



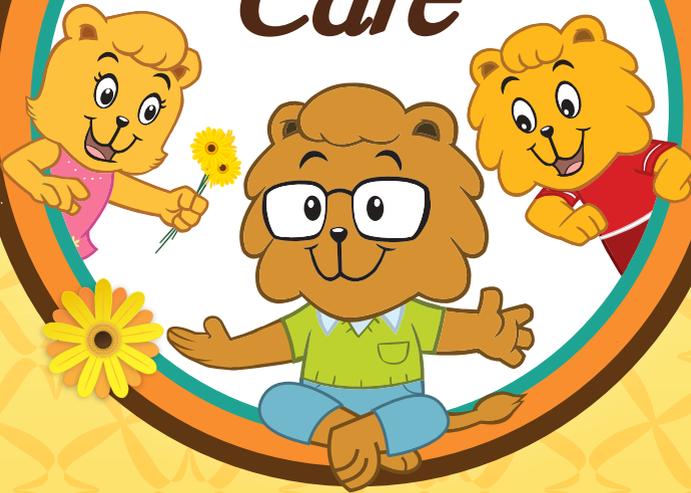
singapore
kindness
movement



Primary 5 and 6
Issue 5/ 2015

HELPING ANYONE IN NEED IS A WAY OF SHOWING CARE FOR SOMEONE

Care



Volunteering With One Caring Heart



You can team up with me and my brother.
We are heading to Mrs Boo's house.

Great! Let's go!



Together, the cubbies help out at Mrs Boo's house by cleaning and tidying the house.



Thank you kids. I have been unwell these few days and I'm glad all of you came to help tidy the house. You have definitely brightened my day!

You're welcome Mrs Boo. We feel great too, bringing joy and happiness to the people who live around us.



CUBBIES TIPS

How can you show care
to the people around you?

1 Sharing things you care about

Sharing is caring. Share your things/knowledge or experiences with others.



2 Ask someone about his/her day

Initiate a conversation with a friend/teacher/school support staff and ask him/her how his/her day is.



3 Be sensitive to others' feelings

Be aware of how others around you are feeling so that you can respond positively.



4 Appreciate the people in your life

Thank the people who have helped you during hard times. (E.g. Write a 'Thank you' card)



5 Apologise when you're in the wrong

This shows that you care about how others are feeling.





Caring for the Elderly



How can you show care to your grandparents or to your elderly neighbours? (Tick the boxes)

Talk to your grandparents/elderly neighbours about your day in school.

Ignore them when they call you.



Be patient and walk together with them even if you are in a rush.

Play games, take walks in the park and read together.

Talk back to them.



Invite your grandparents/elderly neighbours to share some words of wisdom with you.

**A CHAT WITH MY
GRANDPARENTS/
ELDERLY NEIGHBOURS**



Share one value (e.g respect, care etc.) that is important in life and why?

Share an interesting life experience with me.

Caring for the Environment

In Kindsville, everyone is responsible for keeping the environment clean and beautiful! How can you care for the environment? Paste the stickers found in the sticker page in the circles provided.



Ways to care for the environment

Use plastic bags
instead of reusable
bags when shopping.

Return plates and bowls
after eating in the
canteen/ hawker centres.

Reduce the usage of
disposable cutlery.

Design a poster to spread
awareness on how to
keep the school clean.



Actions that will harm the environment

Pick up litter around
your neighbourhood
with your family.

Support the recycling
efforts.

Switch off the lights
and fans after use.

Write on one side of
the paper only.



Tomeo wants to show concern to Tosh who has been looking troubled for the whole day. Help Tomeo find out what is troubling Tosh, and what can he do to help his best friend.

Hold the booklet up against the sun with this page facing you, to find out what Tosh is thinking.

What is Tosh thinking? Write the message in his thought bubble.

What should Tomeo say to Tosh? Write in the speech bubble.



Oh no. Spike wants
me to help him cheat
in the test later. What
should I do?

★
★ **Caring for a
Friend** ★

A GIFT TO A FRIEND

Cut out the door hanger and write a note of appreciation to your friend!



A GIFT TO A FRIEND

Caring for our Home

In a place we call home, we live, play and work together regardless of race, language and religion.

With reference to newspaper articles describing situations that show caring and uncaring actions in your country, write a letter to the people involved to praise them or give them feedback. You may wish to include the following points:

- ▶ How do you feel about the action?
- ▶ Why do you feel this way?
- ▶ How has it impacted you?

Dear _____,

From: _____



Befriend An Elderly Day

It's Befriend An Elderly Day in Kindsville Academy, and the students are eagerly awaiting who their elder friend will be.

Sher's elder friend, Flora, is an elderly who loves to knit.

Watch this animation and find out how Sher learns to show care for someone while interacting with Flora.



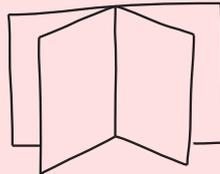
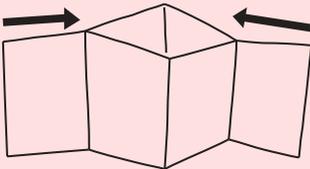
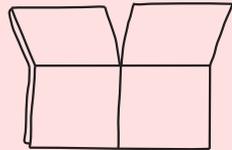
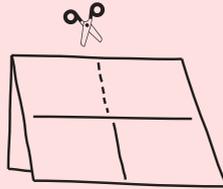
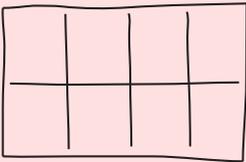
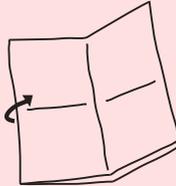
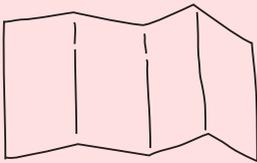
www.youtube.com/kindnessSG

Activity

Mini-book

Create a mini-book to re-tell the story in the animation. Include what you have learnt as well.

Things you'll need: A3 drawing paper, Scissors, Pencil, Colour pencils



Family Time

Make a Memory Box

Invite your family members to make a memory box each. Fill a special box with your favourite photos, collectables, certificates or even used tickets.



Take out these treasures from your memory box and show them to your family members. Take turns to share your stories and explain why these items are special to you.

How do you feel after hearing the stories from your family members?



CARING THOUGHTS FOR OUR COMMUNITY



In Anderson Primary School, activity booths were set up in school to welcome the elderly who live in the neighbouring estate. During the annual food drive, students from each class brought food items to donate to the needy families. Everyone had a great time interacting with the elderly and did a kind deed for the community!



Helping someone in need is a way of showing care.



Share an experience of you doing community service. Write about what you did and what you got out of doing it.

Write to Singa and the Kindness Cubbies to share your kindness stories. You can include a photograph or picture!



Post it by snail mail to:

Singa and the Kindness Cubbies
Singapore Kindness Movement
140 Hill Street #05-01
Old Hill Street Police Station
Singapore 179369



Singa would like to know your home address so that he can reply to your letters! You may write your address at the back of your letter. Thank you!
(Parental consent required)

Featured Entries



Dear Singa,

Hello! My name is Kelyn and I am 11 years old this year. I am from Paya Lebar Methodist Girls' School. To me, respect means being polite by saying "Thank You" when someone helps me or corrects my mistakes. I'll say sorry when I have done something wrong to others.

Here's a story that I would like to share! During one of my school days, I was assigned a duty during recess time, hence I had less time for recess. My classmate waited for me to go for recess together. I thanked her for her patience and time. Sometimes, I lend her money during recess.

I always feel good after doing a good deed. I have learnt a lot from you, to be kind and polite. Thank you for teaching me to be a better person in life! Hope to hear from you soon Singa and the Kindness Cubbies!



To:
SHER KALLIE TASH TASH
&
Singa

Kelyn, Age 11



EXCLUSIVE CLUB
FOR THE KIND ELITE

C.L.U.B. Cubbies

Singa and the Kindness Cubbies are
searching for 100 kindness ambassadors!

If you think you have what it takes to be a kindness ambassador,
join us as a member of C.L.U.B Cubbies.

Each member of C.L.U.B Cubbies will receive:

- Welcome Pack
- First hand and exclusive invites to workshops and events
- Resource Kits
- Birthday Gift and a letter from Singa!

Registration starts on 14th November at www.kindness.sg/kindsville