

# Kindsville Times Junior



Primary 1 and 2  
Issue 1/ 2019



**HIGH-FIVE**  
**TO A NEW SCHOOL YEAR**



# Kindsville

**Welcome to Kindsville, where being kind is taken seriously! In the warm, wooded valley of Kindsville lives Singa and the Kindness Cubbies.**

## **Meet the Kindness Cubbies**

**Follow the lines to find out more about the Kindness Cubbies.**



**My name is Kalle. I am a brave cubbie, who always help others by standing up against unkind acts. My best friends are Singa and Sher.**



**My name is Singa. I am a cheerful cubbie, who loves to make new friends! I like to spread kindness wherever I go.**



**My name is Tomeo. I am a thoughtful cubbie, who loves to share. My favourite hobby is to cook and share the dishes with my friends.**

**My name is Sher. I am a caring cubbie, who loves to make new friends! My favourite flower is the Gerbera daisy.**

**My name is Tosh. I am a friendly cubbie whom every cubbie goes to for advice. I like to play with the gadgets that I invented. My dream is to become a scientist.**

### **Introduce yourself!**

**My name is \_\_\_\_\_.**

**My favourite Kindness Cubbie is \_\_\_\_\_.**

# Friendly Advice <sup>for a</sup> New and Happy School Year

The first day of school...



Sher, we're Primary school students now! I'm so scared.

Me too, Tomeo... I see a lot of people.



Yeah! I hope we make new friends. Oh, and that we don't get lost in this big new school.

During recess...

Ms Flora says we are going to the canteen.



Here comes a group of older students.



Hello! We are your buddies for the week. I am Tosh.

Hi Tosh! I am Sher and he is Tomeo. It's our first day and we don't know where everything is.



It's actually a little scary.



Don't worry,  
we're here  
to help!

Yeah, we're in  
Primary Two so we  
know the school well!

Let's eat together  
at the canteen!

Sounds great!



Together with their buddies,  
Sher and Tomeo eat at the canteen.



What else is good  
at the  
canteen?

Auntie Jackie makes the  
yummiest sandwiches!

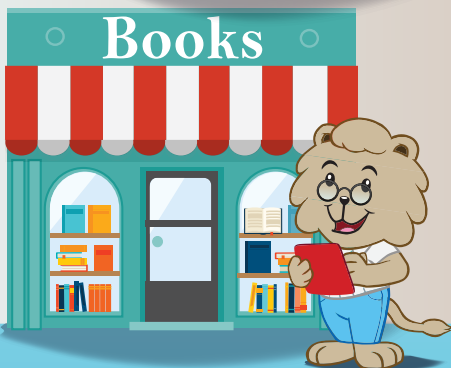
Really? I have  
to try it next  
time!



I can't wait  
to visit the  
bookshop!

Mr Dosh sells the  
coolest stationeries.  
You will love it!

Wow!



The bell rings and recess is over.

Here's your classroom!

Thanks for showing us around. It was really helpful!

You're welcome!



You don't have to be scared or worried in your new school. Your schoolmates and teachers will always be glad to offer a helping hand!

So, feel free to speak up and ask for help when you need it, okay?

Okay! Thanks again everyone!



WELCOME TO OUR NEW SCHOOL!





## Cubbies Tips

# How can we make school enjoyable and fun?

## Smile

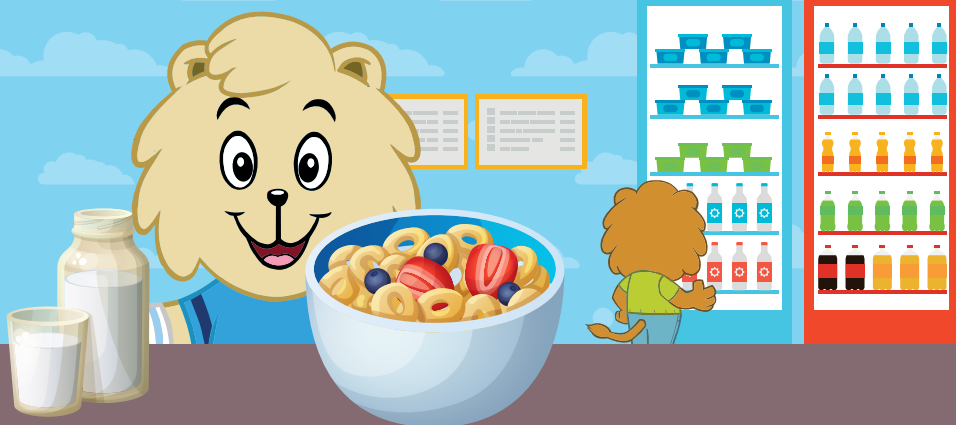
Smile and say "Hello" to the people you see in school.

Hello Ms Flora and Tosh!



## Eat healthily

Start your day with a healthy breakfast. Have fun trying out the different stalls at the canteen!



# Make new friends

School is fun when you play, study and eat together with friends. Start making friends by saying "Hello" and introducing yourself or inviting someone to eat together during recess!



# Show kindness

Showing kindness to people around makes your school a happier learning place! Be sure to help one another in school.





# Friendship High-Five

**Give your friend a 'High-five' for being a joy to be with at school.**



1. Tear out the Friendship High-Five Card.
2. Write his/her name at the centre of the card.
3. At the back of the card, write why you would like to give him/her a high-five. Your reasons should show how your friend brings joy to you.
4. Give it to your friend!



- ★ High-five for playing football with me
- ★ High-five for sharing your book with me
- ★ High-five for singing songs with me
- ★ High-five for making me laugh when I am feeling sad



**High-Five**  
for....

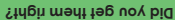
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**How many acts of kindness and graciousness can you spot in this picture? Circle them!**





## Animation Series

Watch it at  
[Kindsville.kindness.sg](http://Kindsville.kindness.sg)  
or on  
 YouTube Kids

# School Blues

In this episode, Tomeo takes on the role of a school buddy to Timmy, a first-year student, but they cannot seem to connect with each other. Find out what happens to Tomeo and Timmy when Spike tries to create a mess in Kindsville Academy!

### Season 4 Episode 4

Hey Tomeo, where is your new buddy?

I don't seem to get him. He is not interested in the things I like and he hardly says anything!

I don't have any friends. I don't know what to say to my buddy. I don't like school...

?

You know, I don't like school either. But I know how to make it better.

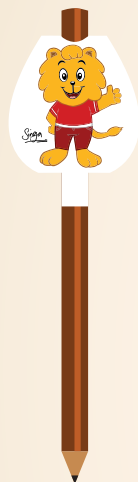
Heh heh...

CCTV

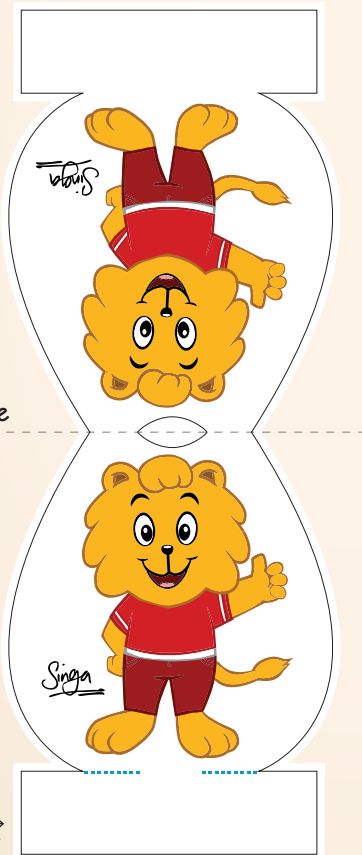
LIVE



## Do It Yourself



### Singa Pencil Topper



Fold here

Wrap the tabs at the base around your pencil and secure with tape.

### Kindsville Bookmark





**There is  
always time  
to make  
someone's day!**

**Visit the Kindness  
Cubbies at  
[kindsville.kindness.sg](http://kindsville.kindness.sg)**



**Family Time**

# My First Week of School

Was first week of school awesome? Thank your family members who helped you to get ready for school by giving them a daisy. Write your thank-you note in the middle of the daisy.

Dear \_\_\_\_\_,

Thank you for

\_\_\_\_\_  
\_\_\_\_\_

From: \_\_\_\_\_







**Family Time**

# My Strengths

**Together with your family members,  
complete the activity below.**



	Always	Sometimes	Not really
1. Have I been kind?			
2. Am I a curious learner?			
3. Do I show concern to the people I know?			
4. Do I ask for help when needed?			
5. Am I helpful at home?			
6. Have I been sharing and taking turns?			
7. Have I been making new friends and keeping them?			
8. Have I been a good listener?			
9. Have I been following rules?			
10. Have I been honest?			

**Write down one thing you would like to work on this year and what you can do to achieve the goal.**

One thing to work on:

(E.g. Making new friends)

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What I can do to achieve this goal:

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## Contest Winners

### Appreciating **PEOPLE** OF DIFFERENT **OCCUPATIONS**

Issue 4/2018

Think about an occupation and write a message to thank the people who contribute to the community in some ways through their jobs. The message could be dedicated to someone whom you know!

# 1st

Javed Barzin  
West Grove Primary School, P2 (2018)



# 2nd

Lim Jia Xuan Catrice  
Rulang Primary School, Class 2C (2018)

Thank you policemen for catching criminals, protecting our country, making sure no one leaves suspicious items behind, saving lives and patrolling around our neighbourhood. I am happy, thankful and proud of our Singapore Police Force. I am happy because all of you help keep our country safe and make sure everyone does the right things. Even though all of you feel tired, you never give up and still try your best to protect us. Thank you!

# 3rd

Syeda Zainab  
Yumin Primary School, Class 2 Perseverance (2018)

♥                      ♥                      ♥                      ♥                      ♥

I would like to thank my foreign domestic helper who stays with us. Aunty Mumtaj has become a part of our family. I want to thank her because she takes care of me really well when my mother is working. My mother is able to concentrate at work. Aunty Mumtaj also cooks really good dishes for my family. I like her a lot. She left her family in India and works hard here to take care of me and my family. Thank you Aunty Mumtaj for all the love and care!

♥                      ♥                      ♥                      ♥                      ♥

# Consolation

Lim Chyi Yen  
Raffles Girls' Primary School, Class 2D (2018)

Dear Uncle Chua,

Thank you for taking good care of our canteen by sweeping, mopping and cleaning the tables. It must be tough and tiring for you. We really appreciate it! Thank you!



# Consolation

Janelle Heng Zhi Ning  
Juying Primary School, Class 2B (2018)

To all soldiers in Singapore,

Thank you for protecting us from all terrors. You are the reason why my family and I sleep peacefully at night. You are awake even at night to keep us safe.

I am very proud of all soldiers for serving the nation. A salute to all of you!

# Consolation

Presha Dipti  
Punggol Primary School, Class P2-1 (2018)

I want to thank all the cleaners in my school for doing their best to keep our school clean. We will do our part to keep the school clean too!



All winners will be notified and will receive Singapore Kindness Movement merchandise and Uncle Ringo Game Cards with credits (top 3 winners only). Singapore Kindness Movement's decision on all winning entries is final, no correspondences will be entertained.

Prize sponsor:





# Write for Kindness Junior

Do you know that we can all play our part to encourage kindness and graciousness at hawker centres?

Draw an act of kindness that you have done, received or witnessed at a hawker centre and write one or two sentences about it.



LET'S  
SUPPORT



SINGAPORE  
HAWKER  
CULTURE

## Judging criteria:

- ★ Relevance to the theme
- ★ Drawing and creativity
- ★ Language use

## Prizes:

- ★ 1st, 2nd, 3rd
- ★ 3 consolation

Attractive prizes include SKM merchandise and souvenirs from National Heritage Board. Winning entries will also be featured in the following issue of Kindsville Times.



Stand a chance to win a Betadine Natural Defense Hamper, which includes a Body Wash and Hand Sanitizer when you complete this crossword puzzle with your family members to figure out how you can play your part to keep infectious diseases away!



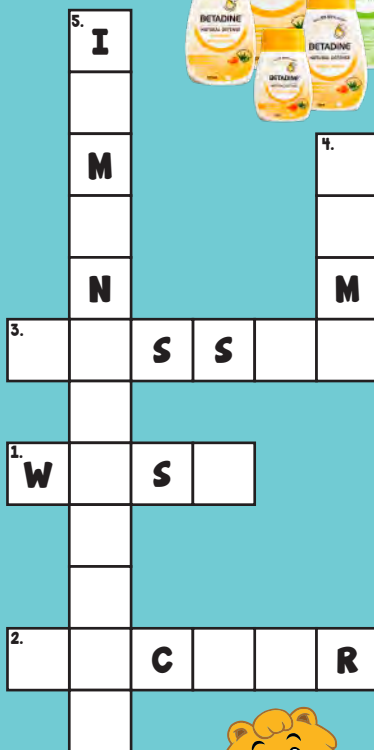
### Across

- \_\_\_\_\_ your hands frequently with soap and water.
- Go to the \_\_\_\_\_ when you feel unwell.
- Cover your mouth and nose with \_\_\_\_\_ or mask when you cough or sneeze.

### Down

- Feeling unwell?  
Rest at \_\_\_\_\_.
- Protect yourself from infectious diseases by getting an \_\_\_\_\_.

Let's be kind and considerate by practising these 5 simple steps at home, in school and public areas!



Name: \_\_\_\_\_

School: \_\_\_\_\_

Class: \_\_\_\_\_

Parent's Email Address: \_\_\_\_\_

Parent's Contact Number: \_\_\_\_\_

Home Address: \_\_\_\_\_

Send us your entry by mail to the following address by **15 February 2019**.

Kindsville Times Contest  
Singapore Kindness Movement  
61 Stamford Road  
#01-08 Stamford Court  
Singapore 178892

Prize sponsors:

Ask for  
**BETADINE®**



☐ I agree to the collection, usage and disclosure of my personal data provided in this form, by Singapore Kindness Movement (SKM), to administer this contest, in accordance with SKM's Data Protection Policy available at <https://www.kindness.sg/privacy-policy/>





### NO ACT OF KINDNESS, HOWEVER SMALL, IS EVER WASTED



Kindness Ambassadors from Holy Innocents' Primary School wanted to inculcate the greeting culture among students both in and outside of school.



A **social experiment** was conducted to find out the impact of greetings and how it could affect a person's emotions. They gathered their fellow peers to conduct the **100 Smiles Challenge** at a public space. The students greeted people with a smile and observed if there was a response. There were a handful of people who ignored the greetings. However, most people whom they approached with a greeting smiled back. A handmade origami was presented to the people who responded and we-fies were taken to collect 100 smiles. This social experiment proved that most people respond to kindness with kindness.

Next, students received **Kindness Pledge Cards** where they could pledge to spread kindness by sharing the different ways to greet others or carry out a kind act. These cards were displayed at the notice board to inspire others to continue the greeting culture and spread kindness.

Through the activities, students learnt that even the smallest act, like a smile, is able to positively impact someone else. It was also observed that students are now greeting others readily.



## Kindsville Buzz

### Friend of Singa and Seed Kindness Fund Junior Awards 2018

The Friend of Singa and Seed Kindness Fund Junior Awards ceremony was held on the 9th November 2018 at Our Tampines Hub. Pupils from 214 schools and student care centres attended the ceremony to celebrate the achievement of the kindness projects.



Friend of Singa Ambassadors from Punggol Green Primary School

Friend of Singa is in its 28th year and is open to primary, secondary, special and international schools. Seed Kindness Fund Junior is a new programme and is open to primary students in student care centres. These two programmes aim to allow students to lead their school in a kindness project.

In 2018, we had 11 new schools taking part in Friend of Singa and 55 centres for Seed Kindness Fund Junior. The students from the schools and student care centres led a kindness project in their schools and centres respectively.

Some schools also put up performances on stage. It was a meaningful and fun event for everyone who attended the awards ceremony. We would like to congratulate and thank all participating school and centres.

Hope to see your school participating in Friend of Singa or Seed Kindness Fund Junior 2019!



**Kindsville Mailbox**

# Write to Singa and the Kindness Cubbies and get a personal reply!

**How was your first week of school?  
What do you like about going to school?**

**Write to Singa and the Kindness Cubbies to share your  
stories. You may wish to draw as well!**



**Post it by snail mail to:**

**Singa and the Kindness Cubbies  
Singapore Kindness Movement  
61 Stamford Road  
#01-08 Stamford Court  
Singapore 178892**

Singa would like to know your **home address, school and class** so that he can reply to your letters! You may write them at the back of your letter. Thank you! (Parental consent required)

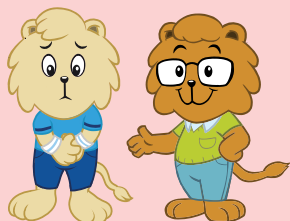




# Featured Entries

Dear Singa,

One day, my friend was feeling sad. I tried to cheer him up. He felt much better after that. I said that we could tell a teacher about it or we could solve it together. I felt happy that I helped him.



Malcom Yuen Jeun Hung  
Princess Elizabeth Primary School, P2 (2018)



Dear Singa,

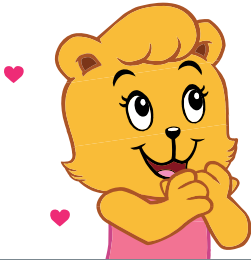
I got back to the lower concourse after recess and I saw my friend Rachel. She was carrying a lot of things. She had one water bottle, four books and one lunch box with her. As she walked, she dropped the things she was holding on to. My friend, Samijiah, and I went to help her carry some of the things. I felt happy that I helped Rachel!



Jherrine Siah  
Pasir Ris Primary School, P1 (2018)

Dear Singa,

I was watching TV at home. Out of the blue, my helper asked if I would like to watch her make snacks. I switched off the TV and went to the kitchen. I helped her cut some peanuts and then we made chips together. The chips tasted delicious! I was happy to help.



Alyssa Mohamed Iqbal  
East Spring Primary School, P2 (2018)

Dear Singa and the Kindness Cubbies,

During Art lesson, my teacher, Ms Tang, told us that we were going to make a fish in a net. When we started making the net, I saw my friend looking sad. When I asked him what happened, he said that he did not know how to make the net. I helped him. When we were done making the net, he thanked me for helping him. I felt happy I helped him!



Chia Kailun, P2 (2018)







## AMAZE-ing Challenge 2019

OUR 7TH KINDSVILLE PARTY IS HERE,  
AND YOU ARE INVITED!

15 June 2019, Saturday

10am - 1pm

**Kidz Amaze @ SAFRA Jurong**

333 Boon Lay Way Singapore 649848  
(10 mins walk from Boon Lay MRT Station)

### REGISTRATION

\$16/person (includes event t-shirt & lunch)

Log on to [kindsville.kindness.sg](http://kindsville.kindness.sg) for more details  
and register from 1 - 31 March 2019! Limited slots available!

Attire: Comfortable for activities, socks compulsory

### PROGRAMME

09.15am - 10am: Registration

10.00am - 12.00pm: Gameplay (Unlimited for 2 hours)

11.30am - 1pm: Lunch (Catered buffet) &  
Kindness Cubbies Meet and Greet



### What's in for me?

Explore the playground and find clues to solve a puzzle. Every completed puzzle wins a prize with toys, stationery, books and more. The faster you solve, the bigger the prize!

### Requirement

This activity requires participation by both parent/guardian and child. The child must be between ages 5 - 10.

**Disclaimer:** Full care has been taken by the Singapore Kindness Movement to minimise injury risk during the event. By signing up, the accompanying parent/guardian (above 21 years old) agree that they (children and accompanying adult) do not have any medical ailments, physical limitations, or mental disabilities that will affect their abilities to participate in the activities and expressly waive any and all claims, suits or demands for personal injury, property damage or other loss against the Singapore Kindness Movement.