



Kindsville Times JUNIOR

Issue 4/ 2016



Kindness All Year Round!

KINDNESS, PASS IT ON!

Singa has designed a Kindness Card and hopes it will encourage everyone in Kindsville to share the spirit of kindness.



Hope my small act of kindness has brightened your day!
Go on and brighten someone else's day too!



Tosh is across the street, and has dropped his books.



Singa rushes to give him a hand.

Here Tosh, let me help you!

Thank you Singa! That's so nice of you.



You're welcome, Tosh. I was just thinking if you would like to support my little project by passing kindness on to someone else. You may give him or her this kindness card to pass it on as well!



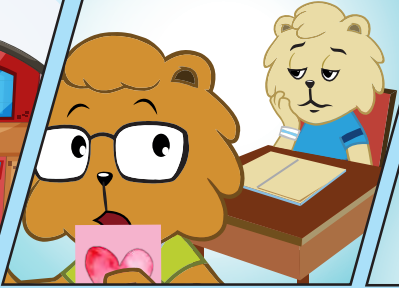
Oh this is such a great idea. I'd love to pass it on!



Tosh takes the card and continues his walk to school.



He finds Tomeo staring at his Math homework and looking troubled.



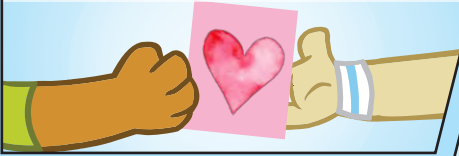
What happened, Tomeo? Why do you look so troubled?



I have been working on my homework for hours. This is really confusing!



Tosh patiently coaches Tomeo through the challenging assignment, then hands him Singa's Kindness Card.



Thanks Tosh. I can't wait to pay it forward.



Hmm. I wonder what I can do to pass on Tosh's kindness...



After school, Tomeo sees Sher watering her daisy garden.



I know! I can share these delicious cookies with Sher! They're her favourite!



Tomeo and Sher enjoy the cookies together, and he passes her the Kindness Card too.



I should share this kindness with Kalle. She's been such a great friend.



Sher heads over to Kalle's home excitedly.



Kalle, I just wanted to say 'Thank you' for being a supportive friend. You're always there for me and I really appreciate it.



Kalle is touched by Sher's kindness and gives her a hug.

That's what friends are for!



Later, the Kindness Cubbies gather at the Compassion Compass Tower.

Singa, your Kindness Card was a brilliant idea! It really helped us fill Kindsville with lots of kindness today.



Let's keep this up, everyone. I hope we can continue to spread smiles and kindness throughout Kindsville every day!



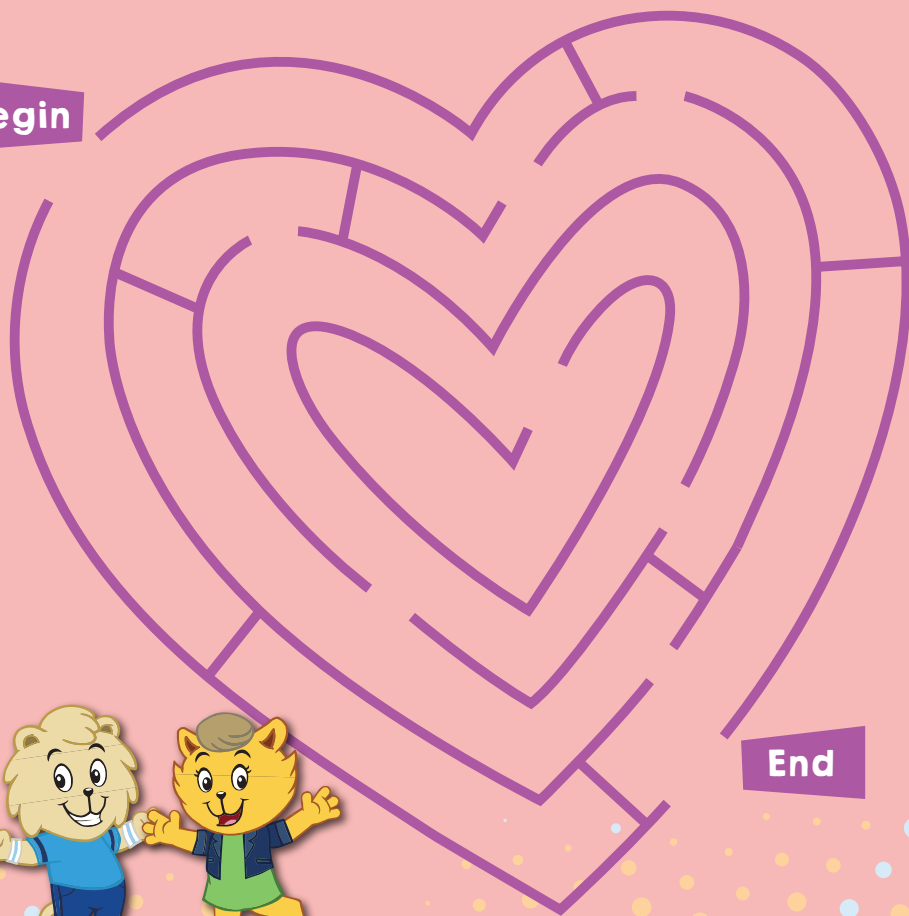


SHER'S CHALLENGES

Sher wants to participate in her first Kindsville Olympiad but she is not confident in finishing the race. Kalle and Tomeo encouraged her to participate in the race and offered to practise together with her.

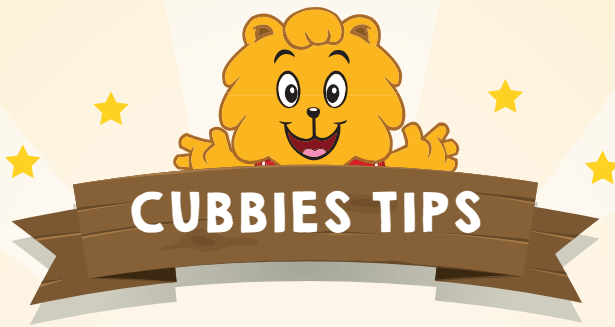
Give Sher and the Kindness Cubbies your support by racing the track maze with them. Watch out for the wrong turns!

Begin



End





Find homework time difficult to manage? Here are some useful tips from Singa and the Kindness Cubbies to help you through!

1 Sleep well

Sleeping well allows your body to re-energize for the next day.



2 Stay active

Regular exercise helps to keep your body healthy.

3 Eat healthy

Eating healthy helps your brain work better! Remember to also drink plenty of water.



4 Think positive

Tell yourself "I can do it!"



5 Ask for help when needed

Ask your family/teacher/friends for help politely if you face problems with your homework. Explain to them why you need their help.



6 Talk to someone about how you feel

If you are feeling nervous or lost, talking to someone can make you feel better!



While completing your homework or tasks, remember that you can also care for your friends by giving them words of encouragement! That's what friends are for!

BEST OF THE BEST



List down the wonderful things you have experienced this year.

The **BEST** thing I have done to help a friend was when...

The **BEST** gift I have given to someone was...

The most memorable activity I had with my family was...



MY DREAMS

When I grow up I want to be ...

(Write or draw in the space below)

Next year I want to:

be braver
be kinder
learn more in school
make more friends
be better at sports

☐
☐
☐
☐
☐
☐

The next school year will be:

exciting
fun
challenging
awesome
meaningful

☐
☐
☐
☐
☐
☐

Our Kindness Tale

Use the story spinner on the next page to create a kindness tale with your family members. Place a pencil in the centre and spin two times to pick a character and a story's opening sequence. Take turns adding sentences to the story. Have fun!

1st Spin

Pick a main character to star in your Kindness Tale.



2nd Spin

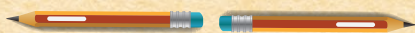
Pick a story opening sequence.

Everyone takes turn to add sentences to the story.

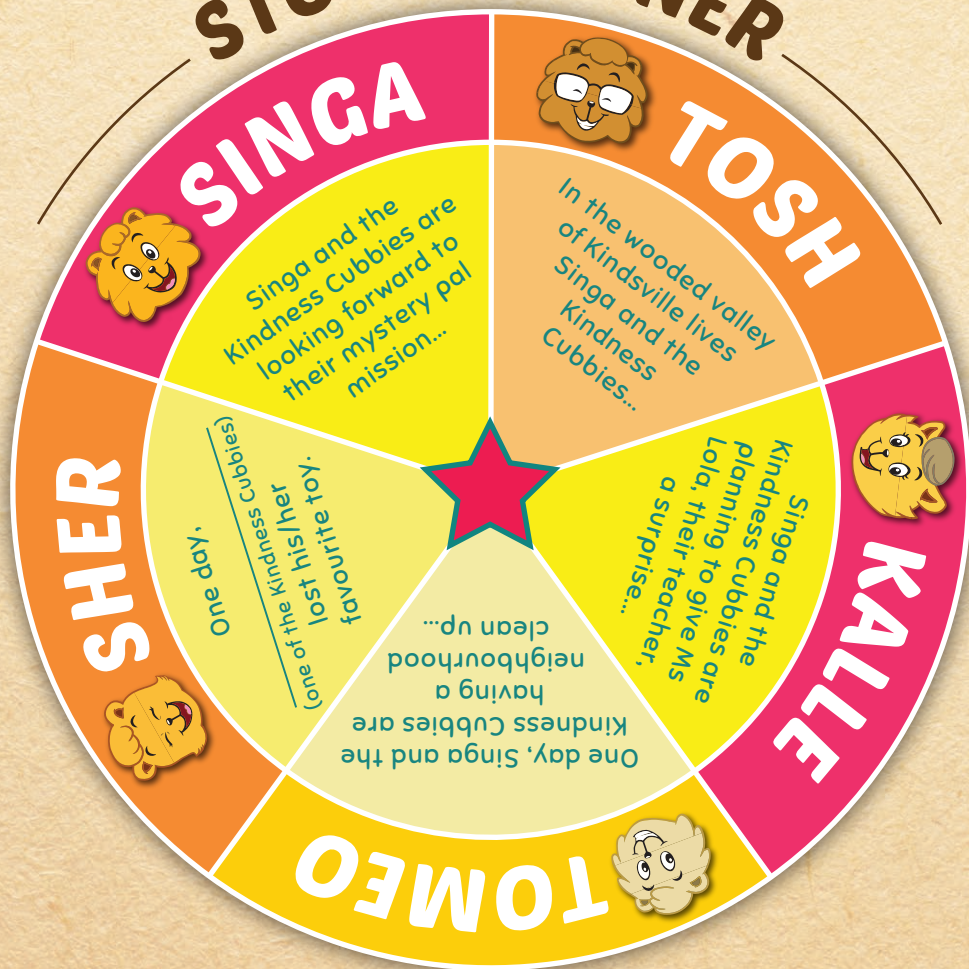
Record the Kindness Tale created by you and your family members!

Write or draw on page 12.





STORY SPINNER





Our Kindness Tale

Write down your Kindness Tale in the space below. You may even stick Cubbies stickers!



Writers:

Title:

Story:

My Holiday Plans

What are your holiday plans?
Turn to the back of the page to
find out the activities that you
can do over the holidays!

This holiday,
I would like to:



Happy Holidays!





Holiday activity ideas

Learn a new skill

- **Cycling**
- **Swimming**
- **Rollerblading**
- **Painting**
- **Sculpting**
- **Rock-climbing**

Spend time with your family

- **Have a picnic**
- **Watch a movie**
- **Play at the beach**
- **Decorate the house**
- **Visit the museums, heritage centres or libraries**

Do something meaningful with your family

- **Participate in fundraising activities**
- **Read to the children in the library**
- **Help to keep your neighbourhood clean**



DON'T WORRY, BE HAPPY!

One of Tomeo's favourite memories is the time when his team lost the captain's ball game. Tomeo missed the winning shot and felt awful. He even wanted to quit and leave the team. Tomeo was really disappointed with himself, but it was his best friends Singa and Sher who came to cheer him up.



Make a list of things that could make you feel disappointed or sad.

I feel sad when...

What would make you happy again when you feel sad? Write or draw them!

I feel happy when...

MY GRACIOUS NEIGHBOURHOOD

The neighbourhood becomes a lively and happy place to live in when everyone shows a little graciousness. Can you spot all the kind acts in the picture? Circle them!

- ★ 2 Cubbies greeting each other
- ★ 1 Cubbie helping an elderly carry groceries
- ★ 1 Cubbie encouraging her neighbour to lower the music volume
- ★ 1 Cubbie offering to help water Sher's plants





Do you know that
13 November is
Good Neighbour Day?



**What can you do to be a good and happy neighbour?
Circle the correct examples.**

Thank you!



Say "Thank you" when
someone helped me.



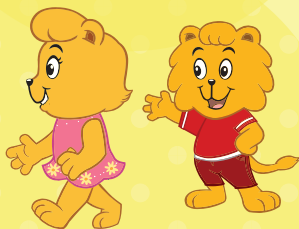
Share my toys and play
with my neighbours.



Help others who are in need.



Throw litter outside the
corridors.



Walk away when my
neighbour says "Hello".

I'm sorry!



Say "I'm sorry" when I have
done something wrong to
my neighbour.



WATCH

SINGA AND THE
KINDNESS CUBBIES

ANIMATION

Tomeo's New Neighbour

In this latest episode, Yeti the Snow Saber moves in next door to Tomeo. Find out what happens when Robohelper who now stays with Tomeo enters Yeti's house and does not come back.

www.youtube.com/kindnessSG

Season 3
Episode 3





FACT OR FICTION?

How much do you know about Singa and the Kindness Cubbies video episodes? Challenge yourself with this quiz!

	True	False
1 In Grandpa's Dilemma , Singa is chosen to take part in the Kindness Ambassador Cadet Camp.	<input type="checkbox"/>	<input type="checkbox"/>
2 In Flame On , Tomeo is the creator of "Gimme a hand" mobile application.	<input type="checkbox"/>	<input type="checkbox"/>
3 In Friends Forever , Sher wishes to chill around a campfire with her friends and have some marshmallows and hot chocolate.	<input type="checkbox"/>	<input type="checkbox"/>
4 In Friends Forever , Singa feels that the party is for best friends to spend time together and have some fun.	<input type="checkbox"/>	<input type="checkbox"/>
5 In To Catch a Litterbug , Kalle hides away from Singa because she wants to give him a surprise.	<input type="checkbox"/>	<input type="checkbox"/>
6 In To Catch a Litterbug , the Ambassador Cadet School's principal scolded Singa for being a litterbug.	<input type="checkbox"/>	<input type="checkbox"/>
7 In Tomeo's New Neighbour , Gremio is Tomeo's new neighbour.	<input type="checkbox"/>	<input type="checkbox"/>
8 In Tomeo's New Neighbour , Tomeo's new neighbour is a friendly snow saber.	<input type="checkbox"/>	<input type="checkbox"/>

Find out how you scored.



1-2

Oh dear! You have missed out on many of the Kindness Cubbies' adventures!

3-5



Not bad! Keep watching our video episodes!

6-8



We have got a Kindsville super-fan here!

Answers: 1. True 2. True 3. False 4. True 5. False 6. True 7. False 8. True



Road Safety Begins With Me!



Everyone should play their part as responsible pedestrians on the road by observing and practicing road safety rules. Complete the crossword puzzle to find out what you should take note of while crossing the roads.

Across:

- 1 Always cross the roads at signalized pedestrian _____, overhead bridges, underpasses or Zebra _____.
- 2 When you are on the bus, be patient and wait for the bus to stop before _____.
- 3 At the Zebra crossing, look to your right, look to your left, look to your right again, and make sure all vehicles have stopped. Thereafter, _____ your hand above your head and cross the road briskly.

Down:

- 4 Never _____ across the road without looking out for on-coming traffic.
- 5 Be alert and do not cross in front of or between _____ vehicles as the driver may not notice you.

Down:

- 6 Always walk on the pavement and footpaths. Do not _____ on the road.
- 7 Never cross when the "red man" appears or when the "_____ man" is flashing.
- 8 Be Bright. Be Seen. Be _____.

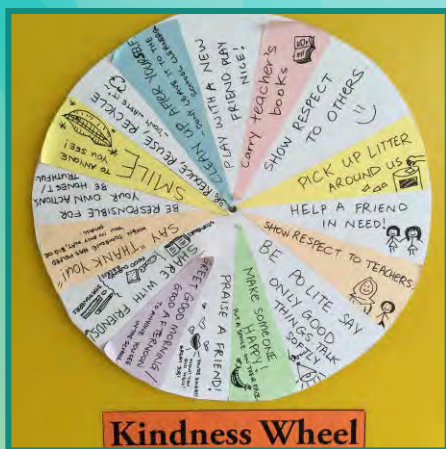


Answers: (1) crossings (2) lighting (3) raise (4) dash (5) stationary (6) walk (7) green (8) Safe



BHPS R.A.W.K!

Balestier Hill Primary School's "The Crystal 2.0" campaign inspired pupils to pay it forward in the school community. The school believed that by paying forward, waves of kindness are continuously being spread around. Kindness Ambassadors organized a series of events to provide opportunities for pupils to identify ways to do Random Acts of Worthy Kindness (R.A.W.K!)



Pupils were encouraged to design their own kindness wheel with various acts of kindness that they wanted to commit. This activity reminded pupils to do simple good deeds for others.

During the Kindness Podcast activity, lower primary pupils expressed gratitude to parents, teachers,

non-teaching staff and friends. Primary 3 and 4 pupils embarked on an online comic strip to create strips that promotes the idea of paying forward. Primary 5 and 6 pupils, on the other hand, gathered their creative juices to write stories on kind acts. The scripts were then collected to craft BHPS's very own R.A.W.K! short movie!

Kindness Ambassadors from BHPS also organized a Pay It Forward Bazaar that encouraged pupils to buy Do-It-Yourself items to pay forward acts of kindness. Many of them presented the items such as bookmarks and cards to their families, friends and teachers!



Featured entries

Dear Singa,

My name is Hsher Lim Le Sheng. I'm 8 years old. I have a poem for you!

S — Say "Sorry" and "You're welcome"
I — Initiate to help someone
N — Needy people. Let's help them!
G — Go ahead to help others!
A — Always give up your seat to those who needs it more.



Hsher Lim Le Sheng, Age 8

Dear Singa,

My name is Kyra Lee Jia Yu and I am 8 years old. I say hello to my neighbours whenever I see them. I always help to hold the lift doors open for my neighbours. My family and I always say "Thank you" to our neighbours if they give us things.

At home, I take care of my little brother. He is five years old and is sometimes mischievous. In school, I help my friends if they have problems with their homework. I always try my best to make the canteen clean before I leave. When I see one of my friends throw litter on the floor, I walk up to them and ask them to throw the litter into the bin. I helped my friend who is injured by bringing her to the General Office. I love to help the people around me! I hope you can help the people around you too!



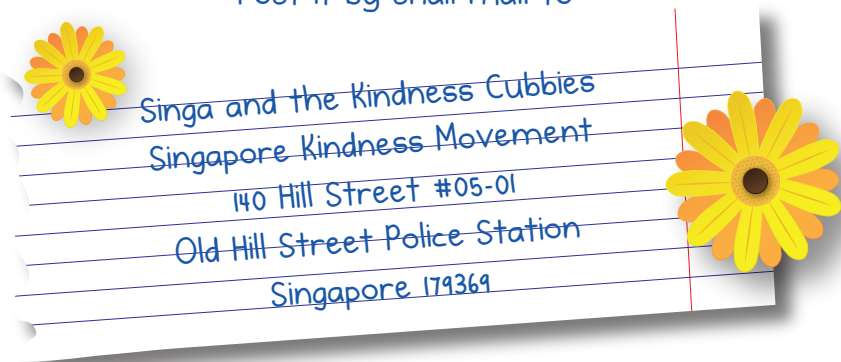
Kyra Lee Jia Yu, Age 8



Neighbours play a very important role in our lives. Are you a friendly neighbour who says hello to your neighbours?

Write to Singa and the Kindness Cubbies to share your kindness stories. You may wish to draw as well!

Post it by snail mail to:



Singa would like to know your home address so that he can reply to your letters! You may write your address at the back of your letter. Thank you!

(Parental consent required)