



Primary 3 and 4
Issue 5/ 2015

CARE



Volunteering With One Caring Heart



You can team up with me and my brother.
We are heading to Mrs Boo's house.

Great! Let's go!



Together, the cubbies help out at Mrs Boo's house by cleaning and tidying the house.



Thank you kids. I have been unwell
these few days and I'm glad all of you
came to help tidy the house. You
have definitely brightened my day!

You're welcome Mrs Boo. We
feel great too, bringing joy and
happiness to the people who live
around us.





CUBBIES TIPS

How can you show care
to the people around you?



1 Lend a helping hand

You can offer to help your teachers to carry books.



2 Ask someone about his/her day

Initiate a conversation with a friend/teacher/school support staff and ask him/her how his/her day is.



3 Sharing things you care about

Sharing is caring. Share your things/knowledge or experiences with others.



4 Showing concern

If you know someone in school is feeling upset/unwell, you can show concern by asking how he/she is feeling and trying to cheer him/her up.



5 Apologise when you're in the wrong

This shows that you care about how others are feeling.



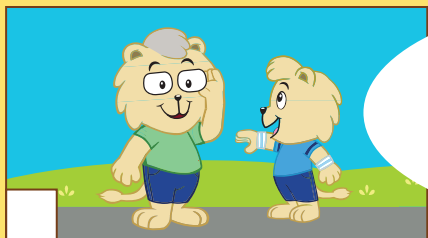


Caring for the Elderly

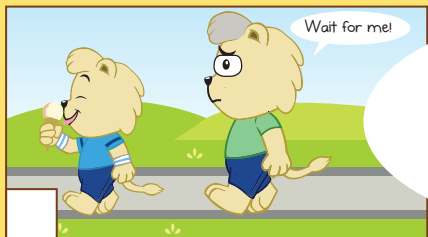
How can you show care to your grandparents or to your elderly relatives? (Tick the boxes)



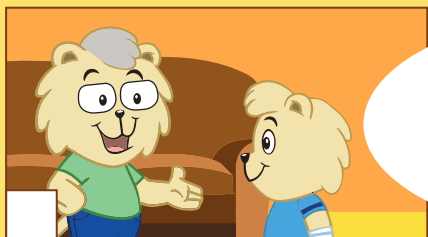
Share stories about your day in school with your grandparents.



Play games, take walks in the park and read together.



Rush ahead of your grandparents instead of walking together.



Always be ready to offer your help.

A DAY WITH MY GRANDPARENTS/ ELDERLY RELATIVES



How would you spend a day with them?

List of activities:

E.g. Exercising in the park, playing board games, having a meal together, helping with household chores etc

Caring for the Environment

In Kindsville, everyone is responsible for keeping the environment clean and beautiful! How can you care for the environment? Paste the stickers found in the sticker page in the circles provided.



**Ways to care for
the environment**



**Actions that will harm
the environment**

**Design a poster to spread
awareness on how to keep
the school clean.**

Recycle.

**Return plates and
bowls after eating in
the canteen.**

**Keep the toilet
clean and dry.**

**Pluck flowers in the
school garden.**

**Ignore pieces of
litter on the floor.**

**Switch off the
lights after use.**

Take long showers.



Sher wants to show concern to Kalle who has been looking troubled. Help Sher find out what is troubling Kalle, and what can she do to help her best friend.

Hold the booklet up against the sun with this page facing you, to find out what Kalle is thinking.

What is Kalle thinking? Write the message in her thought bubble.

What should Sher say to Kalle? Write in the speech bubble.



Oh no. I don't think I will
pass my science test
tomorrow.

★
★ Caring for a ★
Friend
★

A GIFT TO A FRIEND

Decorate the door hanger with stickers found in the sticker page.

Write a message to put a smile on your friend's face.



Caring for our Home



How can we show
care for our home?



In a place we call
home, we live, play and
work together
regardless of race,
language and religion.



How can you show care at home, in school and in your neighbourhood?

Featured artwork, 'Our Home' by Zhenghua Primary School at Singapore Youth Festival 2015 Art Exhibition
(Teacher: Mdm Geraldine Ang Lay Peng, Students: Arista Lim Hui Xin, Jana Toan Xin Yi, Low Shi Qi, Quek Wei Shuin, Jolene Tay Hui, Ng Xi, Tiffanie Goh Shan Yu, Ang Jia Wei, Diane Lim Jia Yu, Ang Kai Xin)



Watch Singa and the Kindness Cubbies Animation

Befriend An Elderly Day

It's Befriend An Elderly Day in Kindsville Academy, and the students are eagerly awaiting who their elder friend will be.

Sher's elder friend, Flora, is an elderly who loves to knit.

Watch this animation and find out how Sher learns to show care for someone while interacting with Flora.



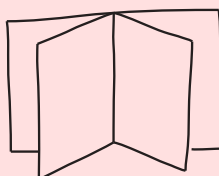
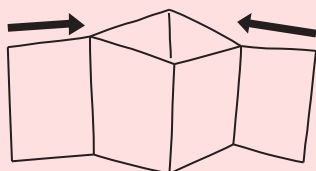
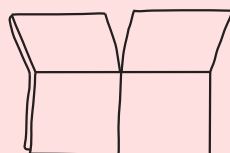
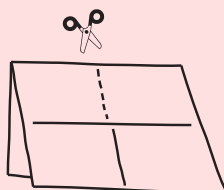
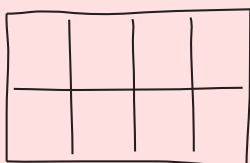
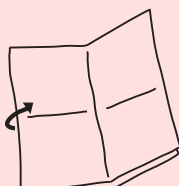
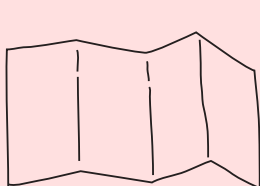
www.youtube.com/kindnessSG

Activity

Mini-book

Create a mini-book to re-tell the story in the animation
Include what you have learnt as well.

Things you'll need: A3 drawing paper, Scissors,
Pencil, Colour pencils



Family Time

Make a Memory Box

Invite your family members to make a memory box each. Fill a special box with your favourite photos, collectables, certificates or even used tickets.



Take out these treasures from your memory box and show them to your family members. Take turns to share your stories and explain why these items are special to you.

How do you feel after hearing the stories from your family members?



CARING THOUGHTS FOR OUR COMMUNITY



In Anderson Primary School, activity booths were set up in school to welcome the elderly who live in the neighbouring estate. During the annual food drive, students from each class brought food items to donate to the needy families. Everyone had a great time interacting with the elderly and did a kind deed for the community!



Helping someone in need is a way of showing care.



Describe the most caring thing anyone has ever done for you.
How did it make you feel? What effect did that have on you?

Write to Singa and the Kindness Cubbies to share your kindness stories. You may wish to draw as well!

Post it by snail mail to:

Singa and the Kindness Cubbies
Singapore Kindness Movement
140 Hill Street #05-01
Old Hill Street Police Station
Singapore 179369

Singa would like to know your home address so that he can reply to your letters! You may write your address at the back of your letter. Thank you!
(Parental consent required)

Featured Entries



Hello!

Keziah is back! I like reading Kindsville Times. My favourite is the activity pages. They are very interesting!

Respect is one of my school values. I respect other races and beliefs, my parents, my friends and even passengers on board the bus or train.



People feel cared for when others show respect to them. I respect my teachers by greeting them in school, and keeping quiet when they are teaching in class.

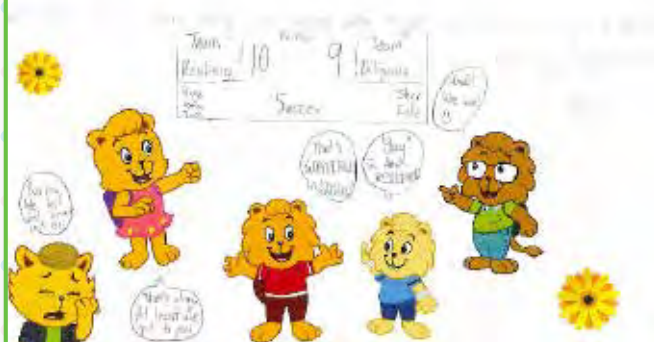


Dear Singa and buddies,

My name is Valerie Chong. I am 10 years old and I'm from Casuarina Primary School. Thanks for these cute activity books! It makes me want to learn more about ways to show kindness.

I think that showing respect is very important. We should always show respect when someone is talking. I always greet my teachers and say good morning! We should also respect each other's race and religion. I think that is the reason why we celebrate Racial Harmony Day. As always, we should forgive others. Just forgive and forget!

From your friend in Singapore,
Valerie



Keziah, Age 10

Valerie Chong, Age 10

EXCLUSIVE CLUB
FOR THE KIND ELITE



**Singa and the Kindness Cubbies are
searching for 100 kindness ambassadors!**

If you think you have what it takes to be a kindness ambassador,
join us as a member of C.L.U.B Cubbies.

Each member of C.L.U.B Cubbies will receive:

- Welcome Pack
- First hand and exclusive invites to workshops and events
- Resource Kits
- Birthday Gift and a letter from Singa!

Registration starts on 14th November at www.kindness.sg/kindsville