



Kindsville Times JUNIOR

Issue 3/ 2016



Harmony in Diversity

CARE AND HARMONY



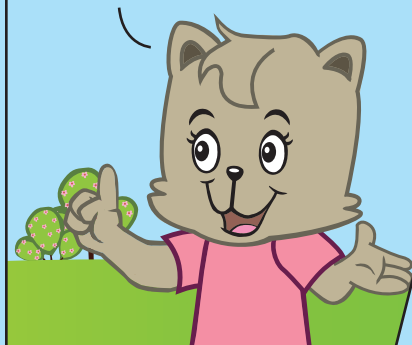
I want to join in and make friends with all of you, but I have fear of water. I can't swim.



How about joining us in a dance instead? I heard you're a great dancer! We can guide you through the dance steps.



Can I really join in?
I would love to.



Singa brings Astrid to the music room to join the others for the dance practice.



Our dance performance, inspired by a traditional dance from the old town of Heartcity, is called 'Carousel of Dreams'. It is really simple! Just follow our lead.



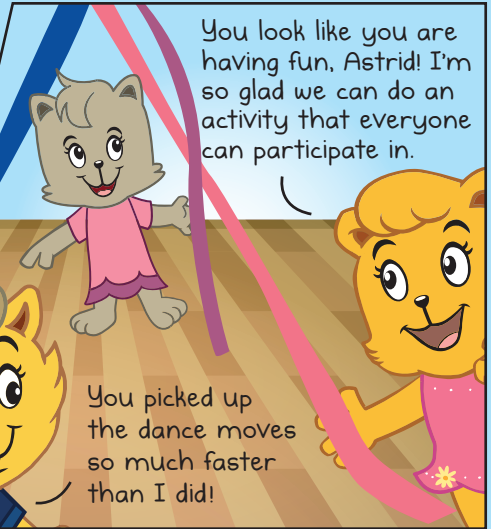
Welcome Astrid! We are glad you can join us.





Left, left, spin!
Perfect.

You were great!



You look like you are
having fun, Astrid! I'm
so glad we can do an
activity that everyone
can participate in.

You picked up
the dance moves
so much faster
than I did!

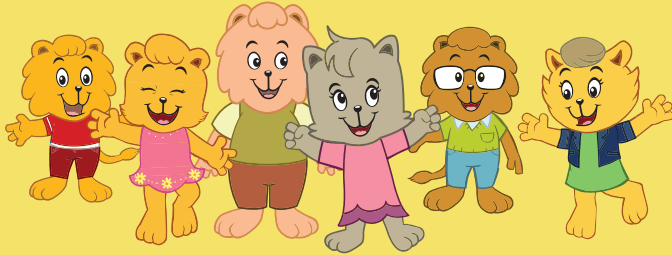


Thank you, guys. It means so much
that you are willing to change your
plans and accept me in your team.

Astrid grins happily. She is glad to have
such caring and patient friends.

CARE AND HARMONY

- Activity -



Singa made Astrid feel better by listening to and comforting her. He suggested a change in activity so that Astrid could join in.

Think of a friend whom you like to show care to. What would you do for your friend? You may draw or write in the space below.



CUBBIES TIPS

How can you show care and concern to the people around you?

1 Express your thanks to them

Say kind words to show that you are grateful for what they have done for you.



2 Cheer your family or friends up

Ask your family or friends how they are if they look sad. Cheer them up by letting them know that you are there for them.

3 Apologise when you hurt someone's feelings

Saying "sorry" when you hurt someone's feelings shows that you care about the friendship.



4 Help one another

If you see your friend being bullied, use a firm voice and respectfully ask the bully to stop. If the bully is older or stronger, look for a teacher to help. You should also encourage your friend to tell an adult about it.



5 Be friendly

Make an effort to hang out with your friend. Invite your friend to join you for recess while encouraging others to do the same.



Have you ever done these acts of kindness?

★ Care to share a smile? ★



Making someone smile is one of the most generous things you can do. Stick a Singa sticker if you have smiled at the following people during the past week.

YOUR NEIGHBOUR



TEACHER



A SCHOOL CLEANING STAFF



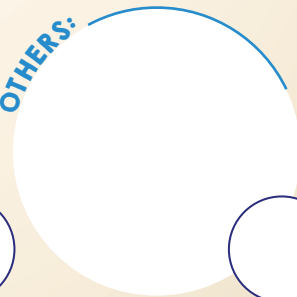
SCHOOLMATE



BUS DRIVER



OTHERS:



MY FRIENDS AND I



What are the things that you have in common with your friends/neighbours?

Keep a record of these precious friendship memories. Stick photographs or draw pictures of them.

Me And My Friend

Me And My Neighbour

Harmony in Diversity

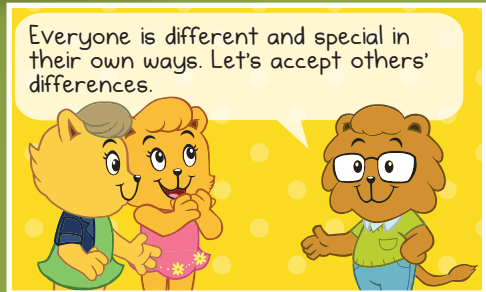


In Kindsville, everyone lives harmoniously with one another. This harmony is built upon the spirit of **Friendship**, **Respect** and **Understanding**.



Can you match the following words to the pictures?

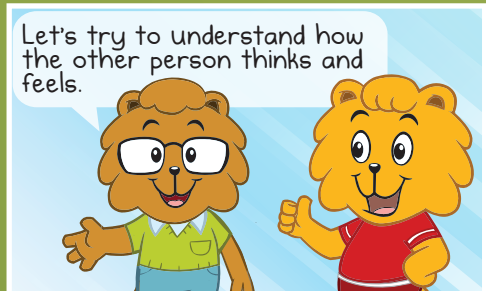
Friendship



Respect



Understanding



How well do you know your neighbours? Singa and the Kindness Cubbies have some ideas that can help you know your neighbours better!

1 Learn traditional games (e.g Pick-up sticks, Goli, Chapteh, Five Stones) from your family members and play them with your neighbours.

2 Organise a 'Let's Makan' session with your family members, and invite your neighbours to your house for a simple meal. You can start by sending out a personalized card to invite your guests!

DEAR _____,

YOU'RE INVITED

EVENT _____

DATE _____ TIME _____

PLACE _____



Visit kindness.sg/letsmakan for
more cook-out ideas!

THE SUPPORTIVE FRIEND

Fill up the speech bubbles in these cards with your personalized messages. Pass them to your friends to spread some joy!



You are awesome !

You are great !



Today is your day !

Friends forever !



THE SUPPORTIVE FRIEND



Singa and the Kindness Cubbies feel that friends should be supportive of one another. A supportive friend lends a listening ear, cares about others' feelings and encourages others.



Match the following statements, which show appropriate behaviours of being a supportive friend.

My friend seems to have difficulties with his/her Math homework. I should... ●

● **encourage and help him/her out.**

My friend looks sad today. I should... ●

● **invite him/her to join my group of friends.**

When I see a classmate eating alone in the canteen, I should... ●

● **go forward and ask if he/she is alright.**

Be Kind, Keep Clean!

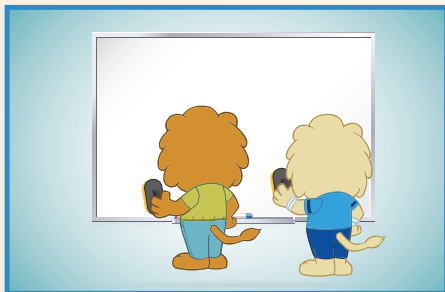
Caring for our Classroom

Are the Cubbies in each picture doing the right thing? Stick a Singa sticker beside the picture that reflects good habits of cleanliness!

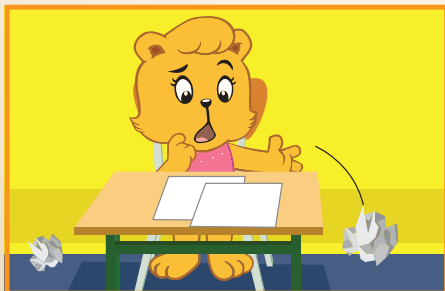
Scenario 1



Scenario 2



Scenario 3



It is everyone's responsibility to keep our shared areas clean and pleasant. How can I play my part to keep the classroom clean all the time?

Here are some ideas from the Kindness Cubbies.

 **Clean the whiteboard and keep the duster in place.**

 **Wipe your teacher's desk.**




 **Pick up the litter on the floor.**

 **Arrange the tables and chairs neatly.**

 **Empty the waste paper basket.**



 **Wipe off the dust on lockers.**

 **Ensure the canteen table is clean after your meal.**

 **Return the tray after your meal and remind others to do the same.**



I can...

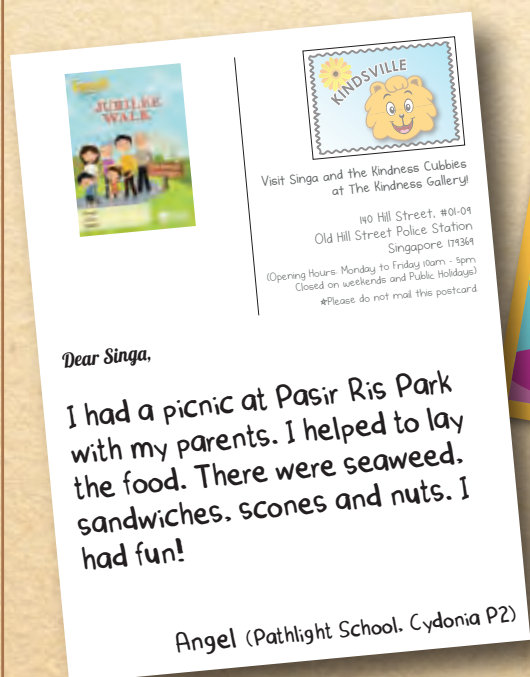
to keep my classroom clean.

JUBILEE WALK

Featured Postcards!

Thank you for visiting The Kindness Gallery at Old Hill Street Police Station! We hope that through this Jubilee Walk, families can build stronger bonds by spending quality time together.

Do continue to drop your postcards from each Kindsville Times issue into the Kindsville's Mailbox outside the Kindness Gallery.



Family Time

One of the best ways to experience Singapore's unique identity is through food. What is your favourite local food? Share with your family why you like the food and write it down in the postcard!



Visit Singa and the Kindness Cubbies
at The Kindness Gallery!

140 Hill Street, #01-09
Old Hill Street Police Station
Singapore 174369

(Opening Hours: Monday to Friday 10am - 5pm
Closed on weekends and Public Holidays)
★Please do not mail this postcard.

Dear Singa,

From: _____

School: _____ *Class:* _____

Remember to drop your postcard
into Kindsville's Mailbox outside
The Kindness Gallery!



my Kindness Adventures





KINDNESS @ YUHUA

Kindness Ambassadors from Yuhua Primary School wanted to inculcate a culture of care and concern for one another in the school by establishing connections with schoolmates through kind words. To achieve this objective, they carried out the Kindness Big Box Project. All pupils were encouraged to drop their kindness cards into a big box which was located in the canteen. Pupils wrote kind messages and personalised their own kindness cards. These cards were then distributed to random pupils in school.

The Kindness Ambassadors also did an Exam Motivational Screening. Pupils recorded clips with motivational words one week before the start of their exams. These were compiled and screened during recess. Everyone enjoyed themselves and were able to pick up good phrases to encourage their friends.

Through these activities, pupils were more aware that kind words to anyone, whether a friend or a stranger, can make a difference to people's lives.





WATCH

SINGA AND THE KINDNESS CUBBIES

ANIMATION

To Catch A Litterbug

In this new episode, Kalle shadows Singa at the Ambassador Cadet School in case he gets into trouble. Unfortunately, she ends up landing him in hot soup when he's pointed by all as the litterbug behind all the trash she's leaving behind!

www.youtube.com/kindnessSG

Season 3
Episode 2

At the Ambassador Cadet School canteen...





Featured entries

Dear Singa,

I am Olivia from Fengshan Primary School. Last week I saw my teacher, Mdm Vasaantha, carrying many Spelling books. I offered to help her carry some. She said "Thank you" and gave me a sticker.



Olivia Loh Ern Yee, Age 7

Dear Singa,

I am Adriel Kang from Pei Chun Public School, Class 1C. I would like to share a story with you.

A few days ago when I was on the bus, I saw an uncle occupying two seats. Minutes later, an elderly lady boarded the bus. Oh no, there was no vacant seat in the bus! I decided to ask the uncle who was occupying two seats if he could give the elderly lady a seat. Luckily, the uncle gave a seat to the elderly lady. My mother bought me a set of Roald Dahl storybooks for being brave and kind on the bus.

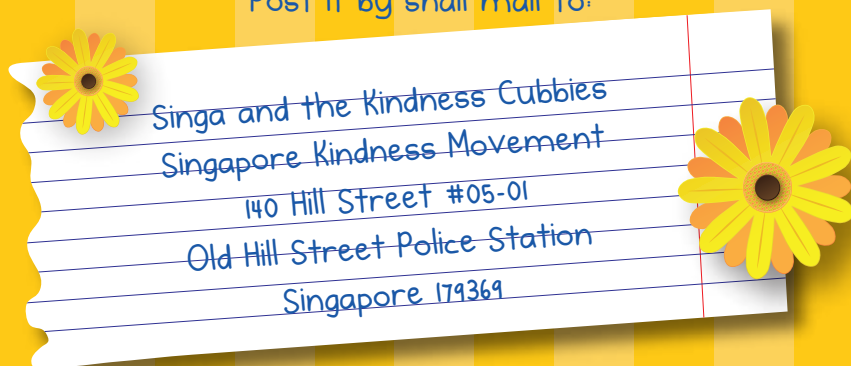
Today, my brother and I folded wristbands for you, Tomeo, Sher, Kalle and Tosh. We hope you will like them!

Adriel Kang, Age 7



How do you feel when people show care towards you?
Write to Singa and the Kindness Cubbies to share your
kindness stories. You may wish to draw as well!

Post it by snail mail to:



Singa would like to know your home address so that he can reply to your letters! You may write your address at the back of your letter. Thank you!
(Parental consent required)