



singapore
kindness
movement



Kindsville Times JUNIOR

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CARE



Volunteering With One Caring Heart



You can team up with me and my brother.
We are heading to Mrs Boo's house.

Great! Let's go!



Together, the cubbies help out at Mrs Boo's house by cleaning and tidying the house.



Thank you kids. I have been unwell these few days and I'm glad all of you came to help tidy the house. You have definitely brightened my day!

You're welcome Mrs Boo. We feel great too, bringing joy and happiness to the people who live around us.



CUBBIES TIPS

How can you show care
to the people around you?

1 Lend a helping hand

You can help your parents set the table for meals.



2 Sharing things you care about

Sharing is caring. Share your things with others.



3 Ask someone about his/her day

Initiate a conversation with a friend/teacher/school support staff and ask him/her how his/her day is.



4 Apologise when you're in the wrong

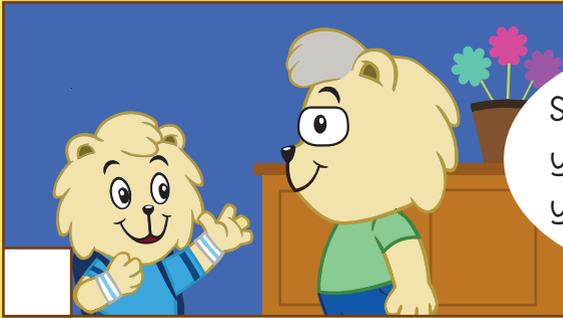
This shows that you care about how others are feeling.





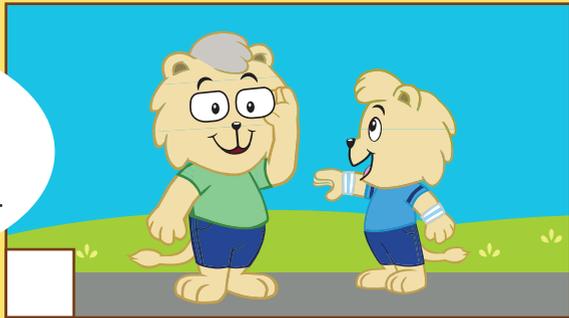
Caring for the Elderly

How can you show care to your grandparents?
(Tick the boxes)



Share stories about your day in school with your grandparents.

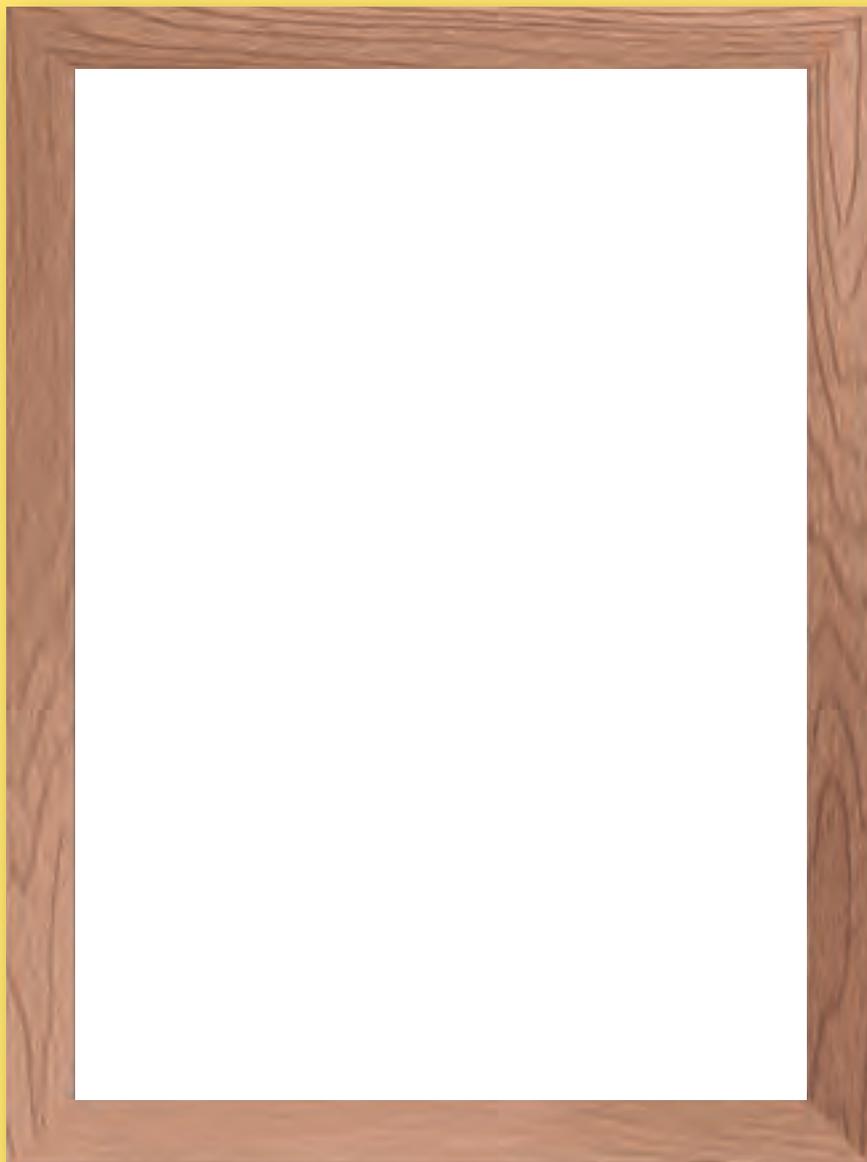
Play games, take walks in the park and read together.



Rush ahead of your grandparents instead of walking together.

MY GRANDPARENTS

Draw a picture to show some other ways you can care for your grandparents.



Caring for the Environment

In Kindsville, everyone is responsible for keeping the environment clean and beautiful! How can you care for the environment? Paste the stickers found in the sticker page in the circles provided.



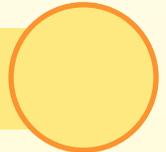
Ways to care for the environment



Actions that will harm the environment



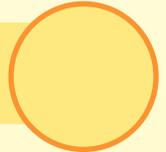
Take quick showers.



Return plates and bowls after eating in the canteen.



Leave the lights and fans on when nobody is in the classroom.



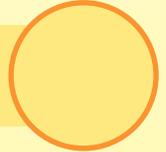
Keep the toilet clean and dry.



Write on both sides of the paper.



Ignore pieces of litter on the floor.





Caring for a Friend

Kalle wants to show concern to Sher who is crying, but she doesn't know what has happened to her. Help Kalle find out why Sher is crying and what can she do to help her best friend.

Hold the booklet up against the sun with this page facing you, to find out what Sher is thinking.

What is Sher thinking? Write the message in her thought bubble.

What should Kalle say to Sher? Write in the speech bubble.



Oh no. I left my Math
textbook at home. I am
going to get a scolding
from Ms Lola.

★
★ Caring for a Friend ★
★

A GIFT TO A FRIEND

Decorate the door hanger with stickers found in the sticker page.
Write the name of your friend on the door hanger and give it to
him/her as a gift.



A GIFT TO A FRIEND

Caring for our Home



How can we show care for our home?



In a place we call home, we live, play and work together regardless of race, language and religion.



Draw pictures of caring acts you see at home or in school.



Featured artwork, 'Our Home' by Zhenghua Primary School at Singapore Youth Festival 2015 Art Exhibition
(Teacher- Mdm Geraldine Ang Lay Peng, Students- Arista Lim Hui Xin, Jana Toan Xin Yi, Low Shi Qi, Quek Wei Shuin, Jolene Tay Hui, Ng Xi, Tiffanie Goh Shan Yu, Ang Jia Wei, Diane Lim Jia Yu, Ang Kai Xin)



Befriend An Elderly Day

It's Befriend An Elderly Day in Kindsville Academy, and the students are eagerly awaiting who their elder friend will be.

Sher's elder friend, Flora, is an elderly who loves to knit.

Watch this animation and find out how Sher learns to show care for someone while interacting with Flora.



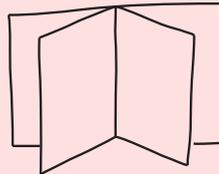
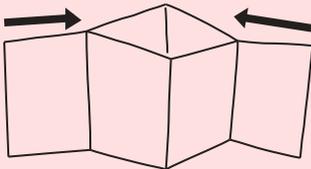
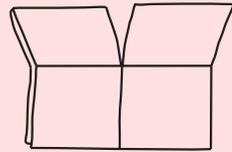
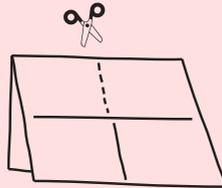
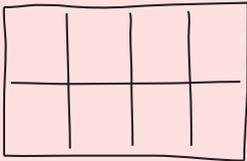
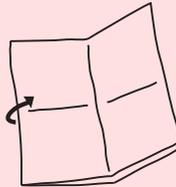
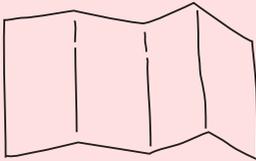
www.youtube.com/kindnessSG

Activity

Mini-book

Create a mini-book to re-tell the story in the animation. Include what you have learnt as well.

Things you'll need: A3 drawing paper, Scissors, Pencil, Colour pencils



Family Time

Make a Memory Box

Invite your family members to make a memory box each. Fill a special box with your favourite photos, collectables, certificates or even used tickets.



Take out these treasures from your memory box and show them to your family members. Take turns to share your stories and explain why these items are special to you.

How do you feel after hearing the stories from your family members?



CARING THOUGHTS FOR OUR COMMUNITY



In Anderson Primary School, activity booths were set up in school to welcome the elderly who live in the neighbouring estate. During the annual food drive, students from each class brought food items to donate to the needy families. Everyone had a great time interacting with the elderly and did a kind deed for the community!



Helping someone in need is a way of showing care.



write to Singa



Being kind or caring means helping others unconditionally, having empathy for others, and showing compassion to others. How do you show care to people around you?

Write to Singa and the Kindness Cubbies to share your kindness stories. You may wish to draw as well!

Post it by snail mail to:

Singa and the Kindness Cubbies
Singapore Kindness Movement
140 Hill Street #05-01
Old Hill Street Police Station
Singapore 179369



Singa would like to know your home address so that he can reply to your letters! You may write your address at the back of your letter. Thank you!

(Parental consent required)

Featured Entries



Dear Singa,

My name is Muckey Lim and I am 8 years old. Thank you for letting me know all about kindness. I have been collecting your activity booklets as they are very fun.

I greet my teachers whenever I see them in school. I have also been helping my friends solve questions and problem sums.

During my free time, I help my helper with cooking and cleaning. I respect my teachers, friends and family. I do not shout at them.

Lastly, I wish everyone can queue up when going up the school bus or buying food at the canteen.



Muckey Lim, Age 8

Dear Singa,

My name is Yuchen. I am from Lakeside Primary School, class P1F. I am 7 years old. I respect my teacher and friends by listening to them when they are talking. That day, I helped my friend, Gissie Ng, when she fell near the field. I brought her to the general office.



Yuchen, Age 7



EXCLUSIVE CLUB
FOR THE KIND ELITE

C.L.U.B.
Cubbies

Singa and the Kindness Cubbies are
searching for 100 kindness ambassadors!

If you think you have what it takes to be a kindness ambassador,
join us as a member of C.L.U.B Cubbies.

Each member of C.L.U.B Cubbies will receive:

- Welcome Pack
- First hand and exclusive invites to workshops and events
- Resource Kits
- Birthday Gift and a letter from Singa!

Registration starts on 14th November at www.kindness.sg/kindsville