



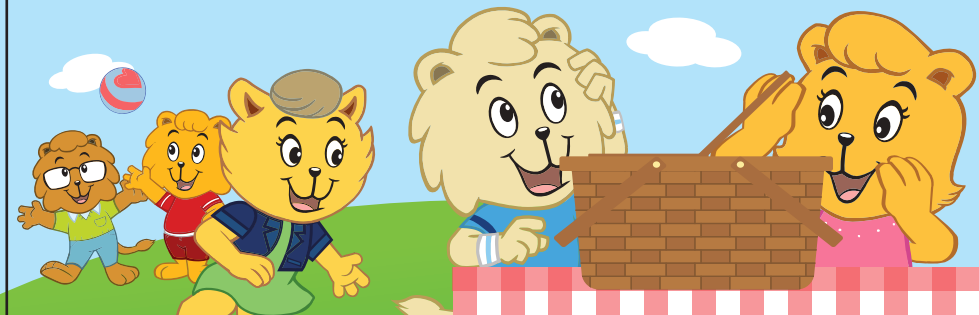
Primary 3 and 4
Issue 2/ 2016

A little thought
for others
makes all the
difference



PICNIC WITH POLITENESS

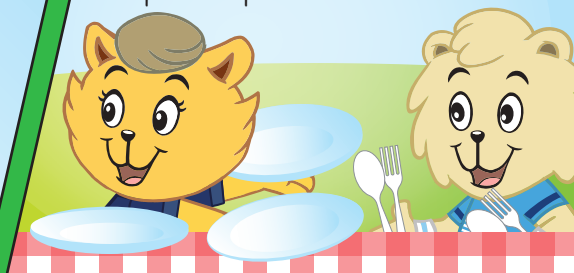
Singa and the Kindness Cubbies are excited about the picnic and fun games for the day. They can't wait to start with the food that Tomeo prepared!



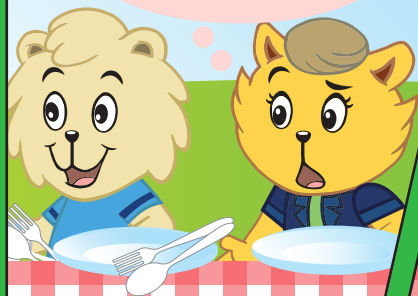
Guys, can you help me unpack the picnic basket please?



The cubbies start to pass the food around while Tomeo distributes the cups and spoons.



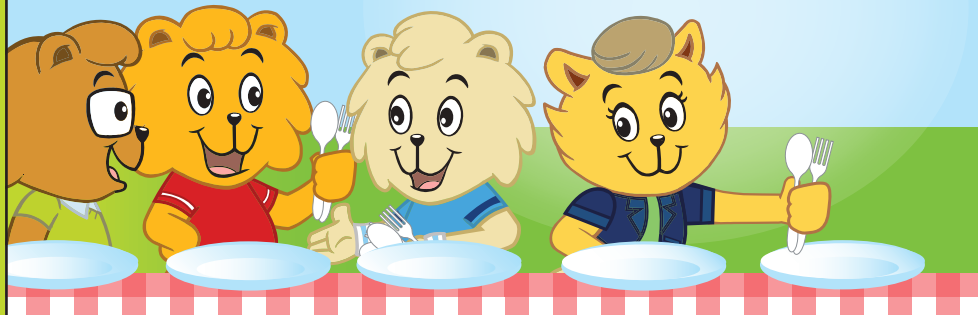
Tomeo did not give me any cutlery...



She notices Tomeo's fork and spoon.



While Tomeo is distracted, she takes his cutlery for herself.



Hey! Who took
my fork and spoon?



I did... But it was only because
you did not give me any!



I'm sure Tomeo did not
do it on purpose.



You could try
asking him nicely.



Sorry Tomeo, I did not mean to be rude. Can you pass me another set of cutlery please?

Sure. Here you go!



Thank you, Tomeo!



You are welcome, Kalle. Come on everyone, it is time to eat!





WORDS

that work wonders

Simple words and phrases such as "Please", "Thank you", "May I", "You're welcome", "Excuse me" and "I'm sorry" are magic words that help you get along well with others. How can we use them?

Complete the table below by pasting the magic stickers found on the sticker page. Let's choose our words wisely today!

When	Don't say	Do say
You want something.	"Give me that."	
You want permission to do something.	"I want..."	
Someone says "Thank you".	"Oh, whatever."	
You accidentally bump into someone.	(Ignore)	
You receive a gift.	"Hmmm" "I already have one." "This is not nice."	
You are in a rush and you need to walk through a crowd.	"Move!" "You are blocking my way."	



CUBBIES TIPS

How can you express gratitude?

Gratitude is the feeling and expression of being thankful. You can express your thanks when someone is kind to you.

1 Do something thoughtful

Hand-write a thank-you note.



2 Show respect to people around you

Smile, exhibit patience and listen to others.

Kalle, what do you think about our new recycling project?



3

Compliment someone on a talent or strength that you admire

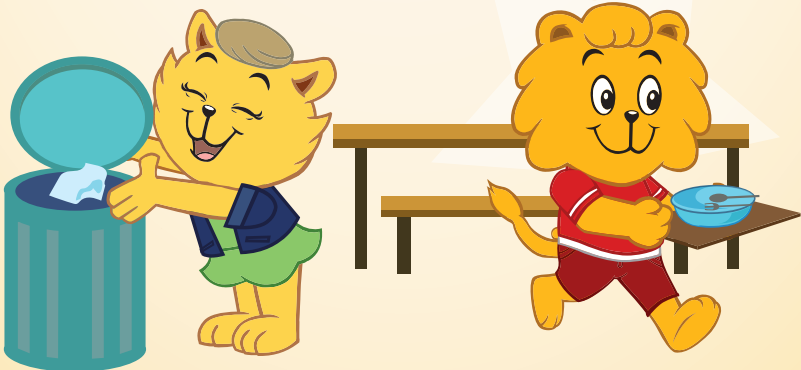
Say nice things to others to spread joy!

100 skips! Amazing!
You are really good
at this sport.

**4**

Do your part

You can do your part by picking up the litter or clearing up after meals.



THE FRIENDSHIP PUZZLE

Do you know what it means to be a good friend and schoolmate?
Take up the crossword challenge on the next page!

ACROSS:

1. _____ your friends if they are having a tough day at school.
2. Learn to _____. Do not interrupt when someone else is talking.
3. Laugh with each other, but stop if someone _____ uncomfortable with the joke.
4. Offer your _____ to those in need.
5. Be _____ even if you disagree with each other.

DOWN:

6. Say "_____ me" when asking someone to give way to you.
7. Know your strengths so you can have better _____.
8. Be patient. Stay _____ when you are having a disagreement.
9. _____ your snacks and toys, sadness and joys.
10. Remember that _____ is the best way to have trusting friendships.





THE FRIENDSHIP PUZZLE

The Magic of **Thank you Notes**

The Kindness Cubbies think that thank-you notes are important. Here's a thank-you note Kalle wrote to Tomeo.

Dear Tomeo,

Thank you for the recipe scrapbook. I love how you decorated it with my favourite colours! You are a great friend who loves to share. I'll enjoy using these recipes together with my family!

**Cheers,
Kalle**



Kalle's tips to writing a meaningful thank-you note

1 Hand-write a thank-you note

This adds a personal touch.

2 Address the thank-you note with care

Start off with the word "Dear".

3 Add details when saying thanks

Saying "thanks" is great, but if you really want to show appreciation, you can explain a little more about what makes you happy.

4 Use pleasant words

E.g. great, kind, helpful, compassion

★ Try a little **Gratitude** today! ★

Think of someone important to you. How has he/she helped you and made you feel better? Write a letter to that person.

You can start by using the outline below.

1 Describe what he/she helped you with.

I remember when you _____

2 Explain why he/she helped you.

It showed that you wanted to _____

You went out of your way to _____

3 Explain how you benefited and felt.

After all that you did, I _____

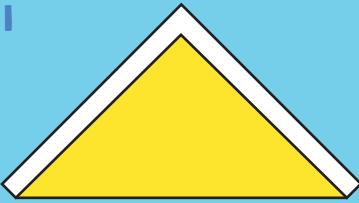
4 Express your thanks in words.

From the bottom of my heart, I want to thank you for all that you've done!

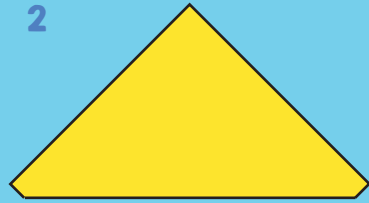
GIVING A GIFT

— FRIENDSHIP WRISTBAND —

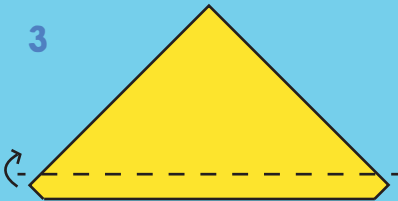
8 April is International Friendship Day. On this day, we remember the spirit of friendship and collaboration among different people in our lives. Make a Friendship Wristband for your friend to celebrate the friendship!



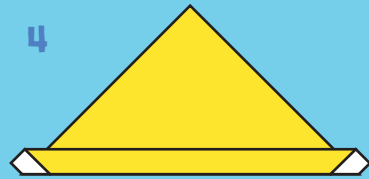
Use a coloured paper that has different colours on both sides.



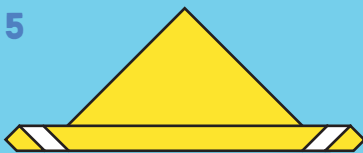
Flip it.



Fold upwards.



Continue folding upwards.



You should start to see patterns forming on your band.

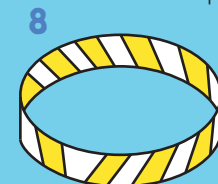


Apply glue

On the last fold, use glue to hold the flap down.



Decorate your band with stickers from the sticker page.



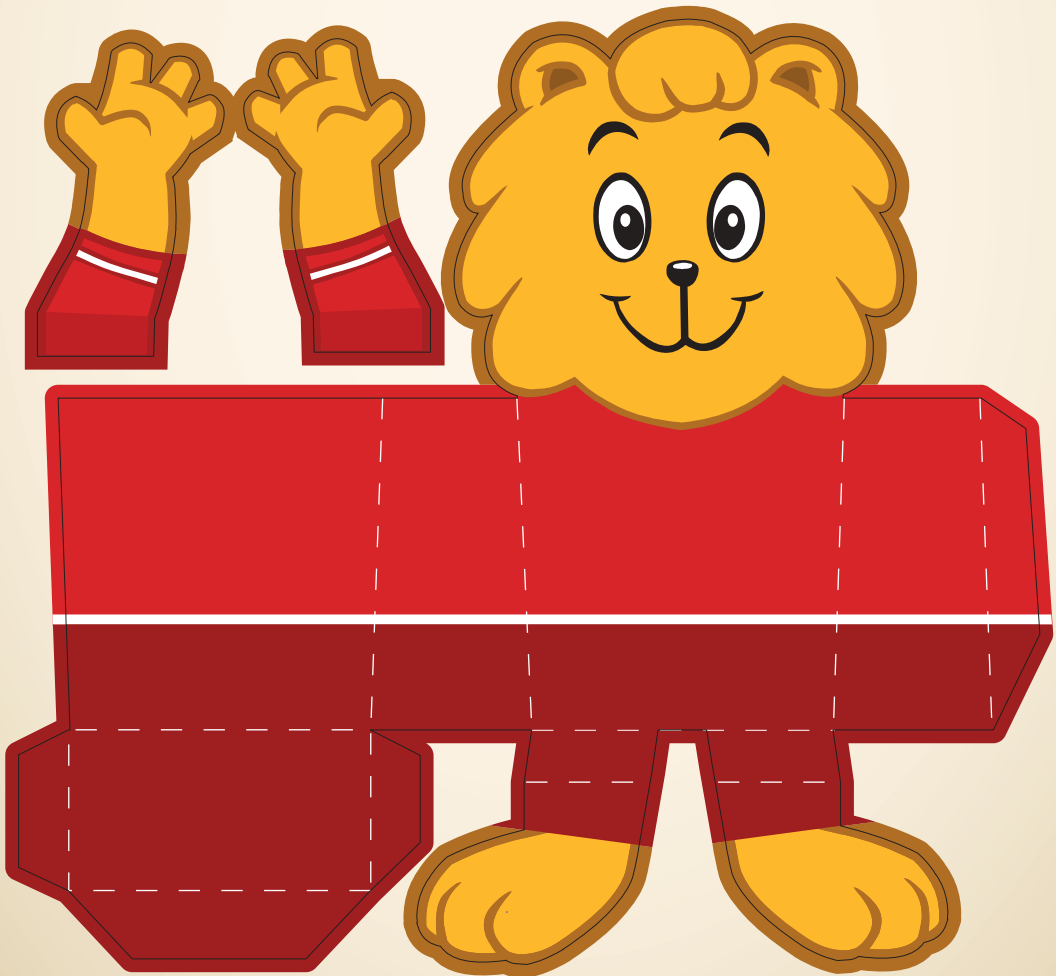
Tape the ends of your band to complete your Friendship Wristband!

Always there for you

Singa Papercraft

Singa wishes to keep you company and cheer you up when you are having a tough day.

Carefully tear out the Singa papercraft template and fold it along the dotted lines. Glue the tabs to the inside of Singa's body. Tear out Singa's arm and glue them to Singa's sides.



WHAT SHOULD I DO?



Our words and actions can affect others negatively if we are not careful.

**Has anyone ever said something to you that was very rude? How did you handle it? What did you say?
Write/Draw your experience here.**



JUBILEE WALK

Featured Postcards!

Thank you for visiting The Kindness Gallery at Old Hill Street Police Station! We hope that through this Jubilee Walk, families can build stronger bonds by spending quality time together.

Do continue to drop your postcards from each Kindsville Times issue into the Kindsville's Mailbox outside the Kindness Gallery.



Visit Singa and the Kindness Cubbies at The Kindness Gallery!

110 Hill Street, #01-01
Old Hill Street Police Station
Singapore 178341

(Opening Hours: Monday to Friday 10am - 5pm
Closed on weekends and Public Holidays)

#Please do not mail this postcard

Dear Singa,

I enjoyed seeing the Spice Garden at Fort Canning Park and the other Jubilee Walk galleries.

Amelia Lim En Qi
Kong Hwa School, P3/2



Kindness Cubbies

Kindness Gallery

Kindness Station

Kindness Singapore

Kindness 178341

Kindness (Opening Hours: Monday to Friday 10am - 5pm)

Kindness Closed on weekends and Public Holidays)

Kindness #Please do not mail this postcard

Kindness

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#Please do not mail this postcard

Dear Singa,

Today I finished the Jubilee Walk. I learnt a lot from the walk. Thank you for reminding us to be kind. We are kind when we care for our friends. See you again soon!

Kate Yi

Dear Singa,

Today I completed the Jubilee Walk with my family. I enjoyed the whole journey and got to know Singapore better. I saw many Kindness Cubbies at the Old Hill Street Police Station and took pictures of them!

Joshua Ong Kai Jun

Family Time

Embark on the Jubilee Walk! Invite your family to share their favourite place in the Jubilee Walk. Tell us why they like the place by writing it down in the postcard!



Visit Singa and the Kindness Cubbies
at The Kindness Gallery!

140 Hill Street, #01-09

Old Hill Street Police Station

Singapore 179369

(Opening Hours: Monday to Friday 10am - 5pm)

Closed on weekends and Public Holidays)

*Please do not mail this postcard.

Dear Singa,

From: _____

School: _____ **Class:** _____

Remember to drop your postcard
into Kindsville's Mailbox outside
The Kindness Gallery!





WATCH

SINGA AND THE
KINDNESS CUBBIES

ANIMATION

Friends Forever

In this episode of Singa and the Kindness Cubbies, the Kindness Cubbies come together to plan a sleepover party for Singa who will be joining the Kindness Ambassador Cadet Cubs next school term. Sher shares her ideas and excitedly starts to prepare for the party. Kalle, on the other hand feels that Sher is overdoing it and that her ideas are just too childish!

Watch this animation to find out the happy and unhappy things that happened at the Kindness Cubbies sleepover party.



www.youtube.com/kindnessSG



ANDERSON EMBRACES KINDNESS FROM WITHIN

During Anderson Appreciation Week, the pupils from Anderson Primary School made gigantic cards and wrote their heartfelt messages to the non-teaching staff. This allowed pupils to express their gratitude without being awkward. Heart-warming scenes of pupils giving cards to non-teaching staff put smiles on everyone's faces.

Kindness Ambassadors distributed post-it notes and encouraged peers to write messages of appreciation to their friends as their "gift to others".



GO GREENWOOD! LET'S BE KIND!

Kindness Ambassadors from Greenwood Primary School wanted to motivate pupils to demonstrate kindness to family and non-teaching staff. Activity templates were crafted for both lower and upper primary pupils, focusing on carrying out kind acts within the family and towards non-teaching staff. These templates were then put together to form a school display.





What can you do today to make someone happy? You can give a smile, share a kind word, encourage someone, or lend a listening ear. Remember, a little thought for others makes a difference!

Post it by snail mail to:

Singa and the Kindness Cubbies
Singapore Kindness Movement
140 Hill Street #05-01
Old Hill Street Police Station
Singapore 179369

KINDNESS WEEK SG 2016

Keep writing to Singa and the Kindness Cubbies with your kindness stories, as we will be featuring selected entries in the special edition of Kindsville Times during Kindness Week SG 2016!

Singa would like to know your home address so that he can reply to your letters! You may write your address at the back of your letter. Thank you!

(Parental consent required)



Featured entries

In this issue, we feature letters from Simone, Olivia and Sri who wrote about their acts of kindness in school and their dreams for the year. We love your stories and look forward to more!

Dear Singa and the Kindness Cubbies,
My name is Simone and I am 8 years old. I am a student from Sengkang Primary School, studying in class 3Faith. My dream this year is to make the world a cleaner and better place. I will try to pick up litter and throw them into the bin. I would also like to help others with their homework.

Yours Sincerely,
Simone



Simone De Souza Faria, Age 8

Dear Singa,

My name is Olivia and I am 9 years old. I am writing about a kind friend I met in school.

It was the first day of school. I was lost. I could not find my classroom. Thankfully, a good friend of mine showed me to my classroom. I wish to help more people in the future, just like how my friend helped me the other day. I hope everyone can be kind too!

Olivia, Age 9

Dear Singa,

My name is Sri Qaseh. I am 9 years old. I am a student from Yishun Primary School. I am going to tell you about a kind deed I have done.

Last year, when I was walking near the school carpark, I saw a boy bullying and hitting another boy. I saw what happened and approached them. I told the bully to stop, and he ran away. I asked the other boy if he was alright. He did not answer. Later, one of his friends helped him to the general office. I am glad I went to stop the bully from hitting people.



When you see someone being bullied, do not stand, watch and laugh. You can run and inform the nearest teacher or adult and ask them for help! Sri did the right thing by asking the bully to stop.

Sri Qaseh, Age 9

Happy Friendship Day Singa!

Here's a gift for you to brighten
your day. It's a box of ... giggles!



**How will you celebrate
International Friendship Day on
8th of April?**