





KINDNESS, IT'S UP TO US!









It is my newlycreated gadget. My goal is to get everyone to do as many kind acts as we can. Together, we can raise the Compassion Compass level for the day!



Sounds exciting! What are some of the kindness challenges?

Oh, I know!
For example, I challenge
you, Tosh, to say nice
things to three people
in Kindsville today.











Hey guys, thank you for coming early to help me organise the kindness Carnival.



I hope that our efforts today will show everyone how easy it is to spread kindness.









HELLO FRIENDS OF KINDSVILLE!

It is the time of the year when we celebrate Kindness Week! As we celebrate this special week, we are reminded that one person and one kind act can make a difference.

Let us be kind by showing a little patience and consideration to others. Think about their needs and how we could help make their day better.

Together, we can build a kinder nation!

Kindness, It's Up to Us!

FROM: SINGA AND THE KINDNESS CUBBIES

Singa TOSH Sher & Tomeo Kalle.

My Kindness Quotes

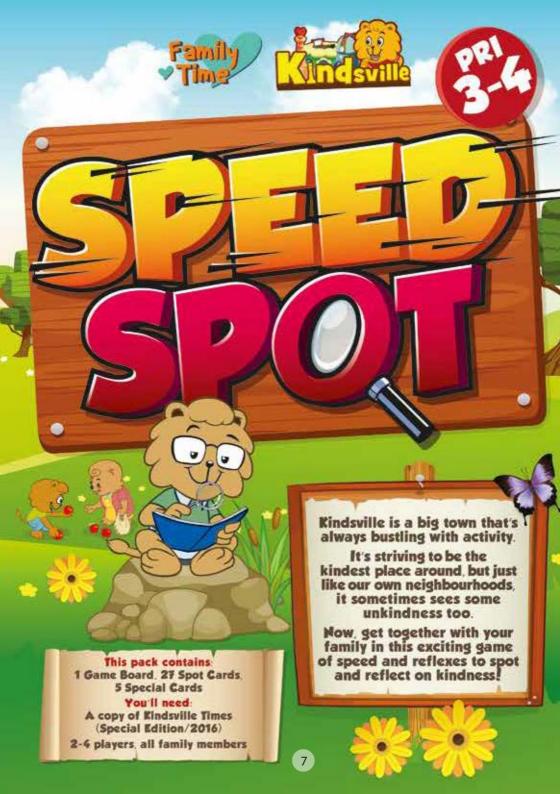
Complete the following posters with your unique kindness quotes!















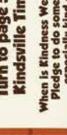






furn to pages 2 and 3 of Kindsville Times. What was Kalles example of a members to do the kind act Challenge your family kindness challenge?





whole family involved too! Kindness Day SG. Get your Pledge to do something especially kind on





Turn to page 5 of Kindsville Times.

When is Kindness Week SG?





Turn to page 20 of Kindsville Times.

Turn to page 6 of Kindsville Times.

> fell the other players what gerbera daisy represent? you appreciate the most What does the yellow about each of them.

members how did you come **Create your own kindness** quote. Tell your family

up with the quote!











family some ways we can raise how many hearts do you think it will have? Share with your

evel in Singapore the compassion

Compass tower in Singapore. If there was a Compassion

Turn to page 2 of

Kindsville Times









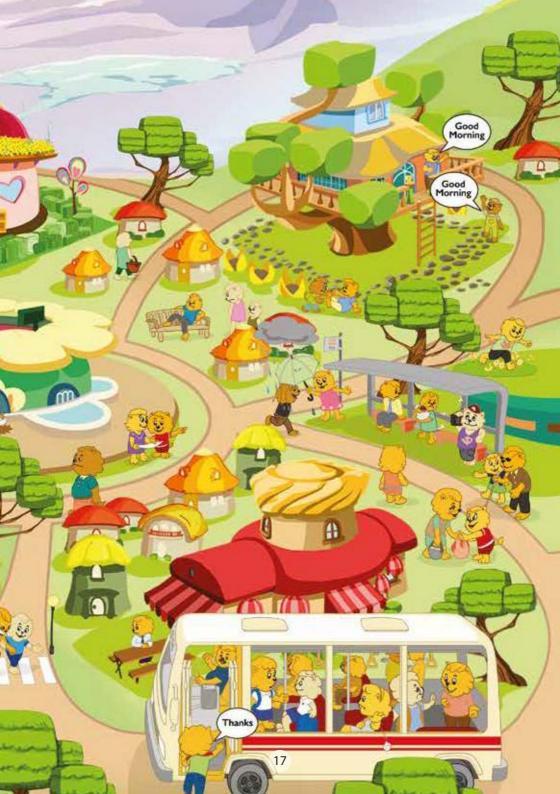












This game is best played with your family. The objective is to be the fastest player to identify the various scenarios and share his/her comments on them.

At the end of the game, the player with the most points wins, but everyone also finishes the game enriched by each other's sharing!

HOW DO WE PLAY THE GAME?

- 1. Shuffle the Spot Cards and Special Cards together, and place it face-down by the side.
- 2. Appoint one player as the game master who will be in charge of flipping over the top card in the deck. You may take turns to be the game master.
- 3. The game master flips over the top card
 - a) If it is a Spot Card in the game board, all players are to search for the exact scene depicted on the card. The first person to find it must place his/her finger on the exact scene.
 - b) He/she will discuss about the scene what the kind or unkind act is, if he/ she has seen or experienced it before, what the characters are probably feeling, etc. After this, that player gets to keep the card.
 - c) If it is a Special Card, players must try to claim the card by shouting his/her name. The first person to do this will have to carry out the instructions on the card, which requires a copy of Kindsville Times (Special Edition/2016). After this, that player gets to keep the card.
- 4. Repeat step 3 with all the cards in the deck.
- 5. Tally the points indicated on the card. The player with the most points wins!

What have you learnt about kindness and graciousness after playing this game? Share them with your family!



www.kindness.sq/kindsville



Grandpa's Dilemma

In the brand new season of Singa and the Kindness Cubbies, Singa digs deep into grandpa's mysterious past during his orientation camp at the Kindness Cadet Academy. Catch the new episode on YouTube!



HOW MANY YELLOW GERBERA DAISIES CAN YOU FIND?

The yellow gerbera daisy is the symbol of Kindness Day, and also represents showing appreciation to someone. How many yellow Gerbera daisy and the word 'daisy' can you find in this picture? Circle them!





When was the last time you offered help to someone, or made someone feel happy?

Write to Singa and the Kindness Cubbies to share your kindness stories. You may wish to draw as well!

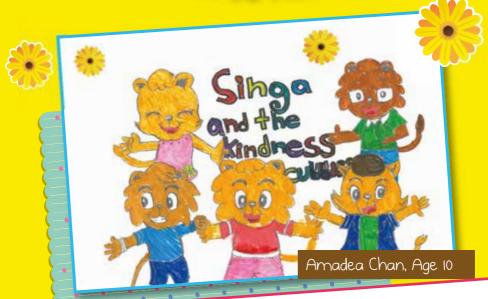
Post it by snail mail to:



Singa would like to know your home address so that he can reply to your letters! You may write your address at the back of your letter. Thank you!

(Parental consent required)





Hi Singa,

My name is Velyn and I am 9 years old. I am a student from Si Ling Primary School. Let me tell you my kindness story.

Last Wednesday during recess time, I saw my classmate being bullied by a few seniors. They pushed her and made her cry. I rushed to them immediately and asked what happened. I told the 2 seniors that it is not right to bully others. The 2 seniors realized that they were wrong and said 'sorry' to my classmate. After they walked away, my classmate thanked me for helping her.

I hope everyone can be kind and helpful to one another!

Velyn, Age 9

Dear Singa,



My name is Alisha and I am 10 years old. Thank you for the activity booklets. They are extremely fun. I love to do kind acts such as greeting my teachers, picking up litter and saying kind words to people. I feel that saying kind words to others and smiling at others can change the world in less than 5 minutes. One day, when I was walking to school I saw a friend litter. I was furious, but managed to calm down. I walked to her and told her to pick up the litter. She then picked it up and threw it into the nearest dustbin. We walked to school together after that.

Alisha, Age 10



Dear Kindness Cubbies,

I am Pragalya from Fuhua Primary School. I am 9 years old. Today I am going to write about a kind act that I have done.

One day when I was walking home after school, I saw an old lady carrying a heavy bag full of fruits and vegetables. I helped her to carry some of the bags while we climbed the stairs together. She thanked me for helping. I was happy that I helped others!



Pragalya, Age 9



Dear Singa,

Kareena, Age 9

I am Kareena and I am 9 years old. I am going to write about my kind deed.

From young, my parents taught me to be kind and show respect to everyone especially the elderly. Last week, I went to Pasir Ris by MRT with my family. I managed to get a seat at Pasir Ris. At the next station, an elderly woman train. Nobody gave her a seat and so I got up and offered her my seat.

She thanked me gratefully. I felt happy that I had done a kind deed.

