

Kindsville Times Junior



Primary 1 and 2
Issue 4/ 2019

PLAY WITH KINDNESS



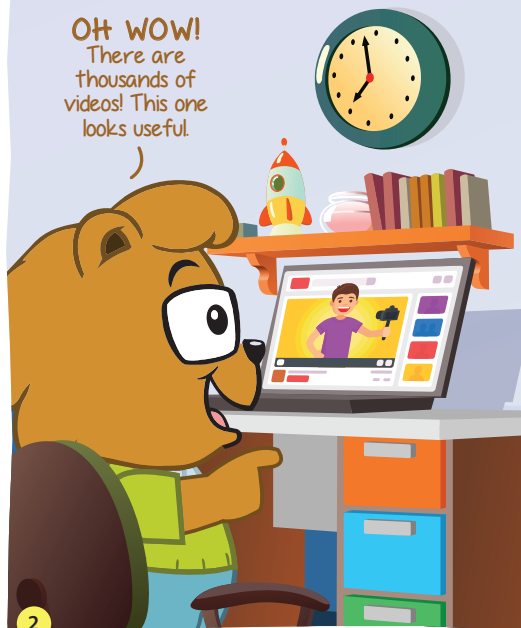
A SMART FIX

Tosh wants to try fixing his toy plane over the school holidays, but things are not going as planned...

UGH,
this isn't working!
Let me look at
some online videos
to get tips...



OH WOW!
There are
thousands of
videos! This one
looks useful.



Many videos later...

It's 9 in the
morning? Tomeo invited
us for breakfast.
I almost forgot!



Over breakfast, the cubbies are enjoying the food, but Tosh seems distracted.



Huh? Sorry, what were you saying?

Could you help to water my daisies next week, please? I will be away on holiday and they need to be watered every day.

Yes, of course.)



And don't forget, you've promised to help me at the Compassion Compass Tower the week after!

Yes, Singa. I'll be there.

Awesome! Thank you, Tosh.



Two weeks later...



Hi Singa.
Have you
seen Tosh?

No. He should have
been here an hour ago.
He promised to help
me today. Is something
wrong?

It's my daisies. Tosh promised
to water them, but they've
all wilted! I don't think he
watered them at all!

This is unlike Tosh. He's
usually very responsible.
I wonder what's wrong.

I think I know
what's going on and
I have an idea of
how to fix it. Let's
pay him a visit.



At Tosh's house...

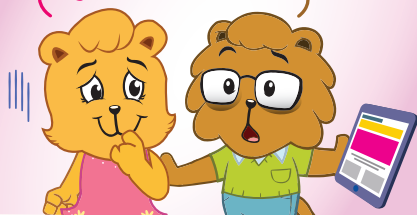
Oh, hello.
Were we supposed
to meet today?

Yes, you were supposed
to help me at the Compassion
Compass Tower today.



And you promised to help me water my daisies.

Oh no! I forgot!



Tosh looks at his friends' disappointed faces and feels guilty.

I'm so sorry. I've been spending so much time watching videos that I've forgotten about everything else! I need to learn to manage my time better...



Try this timer! Set it to ring after twenty minutes to remind you to take a break. You can also set reminders for important events so you don't forget.

Great idea. Thanks Kalle! This way, I can make time to spend with my family and friends, and to keep the promises I've made. I'll put it to good use.



My first reminder will be for tomorrow morning. Sher, I'll come by to plant fresh daisies for you!

Thanks Tosh.



As for today... There's still time for me to help out at the Compassion Compass Tower. Singa, will you still let me help?

**CERTAINLY!
LET'S GO!**





MY SCREEN TIME GUIDE

WHAT IS SCREEN TIME?

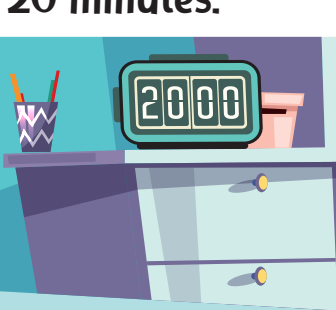
Screen time is the time we spend using computers, tablets, mobile phones and watching television.

- ✓ Ask for permission and say “Please”.



Can I play on the phone please?

- ✓ Give your eyes a break every 20 minutes.



- ✓ No chatting with strangers online.



Do I know this person?



Family Time

THINGS YOU CAN DO TOGETHER WITH YOUR FAMILY OTHER THAN SCREEN TIME



Cooking or baking



Doing a sport together



Playing board games



Watering the garden



Volunteering in the community



Learning and playing a new instrument



Inviting a neighbour for a home-cooked meal



Painting with watercolour



TIP FOR PARENTS/GUARDIANS:

Start with an activity that your child is likely to enjoy. Acknowledge his/her effort with an encouragement.



A MOMENT IN KIND

Think of a time when you were
nice to someone. Write about it
below.

Who did I help?

What did I do?

How did it make me feel?

(Circle it!)

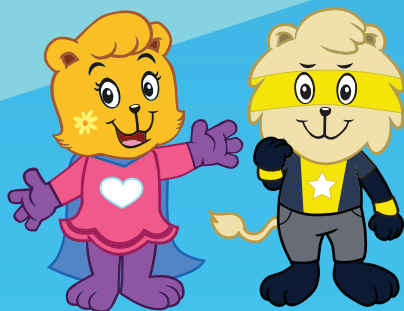




Do It Yourself

KINDNESS SUPERHERO

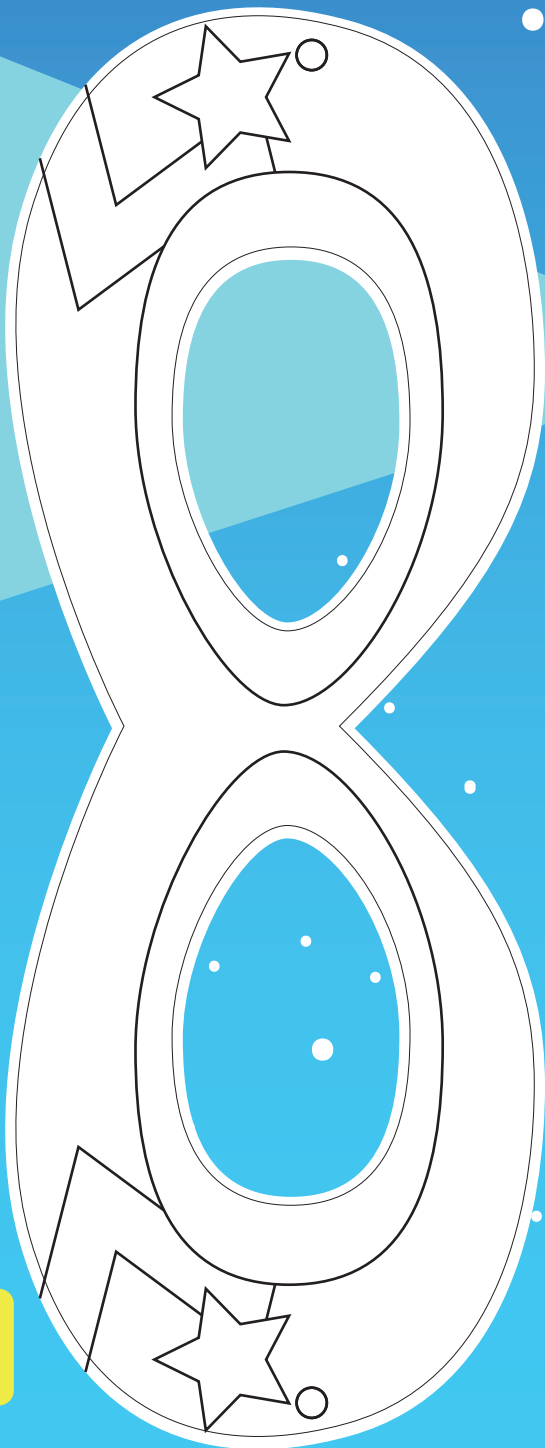
Doing kind acts makes us happier and stronger, just like a superhero. Create your very own Kindness Superhero eye mask. Show that the greatest superpower is kindness!



STEPS:

- 1** Colour and decorate the mask.
- 2** Tear out the mask.
- 3** Thread an elastic string through the holes and tie a knot on each side.

Take a picture of your superhero mask and share it with Singa and the Kindness Cubbies. Email to Kindsville@kindness.sg







Contest

COVER PAGE DESIGN CONTEST

Design the cover page of the next Kindsville Times Issue and stand a chance to see your design adapted to Issue 1 of Kindsville Times Junior next year!

THEME: A NEW YEAR BEGINS!

Kindsville
Times
Junior



Name: _____

School: _____

Class: _____

Parent's Email Address: _____

Parent's Contact Number: _____

Home Address: _____

Send us your entry by mail to the following address by **8 November 2019**.

Kindsville Times Contest
Singapore Kindness Movement
61 Stamford Road
#01-08 Stamford Court
Singapore 178892

☐ I agree to the collection and usage of my personal data provided in this contest form by the Singapore Kindness Movement (SKM). The personal data will only be used to administer this contest, in accordance with SKM's Data Protection Policy available at <https://www.kindness.sg/privacy-policy/>

JUDGING CRITERIA:

- ★ Relevance to the theme
- ★ Creativity & originality
- ★ Neatness

PRIZES:

- ★ 1st, 2nd, 3rd

BETADINE® Natural Defense Hamper worth \$52, Kindsville zipper bag, bag tag, A4 folder and other limited edition merchandise.

- ★ 3 consolation prizes

BETADINE® Natural Defense Hamper worth \$52, Kindsville bag tag, A4 folder and other limited edition merchandise.

PRIZE SPONSOR:

Ask for
BETADINE®

Tough on germs yet gentle on the skin, BETADINE® Natural Defense embraces your family's health and wellness with nature's natural ingredients. At the heart of each product lies a natural defense formula that removes dirt and kills 99.99% of germs with ingredients to help promote good skin health – all without the use of harmful chemicals.



PRIZES FROM THE SINGAPORE KINDNESS MOVEMENT

Kindsville A4 Folder



Kindsville Zipper Bag

Kindsville Bag Tag





Contest Winners

T-SHIRT DESIGN CONTEST

Congratulations to the winners who created these “Be Greater” quotes!



1ST



Lee Zi Yang
Qifa Primary School, P2



2ND



Ong Lay Kee Victoria
Red Swastika School, P2

3RD



Rapha Raviprasath
Haig Girls' School, P2

CONSOLATION



Draco Tia Hao Xuan
Poi Ching School, P1



CONSOLATION



Tham Hui Lian
Mayflower Primary School, P2

CONSOLATION



Alexa Tan Jia Xuan
Opera Estate Primary School, P2

All winners will be notified and will receive a customized T-shirt, BETADINE® Natural Defense Hamper and merchandise from the Singapore Kindness Movement. Singapore Kindness Movement's decision on all winning entries is final, no correspondences will be entertained.

Prize sponsor:

Ask for
BETADINE®



FILL A HEART

Colour each space as you complete a task. Keep going until you have coloured all of them. Fill the whole heart with colours!



Give a hug

Say "I Love You"

Make a
Thank-You card

Play a game
together

Change bed
sheets together

Say "Thank You"

Clean the
house
together

Read a book
together

Exercise
together





Spam Spam Spam

Timmy is very excited to get into the class chat group to discuss Sher's surprise birthday party! However, things do not go as planned when Timmy floods the online chat with unrelated messages.

Season 4
Episode 7





LET'S BE KIND ONLINE AND OFFLINE



How can we make a difference in the cyberworld? Through acts of kindness, of course! Kindness Ambassadors from Qifa Primary School led fun activities that shared the importance of self-responsibility and empathy for other online users.

Kindness Blog

The ambassadors created a kindness blog where their schoolmates could share kind messages and pictures. This blog was open to everyone, so students could read all the kind words posted by others.

Poster Making Competition

Students took part in a poster making competition with the theme 'Tips for being kind online.' They unleashed their creative juices and discovered great ways to show kindness online.

Game Booth

Kindness games were created with many different scenarios. While playing, students could explore, learn and experience the dos and don'ts of online etiquette.

Kindness Tree

Students noted down acts of kindness that they have done or received on paper cut-outs. They collected these notes and shaped them into a huge tree. It reminded them to acknowledge the kindness of others and to follow in their footsteps.

Through these activities, students are now aware that anything they do or say online can have an impact on others. Therefore, they learned to always choose to do and say good things.



Kindsville Mailbox

write to Singa and the Kindness Cubbies and get a personal reply!

What do you wish to see in the next issue of Kindsville Times? What stories would you like in our animation series?



Write and draw to Singa and the Kindness Cubbies to tell them what you think.

Post it by snail mail to:

**Singa and the Kindness Cubbies
Singapore Kindness Movement
61 Stamford Road
#01-08 Stamford Court
Singapore 178892**

You may also email to:

Kindsville@kindness.sg

Singa would like to know your **home address, school and class** so that he can write back to you! You may write them at the back of your letter or in the email. Thank you! (Parental consent required)





Featured Entries

Dear Singa,

I want to say "Thank you" to the uncles and aunties who put up the National Day decorations in schools! I love them and appreciate what they have done.



Abhinayya Saravanan
Teck Whye Primary School, P1

Dear Singa and the Kindness Cubbies,

I love to watch the fireworks, sing the songs and watch the Red Lions perform at the National Day Parade!



Ashley Ang
Clementi Primary School, P2



Dear Singa,

I went to the Bicentennial exhibition with my classmates and the shows were amazing! I like Act 2 because there was Sang Nila Utama. It was awesome.



Jerome Png
Monfort Junior School, P1



HOLIDAY ACTIVITY FOR ALL

This December holiday, come on down to Kidz Amaze with your family for a complimentary DIY Shrink Art Keychain activity!

Step 1: Colour

Choose Kindness.
Be Greater.



**KIDZ AMAZE @
SAFRA TOA PAYOH**
293 Lor 6 Toa Payoh, Singapore 319387



10am - 3pm



**KIDZ AMAZE @
SAFRA JURONG**
333 Boon Lay Way, Singapore 649848



10am - 3pm



Step 3: Bring home your keychain!



Step 2: See it shrink in the toaster



Note: The activity does not require paid admission, and does not include admission to Kidz Amaze playground.