



Kindsville Times JUNIOR

Issue 2/ 2016

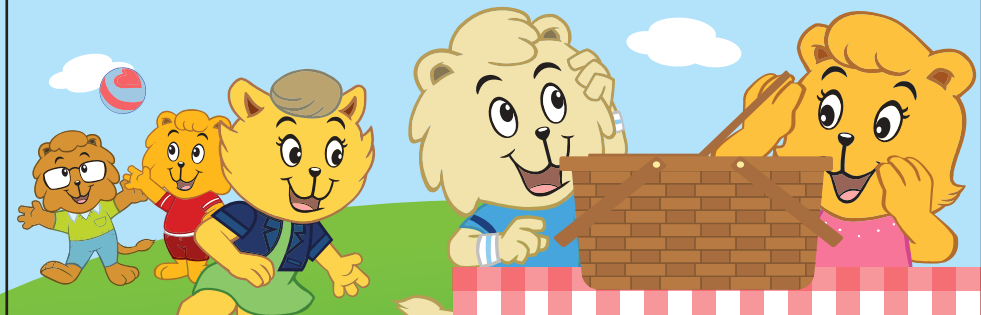
singapore
kindness
movement

A LITTLE THOUGHT
FOR OTHERS MAKES
ALL THE DIFFERENCE



PICNIC WITH POLITENESS

Singa and the Kindness Cubbies are excited about the picnic and fun games for the day. They can't wait to start with the food that Tomeo prepared!



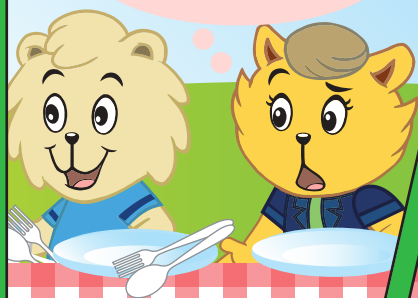
Guys, can you help me unpack the picnic basket please?



The cubbies start to pass the food around while Tomeo distributes the cups and spoons.



Tomeo did not give me any utensils...



She notices Tomeo's fork and spoon.



While Tomeo is distracted, she takes his utensils for herself.



Hey! Who took
my fork and spoon?



I did... But it was only because
you did not give me any!



I'm sure Tomeo did not
do it on purpose.

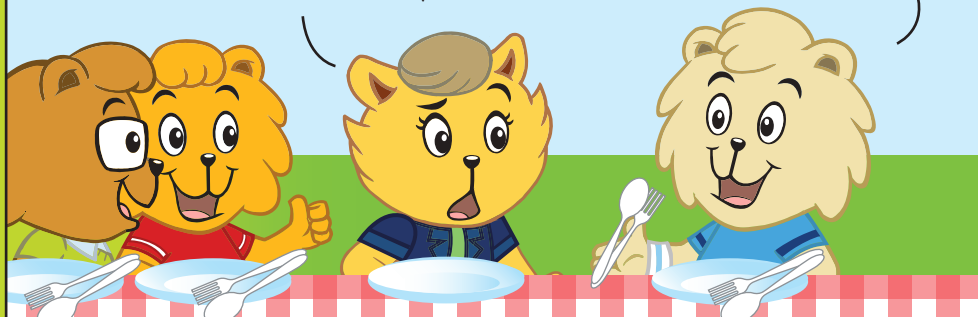


You could try
asking him nicely.



Sorry Tomeo, I did not mean to be rude. Can you pass me another set of utensils please?

Sure. Here you go!



Thank you, Tomeo!



You are welcome, Kalle. Come on everyone, it is time to eat!





WORDS

that work wonders

Simple words and phrases such as "Please", "Thank you", "May I", "You're welcome", "Excuse me" and "I'm sorry" are magic words that help you get along well with others. How can we use them?

Complete the table below by pasting the magic stickers found on the sticker page. Let's choose our words wisely today!

When	Don't say	Do say
You want something.	"Give me that."	
You want permission to do something.	"I want..."	
Someone says "Thank you".	(being quiet)	
You accidentally bump into someone.	"Oops"	
You receive a gift.	"I want the other one." "I already have one." "I don't like it."	
You are in a rush and you need to walk through a crowd.	"Move!" "Don't block my way!"	



CUBBIES TIPS

How can you show gratitude to your family?

1 Do something thoughtful

Hand-write a thank-you note.



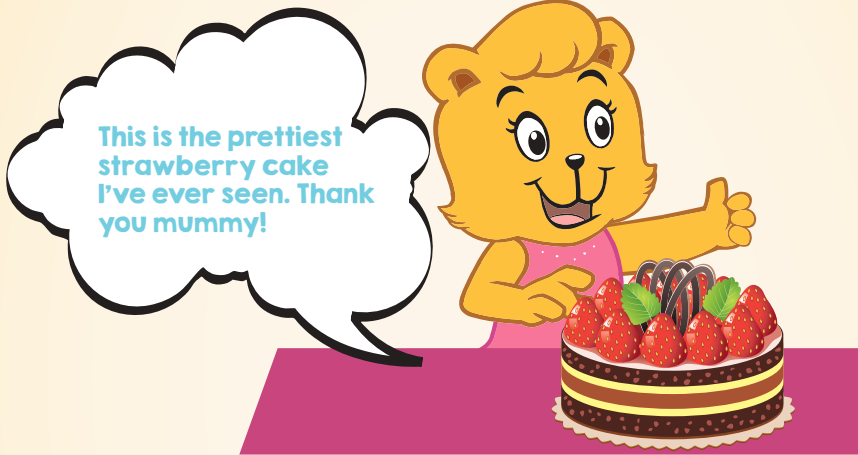
2 Spend time with them

Sharing time together shows that you care.



3 Compliment someone

Say nice things to others to spread joy!



4 Be helpful in return

You can help to clean the dinner table after having a meal.



THE FRIENDSHIP PUZZLE

Best friends encourage, help and listen to each other. Find and circle these 3 magic words!

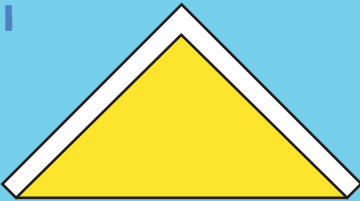
A	O	K	R	G	M	I	L	P	U	T	S	O	I
B	E	A	E	T	N	O	S	C	D	E	A	R	Y
T	S	W	S	O	A	P	O	I	R	J	K	A	U
M	A	P	P	R	L	C	I	A	T	I	L	E	R
I	O	U	O	E	I	T	C	S	U	I	I	L	S
T	K	I	H	S	B	D	O	I	E	A	S	O	Z
F	O	H	S	P	E	G	O	H	R	F	T	T	W
C	A	O	I	E	O	T	A	U	I	U	E	D	E
E	N	C	O	U	R	A	G	E	A	K	N	O	O
A	H	A	L	T	T	C	O	R	A	L	E	G	H
L	L	O	E	S	F	H	T	N	O	S	S	E	T



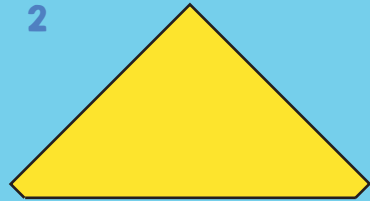
GIVING A GIFT

— FRIENDSHIP WRISTBAND —

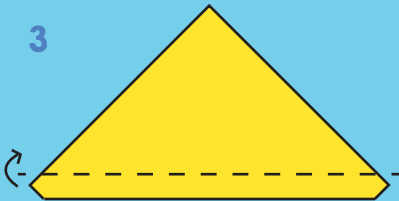
8 April is International Friendship Day. On this day, we remember the spirit of friendship and collaboration among different people in our lives. Make a Friendship Wristband for your friend to celebrate the friendship!



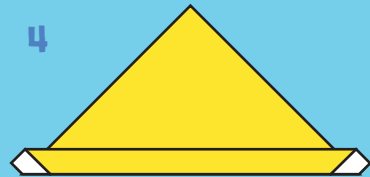
Use a coloured paper that has different colours on both sides.



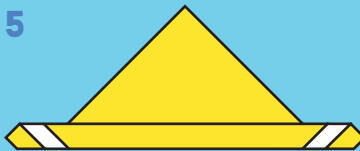
Flip it.



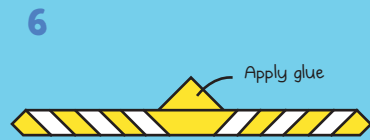
Fold upwards.



Continue folding upwards.



You should start to see patterns forming on your band.



On the last fold, use glue to hold the flap down.



Decorate your band with stickers from the sticker page.



Tape the ends of A and B to complete your Friendship Wristband!

The Magic of **Thank you Notes**

The Kindness Cubbies think that thank-you notes are important. Here's a thank-you note Tomeo wrote to Grandpa.

Dear Grandpa,

Thank you for bringing me to the park and teaching me how to ride on the bicycle. I really enjoyed myself last Sunday!



**Cheers,
Tomeo**

Tomeo's tips to writing a meaningful thank-you note

- 1** Hand-write a thank-you note.
- 2** Start off with the word "Dear".
- 3** Explain what makes you happy and thankful.
- 4** Use pleasant words - E.g. great, enjoy, kind, helpful.

★ Try a little
Gratitude
today! ★

Write a thank-you note to someone whom you are thankful
for today! Tear out the note and give it to him/her!

Dear _____,



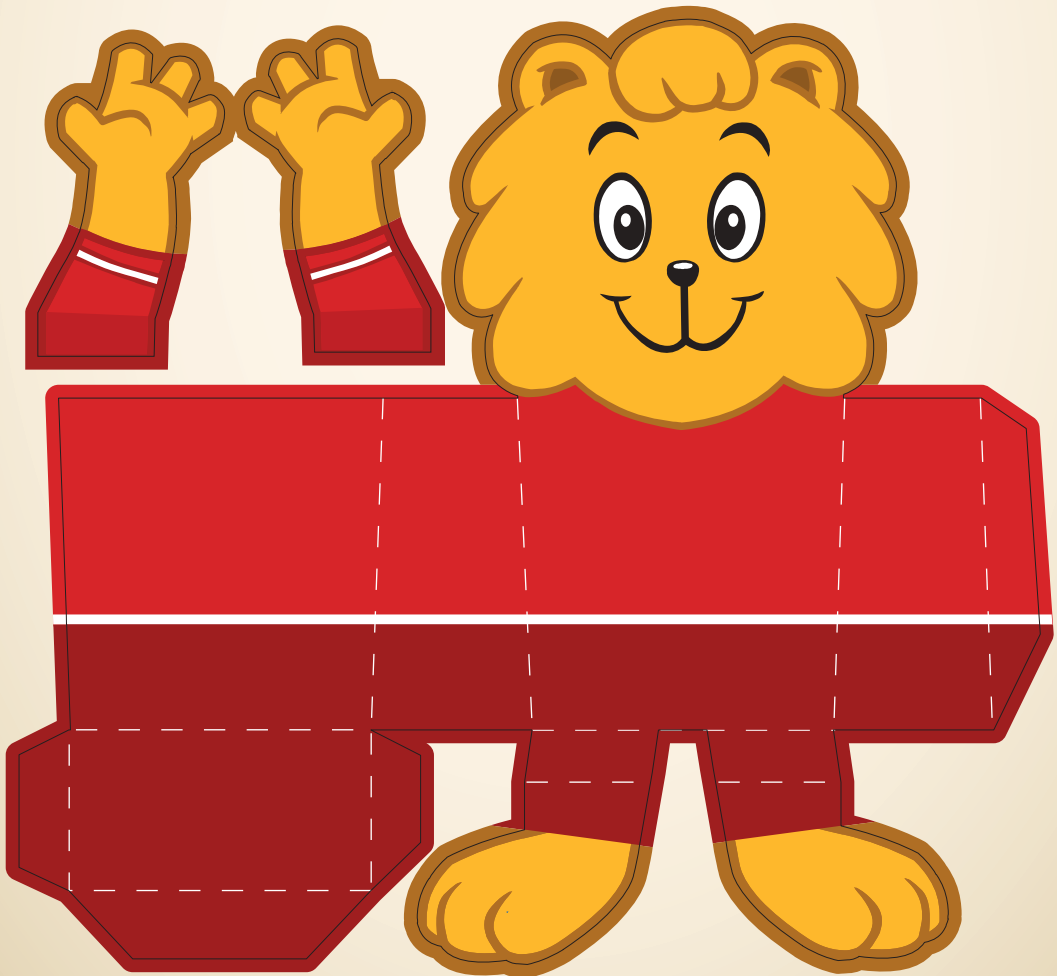
From: _____

Always there for you

Singa Papercraft

Singa wishes to keep you company and cheer you up when you are having a tough day.

Carefully tear out the Singa papercraft template and fold it along the dotted lines. Glue the tabs to the inside of Singa's body. Tear out Singa's arm and glue them to Singa's sides.



WHAT SHOULD I DO?

Has anyone ever said something to you that was very rude?

If yes, how did you feel?
(Circle it)



How did you handle it?
(Circle your response)



Turn and walk away.



Stay calm and let him/her know that his/her words hurt.



Ask for an apology.

Why did you choose that response?

JUBILEE WALK

Featured Postcards!

Thank you for visiting The Kindness Gallery at Old Hill Street Police Station! We hope that through this Jubilee Walk, families can build stronger bonds by spending quality time together.

Do continue to drop your postcards from each Kindsville Times issue into the Kindsville's Mailbox outside the Kindness Gallery.



Visit Singa and the Kindness Cubbies at The Kindness Gallery!

140 Hill Street, #01-04
Old Hill Street Police Station
Singapore 179364

(Opening Hours: Monday to Friday 10am - 5pm
Closed on weekends and Public Holidays)
#Please do not mail this postcard

Dear Singa,

I had a great time completing the Jubilee Walk with mummy, daddy and mei mei. We learnt a lot during the walk. Thank you for this family activity. We love you.

Alexis Tan (SMPS, P1 Devotion)



Visit Singa and the Kindness Cubbies at The Kindness Gallery!

140 Hill Street, #01-04
Old Hill Street Police Station
Singapore 179364

(Opening Hours: Monday to Friday 10am - 5pm
Closed on weekends and Public Holidays)
#Please do not mail this postcard



Visit Singa and the Kindness Cubbies at The Kindness Gallery!

140 Hill Street, #01-04
Old Hill Street Police Station
Singapore 179364

(Opening Hours: Monday to Friday 10am - 5pm
Closed on weekends and Public Holidays)
#Please do not mail this postcard

Dear Singa,

Today I finished the Jubilee Walk. I learnt a lot from the walk. Thank you for reminding us to be kind. We are kind when we care for our friends. See you again soon!

Kate Yi

Dear Singa,

Today I completed the Jubilee Walk with my family. I enjoyed the whole journey and got to know Singapore better. I saw many Kindness Cubbies at the Old Hill Street Police Station and took pictures of them!

Joshua Ong Kai Jun

Family Time

Embark on the Jubilee Walk and draw your favourite place in the postcard below! Share with your family why you like the place and write it down in the postcard too!



Visit Singa and the Kindness Cubbies
at The Kindness Gallery!

140 Hill Street, #01-09

Old Hill Street Police Station

Singapore 179369

(Opening Hours: Monday to Friday 10am - 5pm)

Closed on weekends and Public Holidays)

*Please do not mail this postcard.

Dear Singa,

From: _____

School: _____ **Class:** _____

Remember to drop your postcard
into Kindsville's Mailbox outside
The Kindness Gallery!





WATCH

SINGA AND THE
KINDNESS CUBBIES

ANIMATION

Friends Forever

In this episode of Singa and the Kindness Cubbies, the Kindness Cubbies come together to plan a sleepover party for Singa who will be joining the Kindness Ambassador Cadet Cubs next school term. Sher shares her ideas and excitedly starts to prepare for the party. Kalle, on the other hand feels that Sher is overdoing it and that her ideas are just too childish!

Watch this animation to find out the happy and unhappy things that happened at the Kindness Cubbies sleepover party.



www.youtube.com/kindnessSG



ANDERSON EMBRACES KINDNESS FROM WITHIN

During Anderson Appreciation Week, the pupils from Anderson Primary School made gigantic cards and wrote their heartfelt messages to the non-teaching staff. This allowed pupils to express their gratitude without being awkward. Heart-warming scenes of pupils giving cards to non-teaching staff put smiles on everyone's faces.

Kindness Ambassadors distributed post-it notes and encouraged peers to write messages of appreciation to their friends as their "gift to others".



GO GREENWOOD! LET'S BE KIND!

Kindness Ambassadors from Greenwood Primary School wanted to motivate pupils to demonstrate kindness to family and non-teaching staff. Activity templates were crafted for both lower and upper primary pupils, focusing on carrying out kind acts within the family and towards non-teaching staff. These templates were then put together to form a school display.





What can you do today to make someone happy? You can give a smile, share a kind word, encourage someone, or lend a listening ear. Remember, a little thought for others makes a difference!

Post it by snail mail to:

Singa and the Kindness Cubbies
Singapore Kindness Movement
140 Hill Street #05-01
Old Hill Street Police Station
Singapore 179369

KINDNESS WEEK SG 2016

Keep writing to Singa and the Kindness Cubbies with your kindness stories, as we will be featuring selected entries in the special edition of Kindsville Times during Kindness Week SG 2016!

Singa would like to know your home address so that he can reply to your letters! You may write your address at the back of your letter. Thank you!

(Parental consent required)



Featured entries

Hello Singa, I hope I will be a kindness ambassador one day and make the world a kinder place.

I hope my brother will switch off the lights when he is not in his room.

I hope nobody throws rubbish on the ground.

I hope everyone can practise the 3 "R" (Reduce, Reuse, Recycle) so that our environment will always be clean.

Doing kind acts makes my day!

We can use these kind words

I AM SORRY!

PLEASE

EXCUSE ME

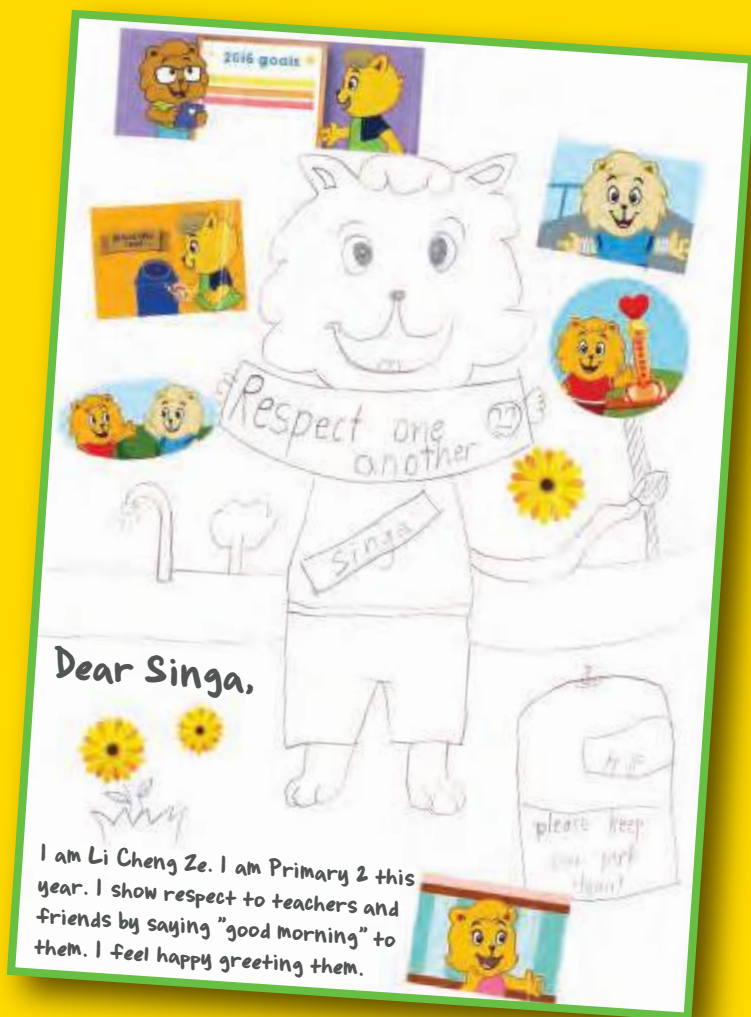
THANK YOU

YOU ARE WELCOME

Lim Xuan Rui, Nan Chiau Primary School

Lim Xuan Rui, Age 8

In this issue, we feature letters from Xuan Rui and Cheng Ze who wrote about their acts of kindness in school and their dreams for the year. We love your stories and look forward to more!



Li Cheng Ze, Age 8

Happy Friendship Day Singa!

Here's a gift for you to brighten
your day. It's a box of ... giggles!



**How will you celebrate
International Friendship Day on
8th of April?**