





Singapore is 52 years old this year, and we want to celebrate together with you!

#OneNationTogether is about coming together to appreciate all the people from all races and religions who have contributed to Singapore over the years. This year is also special because Singapore will be celebrating 50 years of National Service!

Have you heard of "Let's Celebrate National Day"? It's about organizing a simple party on 9th August with your family. Invite your friends and neighbours to your party. Enjoy watching the National Parade together! You can also thank your relatives and neighbours who were or are national servicemen by giving them a personalized certificate.

Be sure to start, show and share kindness wherever you are. In being kind, you will spread happiness all around.

Have fun!

Love,







Comics Let's Celebrate National Day!















What can you do to show appreciation to our National Service (NS) men?

1 Give the NS men a high five when you see them in their uniforms.



2 Say "Hello" and thank them for defending our nation.



3 Decorate and present a certificate to someone who is serving or has served NS. They could be your family member, friend or neighbour!



4 Organize a National Day Party to celebrate Singapore's birthday and thank the NS men who keep our country safe. Invite your family members, friends and neighbours!





PARTY PLANNING GUIDE

Planning a party with your family or loved ones can be a whole lot of fun if everyone spontaneously shares ideas and respects each others' opinions. Here's a party planning guide you can use to help you get started!

Contains:

Party Planner | Invitation Cards | Food Recipes | Appreciation Certificates

Party Planner

Date & Time

9 August

Venue

Guest List

Theme

Menu

	Decorations
	Activities
	Games
4	

Party Planner

	To Do List
1	
2	
3	
4	
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Invitation Cards

Invite your family members, friends or neighbours to the party!







Invitation Cards









Recipes

Star Cheese Toasties



WHAT YOU NEED:

Slices of bread A packet of sliced cheese Star-shaped cookie mould Oven or toaster

INSTRUCTIONS:

- 1. Lay bread slices.
- Press cookie mould onto cheese slices to form star-shaped cheese.
- Decorate by arranging star-shaped cheese on the bread slices.
- 4. Toast in the oven for 5 minutes.
- 5. Serve cheese toast hot.

Rainbow Fruit Skewers with Yogurt or Cheese Dip



WHAT YOU NEED:

Satay sticks Assorted fruits of your preference 2 cups yogurt

INSTRUCTIONS:

Thread cut fruits onto satay sticks. Recommended choice of fruits for a rainbow set of colours are strawberries, oranges, pineapples, kiwi and blueberries. Feel free to get creative!

OPTIONAL: Serve fruit skewers with yogurt dip or cheese sauce! You may mix remaining cheese slices (from doing cheese toasties) with milk and microwave it to make cheese sauce.

Coconut Agar Agar



WHAT YOU NEED:

- 1 1/2 cups coconut milk
- 1 cup milk
- 1 cup white sugar
- 2 tablespoons agar agar powder
- 3 cups water Red food colouring Jelly mould

INSTRUCTIONS:

- Mix coconut milk, milk, 1/4 cup of sugar, 1 tablespoon of agar agar powder in saucepan and bring it to boil.
- 2. Pour the coconut mixture into mould(s) of your choice. Allow it to cool.
- Meanwhile, mix the remaining 3/4 cup sugar, 1 tablespoon of agar agar powder, red food colouring and water in another saucepan and bring it to boil.
- 4. Check to see if the coconut agar layer has hardened.Do not let it become completely hardened, as the two layers will not be able to stick together.
- Gently pour the red mixture on top of the coconut milk layer.
- 6. Let the agar set. It should take about 40 to 45 minutes at room temperature.
- Slice agar agar in preferred size and decorate them with kindness toppers in page 19.



Snap and share photos of your National Day Party!

- 1. Share them with us by emailing them to celebrate@ndp.org.sg
- 2. Together with your parents/guardians, share the photos online by posting on your parents'/guardians' social media platforms with the hashtag #OneNationTogether

Here's how you can create a photo collage if you have many photos to share and all of them are your favourites!



PIC · COLLAGE

STEP 1

Download a photo collage app on your mobile phone.



STEP 4

Add stickers or text to your collage.



CTFD 2

In the app, choose either a grid layout collage or a freestyle collage.



STEP 5

Save your photo collage and upload online with the help of your parent/guardian.



CTED 3

Tap on the boxes in the grid to insert your favourite set of photos.



STFP 6

Hashtag your photo with #OneNationTogether















Attach these kindness food toppers to toothpicks and use them to decorate your food items!









HAPPY NATIONAL DAY!



Appreciation

This certificate goes to the world's best

for your love, care, kindness, bravery and contribution to the nation.

Write or draw something to show your appreciation to him. You may also decorate the certificate with stickers in the sticker page.

Thank you for all that you've done to defend our nation!

Name & Signature





A Nation of Kindness starts with you!

This certificate goes to

for your love, care, kindness, bravery and contribution to the nation.

Write or draw something to show your appreciation to him. You may also decorate the certificate with stickers in the sticker page.



Name & Signature





A Nation of Kindness starts with one National Serviceman

This certificate goes to NS man (past/present)

for your love, care, bravery and service to the nation.

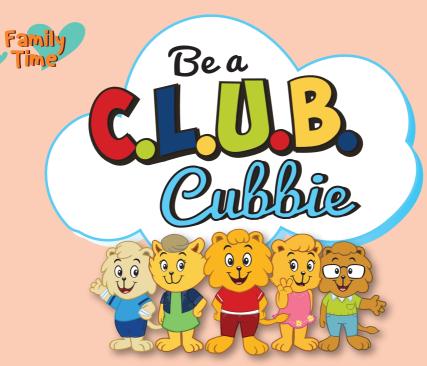
Write or draw something to show your appreciation to him. You may also decorate the certificate with stickers in the sticker page.



Name & Signature







TO BE A CLUB CUBBIE, YOU MUST BE

Courageous · Loving · Understanding · Big-hearted

Want to spread kindness at home and in school, just like the Kindness Cubbies? All you need is a little kindness and a dream to make a difference. Be a CLUB Cubbie by completing kindness tasks found in each Kindsville Times together with your family members. Follow your dreams and become a CLUB Cubbie today!

CIUB Cubbie Collectable

Complete CLUB Cubbie activity pages in Issue 3 and 4 to redeem a CLUB Cubbie collectable at The Kindness Gallery during the December holidays. Do look out for the dates for redemption in the next issue of Kindsville Times!



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Visit the Kindness Gallery at 61 Stamford Road #01-08, Stamford Court, Singapore 178892

Kindness around Kindsville in 3 days







Singa, Tosh and Kalle were on a mission. They had 3 days to spread kindness at 3 places in Kindsville. Every day, each Kindness Cubbie had to go to a different place. Read the story below and complete the puzzle on the next page.

On the first day, Singa was at Windy Peaks spreading kindness by saying 'hello' to everyone who was at the park. Kalle was at the Observatory helping out at the ticket counter.

On the second day, Tosh was at the Observatory taking up the role of a tour guide.

On the third day, Kalle was at the Grocery Market. She was helping an elderly lady to carry heavy bags of groceries.





Puzzle

Where did Singa, Kalle and Tosh go on each of the 3 days? Together with your family members or guardian, complete the puzzle below. Hint: Each Cubbie has to be at different places on each day.

	Day 1	Day 2	Day 3
Singa	Windy Peaks		
Tosh		O bServatory	
Kalle	Observatory		Grocery Market





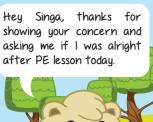
Our One-of-a-kind Mission!

Take up the Kindness Mission with your family. Over 3 days, spread kindness at 3 different places together and share your experience below!

	Where did you go?	What did you do?
Day 1		
Day 2		
Day 3		
	ntinue with the M often as you can!	ission

Being a Supportive FRIEND





I hope you are feeling better after the lesson. Don't worry about the games. We can all practice together after school!



Oh yes, thanks for offering to teach me how to play with the skipping rope.



Oreate a bookmark for someone who has shown care and concern for you in school. 2 Do your part by looking out and showing care to your friends in school. You can be a supportive friends by giving help to your friends when you see that they need help. Create a bookmark for someone to brighten up his/her dau!





Racial Harmony Day

Racial Harmony is a day when you learn more about different cultures and different races. Despite our differences, we should live together harmoniously. Spot the similarities in these two pictures as Singa and the Kindness Cubbies celebrate Racial Harmony Day. Circle them!









Mission 6

(for the month of August)

Perform an act of kindness to show your appreciation and love for your family members/neighbours who are NS men.

Upload and share pictures of your completed mission on: www.kindness.sg/fos



Watch Singa and the Kindness Cubbies

Animation

The Breakout Star

It is Kindness Ambassador Academy's 100th year anniversary! Singa and Spade are in charge of a carnival to honour past ambassadors who have contributed to Kindsville to what it is today. A play to re-enact a scene from the past when Snow Sabers ruled, and how the pioneers of Kindsville fought hard to overthrow the unkind rulers will be the highlight of the carnival. Will the carnival be a success?









If you were a Kindness Ambassador from Kindsville's Kindness Ambassador Academy just like Singa, how would you help to make the world a kinder place? Circle the pictures below!



Encourage everyone to keep Kindsville clean.



Spread happiness by smiling more often.



Greet the bus drivers and school staff.



Speak politely to the people around me.



Step up to lend a helping hand.



A SMILE, PASS IT ON!







Kindness Ambassadors from Princess Elizabeth Primary School wanted to encourage pupils to thank others, show their appreciation and smile when they receive kind acts. Pupils should also pass on these acts of kindness to the people around them in school, at home and in the community. To achieve this, several activities were carried out.

BINGO Cards were designed to allow pupils to reflect on what kindness means to them. After the reflection, they wrote or drew kind acts onto the bingo sheet. This activity inspired others to put into practice new ways of showing kindness.

Kindness Mural templates were made for pupils to pen down their reflection in three different template designs. The mural consisted of two hearts, a mouth and a pair of hands. These templates encouraged students to write down what kindness looks and feels like (Two hearts), what they can say to make someone's day (Mouth) and what they can do to bring a smile to someone (Hands).

Origami Hearts were created for pupils to show appreciation to those who have been kind to them. A booth was set up to give pupils a hands-on experience in folding their own origami hearts. After the pupils wrote their messages of appreciation, they were encouraged to present them to someone in school or at home.

Through these activities, pupils were more aware of the different ways to show kindness and to take action to show their appreciation to the people around them.





* reatured entries



Dear Singa,

I had a great day today. How about you? Today, while I was having breakfast at a foodcourt with my family, my younger sister spilled water on the table. I quickly took out tissue paper from my bag to stop the water from flowing. I am happy I can help to take care of my sister.



Yeong Teck, Age 7

Dear Singa,

My name is Alexis and I study in Rulang Primary School. There was once my friend, Chloe came to the bench and told me that she fell down. I brought her to the school General Office and one school staff came to help. The school staff gave her a plaster and she thanked me. I was very glad to hear that.

Alexis Gok, Age 7



How did you and your family celebrate National Day?

Receive a Kindsville sticker sheet by sharing your
National Day celebration stories with Singa and the Kindness
Cubbies. You may write or draw!

Post it by snail mail to:

Singa and the Kindness Cubbies Singapore Kindness Movement 61 Stamford Road #01-08 Stamford Court Singapore 178892

Singa would like to know your home address so that he can reply to your letters! You may write your address at the back of your letter. Thank you! (Parental consent required)