

Kindsville Times Adventures



Primary 3 and 4
Issue 2/ 2019

A group of eight anthropomorphic animal characters, known as Kindness Cubbies, are depicted. They include a blue bear-like character, a yellow cat-like character, a brown dog-like character, a purple cat-like character, and several other animal characters in various poses. A large white speech bubble with a black outline is in the center, containing the text "GETTING TO KNOW OUR NEIGHBOURING COUNTRIES". A paper airplane is shown flying from the bottom left towards the speech bubble. The background is a colorful landscape with green hills, blue water, and yellow flowers.

**GETTING TO KNOW OUR
NEIGHBOURING
COUNTRIES**

Learning About Schools Around the World



That's right! We've learned
so much about our friends
from neighbouring countries,
haven't we?



Although we are geographically close to one another, we have different cultures.



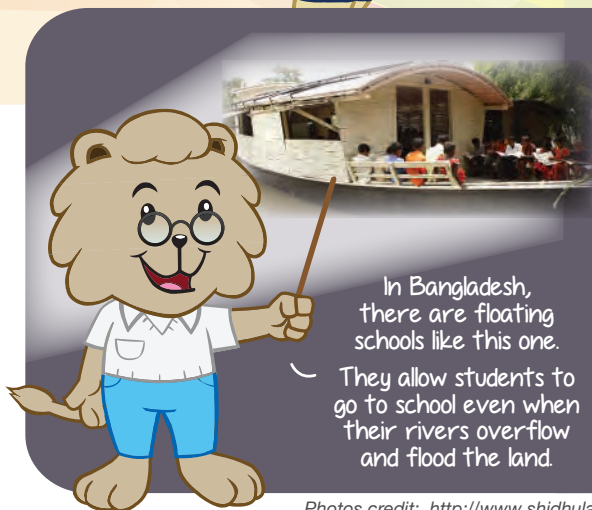
We celebrate different holidays, wear different traditional costumes and enjoy different cuisines!



I wonder... are their schools different from ours too?



Good question, Tomeo! Every country has its own approach to education. Indeed, we have some unique examples right here in Asia!



In Bangladesh, there are floating schools like this one.

They allow students to go to school even when their rivers overflow and flood the land.



The "school boat" simply goes down the river to pick up students, and when everyone is on board, school starts!

Wow, that's so clever!
That way, no one has to
miss out on learning!



Yes, it's a great
example of innovation
in Bangladesh!



And in Bali, Indonesia,
they have deep love
and respect for the
environment. Just
look at this Green
School!



Its structure is made
of bamboo, a natural and
environmentally-friendly
material.

It really preserves the
beauty of the surrounding
forest, doesn't it?



They have practical
math and art lessons,
where they build
bridges or design rice
paddies.



And for science
lessons, they learn to
grow their food.
That's what they eat
at school!



The cubbies continue to enthuse about the different schools even after the lesson.

That was a fantastic lesson. Those schools really are quite different from what we have in Singapore!



Do you think there are other unique schools out there?

I'm sure there are! Hey, why don't we look them up on the Internet?



That's an awesome idea, Tosh! We can use the school computer lab!



LET'S GO!



This or That?

Get to know someone better through this food challenge!

Between your friends and yourself, take turns to choose which food you would rather eat from the **This** or **That** list below.



This

Sushi

Curry

Pancakes

Pho

(Vietnamese rice noodles)

Hokkien Prawn Noodles

Nasi Lemak

Bánh Mì

(Vietnamese sandwich)

Satay

Chendol

Kimchi

(Korean seasoned vegetables)

That

Pizza

Tom Yum

Roti Prata

Ramen

(Japanese soup noodles)

Phad Thai

(Stir fried Thai rice noodles)

Nasi Goreng

Burger

Kebab

(Turkish grilled meat on stick)

Mango Sticky Rice

Salad

Not sure what they are? Go to the library to find out more about foods from around the world, or ask your family members!





THREE-YEAR-OLD TODDLER IS MIGRANT WORKERS' BEST FRIEND

How a difference in age did not stop a boy from spreading joy to a group of foreign workers

A group of construction workers are hard at work. A three-year-boy calls out to them. He waves happily whenever one of them turns to look.

For the last seven months, Jake has been waiting eagerly for his “uncles” to break for tea every week.

Jake’s mother, Anne, explained how this unusual friendship began.

“Our estate started undergoing car park upgrading works last December. Jake would always stop to watch,” she said.

And as his interest in construction vehicles grew, so too did his interactions with the workers.

From then, whenever the workers saw their little friend coming, they would stop to say hello. It’s clear they look forward to Jake’s daily visits, and miss him when he doesn’t show.



Over time, the workers shared their stories with Anne. Most of them have children back home. Jake reminded them of the families they had left behind.



“Jake was only two-and-a-half years old when we first got to know them. Even at that age, he knew that we should make friends with people from all walks of life. I didn’t have to teach him,” she said.

One lesson Jake did teach Anne is to take the time to listen to people’s stories. But perhaps the most wonderful thing they’ve both learnt is that friendship goes both ways.

For the migrant workers who have left their homes to work, Anne and Jake’s simple show of warmth was the start of a beautiful friendship. And that’s what friends are for.

MORE STORIES ON
[PRIDE.KINDNESS.SG](https://pride.kindness.sg)

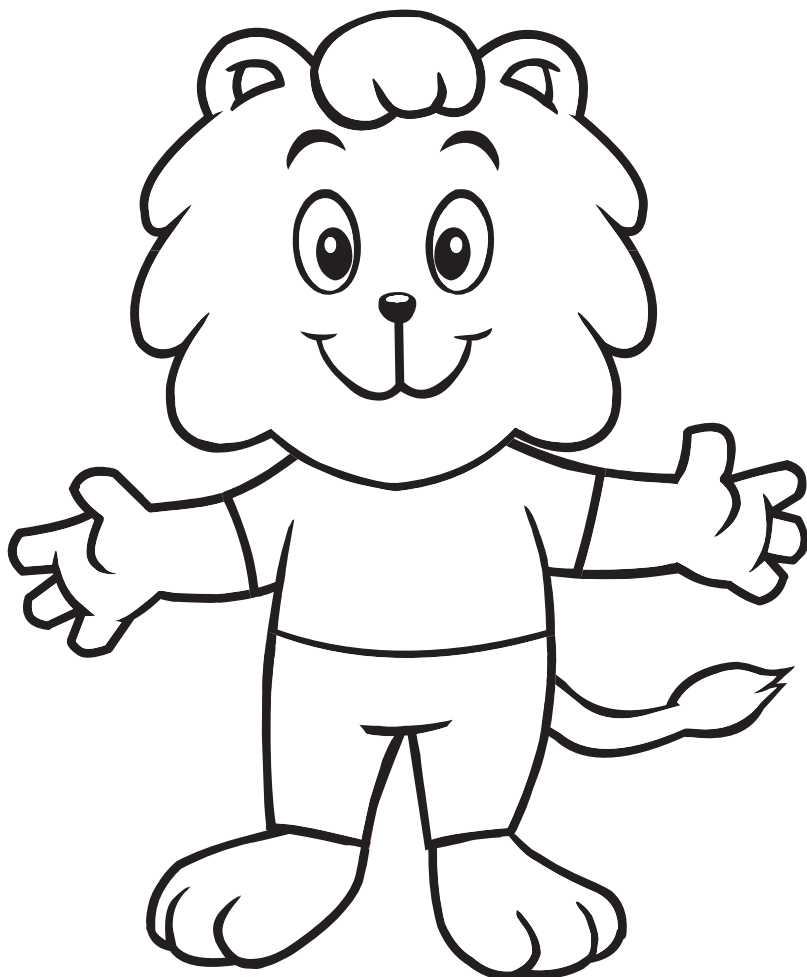


Article is adapted from online newsletter ‘The Pride’ and edited for length.



INTERNATIONAL FRIENDSHIP DAY 3-COLOUR CHALLENGE

Celebrate International Friendship Day by dressing Singa up in your favourite international costume. By taking up this 3-colour challenge, you are required to pick only 3 colours to complete your colouring sheet. Explain your artwork in one or two sentences when you are done. Have fun!



Name: _____

School: _____

Class: _____

Parent's Email Address: _____

Parent's Contact Number: _____

Home Address: _____

☐ I agree to the collection, usage and disclosure of my personal data provided in this form, by Singapore Kindness Movement (SKM), to administer this contest, in accordance with SKM's Data Protection Policy available at <https://www.kindness.sg/privacy-policy/>

Send us your entry by mail to the following address by **30 April 2019**.

Kindsville Times Contest
Singapore Kindness Movement
61 Stamford Road
#01-08 Stamford Court
Singapore 178892



JUDGING CRITERIA:

- ★ Relevance to the theme
- ★ Creativity
- ★ Neatness

PRIZES:

★ 1st, 2nd, 3rd

Limited edition Singa Eco Bottles set (1st prize only), a 90-minute art workshop by MuzArt worth \$60, a BETADINE® Natural Defense Hamper worth \$52, and limited edition SKM merchandise.

★ 3 consolation prizes

A 90-minute clay art workshop by MuzArt worth \$60, a BETADINE® Natural Defense Hamper worth \$52 and limited edition SKM merchandise.

PRIZE SPONSORS:

Ask for
BETADINE®

Tough on germs yet gentle on the skin, BETADINE® Natural Defense embraces your family's health and wellness with nature's natural ingredients. At the heart of each product lies a natural defense formula that removes dirt and kills 99.99% of germs with ingredients to help promote good skin health – all without the use of harmful chemicals.



MuzArt
Imagine Your Future

MuzArt is all about redefining art education. We believe it is crucial to develop a child's Confidence & Creativity from young. Our Creative Art curriculum has helped over 30,000 students develop their artistic potentials and other personal traits in a fun and interactive way.

Art workshops are redeemable at the Jurong East Branch only.



singapore
kindness
movement
kindness.sg

TupperwareBrands

QUENCH YOUR THIRST WITH A SET OF TWO LIMITED EDITION 500ML ECO BOTTLES.

500ML
LIMITED EDITION ECO BOTTLES

\$24.50 PER SET

Scan the QR Code to order yours here!



Purchases can also be made at:
The Kindness Gallery,
61 Stamford Road #01-08,
Stamford Court, Singapore
178892





Contest Winners

Write for Kindness Junior



Issue 1/2019

Write a story between 100-120 words on an act of kindness that you have done, received or witnessed at a hawker centre.



1st

Ng Yun Lin Megan
Raffles Girls' Primary School, P3

It was a sweltering afternoon. I jostled my way through the crowded hawker centre, squeezing past customers that were waiting to be seated. Plonking myself down on an empty seat, I slid the straps of my heavy backpack off my shoulders and sighed in relief, looking forward to a scrumptious meal.

As I was queuing up for my food, I noticed an old lady standing behind me. I then remembered what my mother told me, "You should offer the elderly something." So I turned around and asked the old lady if she wanted to be in front of me. A young lady behind me in the queue encouraged me for being so considerate. I blushed as everyone turned to look at me.

At the same time, I felt a surge of pride that I was able to assist someone. As I continued walking home with a spring in my steps, I realized that even a small action could brighten up someone's day and that everyone plays an equal role in creating a more gracious society.



2nd

Kong Sze Han
Woodlands Ring Primary School, P3

It was another beautiful day and I was at Kampung Admiralty Hawker Centre with my family. We could not find a seat and someone saw us. The person offered to share his table with my family. We saw trays on the table so I helped to clear the trays and return them to the tray return station. My family was happy that I helped! Later, my brother saw an elderly lady carrying a bowl of hot soup and he ran to help her to her table. The elderly lady thanked my brother. It was a happy day for my family and I at the hawker centre!



3rd

Yip Yining
Stamford Primary School, P3

One day, my family and I were at the hawker centre having dinner. After dinner, we cleared our trays and left the place. As we headed out of the hawker centre, a young lady caught up with us from behind.

"Excuse me, did you forget your water bottle?" she asked while pointing to my favourite water bottle.

"Yes! That is mine. Thank you so much!"

The young lady smiled as she handed me my water bottle and headed back to the hawker centre. I was grateful for the kindness received. I hope I can spread kindness to someone else in the future!



Consolation

Leong Lok Teng Renee
Alexandra Primary School, P4

Once at the Ghim Moh Hawker Centre, I was waiting for my father who was buying food. At the corner of my eye, I saw an old man carrying a tray of food with one hand. His other hand was holding a walking stick. The hand carrying the tray was wobbly and on the verge of falling. I immediately rushed to the old man and offered to help him hold his tray. He gratefully accepted the offer. I supported him as we walk to an empty table. He thanked me profusely. Then, I dashed to the table where I had been waiting for my father. He came with a tray of food for the both of us. As we ate, I told him about the good deed. He praised me and rewarded me with dessert!

★ Consolation

Daarini M Kuganesan
Si Ling Primary School, P4

It was a relaxing Sunday morning. As usual, my family and I went for a morning walk at Admiralty Park. The air was crisp and fresh and it was energising to feel the rays of the morning sun.

After our walk, we went to Marsiling Mall Hawker Centre for breakfast. Once we were done, my dad reminded us to clear the plates on the table so that there will be a clean table for the next customer.

As we were leaving, we saw an elderly lady with a hunchback struggling to hold her bags as well as her food tray. I noticed many people staring at her, fearing that her tray might fall over.

Suddenly, my dad appeared beside her, trying to help her hold her food tray and get to a seat. The lady looked grateful. She said thank you in Malay with a smile on her face.

I was very proud and inspired by my dad's civic-mindedness and graciousness.

★ Consolation

Chua Ilysa Pei En
Junyuan Primary School, P4

One day, I went to the hawker centre to eat my favourite fish ball noodle for lunch. I went to the stall and queued up. After I placed my order, I waited for a while before I collected my food. I held my tray and started to look for a seat. That was when I noticed the crowd of people in the hawker centre was packed like sardines.

Ten minutes later, I finally found an empty seat. I quickly sat down. I wolfed down my food as quickly as I could, as I was very hungry. Just then, I saw an elderly lady holding on to a tray with a bowl of hot soup. I wanted to share my seat with her but had second thoughts about it. After that, I made up my mind and waved to the elderly lady. I asked her to have a seat at my table. I felt happy that I showed kindness to someone.

All winners will be notified and will receive a BETADINE® Natural Defense Hamper, Singapore Kindness Movement merchandise and souvenirs from National Heritage Board. Singapore Kindness Movement's decision on all winning entries is final. No correspondences will be entertained.

Prize sponsors:

Ask for
BETADINE®





How can we practise Everyday Responsibilities?

When we practise Everyday Responsibilities, we show that we care for the environment and the people around us.

- ★ Wash your hands with soap and water.



- ★ Cover your mouth and nose with a tissue when sneezing and coughing.



- ★ Throw your waste into bins.



- ★ Return the cutlery and keep the tables clean after meals.



- ★ Keep the toilet clean and dry after use.



WE PRACTISE EVERYDAY RESPONSIBILITIES!



Everyday Responsibilities

I am a role model!

Family
Time

Instructions: TOGETHER WITH YOUR FAMILY, commit to

1

PRACTISE everyday responsibilities
as shown below

2

Once you have done so, choose a sticker and
paste it in the textbox, to **AFFIRM** and
ENCOURAGE each other's efforts.

A) Wash your hands
after using the toilet



B) Flush the toilet after use



C) Cover your mouth while sneezing



D) Return tray after use

E) Bin it right



F) Pick up litter and
throw them into the bin



A)

C)

E)

Acknowledgement:
Captain Green

© National Environment Agency 2019



Be
KIND

Keep
CLEAN

Reduce
WASTAGE

B)

D)

F)

Email a photo of the
completed chart to:
admin@publichygienecouncil.sg
with your name and
contact number.

First 100 entries
stand to redeem a
mystery prize.



Great job! Keep up
the good habits!



ZERO WASTE HERO

KINDNESS BINGO!




Family Time

THIS GAME CONTAINS:

25 Kindness Tokens
4 Bingo Cards
58 Counters

INSTRUCTIONS

- 1 Before you start, cut out all 25 Kindness Tokens (Pg 19) and 4 Bingo Cards (Pg 21 & 25).
 - 2 Tear out 58 counters (Pg 23).
 - 3 Shuffle all 25 Kindness Tokens and place them facing down.
 - 4 Each player gets to choose a Bingo Card, starting with the youngest player.
 - 5 To begin the game, players take turns to flip open a Token and read it out.
 - 6 Find the matching Token on your player card and place a counter on it.
 - 7 If your Bingo Card does not have the Token called out, wait for the next round.
 - 8 Once you have 4 counters in a row on your Bingo Card, call out 'Bingo' and you win the game!
- Optional:** Create as many Bingo Cards as you wish! Fill each of your new Bingo Cards with 16 out of the 25 acts of kindness found in the set of tokens.

KINDNESS TOKENS



Greeting your neighbours.	Giving someone a high-five.	Throwing your litter in the bin.	Sharing your stationery and books.	Queuing up for your turn at the bus stop.
Paying attention when someone speaks.	Holding the door or lift for your neighbour.	Moving to the back of the bus.	Standing on the left of the escalator.	Writing a note to cheer up your friend.
Being punctual for class.	Smiling at someone.	Making new friends.	Helping out with chores at home.	Returning your cutlery after a meal.
Giving up your seat to someone who needs it more.	Raising your hand in class before you speak.	Keeping your desk clean.	Offering your help to those in need.	Speaking politely to family and friends.
Playing together with your neighbours.	Greeting the bus driver.	Thanking a school cleaner.	Picking up litter in your neighbourhood and throwing it into a bin.	Telling a joke to cheer someone up.



BINGO CARD

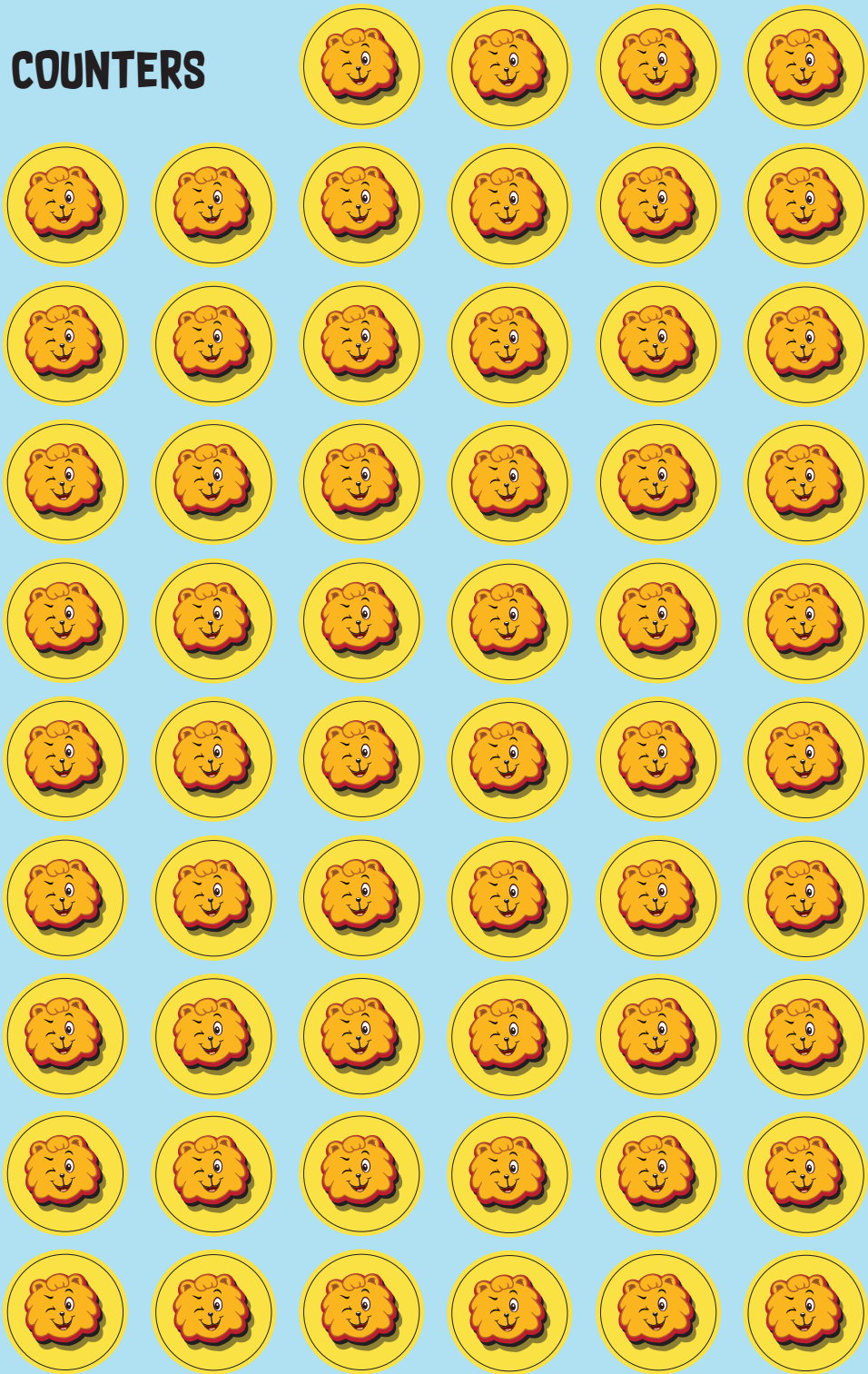
Writing a note to cheer up your friend.	Returning your cutlery after a meal.	Giving up your seat to someone who needs it more.	Offering your help to those in need.
Helping out with chores at home.	Being punctual for class.	Speaking politely to family and friends.	Smiling at someone.
Making new friends.	Raising your hand in class before you speak.	Playing together with your neighbours.	Telling a joke to cheer someone up.
Moving to the back of the bus.	Greeting your neighbours.	Standing on the left of the escalator.	Queuing up for your turn at the bus stop.

BINGO CARD

Moving to the back of the bus.	Throwing your litter in the bin.	Holding the door or lift for your neighbour.	Writing a note to cheer up your friend.
Giving someone a high-five.	Paying attention when someone speaks.	Standing on the left of the escalator.	Helping out with chores at home.
Raising your hand in class before you speak.	Queuing up for your turn at the bus stop.	Returning your cutlery after a meal.	Smiling at someone.
Playing together with your neighbours.	Offering your help to those in need.	Speaking politely to family and friends.	Telling a joke to cheer someone up.



COUNTERS



BINGO CARD

Greeting your neighbours.	Sharing your stationery and books.	Writing a note to cheer up your friend.	Giving up your seat to someone who needs it more.
Throwing your litter in the bin.	Offering your help to those in need.	Paying attention when someone speaks.	Helping out with chores at home.
Smiling at someone.	Holding the door or lift for your neighbour.	Making new friends.	Raising your hand in class before you speak.
Speaking politely to family and friends.	Keeping your desk clean.	Greeting the bus driver.	Picking up litter in your neighbourhood and throwing it into a bin.



BINGO CARD

Raising your hand in class before you speak.	Giving someone a high-five.	Keeping your desk clean.	Sharing your stationery and books.
Holding the door or lift for your neighbour.	Being punctual for class.	Queuing up for your turn at the bus stop.	Helping out with chores at home.
Standing on the left of the escalator.	Thanking a school cleaner.	Making new friends.	Returning your cutlery after a meal.
Offering your help to those in need.	Picking up litter in your neighbourhood and throwing it into a bin.	Greeting your neighbours.	Greeting the bus driver.





Animation Series

Watch it at
Kindsville.kindness.sg
or on
 YouTube Kids

Unkindness Day

Kindsville is preparing for its annual Kindness Day celebrations to honour residents who have displayed Kindness-in-action during the year. Master Mean is back to wreak havoc in Kindsville. Will the Kindness Cubbies catch Master Mean and stop unkindness in Kindsville?

Season 4
Episode 5





SPARK KINDNESS, MAKE A DIFFERENCE!



Kindness Ambassadors from Unity Primary School embarked on a project to Celebrate, Inspire, and create Awareness of kindness. Some activities conducted in school were:

Caught. In. Action (C.I.A) Cards

Teachers caught students in acts of kindness and signed their C.I.A cards. Student would receive bronze, silver or gold awards based on how many signatures they had. This encouraged them to keep on spreading kindness.

Friendship Week - "My Friend is a Superhero!"

Students each chose a superhero that reminded them of their friend. They penned down their friends' good qualities and thanked them for being awesome. It was a fun way to show their friends how much they loved them.

Gratitude Week - "Be Grateful"

Pupils drew lots from a jar filled with different questions on gratitude. They wrote down their answers and put them up on a board. It reminded them about the importance of being grateful.

Through these activities, we were able to see the Unity kindness and spirit shine!



Write to Singa and the Kindness Cubbies and get a personal reply!

How do you feel after learning about the different school environments in different parts of the world? Which school or country would you like to experience studying in?

Write to Singa and the Kindness Cubbies to share your answers. You may wish to draw as well!



Post it by snail mail to:

**Singa and the Kindness Cubbies
Singapore Kindness Movement
61 Stamford Road
#01-08 Stamford Court
Singapore 178892**

You may also email to:

Kindsville@kindness.sg

Singa would like to know your **home address, school and class** so that he can write back to you! You may write them at the back of your letter or in the email. Thank you! (Parental consent required)





Featured Entries

Dear Singa,

During my first week of school, I met new teachers and friends. On the fourth day of school, our teacher changed our seating places and I sat beside a girl. We said "Hi" and from then on, we became good friends!



Ng Hwee Ling
Maha Bodhi School, P3



Dear Singa,

My name is Isabelle Sim from Paya Lebar Methodist Girls' School. I am 9 years old. I would like to share with you my little act of kindness. One day, I was at the MRT station and I saw a girl dropped her book. I picked up and ran to her. It took courage to speak to her but I knew I did a kind deed.



Isabelle Sim
Paya Lebar Methodist Girls' School, P3

**WELCOME TO
KINDSVILLE!**

Dear Singa,

It has been a long time since I last wrote to you. I had a wonderful term break during the December holidays! I also learnt that kindness is the best way to maintaining friendships.

This year, I was buddied to my brother under the school's P4 buddy system. I learned more about him and even knew his favourite food in school. We grew even closer.



Jadon Sim
Fairfield Methodist Girls' School, P4

Dear Singa,

I am Vianne Li. I like going to school because I can learn new things and make new friends! When I grow up I want to be a teacher! I like to play basketball and I like the colours blue, pink and purple.

Vianne Li Qiao Rong
Maha Bodhi School, P3

Dear Singa,

My first day of school was good. I got to make new friends and meet new teachers. I look forward to learning Science. It is my new subject!

Janavelle Loh
Sembawang Primary School, P3



A special thanks to students from Maha Bodhi School for sharing their wonderful stories. We look forward to receiving letters from more schools!



HOLIDAY ACTIVITY FOR ALL

This June holidays, come on down to Kidz Amaze with your family for a complimentary DIY Shrink Art Keychain activity!

Step 1: Colour

Choose Kindness.
Be Greater.



**KIDZ AMAZE @
SAFRA TOA PAYOH**

293 Lor 6 Toa Payoh, Singapore 319387



10am - 3pm



**KIDZ AMAZE @
SAFRA JURONG**

333 Boon Lay Way, Singapore 649848



10am - 3pm

Step 3: Bring
home your
keychain!



Step 2: See it
shrink in the
toaster



Note: The activity does not require paid admission, and does not include admission to Kidz Amaze playground.