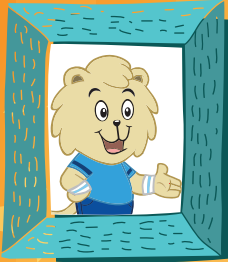


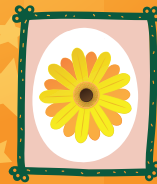


Kindsville Times ADVENTURES

Primary 3 and 4
Issue 3/ 2016



Harmony in Diversity



CARE AND HARMONY



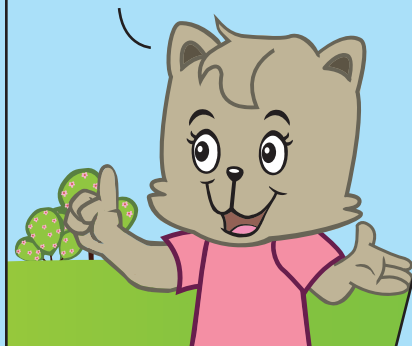
I want to join in and make friends with all of you, but I have fear of water. I can't swim.



How about joining us in a dance instead? I heard you're a great dancer! We can guide you through the dance steps.



Can I really join in?
I would love to.



Singa brings Astrid to the music room to join the others for the dance practice.



Our dance performance, inspired by a traditional dance from the old town of Heartcity, is called 'Carousel of Dreams'. It is really simple! Just follow our lead.



Welcome Astrid! We are glad you can join us.





Left, left, spin!
Perfect.

You were great!



You look like you are
having fun, Astrid! I'm
so glad we can do an
activity that everyone
can participate in.

You picked up
the dance moves
so much faster
than I did!

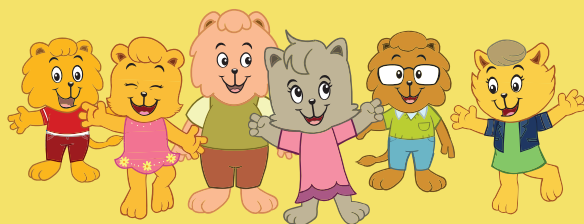


Thank you, guys. It means so much
that you are willing to change your
plans and accept me in your team.

Astrid grins happily. She is glad to have
such caring and patient friends.

CARE AND HARMONY

- Activity -

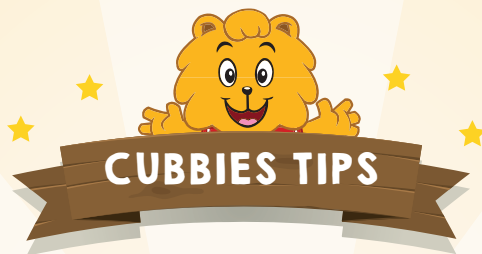


Singa made Astrid feel better by listening to and comforting her. He suggested a change in activity so that Astrid could join in.

Think of someone you would like to show care to in your school. Write in the hearts below ways you would show care to this person.



Share with a classmate why showing care to someone is important to you.



How can you show care and concern to the people around you?

1 Express your appreciation for them

Say kind words to show that you are grateful for what they have done for you.

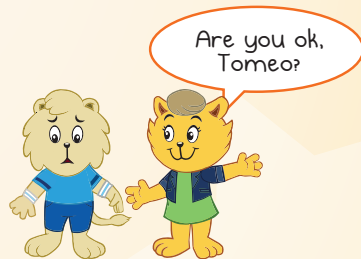


2 Show empathy

Everyone is special and different in their own ways. Put yourself in the shoes of others to understand how they feel and accept them for who they are.

3 Lend a listening ear

Listen to your family and friends when they tell you about their day. Ask questions to show that you are interested.



4 Be thoughtful and considerate

Being thoughtful and considerate shows that you take the effort to think of others' feelings. You can start by thinking of what could make someone feel happy or sad.



5 Apologise when you hurt someone's feelings

Saying "Sorry" when you unintentionally hurt someone's feelings shows that you care about the friendship.



6 Help one another

If you see your friend being bullied, use a firm voice and respectfully ask the person bullying your friend to stop. If the bully is older or stronger, look for a teacher to help. You can also ask your friend to walk away with you and encourage him/her to tell a trusted adult about it.



7 Be friendly

Make an effort to hang out with your friends. Encourage them to join you for recess while encouraging others to do the same.



**Have you ever done these acts of kindness?
When was the last time you showed care and
concern to someone?**

★ Care to share a smile? ★



Making someone smile is one of the most generous things you can do.

You can follow these steps to spread smiles!

- ① **If you see someone without a smile, give them one of the Singa stickers and bring a smile to his/her face!**



- ② **Invite the person to write down his/her feelings in the star when you presented the Singa sticker to him/her.**

Dear _____ ,

When you gave me the Singa
sticker, I felt

Thank you for bringing a
smile to my face!

From: _____

- ③ **Now, give the person another Singa sticker and encourage him/her to pass it on!**

MY FRIENDS AND I



What are the things that you have in common with your friends/teachers/neighbours?

Find out what their favourite food, games or hobbies are. Stick photographs or draw pictures of them.

Name :

Favourites:

Our best moments:

Name :

Favourites:

Our best moments:

Harmony in Diversity

In Kindsville, everyone lives harmoniously with one another. This harmony is built upon the spirit of **Friendship**, **Respect** and **Understanding**.

What can you do to make Singapore a harmonious society?

Write or draw them in the boxes below with the help from the examples.

1

Foster Friendships



2

Show Respect



3

Be Understanding




How well do you know your neighbours? Singa and the Kindness Cubbies have some ideas that can help you know your neighbours better!

1 Learn traditional games (e.g Pick-up sticks, Goli, Chapteh, Five Stones) from your family members and play them with your neighbours.

2 Organise a 'Let's Makan' session with your family members, and invite your neighbours to your house for a simple meal. You can start by sending out a personalized card to invite your guests!

DEAR _____,

YOU'RE INVITED



EVENT _____

DATE _____ TIME _____

PLACE _____



Visit kindness.sg/letsmakan for
more cook-out ideas!

THE SUPPORTIVE FRIEND

Fill up the speech bubbles in these cards with your personalized messages. Pass them to your friends to spread some joy!





THE SUPPORTIVE FRIEND

Singa and the Kindness Cubbies feel that friends should be supportive of one another. Everyone needs care and concern.

To find out the Kindness Cubbies' favourite friendship quote, rearrange the letters in the sentence below.



CODE

BTES FRNEIDS ERA HTE POELPE HWO MAEK

VOY LUAHG A LTITLE LUORDE, SIMLE A LTITLE

BRGIHTRE ADN LVEI A LTITLE BTETER.

FRIENDSHIP QUOTE



What can you do to be a supportive friend who shows care and concern?

Be Kind, Keep Clean!

Caring for our Classroom

Bookshelves

- Keep the bookshelves neat and tidy.

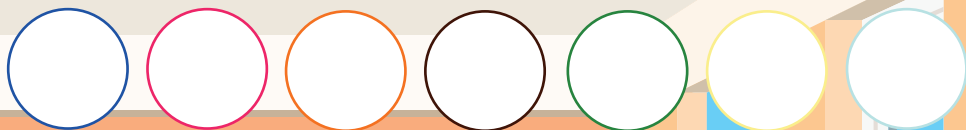
Teacher's Desk

- Wipe the desk.

Tables and Chairs

- Arrange the tables and chairs in neat rows.

It is everyone's responsibility to keep the classroom clean. Use this checklist to help you and your classmates ensure that your classroom is a clean and pleasant place. Stick a Singa sticker in the circles below once you have completed each task!



Whiteboard

- Clean the whiteboard.
- Keep the whiteboard duster in place.



Waste Paper Basket

- Empty the waste paper basket.
- Clear the litter around the basket.



Floor

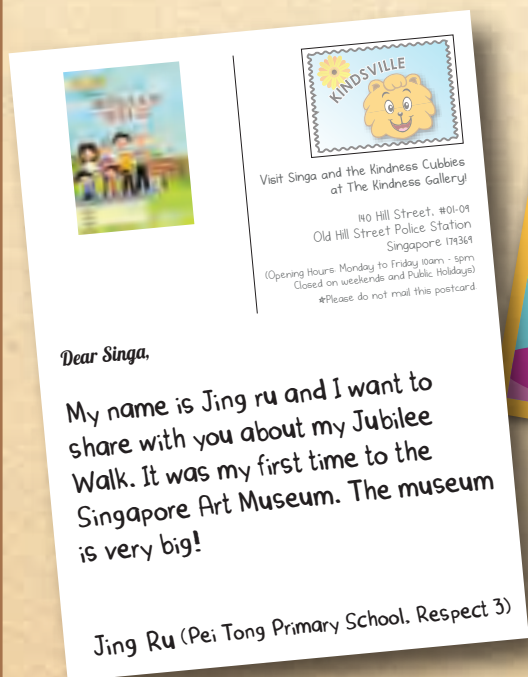
- Pick up any litter on the floor.

JUBILEE WALK

Featured Postcards!

Thank you for visiting The Kindness Gallery at Old Hill Street Police Station! We hope that through this Jubilee Walk, families can build stronger bonds by spending quality time together.

Do continue to drop your postcards from each Kindsville Times issue into the Kindsville's Mailbox outside the Kindness Gallery.



Family Time

One of the best ways to experience Singapore's unique identity is through food. What is your favourite local food? Share with your family why you like the food and write it down in the postcard!



Visit Singa and the Kindness Cubbies
at The Kindness Gallery!

140 Hill Street, #01-09
Old Hill Street Police Station
Singapore 179369

(Opening Hours: Monday to Friday 10am - 5pm
Closed on weekends and Public Holidays)
★Please do not mail this postcard.

Dear Singa,

From: _____

School: _____ **Class:** _____

Remember to drop your postcard
into Kindsville's Mailbox outside
The Kindness Gallery!



my Kindness Adventures





KINDNESS @ YUHUA

Kindness Ambassadors from Yuhua Primary School wanted to inculcate a culture of care and concern for one another in the school by establishing connections with schoolmates through kind words. To achieve this objective, they carried out the Kindness Big Box Project. All pupils were encouraged to drop their kindness cards into a big box which was located in the canteen. Pupils wrote kind messages and personalised their own kindness cards. These cards were then distributed to random pupils in school.

The Kindness Ambassadors also did an Exam Motivational Screening. Pupils recorded clips with motivational words one week before the start of their exams. These were compiled and screened during recess. Everyone enjoyed themselves and were able to pick up good phrases to encourage their friends.

Through these activities, pupils were more aware that kind words to anyone, whether a friend or a stranger, can make a difference to people's lives.





WATCH

SINGA AND THE KINDNESS CUBBIES

ANIMATION

To Catch A Litterbug

In this new episode, Kalle shadows Singa at the Ambassador Cadet School in case he gets into trouble. Unfortunately, she ends up landing him in hot soup when he's pointed by all as the litterbug behind all the trash she's leaving behind!

www.youtube.com/kindnessSG

Season 3
Episode 2

At the Ambassador Cadet School canteen...



Singa, I need to see you in my office. Now!

What have I done?



Featured entries

Dear Singa,

My name is Analee Chin Rui-En and I am 10 years old. I am a student from Bukit View Primary School, studying in class 4 Harmony. I am going to share with you what I did to make my great-grandfather happy.

My family and I were at my great-grandparents' house for lunch. Lunch was prepared by my great-grandfather. I thanked him for the lunch and told him that it was delicious. He felt happy.

After lunch, I showed him a photo that my mother showed me earlier. It was an old photo of great-grandfather blowing out his birthday candles. He saw the photo and he laughed. He said that photo brought back wonderful memories. Sometimes, my sister and I taught him English and we will praise him being the hardworking 'student'.

Doing things together with my grandparents always brings smiles to their faces.



Analee Chin Rui-En, Age 10

Dear Singa,

I am 9 years old. Today I did two kind acts. When I was going for class this morning, I helped my mother carry her things. After we got out of the car, I gently tapped on her shoulder and passed the bags to her. She said that I was observant and praised me. I was so happy!

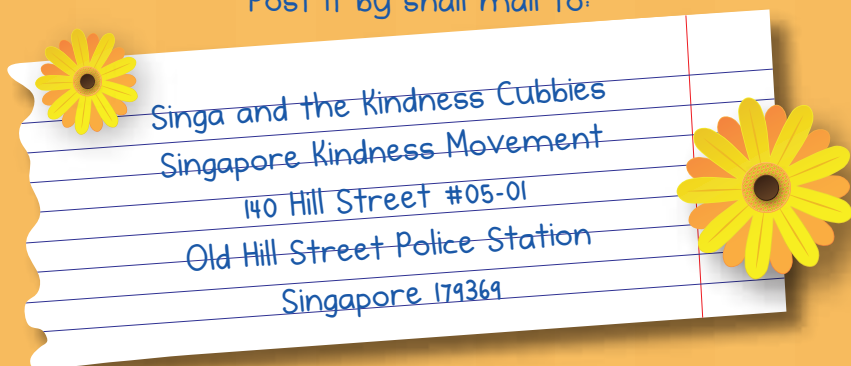
Gisele Lau, Age 9



Do you think we live in a caring society? Why or why not?
How can we make this a more caring place to live in?

Write to Singa and the Kindness Cubbies to share your kindness stories. You may wish to draw as well!

Post it by snail mail to:



Singa would like to know your home address so that he can reply to your letters! You may write your address at the back of your letter. Thank you!

(Parental consent required)