



Kindsville Times

ADVENTURES

Primary 3 and 4
Issue 4/ 2017

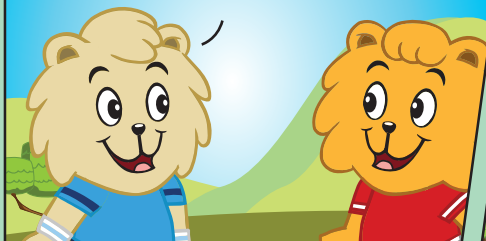
KINDNESS, IT'S UP TO US!



Kindness All Year Round



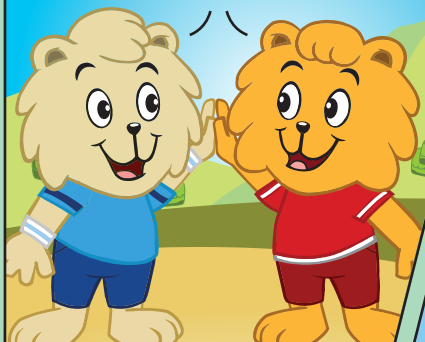
Singa is always cheering me on. He helped me when I first joined the school's football team. He has been a great team player!



I remember supporting you guys during Sports Day. That was when you helped Singa when he fell down during the football match, right?



Yes. One kind deed deserves another!



Just like how you and Sher encouraged me not to give up during our school holiday hike. You shared your snack bar with me when I had no energy to continue. Thanks Tomeo!

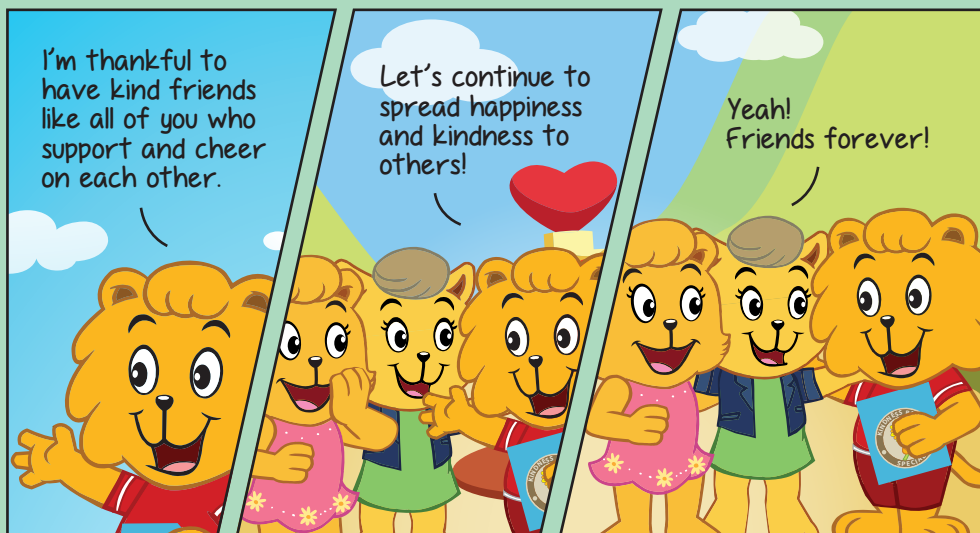


That was a great trip. We should go hiking soon! What were other memorable moments?



Remember when you guys threw me a surprise birthday party? That made my day! I am so grateful to have friends like you.





All about this fun-filled year!



3 kind acts that you have done for others:

1. _____
2. _____
3. _____

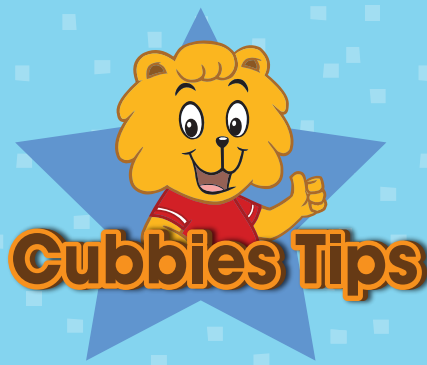
2 times someone showed care for you:

1. _____
2. _____

1 really amazing day:

Continue to spread kindness at home and in school!





Do you know that 13 November is Good Neighbour Day? How can you show kindness to your neighbours?

If everyone gets to know their neighbours and show kindness to them, our neighbourhoods will become livelier and happier places to live in.

Smile at your neighbours and say "Hello!"



Make their day by initiating a conversation with them.



Invoke them to a gathering with your family.



Lend a helping hand if you see that they need help.

Let me help
you, Mrs Boo!

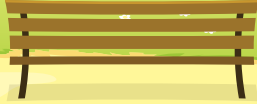


Ensure that you keep your volume down at night, so that you do not disturb anyone in the neighbourhood.



I should stop noisy
activities by 10pm.

Things I like about my neighbourhood



Circle what you like about your neighbourhood.

About the people:

They are friendly.

They are helpful.

They play with me.

They keep the place clean.

Others: _____

About the place:

It is clean.

It has a BBQ corner for us to have a gathering.

It has park connectors for us to jog together.

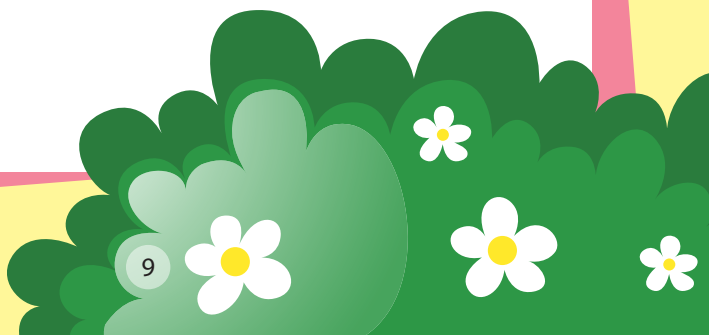
It is safe.

It is lively.

Others: _____



Draw a picture of yourself together with your favourite neighbour!



Kindness Everyday!

Singa and the Kindness Cubbies feel that every day can be a happy day if you show a little kindness.

Here are some ways you can start, show and share kindness.
Match each scenario with the value shown.

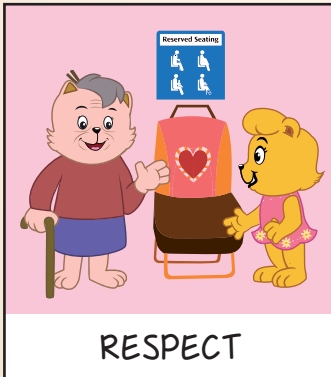
APPRECIATION

RESPONSIBILITY

CARE

RESPECT

HARMONY



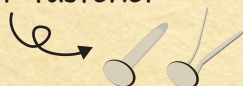
Kind-O-Meter

Have I been kind today?

1. Carefully tear out the two disks.
2. Place the blue 'Today I am' disk on top of the yellow Kindness Cubbies disk.
3. Fasten both disks to the centre using a paper fastener.



Paper fastener



You can now turn the blue disk to show what you have achieved today! (For example, turn to 'Caring' when you showed care to someone in the day.)



Kind-O-Meter



Together We are One, Pass it On!

In creating a culture of care and unity as a school, Clementi Primary School pupils from different levels created message cards for the graduating batch of pupils. Each level took up different roles for the project. Everyone contributed by designing, colouring, or writing motivational messages on the cards. These cards, when distributed to the Primary 6 pupils before their PSLE oral exams, spurred them on to do their best in the exams!



Kind Words, Pass it On!

To build a culture of care in Yuhua Primary School, pupils were encouraged to use kind words and phrases in their daily conversations. For the 1000 Kind Words @ Yuhua Challenge, posters and tracker sheets were distributed to every class to track the number of kind words spoken by the pupils for the week. The Kindness Ambassadors then went around the classes to tabulate the total number of kind words spoken. The results revealed that the school collectively spoken a total of 33,048 words!





**Think
positive!**

Do you know that positive thinking can make you feel better and happier? The stories below show how Tomeo and Kalle learn to think positive when they face challenges. You can also do the same!

Story #1

Tomeo sees Singa asking Kalle to join him for recess.



Singa is ignoring me. He doesn't like to eat with me.



After positive thinking...

Maybe Singa did not see me just now. That's why he did not ask me to join him for recess. Next time I could ask him to join me for recess.

Story #2

Kalle's brother gets an award for being a star CCA performer in school.



Brother is good at everything while I'm not. Mum and Dad will not love me as much.



After positive thinking...

Brother is good in certain areas while I'm good in others. Mum and Dad love us for who we are.

When was a time you tried to think and react positively?



Watch Singa and the Kindness Cubbies Animation

Kindness is up to us!

Something has been troubling Yeti, and the Kindness Cubbies decide to find out the truth. Sher believes that this is the time he needs his friends and everyone should be more supportive in helping Yeti. How will Yeti react to the Kindness Cubbies' help? Will he choose kindness over unkindness?

Season 3
Episode 8

Watch it at: <http://kindsville.kindness.sg>





I can choose who I want to be?

In this episode, Yeti has to choose kindness or unkindness. Can you help him choose kindness by completing the activity below?



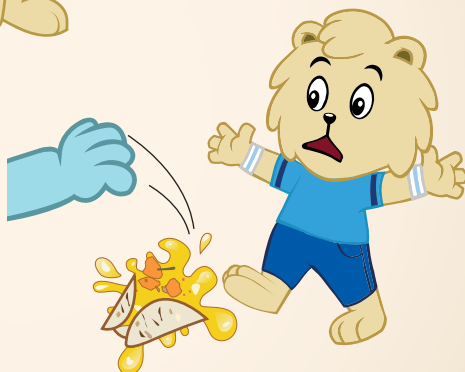
Scenario

Tomeo offers Yeti a burrito.

Unkind Yeti

What Yeti almost did:

Yeti takes the burrito and throws it onto the floor.



Kind Yeti

What Yeti could have done:



Kindsville Party 2017

Where Parents And Children Bond Through Hurdles



The 5th Annual Kindsville Party returns with an action-filled Parkour Challenge for parents and their children on 16th June 2017 held at GymKraft.

120 participants had a fun Friday evening scaling walls, balancing on bars and jumping through obstacles. The Parkour Challenge aims to encourage parent-child bonding where participants teach or support one another in their parent-child pairs. Through these activities, both parent and child display kindness by encouraging one another, being patient and showing empathy to others.

It's a wrap for Kindsville Party 2017 but definitely not the end of showing kindness to the people around us. We would like to thank all participants for being gracious team players and for making this event a meaningful one. We look forward to seeing you at future Kindsville events!



Do you think kindness is cool? How would you show kindness and encourage others to do the same?

Write to Singa and the Kindness Cubbies to share your stories. You may wish to draw as well!

Post it by snail mail to:

Singa and the Kindness Cubbies
Singapore Kindness Movement
61 Stamford Road
#01-08 Stamford Court
Singapore 178892

Singa would like to know your home address so that he can reply to your letters! You may write your address at the back of your letter. Thank you!
(Parental consent required)

★ featured entries ★

Dear Singa,

I want to share with you how I celebrated Singapore's birthday. Last week, I went to my cousin's house warming. At his house, we also celebrated my Auntie's birthday! We gathered at the dining table and sang the birthday song.

All of us had so much fun playing games and singing songs. We even sang the national anthem together!

I look forward to Singapore's 53rd birthday so that we can all celebrate together again!

Sara Aljunied, Age 10

Dear Singa,

We would like to share with you our pictures!



Wan He Jia, Age 7

Wan He Xin, Age 9

Dear Singa,

I am Chuan Tze from Poi Ching School. Do you remember me? I wrote to you before!

I celebrated National Day at my cousin's house with my family. We watched the National Day Parade. It was fabulous! The soldiers marched confidently. There was also a simulated terror attack. We can all do our part to protect the nation. I am inspired by the saying that goes, "Helping others enriches ourselves." I am willing to help others!

Foo Chuan Tze, Age 9

#ONE KIND DAY

Dear Singa,



I am going to tell you how I showed and shared kindness during my school holidays.

I went on a holiday to Europe with my family. While we were there, many people helped us to find the way around. On our flight back to Singapore, the airhostesses were very nice and kind to us. When we reached Singapore, I helped a tourist with directions.



I also went to India to meet my family and friends. While I was there, I helped them with household chores.

I am happy with my life!

Praseeda V, Age 9



Dear Singa,

It was the second last day of Term 2 when my brother, sister and I were going to school. We went to school by bus. It was raining heavily when we reached school! My sister and I did not bring our umbrellas, and we only had our brother's umbrella. Two teachers, Mdm Gautami and Ms Tan saw us and lent us two umbrellas to cross the road. Without our teachers' help, we would have been drenched! Thank you Mdm Gautami and Ms Tan!

Thirrushan, Age 9





MONUMENT TRAIL

ABOUT THESE PLACES

1 Old Hill Street Police Station

The Old Hill Street Police Station is one of the most colourful buildings you can find in Singapore. Today, the 83-year-old building houses the Ministry of Communications and Information, and the Ministry of Culture, Community and Youth.

Address: 140 Hill Street, Singapore 179369

2 Fort Canning Park

Today, Fort Canning Park is a park that offers a beautiful hilltop view and a unique way to connect with Singapore's past. Did you know that the British Army chose Fort Canning as its headquarters of its defence bases in the 1920s?

Address: River Valley Road, Singapore 179037

3 Central Fire Station

The Central Fire Station is Singapore's oldest surviving fire station. Completed in 1909, the building was built with distinctive red-and-white bricks.

Address: 62 Hill Street, Singapore 179367

4 The Kindness Gallery

The Kindness Gallery is a centre for visitors to learn more about kindness and graciousness. You can also find out more about the courtesy campaigns of yesteryear by browsing old collaterals on display!

Address: 61 Stamford Road, #01-08 Stamford Court, Singapore 178892

We hope you have enjoyed the Monument Trail during the June holidays. In this issue, embark on a new trail with your family or loved ones during the December holidays! Complete the activities below as you visit the different places during this trail.

(Refer to redemption details on page 24)

TRAIL ACTIVITIES



1st stop:

Old Hill Street Police Station

Complete the picture with stickers from the sticker page.

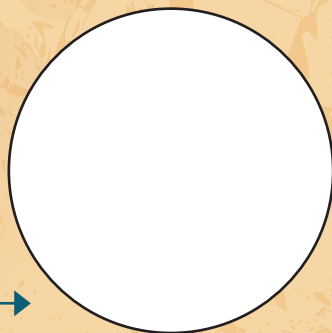




2nd stop: Fort Canning Park



Find this place in the picture at Fort Canning Park, and look out for a commemorative symbol marked on the tiled floor. Draw the symbol in the space below.



3rd stop: Central Fire Station

How many red doors are there at the Central Fire Station?



4th stop: The Kindness Gallery

At the Kindness Gallery, write a letter to Singa on one of the following:

1. Share your experience during the monument trail.
2. How do you feel when you perform an act of kindness?

Congratulations! You made it!



Redeem your CLUB Cubbies collar pin and A4 Kindsville folder at The Kindness Gallery!
(Refer to redemption details on page 24)



Be a
C.L.U.B.
Cubbie

Family
Time

Dear Friends of Kindsville,

COLLAR PIN



CLUB CUBBIE REDEMPTION IS BACK!

A4 FOLDER



Redeem a Cubbie collar pin and an A4 Kindsville folder when you visit The Kindness Gallery during the December Holidays with your completed Issue 3 and Issue 4 C.L.U.B. Cubbie activities. (Note: You do not need to tear/cut out the C.L.U.B. Cubbie activity pages.)

WHERE AND WHEN TO REDEEM?



The Kindness Gallery
61 Stamford Road
#01-08 Stamford Court
Singapore 178892

DATES



TIME

11am to 5pm

HOW TO REDEEM?

Present all completed CLUB Cubbie activities
to staff at The Kindness Gallery



Issue 3, Pages 30 to 32



Issue 4, Pages 22 to 23

If you have missed the first redemption during the June holidays, you may still participate during the December holidays. Present all completed CLUB Cubbie activities from Issue 1, 2 and Special Edition of Kindsville Times to receive a collar pin and an A4 folder.

Terms and conditions: Each child is entitled to redeem one collar pin and one A4 folder. The Singapore Kindness Movement reserves the rights to change the redemption items or design of the items.