

Kindsville Times Adventures



Primary 3 and 4
Issue 1/ 2019



Welcome to Kindsville!

Welcome to the start of a new school year! We are so happy to meet all of you. It is going to be a lot of fun embarking on another exciting year of kindness adventures with you. Be sure to say hello to the people you know and new ones that you don't. We hope that you will continue to spread kindness and make a difference to the people around you. Now, let the adventure begin!



Love,
Singa and the Kindness Cubbies

All About Me

Begin the adventure by knowing more about yourself!



The adventurer:

(Your name)

This is a picture of me!

Fascinating Facts About me!

- ★ I am _____ years old.
- ★ My birthday is in _____
- ★ I live in _____
- ★ When I grow up I would like to be _____

my Favourite Things

- ★ Colour: _____
- ★ Food: _____
- ★ Book: _____
- ★ Sport: _____
- ★ Things to do in school: _____
- ★ Things to do at home: _____

I care for others by...



WELCOME BACK!

It's the first day back at school...



Singa and the Kindness Cubbies are excited for the brand new school year. Together with Mr Yi, they sit in a circle for Circle Time.

Let's begin by sharing what we are looking forward to in the coming year.

Singa, why don't you start?

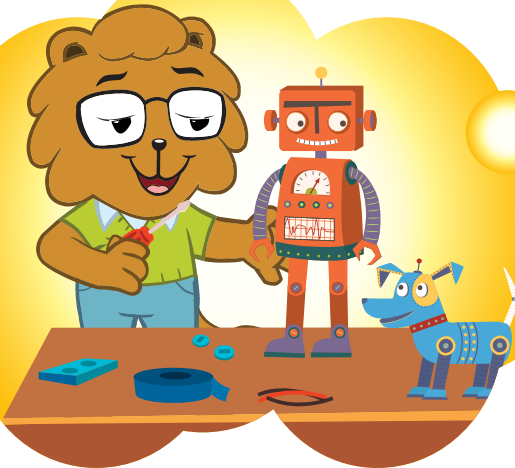




I'm looking forward to joining a new CCA. I will be joining the football club!



I'm looking forward to art classes. I want to learn to paint better!



I'm looking forward to the annual Science Competition. I can't wait to meet new friends during the competition!




Mmm... I'm really looking forward to trying out the food at the new canteen stall!



I'm looking forward to welcoming the new Primary One students! They're so cute!





As for me,
I am looking forward
to getting to know
all of you!

Let's start by talking
about our goals. How
can we be more
responsible this year?



I want to be more
responsible and learn
to take better care
of my belongings.

My mum was
really angry when
I told her I lost my
EZ-link card
last year.



That's an
admirable goal,
Tomeo!



Now that we are older,
I want to be a good senior
and a good example for
our juniors!





I'll complete
all my homework
on time!



I'll be punctual
every day!



I will pay
attention during
lessons!



I will keep our
classroom nice
and clean!



These are wonderful
goals everyone!
Let's help each other
work towards them.

YAY!

It's going to be
a fantastic year!
We will have so much
fun and joy learning
together!





How can we make school enjoyable and fun?

Smile

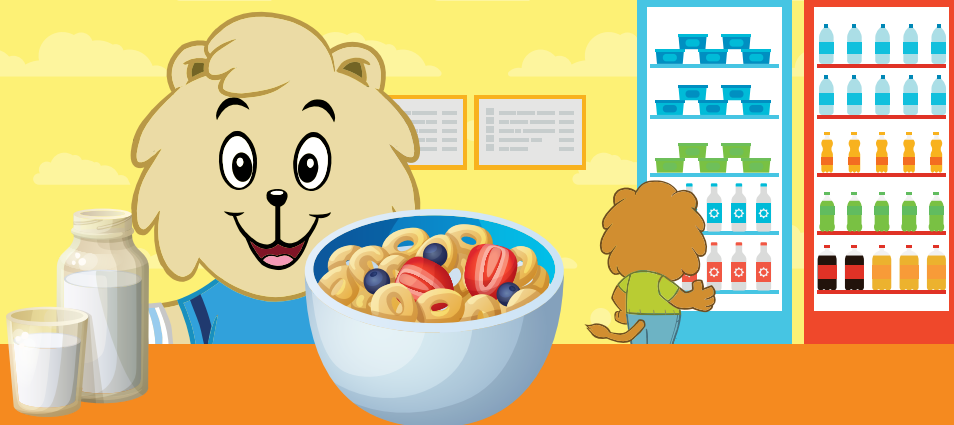
Smile at your friends, teachers and non-teaching staff in school to brighten up their day!

Hello Aunty Susan and Tosh!



Eat healthily

Start your day with a healthy breakfast that will keep you going throughout the day.



Show kindness

Showing kindness to people around you makes your school a happier learning place! Be sure to help one another in school.



Make new friends

School is fun when you play, study and eat together with friends. You can start making friends by saying "Hello" and introducing yourself or inviting someone to eat together during recess!

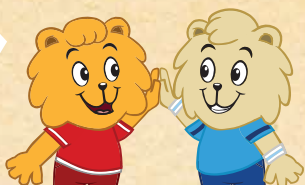
Do something meaningful

Participate and help out at school events together with your friends!





Fun With Friends



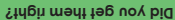
Friendship Bingo

Find friends who fit the description in this Friendship Bingo and write his/her name in the Bingo boxes. This is one way you can get to know your friends better!

Someone who likes to read	Someone who is an only child	Someone who likes to sing	Someone who shares the same birthday month	Someone who likes to play sports
Someone who keeps his/her desk clean	Someone who returns cutlery after each meal	Someone who loves animals	Someone who greets the teacher	Someone who knows a silly joke
Someone who shares the same favourite colour	Someone who has tried something new this week	Someone who can do 5 star jumps	Someone who gives you a high-five	Someone who helps his/her neighbour
Someone who is scared of insects	Someone who knows how to dance	Someone who joins the same CCA as you	Someone who has a sense of humour	Someone who shows care for others
Someone who knows his/her neighbour	Someone who always smiles	Someone who looks forward to school	Someone who likes to draw	Someone who takes a bus to school



How many acts of kindness and graciousness can you spot in this neighbourhood? Circle them!





NO ACT OF KINDNESS, HOWEVER SMALL, IS EVER WASTED



Kindness Ambassadors from Holy Innocents' Primary School wanted to inculcate the greeting culture among students both in and outside of school.



A **social experiment** was conducted to find out the impact of greetings and how it could affect a person's emotions. They gathered their fellow peers to conduct the **100 Smiles Challenge** at a public space. The students greeted people with a smile and observed if there was a response. There were a handful of people who ignored the greetings. However, most people whom they approached with a greeting smiled back. A handmade origami was presented to the people who responded and we-fies were taken to collect 100 smiles. This social experiment proved that most people respond to kindness with kindness.

Next, students received **Kindness Pledge Cards** where they could pledge to spread kindness by sharing the different ways to greet others or carry out a kind act. These cards were displayed at the notice board to inspire others to continue the greeting culture and spread kindness.

Through the activities, students learnt that even the smallest act, like a smile, is able to positively impact someone else. It was also observed that students are now greeting others readily.

Jar of Dreams

What is one thing that you would like to achieve this year? Write or draw in your Jar of Dreams.



This jar belongs to



Family Time

Ready, Set, School!

Stick a Singa sticker inside the boxes to check off what you have done at home or in school. Challenge yourself to complete these tasks in one week!



1. Pack my school bag.	
2. Wake up on my own with an alarm clock.	
3. Make my bed in the morning.	
4. Say "Good morning" to my family members.	
5. Clear the table after breakfast.	
6. Say "Good morning" to 3 school staff.	
7. Say "Hello" to 5 classmates.	
8. Make 3 new friends.	
9. Invite a classmate to join me and my friends during recess.	
10. Bring a smile to 3 friends by sharing a funny story.	
11. Offer to share my stationery with my classmate who needs it.	
12. Lend a helping hand to someone in school.	



A Safer and Kinder Internet



When interacting with one another online, we should always **think before we post anything.**

The Internet often plays a huge part in many people's daily activities. Communicating and sharing information with others becomes easier with learning portals and apps.

Are our words

- 1 TRUE,**
- 2 NECESSARY,**
- 3 KIND?**



Together with your family members, discuss and find out if the following things/behaviours are true, necessary and kind. Circle the correct answers!

- Facts you hear from someone.
- Facts you see from online comments.
- Facts from verified sources.
- Post personal information about yourself online.
- Post and share ideas you have for a project.
- Post comments to compliment someone online.
- Post a photo of someone online without permission.
- Post negative comments about someone online.

- | | |
|-----------|------------------------|
| True | <u>Not always true</u> |
| True | Not always true |
| True | Not always true |
| Necessary | Not necessary |
| Necessary | Not necessary |
| Kind | Not kind |
| Kind | Not kind |
| Kind | Not kind |



Animation Series

Watch it at
Kindsville.kindness.sg
or on
 YouTube Kids

School Blues

In this episode, Tomeo takes on the role of a school buddy to Timmy, a first-year student, but they cannot seem to connect with each other. Find out what happens to Tomeo and Timmy when Spike tries to create a mess in Kindsville Academy!

Season 4
Episode 4





Contest Winners

Appreciating PEOPLE OF DIFFERENT OCCUPATIONS

Issue 4/2018

Think about an occupation and write a message to thank the people who contribute to the community in some ways through their jobs. The message could be dedicated to someone whom you know!

1st

Jacelyn Lim Fang Su
CHIJ Our Lady of the Nativity, 3 Faith (2018)

Dear teachers,

Thank you for being our pillars of strength, cheering us up when we feel down, correcting our mistakes, taking effort to mark our work, teaching us about responsibility, compassion and graciousness. It is not anyone that can be a teacher, it takes love to be one.

Teachers are terrific.
Each of them are fun.
All of them are kind,
Caring, humble and
Hard to find.
Everyone admires
Remarkable teachers for who they are!

Thank you so much, teachers!



2nd

Shakthy D/O Thana Rajan
Henry Park Primary School, 3 Creativity (2018)

"What do you want to be when you grow up?" my mother asked.

"I want to be just like you!" I exclaimed.

My mother works as a bone marrow transplant nurse at Singapore General Hospital. She works for 8 to 10 hours a day. She does household chores after work and sleeps for about 4 to 5 hours at night.

I would like to thank all healthcare professionals for taking care of all patients with love, care and concern. You never fail to put on a warm smile at work.

Dear Uncle Shah,

You have done a lot to our community. Thanks to your help, our condominium shared area is spick and span. You always do your best to upkeep the standard during the 4 hours at work.

We love the way you smile and greet us even though you are tired after a long day of work. Your smile brightens up our day! Uncle Shah, thank you for contributing to our community. We are happy to have you here.

Consolation

Hayden Pek Jun Yang
Yishun Primary School, 3 Nation Loving (2018)

Thank you, taxi drivers! My grandpa is a taxi driver and I would like to thank him! Taxi drivers are kind and they work hard. To all taxi drivers, you are the best! We should always be kind to taxi drivers and say "Thank you!"

Consolation

Julia Heng Yue Xi
CHIJ Our Lady of Good Counsel, 3 Compassion (2018)



Thank you zookeepers! Zookeepers help animals to stay healthy. They care for the animals, especially those that are injured. They also help save the endangered animals. I like animals and I like zookeepers.

Consolation

Alina Nafeesa Binte Muhd Ali
New Town Primary School, P4-2 (2018)



Thank you Mdm Josephine for always cleaning my flat's corridor and always making my day by saying 'Good morning' to me and my family. I hope you and your family will always stay positive and healthy!

All winners will be notified and will receive Singapore Kindness Movement merchandise and Uncle Ringo Game Cards with credits (top 3 winners only). Singapore Kindness Movement's decision on all winning entries is final, no correspondences will be entertained.

Prize sponsor:





Write for Kindness Junior

Do you know that we can all play our part to encourage kindness and graciousness at hawker centres?

Write a story between 100-120 words on an act of kindness that you have done, received or witnessed at a hawker centre. Write your story below or on your own writing material.



Judging criteria:

- ★ Relevance to the theme
- ★ Language use

Prizes:

- ★ 1st, 2nd, 3rd
- ★ 3 consolation

Attractive prizes include SKM merchandise and souvenirs from National Heritage Board. Winning entries will also be featured in the following issue of Kindsville Times.

Stand a chance to win a Betadine Natural Defense Hamper, which includes Body Wash and Hand Sanitizer when you complete this crossword puzzle with your family members to figure out how you can play your part to keep infectious diseases away!



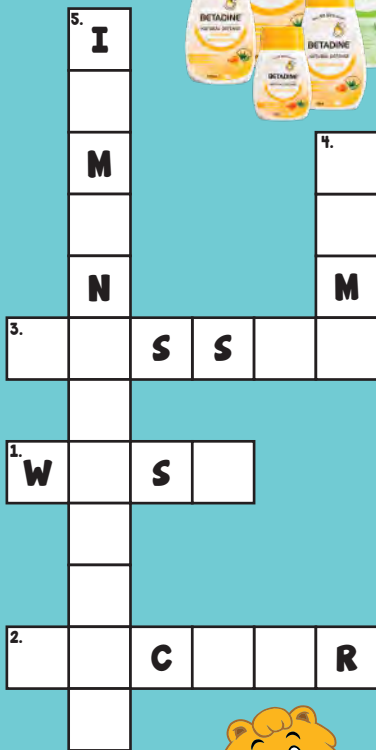
Across

- _____ your hands frequently with soap and water.
- Go to the _____ when you feel unwell.
- Cover your mouth and nose with _____ or mask when you cough or sneeze.

Down

- Feeling unwell? Rest at _____.
- Protect yourself from infectious diseases by getting an _____.

Let's be kind and considerate by practising these 5 simple steps at home, in school and public areas!



Name: _____

School: _____

Class: _____

Parent's Email Address: _____

Parent's Contact Number: _____

Home Address: _____

Send us your entry by mail to the following address by **15 February 2019**.

Kindsville Times Contest
Singapore Kindness Movement
61 Stamford Road
#01-08 Stamford Court
Singapore 178892

Prize sponsors:

Ask for
BETADINE®



☐ I agree to the collection, usage and disclosure of my personal data provided in this form, by Singapore Kindness Movement (SKM), to administer this contest, in accordance with SKM's Data Protection Policy available at <https://www.kindness.sg/privacy-policy/>



Kindsville Buzz

Friend of Singa and Seed Kindness Fund Junior Awards 2018

The Friend of Singa and Seed Kindness Fund Junior Awards ceremony was held on the 9th November 2018 at Our Tampines Hub. Pupils from 214 schools and student care centres attended the ceremony to celebrate the achievement of the kindness projects.



Friend of Singa Ambassadors from Punggol Green Primary School

Friend of Singa is in its 28th year and is open to primary, secondary, special and international schools. Seed Kindness Fund Junior is a new programme and is open to primary students in student care centres. These two programmes aim to allow students to lead their school in a kindness project.

In 2018, we had 11 new schools taking part in Friend of Singa and 55 centres for Seed Kindness Fund Junior. The students from the schools and student care centres led a kindness project in their schools and centres respectively.

Some schools also put up performances on stage. It was a meaningful and fun event for everyone who attended the awards ceremony. We would like to congratulate and thank all participating schools and centres.

Hope to see your school participating in Friend of Singa or Seed Kindness Fund Junior 2019!



Write to Singa and the Kindness Cubbies and get a personal reply!

**How was your first week of school?
What do you like about going to school?**

Write to Singa and the Kindness Cubbies to share your stories. You may wish to draw as well!



Post it by snail mail to:

**Singa and the Kindness Cubbies
Singapore Kindness Movement
61 Stamford Road
#01-08 Stamford Court
Singapore 178892**

Singa would like to know your **home address, school and class** so that he can reply to your letters! You may write them at the back of your letter. Thank you! (Parental consent required)



Featured Entries

Dear Singa,

I am Quintessa Cheong from St Margaret's Primary School. I would like to share with you my little act of kindness.

During the school holidays, I went to City Square Mall. Near the MRT station, a teenager dropped his card without noticing. I picked it up and quickly walked to him. It took courage for me to speak to him but I felt happy!



Quintessa Cheong
St Margaret's Primary School, P3(2018)

Dear Singa,



My name is Khasmir. I would like to share with you a story. One day, I went to school happily to meet my friends. During recess, I ate my favourite Nasi Ayam (Chicken rice). Suddenly I felt something strange in my stomach. When I felt more pain in my stomach, my friend, Ady told my teacher what happened and even comforted me. My teacher decided to send me home as I was unwell for school. While I was walking to the General Office, Ady helped to carry my bag. He told me I will be okay. I thanked Ady for being a caring and good friend.

Khasmir



AMAZE-ing Challenge 2019

**OUR 7TH KINDSVILLE PARTY IS HERE,
AND YOU ARE INVITED!**

15 June 2019, Saturday

10am - 1pm

Kidz Amaze @ SAFRA Jurong

333 Boon Lay Way Singapore 649848
(10 mins walk from Boon Lay MRT Station)

REGISTRATION

\$16/person (includes event t-shirt & lunch)

Log on to kindsville.kindness.sg for more details
and register from 1 - 31 March 2019! Limited slots available!

Attire: Comfortable for activities, socks compulsory

PROGRAMME

9.15am - 10.00am: Registration

10.00am - 12.00pm: Gameplay (Unlimited for 2 hours)

**11.30am - 1.00pm: Lunch (Catered buffet) &
Kindness Cubbies Meet and Greet**



What's in for me?

Explore the playground
and find clues to solve a
puzzle. Every completed
puzzle wins a prize with
toys, stationery, books
and more. The faster you
solve, the bigger the
prize!

Requirement

This activity requires
participation by both
parent/guardian and
child. The child must be
between ages 5 - 10.

Disclaimer: Full care has been taken by the Singapore Kindness Movement to minimise injury risk during the event. By signing up, the accompanying parent/guardian (above 21 years old) agree that they (children and accompanying adult) do not have any medical ailments, physical limitations, or mental disabilities that will affect their abilities to participate in the activities and expressly waive any and all claims, suits or demands for personal injury, property damage or other loss against the Singapore Kindness Movement.