



Kindness Recipe



Tosh pancakes



hand  
made



Contributed by students of  
Serangoon Garden  
Secondary School



Kindness Recipe



## **Ingredients for Pancakes**

**75g self-raising flour**

**1 tbsp. cocoa powder**

**1 egg**

**125ml full-cream milk**

**2 tbsps of golden caster sugar**

**\* 15g of melted butter for  
greasing of pan before pan-frying  
pancakes**



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## **Equipment required**

**1 frying pan (medium-sized)**

**1 glass bowl (medium-sized)**

**1 spatula**

**1 ladle**

**1 hand whisk**







## Ingredients for decoration



- 1. Nutella cream  
(Made from 5 tbsps of Nutella  
whipped with 50g of whipping  
cream)**
- 2. Piping Bag**
- 3. 1 Tosh template (printable)**
- 4. 1 mini sieve for icing sugar**
- 5. 3 ice-cream sticks**
- 6. Cocoa powder (optional )**





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# **Stationery list for Tosh Pancake decoration**

**1 pair of Scissors**

**1 pack colour pencils**

**1 print-out of Tosh (refer to template)**

**1 Permanent marker (optional)**





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**Makes approx. 4 pancakes**

**Time: 30 minutes**

- 1.Using a metal hand whisk/wooden spatula, whisk/beat the flour and eggs in a large mixing bowl.**
- 2.Ensure flour is well mixed.**
- 3.Add milk gradually and whisk till well-mixed.**
- 4.Add cocoa powder and sugar to the mixture.**
- 5.Grease the pan lightly with melted butter.**
- 6.Pour 2 tablespoonfuls of batter onto the heated frying pan and cook for 2 minutes**
- 7.Flip over and cook on the other side for 2 minutes.**
- 8.Repeat till batter is use up.**
- 9.To assemble Tosh pancake stacks, prepare piping bag filled with chocolate Nutella cream**





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**Start**



**Steps 1 and 2**



**Step 3**



**Step 4**



**Steps 5 and 6**



**Steps 7 and 8**

**End**



## Step 9: Decorating Tosh's Pancakes



1. Place your round pancake on a paper plate
2. Place printable template over the pancake
3. Add 2 tbsps of icing sugar on a sieve

4. Sift the icing sugar over the cut-out area of Tosh's spectacles

5. The pancake should look like this after adding the icing sugar on Tosh's pancakes





## Step 9: Decorating Tosh's Pancakes

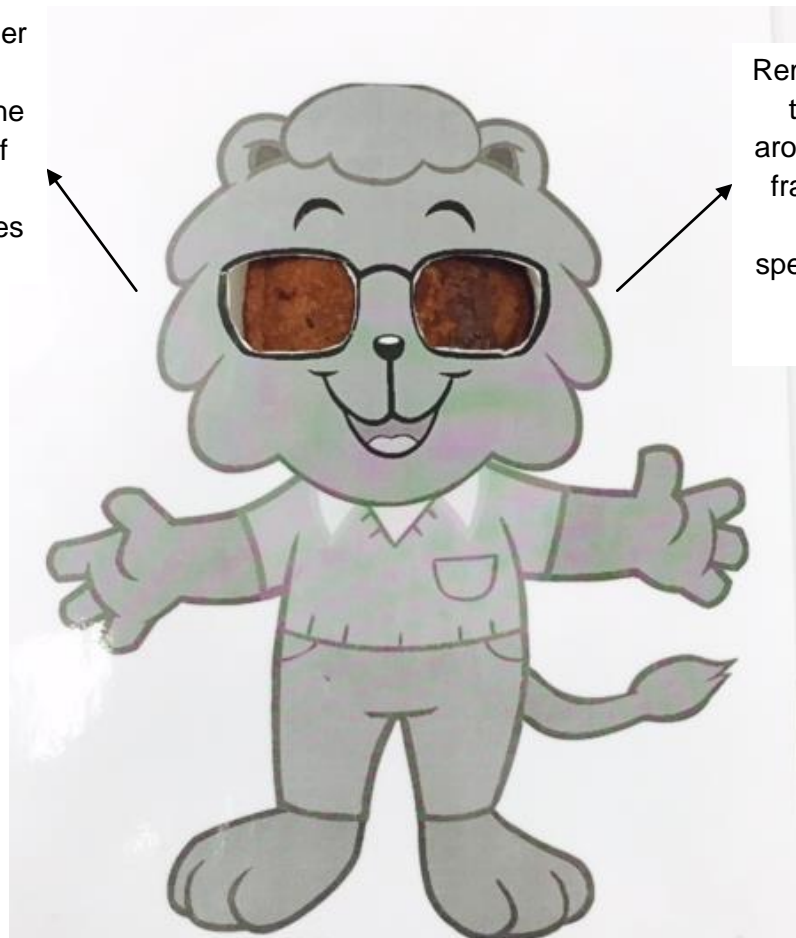
6. Place coloured *printable template 2* on the ice-cream stick
7. Decorate Tosh's eyes, eyebrows, mouth, nose and spectacles using chocolate cream / icing sugar





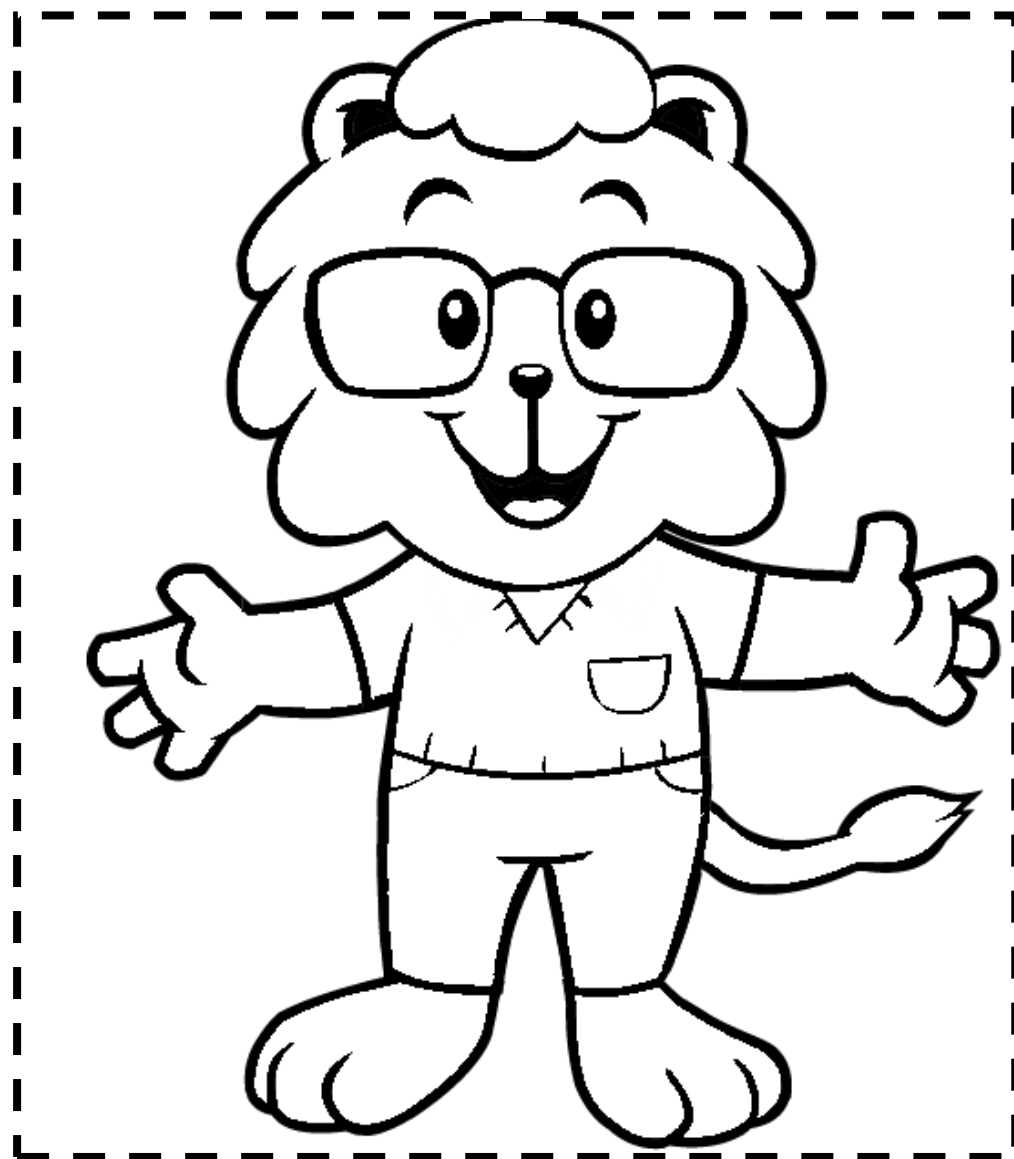
## Actual template 1

Remember  
to cut  
around the  
frame of  
the  
spectacles



Remember  
to cut  
around the  
frame of  
the  
spectacles

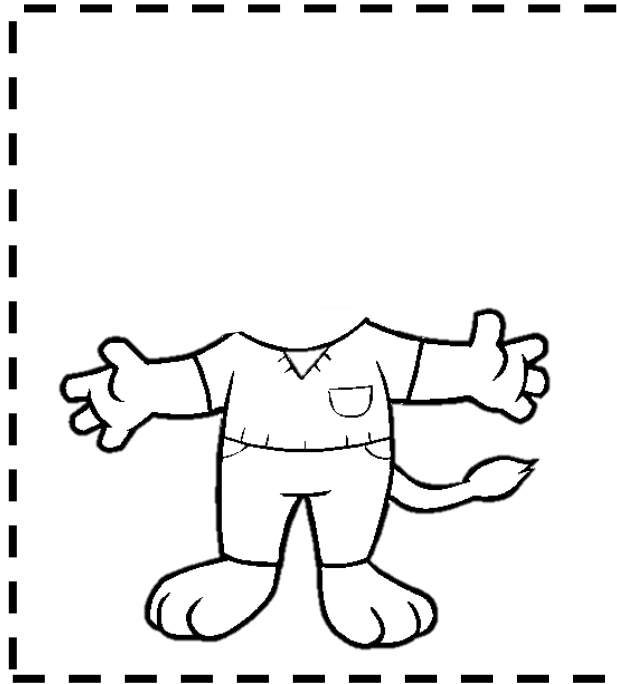
## Printable template 1





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# Printable template 2

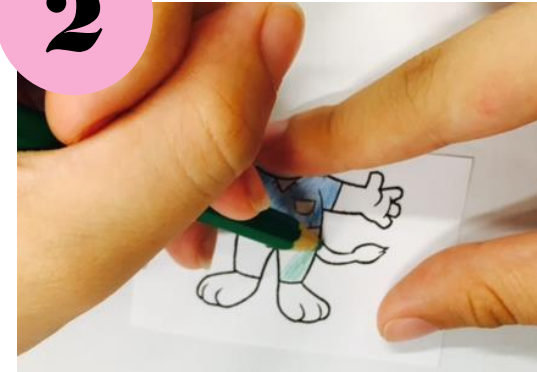


Remember  
to cut the  
outline of  
Tosh's  
clothes

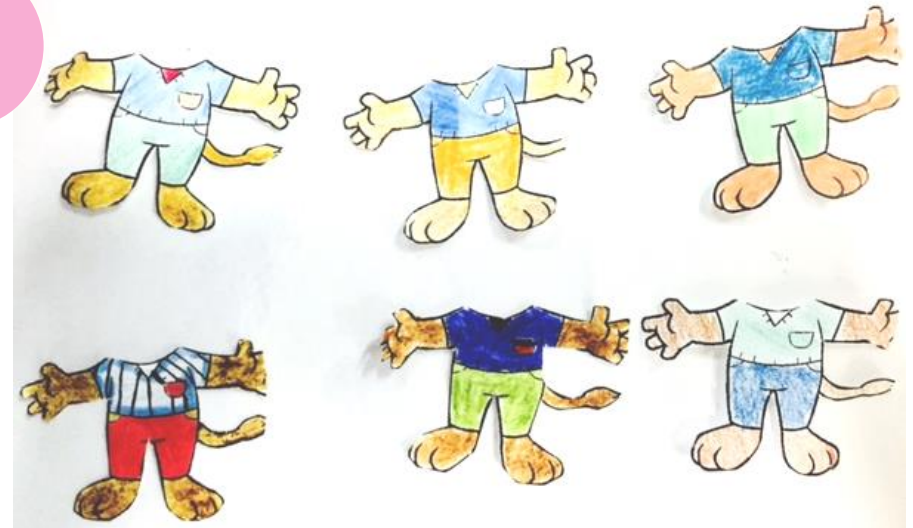
1



2



3



Add some colours to Tosh's outfit!





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Recipe, photo and ideas are contributed by Nutrition Food Science Department (NFS) and Secondary 2 classes'2015

by



**Serangoon Garden Secondary School**