



# Kindsville Times

## ADVENTURES

Primary 3 and 4  
Issue 3/ 2017

# Let's Celebrate National Day!

#ONENATIONTOGETHER



# Dear Friends of Kindsville,

Singapore is 52 years old this year, and we want to celebrate together with you!

#OneNationTogether is about coming together to appreciate all the people from all races and religions who have contributed to Singapore over the years. This year is also special because Singapore will be celebrating 50 years of National Service!

Have you heard of "Let's Celebrate National Day"? It's about organizing a simple party on 9th August with your family. Invite your friends and neighbours to your party. Enjoy watching the National Parade together! You can also thank your relatives and neighbours who were or are national servicemen by giving them a personalized certificate.

Be sure to start, show and share kindness wherever you are. In being kind, you will spread happiness all around.

Have fun!

Love,

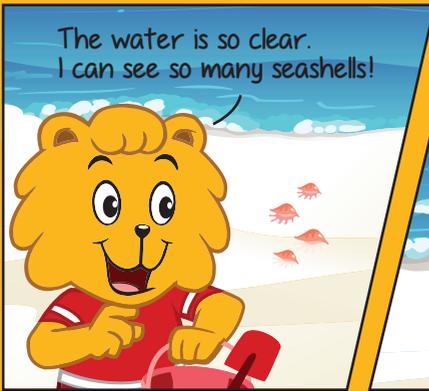
*Singa*



Singa and his friends are enjoying their day at the beach.



The water is so clear.  
I can see so many seashells!



There are more shells there,  
Singa!

Let's collect some pretty ones together.



As Singa and Kalle search for seashells, Toshi and Tomeo decide to play with the sand.

Look at how white the sand is!

We should build a sandcastle!



As the sandcastle takes shape, Tomeo decides to play a prank on Toshi.

What's that?

Where?



Tomeo starts a playful sandfight.

SPLAT!



Oh, you playful one!



Harris decides to join in the fun.



Hello everyone!  
May I join you in  
building this  
sandcastle?

Sure, you can  
have my spade!

And you can  
have my bucket!



Harris sits down to join them when  
they hear a stern voice.

HARRIS!



It is Harris' mother!

Harris, you should know better  
than to play with these children.



She looks in disgust at Tosh's and Tomeo's sandy hair and clothes.

Singa and Kalle overhear her remarks.

Look how dirty they are. How badly behaved too!

Come, let's go home. We shall not spend another minute here.

Oh dear, Tosh and Tomeo must be feeling terrible. I should go over and help them.

What a mean lady. If I tell her she is rude, she might scold me.

W-what is going on?

Should I tell her she is mean, or just keep quiet? What should I do?

THE STORY CONTINUES NEXT PAGE...

# THE STORY CONTINUES...

What happens next? How can the Kindness Cubbies respond to achieve a positive outcome? Draw and use the stickers provided to continue the story.

The page features six empty comic panels arranged in a 3x2 grid. Each panel is a white rectangle with a black border, separated by thick yellow lines. The panels are intended for drawing and writing to continue the story.



# Cubbies Tips



## What can you do to show appreciation to our National Service (NS) men?

- 1 Give the NS men a high five when you see them in their uniforms and say "Thank you for defending our nation!"



**Thank you for  
defending our  
nation!**

- 2 Decorate and present a certificate to someone who is serving or has served NS. They could be your family member, friend or neighbour!



Refer to templates  
on pages 23 to 27.

**3** Find out more about NS from someone you know who is serving or has served NS. You may start by asking them these questions:

**In which year were you enlisted into NS?**



**What are some of your most memorable NS stories?**



**What challenges did you face and how did you overcome them?**



**4** Organize a National Day Party to celebrate Singapore's birthday and thank the NS men who keep our country safe. Invite your family members, friends and neighbours!





## PARTY PLANNING GUIDE

Planning a party with your family or loved ones can be a whole lot of fun if everyone spontaneously shares ideas and respects each others' opinions. Here's a party planning guide you can use to help you get started!

### *Contains:*

Party Planner | Invitation Cards | Food Recipes  
| Appreciation Certificates

# Party Planner

## *Date & Time*

9 August

## *Venue*

## *Guest List*

## *Theme*

## *Menu*

## *Decorations*

## *Activities*

## *Games*

# Party Planner

## To Do List

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_
- 7 \_\_\_\_\_
- 8 \_\_\_\_\_
- 9 \_\_\_\_\_
- 10 \_\_\_\_\_
- 11 \_\_\_\_\_
- 12 \_\_\_\_\_
- 13 \_\_\_\_\_
- 14 \_\_\_\_\_
- 15 \_\_\_\_\_

# Invitation Cards

Invite your family members, friends or neighbours to the party!



Let's  
**Celebrate**  
National Day!



Dear \_\_\_\_\_

**YOU'RE INVITED**

— to join us for a  
party to celebrate

**SINGAPORE'S BIRTHDAY**

.....  
VENUE:

.....  
DATE:

.....  
TIME:

Let's  
**Celebrate**  
National Day!

Dear \_\_\_\_\_

★ **YOU'RE INVITED** ★

to join us for a  
party to celebrate

**SINGAPORE'S BIRTHDAY**

.....  
VENUE:

.....  
DATE:

.....  
TIME:



# Invitation Cards





# Decoration Ideas

NATIONAL FLAGS



PAPER BUNTINGS



Happy Birthday  
Singapore

CARDS & BANNERS



PAPER WINDMILLS



STARS



SINGA STICKERS



## Star Cheese Toasties



### WHAT YOU NEED:

Slices of bread  
A packet of sliced cheese  
Star-shaped cookie mould  
Oven or toaster

### INSTRUCTIONS:

1. Lay bread slices.
2. Press cookie mould onto cheese slices to form star-shaped cheese.
3. Decorate by arranging star-shaped cheese on the bread slices.
4. Toast in the oven for 5 minutes.
5. Serve cheese toast hot.

## Rainbow Fruit Skewers with Yogurt or Cheese Dip



### WHAT YOU NEED:

Satay sticks  
Assorted fruits of your preference  
2 cups yogurt

### INSTRUCTIONS:

Thread cut fruits onto satay sticks. Recommended choice of fruits for a rainbow set of colours are strawberries, oranges, pineapples, kiwi and blueberries. Feel free to get creative!

**OPTIONAL:** Serve fruit skewers with yogurt dip or cheese sauce! You may mix remaining cheese slices (from doing cheese toasties) with milk and microwave it to make cheese sauce.

# Coconut Agar Agar



## INSTRUCTIONS:

### WHAT YOU NEED:

1 1/2 cups coconut milk  
1 cup milk  
1 cup white sugar  
2 tablespoons agar agar powder  
3 cups water  
Red food colouring  
Jelly mould

1. Mix coconut milk, milk, 1/4 cup of sugar, 1 tablespoon of agar agar powder in saucepan and bring it to boil.
2. Pour the coconut mixture into mould(s) of your choice. Allow it to cool.
3. Meanwhile, mix the remaining 3/4 cup sugar, 1 tablespoon of agar agar powder, red food colouring and water in another saucepan and bring it to boil.
4. Check to see if the coconut agar layer has hardened. Do not let it become completely hardened, as the two layers will not be able to stick together.
5. Gently pour the red mixture on top of the coconut milk layer.
6. Let the agar set. It should take about 40 to 45 minutes at room temperature.
7. Slice agar agar in preferred size and decorate them with kindness toppers in page 21.

# Snap and Share your photos!

Snap and share photos of your National Day Party!

1. Share them with us by emailing them to [celebrate@ndp.org.sg](mailto:celebrate@ndp.org.sg)
2. Together with your parents/guardians, share the photos online by posting on your parents'/guardians' social media platforms with the hashtag **#OneNationTogether**

Here's how you can create a photo collage if you have many photos to share and all of them are your favourites!



PIC•COLLAGE

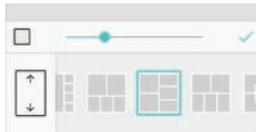
### STEP 1

Download a photo collage app on your mobile phone.



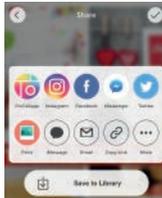
### STEP 4

Add stickers or text to your collage.



### STEP 2

In the app, choose either a grid layout collage or a freestyle collage.



### STEP 5

Save your photo collage and upload online with the help of your parent/guardian.



### STEP 3

Tap on the boxes in the grid to insert your favourite set of photos.



### STEP 6

Hashtag your photo with

**#OneNationTogether**



# KINDNESS FOOD TOPPERS



Attach these kindness  
food toppers to toothpicks  
and use them to decorate  
your food items!



HAPPY NATIONAL DAY!



# Certificate of Appreciation

This certificate goes to the  
world's best

for your love, care, kindness, bravery  
and contribution to the nation.

Write or draw something to show your appreciation to him. You may  
also decorate the certificate with stickers in the sticker page.



\_\_\_\_\_  
Name & Signature





A Nation of  
**Kindness**  
starts with you!

.....

This certificate goes to

\_\_\_\_\_

for your love, care, kindness, bravery  
and contribution to the nation.

Write or draw something to show your appreciation to him. You may also  
decorate the certificate with stickers in the sticker page.



\_\_\_\_\_

Name & Signature





A Nation of Kindness  
starts with one  
**National Serviceman**

This certificate goes to  
NS man (past/present)

\_\_\_\_\_

for your love, care, bravery and service to  
the nation.

Write or draw something to show your appreciation to him. You may also  
decorate the certificate with stickers in the sticker page.



\_\_\_\_\_

Name & Signature





# Be a **C.L.U.B.** Cubbie



———— TO BE A CLUB CUBBIE, YOU MUST BE ————  
Courageous • Loving • Understanding • Big-hearted

Want to spread kindness at home and in school, just like the Kindness Cubbies? All you need is a little kindness and a dream to make a difference. Be a CLUB Cubbie by completing kindness tasks found in each Kindsville Times together with your family members. Follow your dreams and become a CLUB Cubbie today!

## CLUB Cubbie Collectable

Complete CLUB Cubbie activity pages in Issue 3 and 4 to redeem a CLUB Cubbie collectable at The Kindness Gallery during the December holidays. Do look out for the dates for redemption in the next issue of Kindsville Times!



OR



COLLAR PIN

Visit the Kindness Gallery at 61 Stamford Road #01-08, Stamford Court, Singapore 178892

# Kindness around Kindsville in 5 days

Singa, Sher, Kalle, Tomeo and Tosh went on a mission. They had 5 days to spread kindness at 5 places in Kindsville. Every day, each Kindness Cubbie had to go to a different place. Read the story below and complete the puzzle on the next page.

On the first day, Tomeo was at the **Grocery Market** helping an elderly lady to carry heavy bags of groceries to the nearest bus stop.

On the second day, Singa was at the **Compassion Compass Tower** and Tosh was at the **Kindsville Stadium**. Sher was at **Windy Peaks** jogging and greeting everyone who was at the park.

On the third day, Kalle was at the **Observatory** taking up the role of a tour guide.

On the fourth day, it was Sher's turn to be at the **Grocery Market**. She met Mrs Boo, who was there to buy ingredients for her dinner cookout with her neighbours at night. Sher offered to help Mrs Boo pick some items from the market. Meanwhile, Tomeo was at the **Kindsville Stadium**. He was tasked to help manage the crowd, who was there to watch the inter-school captain's ball finals!

On the fifth day, Sher was at the **Observatory**.



# Puzzle

Where did Singa, Sher, Kalle, Tomeo and Tosh go on each of the 5 days?  
 Together with your family members or guardian, complete the puzzle below.  
 Hint: Each Cubbie has to be at different places on each day.

	Day 1	Day 2	Day 3	Day 4	Day 5
<b>Singa</b>		Compassion Compass Tower			
<b>Sher</b>		Windy Peaks		Grocery Market	Observatory
<b>Kalle</b>			Observatory		
<b>Tomeo</b>	Grocery Market			Kindsville Stadium	
<b>Tosh</b>		Kindsville Stadium			

# Our One-of-a-Kind Mission!

Take up the Kindness Mission with your family. Over 5 days, spread kindness at 5 different places together and share your experience below!

	Where did you go?	What did you do?
<b>Day 1</b>		
<b>Day 2</b>		
<b>Day 3</b>		
<b>Day 4</b>		
<b>Day 5</b>		



Continue with the Mission as often as you can!



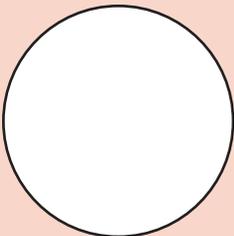
# Courage

- Our inner hero!

★ When was a time you could have displayed an act of courage but did not step up?

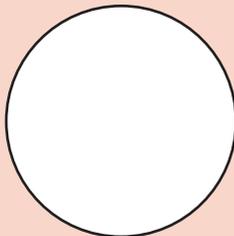
★ When was a time you stood up for what was right?

★ Together with your family members or guardian, design courage logos that depict overcoming and taking up new challenges. Draw the logos designed by each person in the space below.



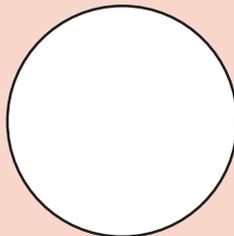
Designed by:

\_\_\_\_\_



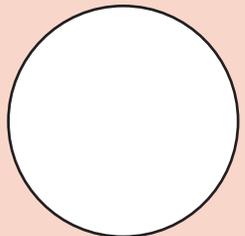
Designed by:

\_\_\_\_\_



Designed by:

\_\_\_\_\_



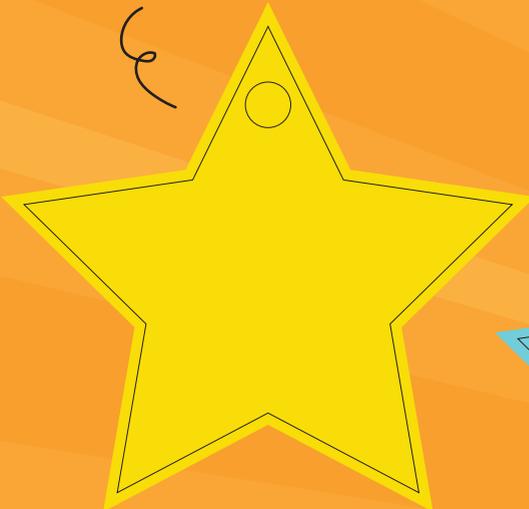
Designed by:

\_\_\_\_\_

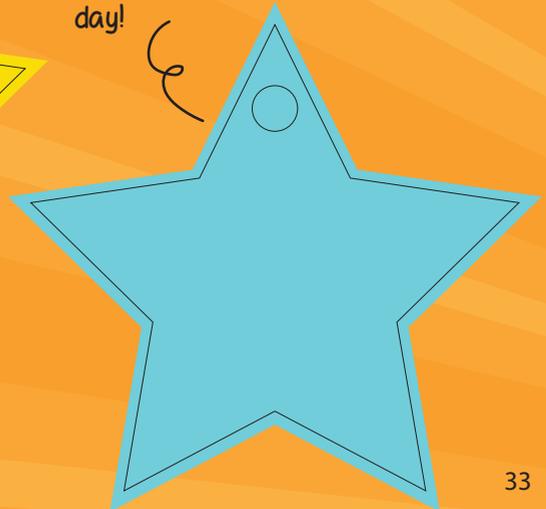
# Being a Supportive FRIEND



**1** Create a bookmark for someone who has shown care and concern for you in school.



**2** Do your part by looking out and showing care to your friends in school. You can be a supportive friend by giving help to your friends when you see that they need help. Create a bookmark for someone to brighten up his/her day!





Being a Supportive  
**FRIEND**

# Racial Harmony Day

Racial harmony is a day when you learn more about different cultures and different races. Despite our differences, we should live together harmoniously. Spot the similarities in these two pictures as Singa and the Kindness Cubbies celebrate Racial Harmony Day. Circle them!





## The Breakout Star

It is Kindness Ambassador Academy's 100th year anniversary! Singa and Spade are in charge of a carnival to honour past ambassadors who have contributed to Kindsville to what it is today. A play to re-enact a scene from the past when Snow Sabers ruled, and how the pioneers of Kindsville fought hard to overthrow the unkind rulers will be the highlight of the carnival. Will the carnival be a success?

Season 3  
Episode 7

Watch it at:

<http://kindsville.kindness.sg>





## SECRET AGENT MISSION

### Mission 5

(for the month of July)

How many happy and positive emoji faces do you know of? Together with your friends, draw as many happy positive emoji faces as you can. Design posters using these emoji faces to spread positivity in the school!



### Mission 6

(for the month of August)

Perform an act of kindness to show your appreciation and love for your family members/neighbours who are NS men.

Upload and share pictures of your completed mission on:  
[www.kindness.sg/fos](http://www.kindness.sg/fos)



## A SMILE, PASS IT ON!



Kindness Ambassadors from Princess Elizabeth Primary School wanted to encourage pupils to thank others, show their appreciation and smile when they receive kind acts. Pupils should also pass on these acts of kindness to the people around them in school, at home and in the community. To achieve this, several activities were carried out.

**BINGO Cards** were designed to allow pupils to reflect on what kindness means to them. After the reflection, they wrote or drew kind acts onto the bingo sheet. This activity inspired others to put into practice new ways of showing kindness.

**Kindness Mural** templates were made for pupils to pen down their reflection in three different template designs. The mural consisted of two hearts, a mouth and a pair of hands. These templates encouraged students to write down what kindness looks and feels like (Two hearts), what they can say to make someone's day (Mouth) and what they can do to bring a smile to someone (Hands).

**Origami Hearts** were created for pupils to show appreciation to those who have been kind to them. A booth was set up to give pupils a hands-on experience in folding their own origami hearts. After the pupils wrote their messages of appreciation, they were encouraged to present them to someone in school or at home.

Through these activities, pupils were more aware of the different ways to show kindness and to take action to show their appreciation to the people around them.



## ★ ★ featured entries ★

Dear Singa,

My neighbour and I often exchange gifts and food. Once, my neighbour gave me a set of highlighters. I said "Thank you" to her. I patiently taught my sister, Alicia, how to do her homework when she needed help. I was over the moon as I managed to help my younger sister!

I also helped my mother with household chores especially when she was not feeling well. I always feel happy when I get to help my family and friends.

As the saying goes, "Kindness in words creates confidence. Kindness in thinking creates profoundness. Kindness in giving creates love."

After reading this quote, I am inspired to help and be kind to others.

Samantha, Age 10

Dear Singa and the Kindness Cubbies,

I have something to share with you. Last Thursday, I was at the bus stop, waiting for my uncle to bring me to Northpoint Shopping Mall. Suddenly, a lady walked up to me and said, "Hi! I am from Italy! Do you know the way to Ang Mo Kio MRT Station?" I told her the bus she could take to get there. She smiled and thanked me. At that time, I felt so happy! A few minutes later, my uncle came and I told him about the incident. He praised me for helping the lady.



Hui Yi



**How did you and your family celebrate  
National Day?**

**SPECIAL:**

**Receive a Kindsville sticker sheet by sharing your  
National Day celebration stories with Singa and the Kindness  
Cubbies. You may write or draw!**

Post it by snail mail to:

Singa and the Kindness Cubbies  
Singapore Kindness Movement  
61 Stamford Road  
#01-08 Stamford Court  
Singapore 178892

Singa would like to know your home address so that he can  
reply to your letters! You may write your address at the  
back of your letter. Thank you!  
(Parental consent required)