



Kindsville Times ADVENTURES

Primary 3 and 4
Issue 1/ 2018



A NEW
**ADVENTURE
BEGINS**



Welcome to Kindsville!

Welcome to the start of another new school year! We are so happy to meet you. It is going to be a lot of fun embarking on another exciting year of kindness adventures with you. Be sure to say hello to the people you know and new ones that you don't. We hope that you will continue to spread kindness and make a difference to the people around you. Now, let the adventure begin!

Love,
Singa and the Kindness Cubbies





Au About me

Begin by knowing more about yourself!

The adventurer:

(Your name)

This is a picture of me!

Fascinating Facts About me!

- ★ I am _____ years old.
- ★ My birthday is in _____
- ★ I live in _____
- ★ When I grow up I would like to be _____

my Favourite Things

- ★ Colour: _____
- ★ Food: _____
- ★ Book: _____
- ★ Sport: _____
- ★ Things to do in school: _____

- ★ Things to do at home: _____

I care for others by...

LOOKING OUT FOR OUR NEW FRIENDS

It's back to school for Singa and the Kindness Cubbies.



Oh look, there are
so many new faces!



Many younger students are
coming through the school gates.

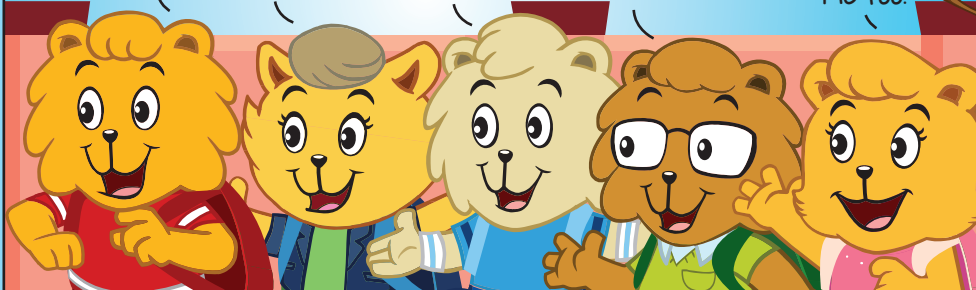


We were just like them.
Do you remember your first
day in Primary One?

I was just
as excited
as them!

And a little bit lost too.
I remember I couldn't
find our classroom.

Me too.



Hey! We should offer to help our new schoolmates, especially if they are lost or confused.



Great idea, Kalle! We should play our part as older students!



Singa and the Kindness Cubbies spend their recess befriending and helping their new schoolmates.

Excuse me, do you know where the Music Room is?



Hi, I'm Singa! Let me show you the way!



Sher and Kalle guide a new friend to the bookshop.

BOOKSHOP



Tosh and Tomeo invite a group of new students to share their table.

Over here!
You can sit with us.

Oh, thank you
so much!



At the end of the school day...

Phew,
I'm tired!

Me too, but I'm glad that we
got to make new friends and
offer them our helping hand.

Me too!



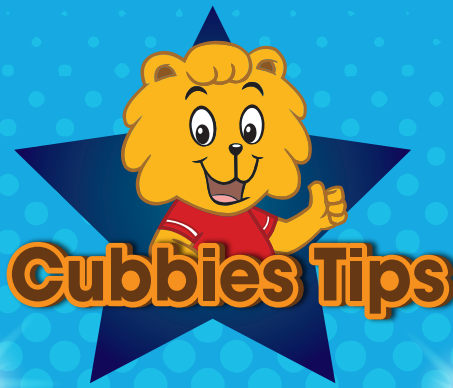
Here comes their new friends.

Hi guys!

Hello! How was your
first day at school?







Ways to enjoy school

1 Discover and be yourself.

Be open to learning new things and find out your interests.



I am going to the orientation for the new Ultimate Frisbee CCA in school. The sport seems interesting!

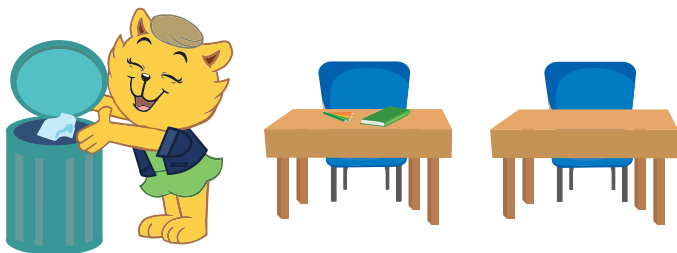
2 Make new friends.

Having friends can make your school day much more enjoyable. Put on a wide smile and say 'hello!' to them.



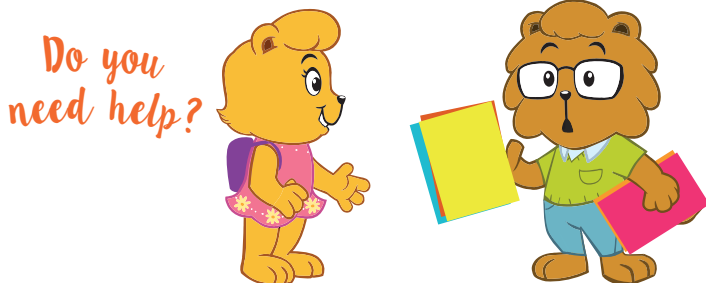
3 Play your part in keeping the school clean.

Everyone enjoys having a clean and pleasant school. You can do your part by throwing rubbish into the bin, or picking up litter if you see it in school.



4 Spread kindness wherever you go.

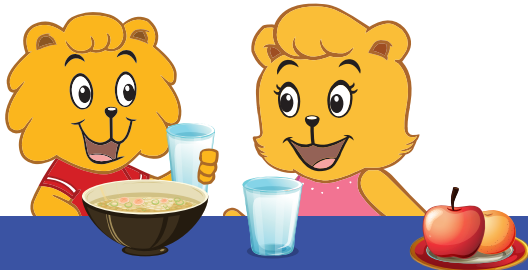
Lend a helping hand if you see anyone who needs your help. You can also show care to someone who is feeling down. Every act of kindness makes you feel good.



5 Eat healthy and have sufficient sleep.

Having breakfast and sufficient sleep improves your concentration, focus and memory.

Do you know we should have at least 9 to 11 hours of sleep a night?





THE PRIDE

FEATURE

STORY

INDIVIDUALS GO THE **EXTRA** **MILE** TO MAKE **A DIFFERENCE**

Another amazing year has gone by! As we embrace a new start, let's remember the kind happenings and individuals that made a difference to our community in 2017.

Stories are adapted from online newsletter 'The Pride' and edited for length.
MORE STORIES ON PRIDE.KINDNESS.SG

NTU student runs his own school to teach English to migrant workers

23-year-old Sazzad Hossain, who studies at Nanyang Technological University (NTU), dreams of helping all migrant workers in Singapore learn English. It all started through casual encounters with Bangladeshi workers, when he learnt how communication was a huge issue for them. Hossain was giving informal English lessons to four or five workers at a park in Lakeside before he began teaching over a hundred interested students.

Today, these small beginnings have grown into a massive social enterprise at SDI Academy, with classes held at five locations run by teachers, staffs and two hundred volunteers.

Hossain juggles his English school amidst the demands of his university education. He hopes his work is not just about teaching a language, but also encourages Singaporeans to build friendships with these migrant workers.



Honesty really is the best policy

Grab driver Lindy Sim lost her wallet at Geylang Serai and had no idea she had misplaced it until a young man named Farhad contacted her. As it turned out, Farhad had found the wallet and discovered a Toyota workshop receipt in it that he used to seek out her contact information. In a social media post, Sim thanked him and said: "Without his kindness by returning my wallet, all my important cards would have needed to be replaced."

Another Singaporean also experienced the kindness of others. In July, reader Jonathan Yap wrote to The Straits Times and shared that he had accidentally left behind a watch at Leisure Park Kallang's Koufu foodcourt while dining there. Rushing back an hour later, he was told that cleaner Madam Lim Yok had found the watch and passed it to a supervisor for safekeeping. Without her honest gesture, he would have lost an item that was not only expensive, but also one that held great sentimental value for him and his wife.



Sambal Saviour

10-year-old girl raises money for cancer-stricken hawker by selling homemade sambal on social media

When Phoebe Lim heard that Mr. Tan Boon Teck of the Armenian Street Char Kway Teow was suffering from colon cancer, she cooked up a plan to raise funds for the hawker's expensive cancer treatment. She wanted to make and sell sambal chilli.

The 10-year-old launched her charity sale on social media, asking if anyone wanted to place orders for her homemade sambal. Phoebe and her family expected 50 orders at the very most. Little did they expect that Phoebe's kindness would go viral, resulting in a hundred, then a thousand orders for her homemade chilli. Phoebe's kind act even inspired others to join in. A chef offered to let her use the commercial kitchen and helped Phoebe to order the ingredients in bulk.

Phoebe managed to raise \$14,000 for Mr. Tan's chemotherapy treatment. The pair met for the first time in August and Mr. Tan received her donation gratefully, promising to treat everyone to char kway teow when he recovers.



Circuit road residents care for needy 91-year-old neighbour

When 54-year-old Madam Liang first noticed that her elderly neighbour had lost a lot of weight, she decided to pay her a house visit.

Despite living in the same Circuit Road block, the pair seldom interacted. That did not stop her from showing her concern. To her shock, she found the elderly woman's house rubbish-strewn, smelly and so cluttered that there was only a narrow space to walk through the house.

Speaking to Shin Min Daily News, Madam Liang said she was worried for her neighbour's difficult circumstances, and wanted to help. So, since early July, she has accompanied the old lady to the food collection point below their block every morning, making sure that the latter manages to pick up her free meal for the day. According to Madam Liang, she's not the only one who is stepping up to lend a hand. Another neighbour also occasionally buys food and leaves it at the old lady's door.

Friendship High-five!



GIVE YOUR FRIEND A 'HIGH-FIVE' FOR BEING A
JOY TO BE WITH AT SCHOOL.

- 1 Tear out the Friendship High Five Card on page 15.
- 2 Write his/her name at the centre of the card.
- 3 On each finger, write the reasons you would like to give him/her a high five. Your reasons should show how much you appreciate him/her.
- 4 Decorate the card with colours or stickers.
- 5 Give it to your friend!

High five for playing football with me
High five for sharing your book with me

*High five
for singing
songs with
me*

To my friend _____,
**High-five
for...**

*High five
for always
encouraging
me*

*High five for
making me laugh
when I am
feeling sad*

*High five for walking to
school with me*

Tear out this die template and fold it to form an 8-sided die. Refer to page 19 for activity instructions.



The Friendly Challenge



1 ***Tear out***
DIE TEMPLATE ON PAGE 17
& ***fold it to form***
AN 8-SIDED DIE.

2 ***Each side*** of the **die** from
1 - 8 represents a
different topic
that you can test your friends on.

NUMBER ON THE DIE

- 1 What is my favourite colour?
- 2 What is my favourite food?
- 3 What do I like to do in my free time?
- 4 When is my birthday month?
- 5 What makes me smile the most?
- 6 I can't live without my _____
- 7 Which famous person would I like to meet?
- 8 What is one phrase that I often say?

NUMBER ON THE DIE

3 ***Choose the first player.***

This player will roll the die first.

5

After each player has
answered the question,
the person who
rolled the die
will reveal the real answer to
find out who is correct.

4 ***GOING IN A CIRCLE,***
all the other players have to answer the
selected question, depending on the
number on the die.

6

When ***everyone*** has had
a chance to ***roll the die and***
ask the questions,
the game ends.

THE PLAYER WHO ANSWERED THE MOST CORRECT QUESTIONS WINS!



1 2 3 4 5 6 7 8 9 10



ONE KIND ACT A DAY

Make it your goal to do one kind act a day with your family member or guardian. Paste a sticker beside the kind acts that you have completed.

☐

Hold the lift door open for a neighbour

☐

Pick up litter in the neighbourhood

☐

Hug a family member or a guardian

☐

Set the table for dinner

☐

Make my bed in the morning

☐

Greet a neighbour

☐

Say “thank you” to the school cleaner

☐

Flush after using the toilet

☐

Pack my schoolbag without being asked



RIDING SAFELY ON PUBLIC PATHS

Let's practice safe riding habits to ensure safety for everyone.

1 Keep to the left of the path when riding.



2 Slow down when riding past pedestrians.



3 Switch on front white light and rear red light when riding in the dark.



4 Stop and look out before crossing.



5 Walk your device when you see 'No Riding' signs.



NO RIDING



6 Pay attention to other users.



Do not look at your phone when riding

Sorry, coming through!



7 Offer help if other users are involved in an accident.



8 Do not ride electric-scooters and kick-scooters on the road.



DANGEROUS!



DO YOU KNOW YOUR PATHS?

Using stickers from the sticker page, stick the objects and positive behaviours on the right paths/road.

SHARED PATHS



ROADS



Watch Singa and the Kindness Cubbies Animation

A New Start

It is the start of the school term and Kindsville Academy welcomes a new student, Ace! Known to be one of the Kindness Ambassadors back in Kindness Cadet School, Ace decides to be different in Kindsville so that he can be the coolest guy in school whom everyone is afraid of. What problems did he give to his schoolmates?

Season 3
Episode 9

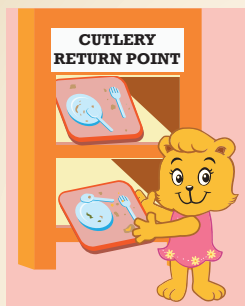
Watch it at: <http://kindsville.kindness.sg>



My Everyday Responsibilities



Ace was not the most responsible new student in Kindsville Academy. What are some of your responsibilities in school? Circle them!



Return plates and bowls after meal



Late for class



Play with water in the toilet



Queue up when buying for food or drinks at the canteen



Raise your hand before speaking in class



Litter in the classroom



SHOWING KINDNESS THE MPS WAY

Kindness Ambassadors from Macpherson Primary School adopted the theme of "How full is your bucket?" for their kindness project. Pupils were encouraged to fill their buckets according to the following days of the week:

Motivation Monday	: Have you motivated someone today?
Terrific Choice Tuesday	: Have you made the choice to say a kind word today?
Warm-hearted Wednesday	: Have you warmed anyone's heart today?
Thumbs Up Thursday	: Have you done a kind act for Thumbs Up Thursday?
Feel Good Friday	: What have you done to make yourself feel good today?



Pupils participated in Kindness Week activities such as spinning a Kindness Wheel and performing the kind acts listed; making a Kindness Bucket using a paper cup; playing a Kindness Game; taking post-its from the Kindness Wall and doing acts of kindness listed on those post-its, and completing crossword puzzles.

The Kindness Ambassadors created a video to showcase staff's daily tasks to allow pupils to appreciate their roles better. Every class made an appreciation gift to thank a staff member which was then presented on Staff Appreciation Day. For the entire year, Primary 3 to 6 students took turns to clean the canteen for 10 minutes according to a planned schedule.

Through this project, pupils learnt to be "bucket-fillers" of kindness.



write to singa



What are your dreams and goals for the year? What are some things you would like to achieve?

Write to Singa and the Kindness Cubbies to share your stories. You may wish to draw as well!

Post it by snail mail to:

**Singa and the Kindness Cubbies
Singapore Kindness Movement
61 Stamford Road
#01-08 Stamford Court
Singapore 178892**

Singa would like to know your home address so that he can reply to your letters! You may write your address at the back of your letter. Thank you!
(Parental consent required)

★ featured entries ★

Dear Singa,

I would like to introduce myself as Keira Chuang. I am from primary 3D.

One day, my school busdriver, Uncle David lent me an umbrella as it was raining heavily. He sheltered me while I was getting off the bus. Some of my friends dashed out of the bus, but I waited patiently. I watched my steps and was careful as it was slippery.

I thanked Uncle David politely. After seeing a big smile plastered across his face, I knew that thanking someone could make their day. I quickly caught up with my friends and told them what happened. Everyone agreed with me that we should be kind and nice to our bus driver. From that day onwards, everyone thanked Uncle David for driving us to school and taking care of us.

Keira Chuang, Age 10

HELLO SINGA!

I am Faith Wee from Raffles Girls' School! I think kindness is cool as doing kind acts could make a person's day HAPPY!

One day, I was in the MRT heading to my grandma's house at Holland Village. After a few stops, I saw an elderly lady carrying many NTUC bags of fruits. She seemed to have some back problems and was finding a seat. I went up to her and told her she could have my seat. Her face showed happiness and gratefulness when I offered her my seat. I feel that being kind is always a good thing!

Faith Wee, Age 9



Featured entries



Dear Singa,

I would like to share with you how I helped an elderly man yesterday while crossing the road. It was crowded at Orchard Road when I spotted him in the middle of the road. He fell down and no one was there to help him. I walked over and helped him up. The elderly man thanked me, and offered me a banana! It was a surprise to me as I know that kindness is not about expecting anything in return. I thanked the elderly man and reminded him to be careful when crossing the road. I felt happy that I helped someone!

Charlize Cheng, Age 10

Dear Singa,

I think kindness is important. My friends and I always help one another and share things. I like to show kindness and encourage my friends to do better the next time whenever they feel sad.

There was once I had problems doing my homework. My friend, Alice stayed back after our drama CCA and taught me how to do them. Thanks to Alicia, I am now more confident with the subject.

Jiaying, Age 10

FRIEND OF SINGA, WRITE FOR KINDNESS & KINDNESS BADGE AWARDS 2017



Friend of Singa award winners from
Casuarina Primary School

The Friend of Singa, Write for Kindness and Kindness Badge Awards Ceremony was held on 10th November 2017 at Our Tampines Hub. Pupils and teachers from 166 schools, together with our Guest of Honour, Mr Masagos Zulkifli, Minister for the Environment and Water Resources came together to celebrate the success of the schools' kindness projects.

Friend of Singa, a programme that aims to empower students to lead their school in a 5-month kindness campaign, is into its 27th year. It is open to all primary, secondary and special education schools. We are glad to have 9 new schools taking part in 2017's programme. With the theme of "Kindness, it's up to us.", Kindness Ambassadors from participating schools did projects within their schools to spread kindness.

Some participating schools also contributed to the awards ceremony by putting up performances on stage. It was a meaningful event for everyone present at the awards ceremony. We would like to congratulate and thank all participating schools!

We hope to see your school participating in Friend of Singa 2018!

Contest

Write for Kindness

JUNIOR

Theme:
Kindness, It's Up to Us.

Write a story between 120 - 180 words on an act of kindness that you have done or received.

Submission:

- ★ In your submission, include your name, school, class, email address and contact number.
- ★ Send us your story by mail to the following address by **28 February 2018**.



Write for Kindness

Singapore Kindness Movement
61 Stamford Road
#01-08 Stamford Court
Singapore 178892

Judging Criteria:

- ★ Relevance to theme
- ★ Originality
- ★ Language use



Prizes:

- ★ 1st, 2nd, 3rd
- ★ 3 Consolation
- ★ 1 Special mention

Attractive prizes include limited edition SKM merchandise, Scholastic books & Kidz Amaze vouchers. Winning stories will also be featured in the following issue of Kindsville Times Adventures!

Organised by:



Prize sponsors:





Kindsville Party

Cosmic Bowling 2018

Our 6th **KINDSVILLE PARTY** is here!
And **YOU** are invited!

16 June 2018, Saturday

10am - 12pm

Orchid Bowl at SAFRA PUNGGOL

9 Sentul Crescent, #05-03, Singapore 828654
(Next to Sam Kee LRT station)

REGISTRATION

\$15/person (Includes glow-in-the-dark tee & lunch)

Registration period: 1 March - 15 April 2018
Limited Slots Available!

Attire: Comfortable for bowling, socks and
covered shoes compulsory

PROGRAMME

09.15 AM - 10.00 AM : Registration

10.00 AM - 12.00 PM : Bowling (Unlimited games in 2 hours)

11.30 AM onwards : Lunch (Catered buffet) & Mascot Appearance

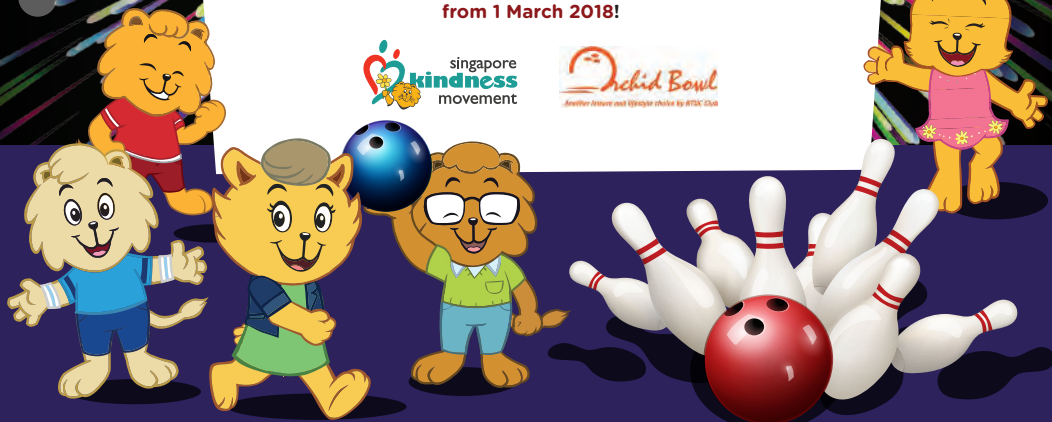
Log on to kindsville.kindness.sg for more details and **register**
from 1 March 2018!

Requirement

This activity requires participation by both parent/guardian and child. The child must be between ages 5 - 10.

What is cosmic bowling?

Glow-in-the-dark bowling with flashing lights and dance music.



Disclaimer: Full care has been taken by the Singapore Kindness Movement to minimise injury risk during the event. By signing up, the accompanying parent/guardian (above 21 years old) agree that they (children and accompanying adult) do not have any medical ailments, physical limitations, or mental disabilities that will affect their abilities to participate in the activities and expressly waive any and all claims, suits or demands for personal injury, property damage or other loss against the Singapore Kindness Movement.