



Primary 3 and 4
Issue 6/ 2015

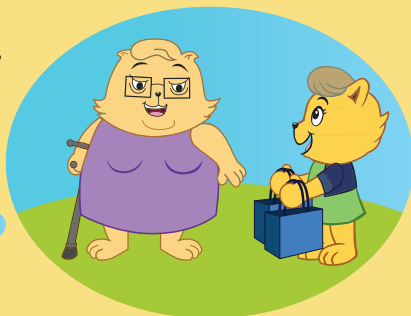


Kindness All Year Round

Hey friends, a student shared with me that her class pledged to do a total of 500 acts of kindness this year! That sounds very difficult!



Not really! Acts of kindness can be part of our daily lives. Just yesterday, I helped Mrs Boo with some heavy shopping bags.



Spreading kindness to others makes them feel special. The most memorable kind act I experienced was when Tomeo helped me with a Science experiment. Thanks to him, our Science experiment went smoothly.



Tosh showed care to me when he helped me to plant some daisies.



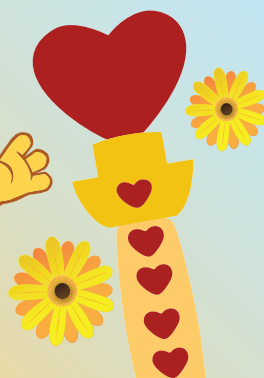
Great job guys! We have done and experienced many acts of kindness this year.



I see that we have also raised the Compassion Compass level!



Every little act of kindness adds up to making Kindsville a happier and kinder place to live in. It can make someone's day! Be kind and stay kind to everyone!



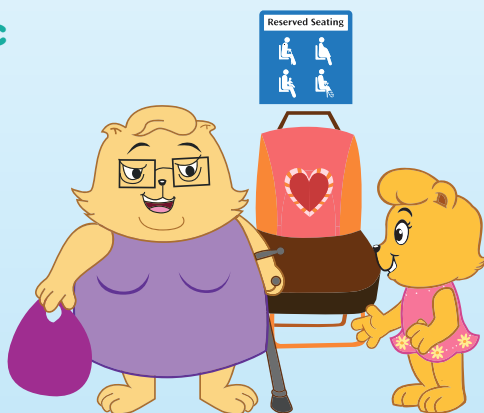
CUBBIES Kindness TIPS



Do you know that kindness doesn't take up much time and it's easy? You can be an everyday hero by showing kindness while you ...

1 Travel on the public transport

Offer your seat to an elderly person or someone who needs the seat more than you do.



2 Use the lift

Hold the lift button for someone and keep the lift clean.



Kind-O-Meter

Are you kind today?

Carefully cut out the two disks, along the dotted lines. Place the blue 'Today I am' disk on top of the yellow disk with the 5 Kindness Cubbies. Fasten both disks to the centre using a Paper fastener.

Paper fastener



You can now turn the blue disk to show what you have achieved today! (For example, turn to 'Caring' when you showed care to someone in the day.)



Kind-O-Meter

The school holidays
are coming!

Family Time

Together with your family, visit an outdoor attraction in Singapore. During your excursion, did you find litter on the way? How did you and your family have fun, while keeping the environment clean? Share your experience by completing this postcard with your family. Drop it into the mailbox at The Kindness Gallery!



Visit Singa and the Kindness Cubbies
at The Kindness Gallery!

140 Hill Street, #01-09
Old Hill Street Police Station
Singapore 179369

(Opening Hours: Monday to Friday 10am - 5pm
Closed on weekends and Public Holidays)

★Please do not mail this postcard.)

Dear Singa,

Remember to drop your postcard
into Kindsville's Mailbox outside
The Kindness Gallery!



My Kindness Adventures



COLOUR ME!

Fill up Singa's garden of kindness
with colours.



Dear friends of Kindsville,



Happy School Holidays !



— From Singa and
the Kindness Cubbies —

Singa TOSH Sher* Tomeo Kalle



Showing Appreciation to a Friend

It is the end of the school term and all of you have helped one another in projects and group discussions. Choose one of your friends whom you want to thank for helping you in the year by giving him/her a personalised card.

Think of a kind word beginning with each letter of their name, for example Tosh could be:



- T** - Talented
- O** - Outstanding
- S** - Sincere
- H** - Helpful

Some words you may use:

Amazing, Bright, Caring, Diligent, Encouraging, Fabulous, Gracious, Kindhearted, Lively, Magical, Polite, Responsible.

Create a card using a piece of paper in your favourite colour. Write your friend's name on it and decorate your card with stickers found in the sticker page. Give the card to your friend!



Watch Singa and the Kindness Cubbies Animation

Pass It On

Kindsville Academy is abuzz with excitement when Singa and Tosh announce their latest project. It is a mobile app called "Gimme a Hand"! With this new online community, anyone in Kindsville who needs help can post their request, and other users can then respond to lend a helping hand!

Watch this animation and find out how everyone in Kindsville, including Spike the bully, goes around helping one another.



www.youtube.com/kindnessSG

Activity

What do you do during your free time? Here's an idea from Singa and Tosh!



Teach someone something you already know how to do. For example, riding a bicycle, swimming, reading, drawing, writing stories, or playing football. You can start by writing a list of all the cool things you can do, and ask your friends or family if they would like to learn any of them!

What I am good at:

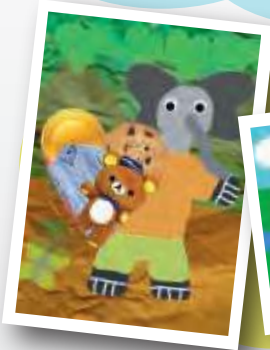
I can teach my family and friends how to:



KINDNESS PROJECTS FEATURED IN SG50 E-BOOK

THE FIRST KINDNESS DAY SG (Dunearn Secondary School)

Students expressed their hope for a kinder and more gracious Singapore by creating their original song and video.



SHARITY- THE ENDURING SINGAPORE MASCOT (Pathlight School)

Talented students created short digital clips with drawings and Lego model animations to promote the kindness spirit.

WHO KEEPS SINGAPORE CLEAN? Yuhua Primary School

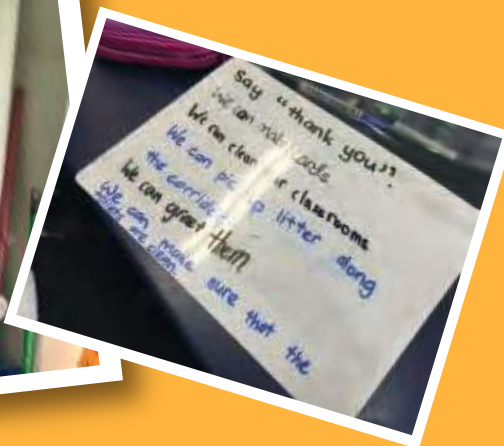
Students used sand art to tell the story of Water Wally. You can hear the voices of the 'silent heroes' in Singapore who work tirelessly to keep our environment clean.



To read these stories about Kindness and many other interesting stories, with your parents' permission, download the SG50 e-book from the Apple Store or Google Play Store today!



PROJECT SHINE



Pupils from Park View Primary School take responsibility for keeping their school clean and show care for others who share common spaces through Project Shine. They clean their classrooms during the last 5 minutes of school every day and also help clean the rest of the school compound once every term.

They also participate in Circles of Sharing and use reflections to learn how to appreciate those who clean the school for them. The Cleanliness Leaders appointed in each class also help ensure cleanliness is maintained daily.



A CELEBRATION OF KINDNESS STARTS WITH ONE

(Featuring Bedok Green Primary School)

This year, Friend of Singa is celebrating its 25th year of spreading kindness in schools and the community!

Let's take a look at what kindness ambassadors in Bedok Green Primary School have done to spread kindness within the school.

Kindness ambassadors from Bedok Green Primary School came up with activities that engaged one's Head, Heart and Hands. A mural was also created in celebration of kindness!

HEAD

Assembly talks on kindness were conducted and posters of students displaying kind acts were put up in school.

HEART

Students penned down notes of appreciation and gave them to those who made a difference in their lives.

HANDS

Students formed their class mural using templates.



“

I have learnt that simple kind acts make someone's day. If everyone takes the initiative to spread kindness, the school will become a gracious and kinder place!

”

— Friend of Singa 2015 Ambassador
Nurul Ain Binte Harun
Primary 5



write to singa



How do you feel when you experience an act of kindness?
Does that make you feel like spreading kindness to more
people around you?

Write to Singa and the Kindness Cubbies to share your
kindness stories. You may wish to draw as well!

Post it by snail mail to:

Singa and the Kindness Cubbies
Singapore Kindness Movement
140 Hill Street #05-01
Old Hill Street Police Station
Singapore 179369

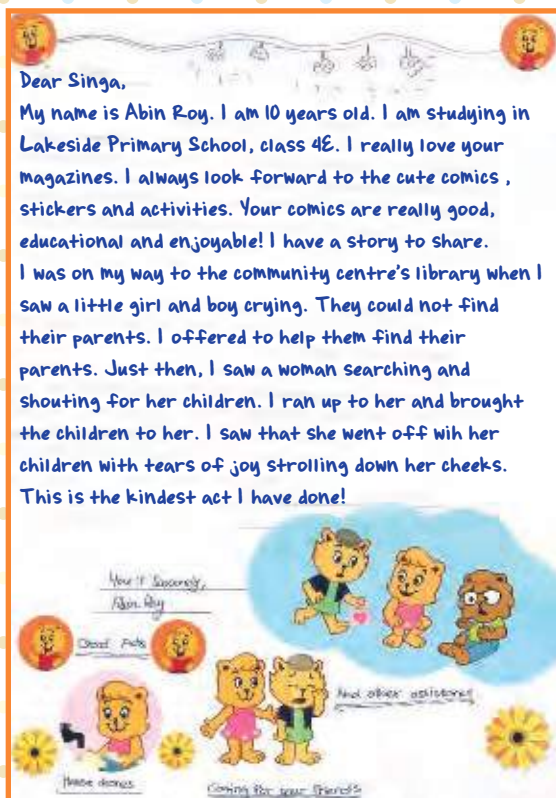
Singa would like to know your home address so that he can reply to your
letters! You may write your address at the back of your letter. Thank you!

(Parental consent required)

Featured Entries



Singa and the Kindness Cubbies are overjoyed to have received so many letters. We would love to hear your kindness stories over the school holidays!



Abin Roy, Age 10

Dear Singa,
I am turning 9! Although my brother is a little mean to me sometimes, he still loves and cares about me. When I am going out to play, I always help him and show care. Sometimes when we play together, we get into trouble or one of us will get hurt. We will say sorry and forgive each other. Have a nice day!



Xania Chen, Age 9

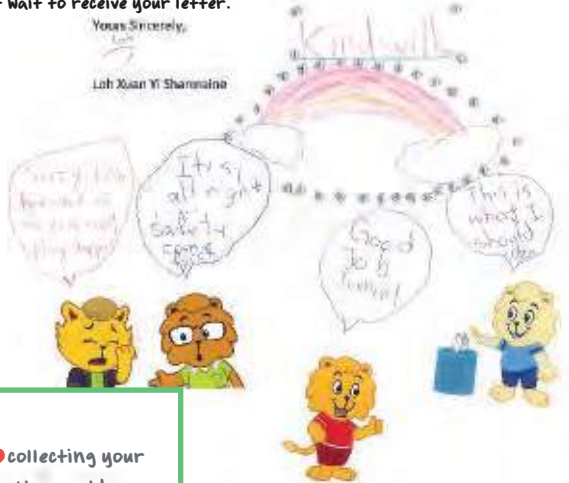
Dear Singa,

I am Loh Xuan Yi Sharmaine. I am a pupil from Pei Chun Public School. I am 9 years old and study in class 3C. On Tuesday, during PE lesson, my friend Edlyn fell down when she was playing soccer. When I turned back, I saw Edlyn sitting on the field groaning in pain. I helped her up and let her continue the fun. Her group mates did not blame her. Instead, they asked if she was alright. I learnt that helping people is what we must all do. Kindsville is where I can learn good manners. Tomeo, Tosh, Sher, Kalle and you have taught me lots of stuff. I can't wait to receive your letter.

Yours Sincerely,

Loh

Loh Xuan Yi Sharmaine



Loh Xuan Yi Sharmaine, Age 9

Dear Singa,

I am Javier and I'm 9 years old. I ❤️ collecting your Kindsville Times magazines as my brother and I think they are interesting. I also like to watch Singa and the Kindness Cubbies animation too! Most importantly, I am telling you a kind deed that I have done yesterday. When I was walking home from school, I saw a blind man holding a walking stick. He was trying to cross the road. The blind man said that he wanted to go to the bus stop. I then held his hand and we walked to the bus stop together. When the bus arrived, I helped him onto the bus. He thanked me gratefully. From that day, I felt very proud of my good deed. I'm leaving for now. Hope to see you again!



Javier Loke, Age 9



EXCLUSIVE CLUB
FOR THE KIND ELITE

C.L.U.B. *Cubbies*

Singa and the Kindness Cubbies are
searching for 100 kindness ambassadors!

Log on to www.kindness.sg/kindsville to find out
how you can join Club Cubbies and what is
needed in your kindness portfolio!

Registration starts on 14th November 2015.