











# WHAT CAN YOU DO TO BE A CONSIDERATE COMMUTER?

1 Queue to board the bus or train



2 Move to the back of the bus



4 Give up your seat to someone who needs it more



5 Keep the bus and train clean

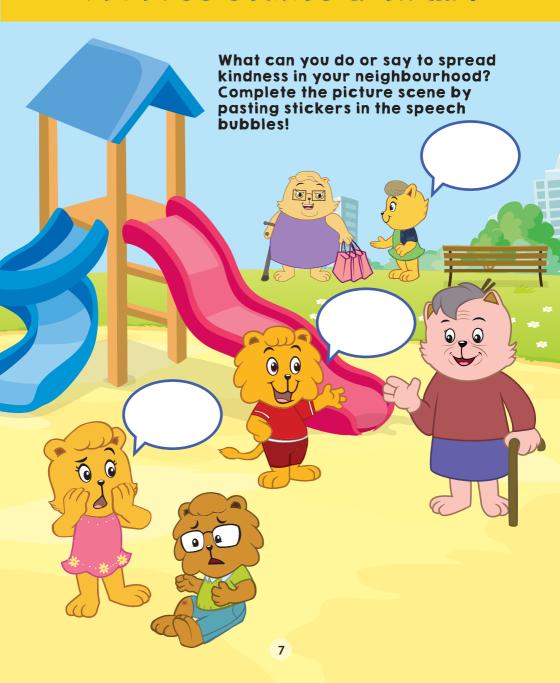
Let's finish our food and drinks and bin it before entering the bus or train!



6 Keep your volume down



### A NEIGHBOURHOOD OF KINDNESS STARTS WITH ME!





### **BUCKETS OF KINDNESS**



Together with your family members, create buckets and try to fill one another's buckets with kindness, appreciation and love. Here's how you can start!



Each family member will make his/her own bucket. Decorate it with colours and stickers. (Tip: You may also use a mug as your bucket)



When a family member does or receives an act of kindness, he/she can write it on a small note and drop it into his/her bucket.



You or your family member can also fill each other's buckets by writing notes of appreciation or words of encouragement.



Do you know that bucket filling can put smiles on your family members' faces? This makes the family feel happy, safe and supported.

Cut out these colourful cards and use them to write kindness notes for your buckets!







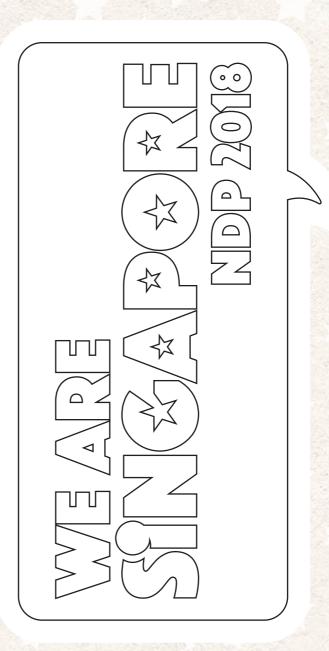




### Let's Celebrate National Day!

Singapore is celebrating her 53rd birthday this year! Colour the logo, and write or draw about what you love about Singapore.









### NDP 2018 Theme Song:

## We Are Singapore

#### Preface:

How many times have you heard them say:
"The future is uncertain and everything must change"
Well all of my worries and all of my fears
Begin to lose their weight, when I hold you near

If all that we are is what we believe
Then I know I have to be the change I want to see
How easy we forget that everything takes time
No, nothing's ever perfect, but I still call you mine

#### Chorus (X2):

This is my country, this is my flag
This is my future, this is my life
This is my family, these are my friends
We are Singapore, Singaporeans

#### Pledge (Spoken/Sung):

We, the citizens of Singapore,
Pledge ourselves as one united people
Regardless of race, language or religion
To build a democratic society
Based on justice and equality
So as to achieve happiness
Prosperity and progress for our nation

#### Chorus:

This is my country, this is my flag This is my future, this is my life This is my family, these are my friends We are Singapore, Singaporeans

We are Singapore, We are Singapore We will stand together hear the lion roar We are Singapore, We are Singapore We're a nation strong and free forevermore

We are Singapore, We are Singapore We will stand together hear the lion roar We are Singapore, We are Singapore We are Singapore, Singaporeans (X2)



### Do you know?

"We Are Singapore", is an adaptation of the 1987 version of "We Are Singapore", with a new preface by local singer/songwriter Charlie Lim.





Check out the music videos!

We Are Singapore (2018)



We Are Singapore (1987)







## National Day **BINGO**

Have a friendly challenge with your friends by completing the National Day Bingo. The first to complete 3 challenges in a row wins! Paste a sticker in the bingo box once you have completed each challenge.

Wore red or white clothes on National Day Ate something red or white

Said the Pledge loudly while standing at attention

Sang the National Anthem loudly while standing at attention Watched the National Parade on TV Saw the National Day Parade fireworks

Did a good deed on National Day

Waved the National Flag Sang the 2018 National Day theme song



## BUILDING A CULTURE OF GRATITUDE AND KINDNESS IN ANGSANA

With the theme "Kindness. It's Up to Us", Kindness Ambassadors from Angsana Primary School carried out many activities

#### Let's be Grateful

Students shared what they were thankful for and wrote notes to thank others on kindness shields.

#### Thank You, My Friend

Students shared greetings using different languages and participated in fun activities. These games taught them to show care to their friends.





#### A Month of Kindness

Students celebrated Warm-hearted Wednesday, Terrific Thursday and Feel Good Friday. They wrote nice messages for each other. Students thanked their parents by making notes in shapes of flowers and ties. To end the month of kindness, students were given a 40-day Kindness Gratitude Journal. The students were given a Super Captain Kaychain badge when they have completed the journal.

#### I Appreciate You, My Beloved Teacher

Handmade coasters were given to teachers and students who wrote thank-you notes at a Shout Out! Station during recess.

Through these activities, students were constantly reminded to be kind to one another.





#### **Prankster On The Loose**

It's Appreciation Day, but clearly not everyone is appreciative. A new bad guy is in town creating mayhem and encouraging other cubbies to join his cause in his nasty pranks! It appears that Spike is involved too, but this time to help nab the bad guy!



# AMAZING ACROSTICS!

Contest

#### WHAT IS AN ACROSTIC?

An acrostic is a message or poem in which the first letter of each line spells out a word, phrase or sentence.

#### **EXAMPLES OF AN ACROSTIC USING THE WORD 'KIND'**

20000

2000

7000

100

100

Kindness Is Necessary

**Daily** 

Kindness means giving a helping hand, In every moment that you can. Nice never runs out of style, Doing good deeds is never dull.



WRITE AN ACROSTIC POEM BETWEEN 30-50 WORDS USING THE LETTERS IN ONE OF THE WORDS GIVEN BELOW.

CARE	SHARE	LOVE	HELP				
THEME:							
WE ARE SINGAPORE - A NATION OF KINDNESS STARTS WITH ME!							

NAME:	
SCHOOL:	
CLASS:	
PARENT'S EMAIL ADDRESS:	
PARENT'S CONTACT NUMBER	

#### **SUBMISSION:**

- ★ In your submission, include your name, school, class, email address and contact number.
- Send us your acrostic poem by mail to the following address by 18 July 2018.

Amazing Acrostics Poem Contest Singapore Kindness Movement 61 Stamford Road #01-08 Stamford Court Singapore 178892

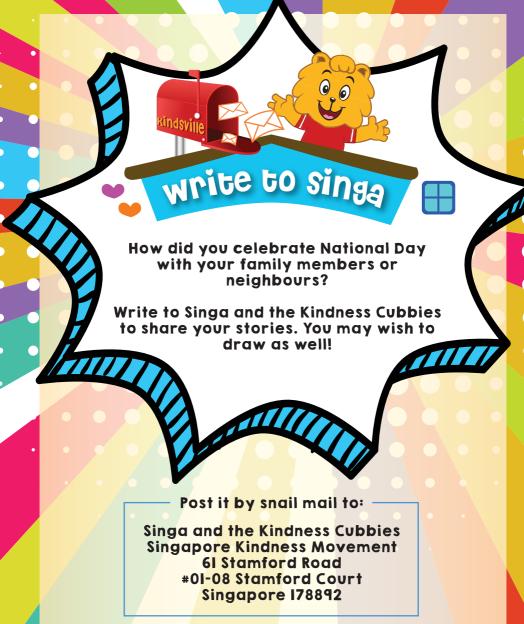
#### **JUDGING CRITERIA:**

- \* Relevance to the theme
- ★ Creativity and Originality
- ★ Language Use
- **Penmanship**

#### **PRIZES**

★ 1st, 2nd, 3rd

Attractive prizes include SKM merchandise and Kidz Amaze vouchers. Winning entries will also be featured in the following issue of Kindsville Times.



Singa would like to know your home address so that he can reply to your letters! You may write your address at the back of your letter. Thank you!

(Parental consent required)

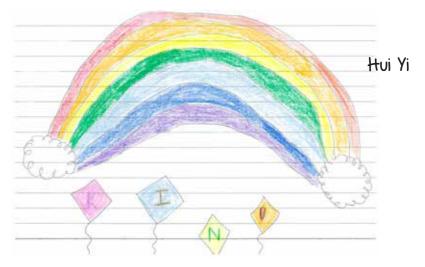


## \* reatured entries



Dear Singa and the Kindness Cubbies,

I gave up my seat to an old lady on the MRT train yesterday, and she thanked me profusely. I felt happy as I had done something kind. When she entered the train, nobody gave up their seats so I gave up mine. Although standing was tiring, I felt that she needed the seat more than I. I hope that more people can give up their seats to those who need it more, rather than pretending they did not see anything.





## \* reatured entries





Dear Singa,

I helped my parents to take care of my younger sister. I played with her. When the thunder roared, I quickly hugged my sister as she was afraid of thunder. Recently, my mother had a surgery at the hospital. I promised her I would be good, and would complete my homework.

Louison Chng, Age 7









Dear Singa,

I like making friends in school. My favourite subjects are PE and Art. There was once my classmate was not sure how to complete her English corrections. She looked worried, so I asked her if she needed help. After I helped her, she thanked me gratefully. I felt happy.

Isabelle Sim, Age 8





#### Join us at the Children's Day Event 2018

	Category	Discount	Price
EARLY BIRD SALE (13 Apr – 30 Jun)	Standard ticket	20%	\$20
	School/ bulk booking (20 or more)	30%	\$17.50
	Family of four	25%	\$75
	Mastercard holder	25%	\$18.75

28 SEP - 6 OCT 2018
Annexe Hall 1, Science Centre Singapore

	Category	Discount	Price
REGULAR TICKET SALE (1 Jul to end of Musical period)	Standard ticket	-	\$25
	Bulk booking (20 or more)	25%	\$18.75
	Family of four	20%	\$80

Purchase your tickets now!



For school and bulk booking, please call the hotline at: 6319 3292 Follow us to get the latest update:



A collaboration between:







Supported by:



