* or Villages. They would gather and help one another in times of need.



Today, most people live in HDB (Housing Development Board) flats. Neighbours gather in playgrounds, hawker centres and void decks.

"Spread love everywhere you go, first of all in your own home...
to next door neighbour... Let no one ever come to you without
leaving better and happier."

- Mother Teresa



Singa and the Kindness Cubbies are preparing for a birthday party! They have brought gifts along with them. Help them to arrange their gifts and decorate the party





Majulah Singapura



Hey Sher, do you know that Singapore will be celebrating a special birthday this year? She will be 50 years old!

50 years is really a long time! Did you know, that many years ago, a man named Zubir Said gave Singapore a lovely gift?





Oh yes! In 1958, Zubir Said composed the song *Majulah Singapura*, which means *Onward Singapore*. It was his gift to the people of Singapore.

In 1959, students all around Singapore learnt how to sing *Majulah Singapura* and it became the national anthem on 9 August 1965.

That is a very meaningful gift! Shall we do something for our neighbourhood too?

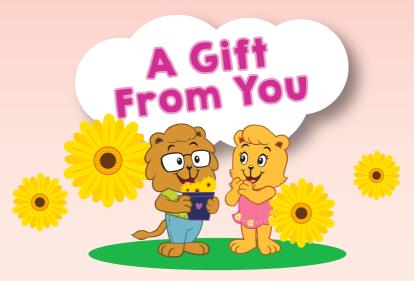












What are some gifts you can give to your classmate, family members, neighbour, community and nation?

A gift can be a smile, a helping hand or a word of kindness. It comes from the heart and can brighten someone's day!

A gift for a classmate

What can you do to surprise your friend?

A gift for your family members

What can you do for your family members to show your love?

A gift for the community

Together with your family, what can you do to spread joy in the community?

A gift for the nation

What can you do for Singapore on her 50th birthday?

	1	1	Family Time



Home is a place that is special to us, where we feel safe and warm. Our neighbourhood can be our home too. Together with our families, we can care for our neighbours. Here are some ways to get started!





Kindsville Recipe

Here's something easy you can make to share with your neighbours!

Tomeo's favourite Strawberry Parfait

You'll need:

- a cups yogurt
- a cups breakfast cereal (of any variety)
- a cups strawberries

nuts



Instructions:

- Step 1: Fill the cup with the ingredients in this order:
 - a tablespoons of yoghurt
 - a tablespoons of cereal
 - a tablespoons of strawberries nuts
- Step 2: Create as many layers as you like!
- Step 3. Serve.

Visit kindness.sg/kindsville for more Kindsville recipes.

Send out a party invite!

Share the strawberry parfait you've made with your neighbours. You may even organize a game party. Use the invite below to invite your neighbour to your strawberry parfait party!



For parents who are interested in neighbourhood cook-out ideas, please visit kindness.sg/letsmakan



The Lynx Next Door

What happens when you do not get along well with you neighbour? In this episode, Tosh struggles to deal with his new neighbour, Gremio who lives next door.

Watch the animation and find out what happened and who in the Kindsville neighbourhood won the Estate of the Year award!

www.youtube.com/kindnessSG





CUBBIES TIPS HOW TO MAKE FRIENDS WITH YOUR NEIGHBOUR

Get to know the people around you Smile and say 'hello' when you meet them in the neighbourhood.



2 Hold the lift door open for your neighbours



3 Lend a helping hand

Help your neighbours if they are carrying a heavy load.



Be friendly

Share your toys and play games together with



For parents: Organize and invite neighbours for a 'makan' session

Get to know your neighbours better over a meal! Visit kindness.sg/letsmakan





A nation of kindness starts with one. What is one kind act you have done for your neighbours?

Share your stories by sending us your letters, drawings or pictures!



Post it by snail mail to:

Singa and the Kindness Cubbies Singapore Kindness Movement 140 Hill Street #05-01 Old Hill Street Police Station Singapore 179369

Singa would like to know your home address so that he can reply to your letters! You may write your address at the back of your letter. Thank you! (Parental consent required)









Dear Singa.

My name is Hsu Myat. I am 7 years old. I am going back to Myanmar in December. I hope you will have a nice holiday too. I help my mother and father to sweep the floor. So that it will be clean. Sometimes when I was in my school canteen I help those aunty to clean the tray. I am happy to help everybody. That's why my teacher say I am a good girl. And I also help my friend and classmates to solve some questions that they do not know.

We heard that Hsu Myat enjoys doing small acts of kindness as helping others makes her happy! Indeed, we can all do our part to keep the school clean!

Hsu Myat, Age 7



A Nation of Kindness Starts with one