

# Kindsville Times Junior



Primary 1 and 2  
Issue 3/ 2020

**HAPPY  
NATIONAL DAY,  
SINGAPORE!**







# Happy National Day, SINGAPORE!



Oh!  
A video call!

It's the  
Kindness Cubbies  
and our friends from  
Singapore calling  
from their homes!



Hi everyone!

Hi Singa!



Why are you all  
dressed in red  
and white?



Anban

Wei Ling

Arif

Amy



Singapore's National Day is  
right around the corner!  
We are wearing our national  
colours to celebrate!



Ooo, that sounds fun!  
I remember visiting Singapore  
last year and celebrating its  
National Day there with you!  
It was wonderful!

Are you guys doing  
anything special to  
celebrate it this year?



Yes! Our school is  
going to celebrate  
the spirit of unity.





That's right! This year, we are encouraging Singaporeans to come together as one to overcome challenges ahead.

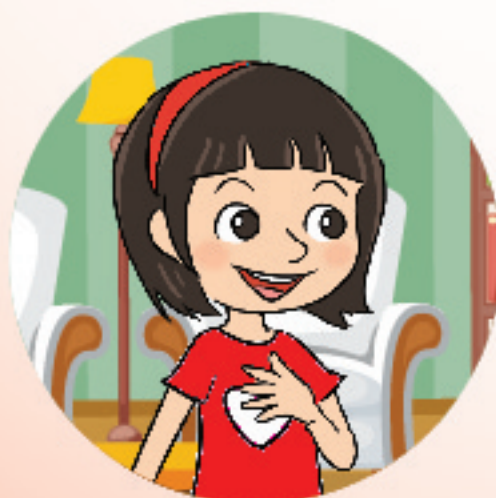
I heard that the Mobile Column will be coming to the heartlands too!



We will be singing the National Day songs and flying the National Flag together in school.



This is so cool! I can't wait for National Day. I have always felt proud to be a Singaporean!



What a great way to commemorate the nation's birthday in unity!



That does sound amazing! I wish we could join in your celebrations again this year.



Don't worry, cubbies! We will send you photos!

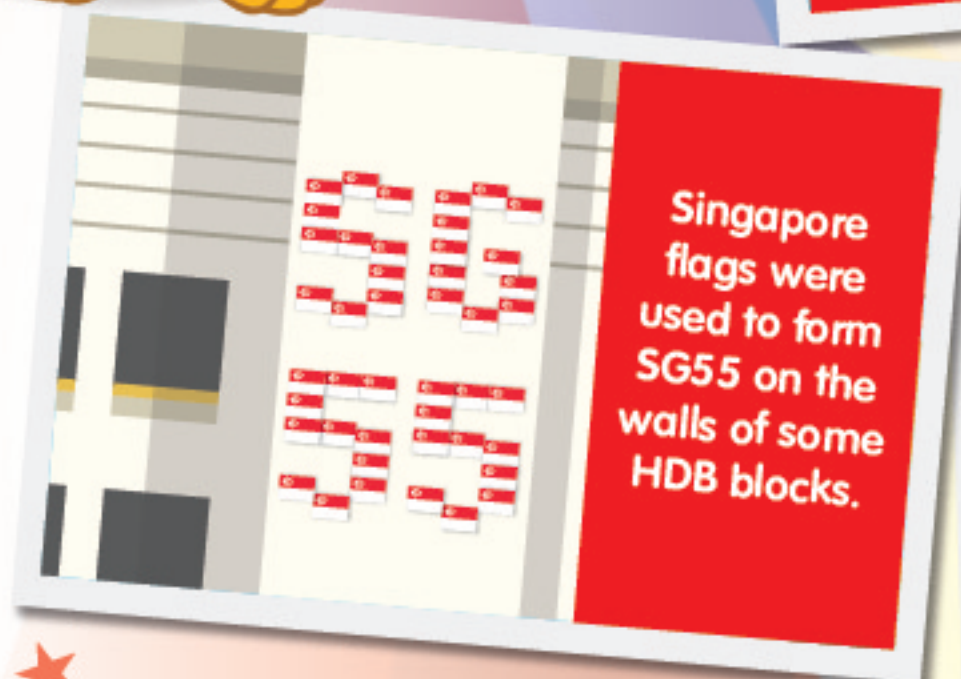




One month later...



Everyone, come see!  
Anban has sent us photos  
of National Day!



Wow! I can't  
believe we  
missed all that!





Yeah! We MUST  
visit Singapore  
during National Day  
next year! )



Indeed. I shall prepare my  
Kindsville Teleport Machine  
to take us there!



We can't  
wait!  
)



Happy  
National Day,  
**SINGAPORE!**





# ★ NATIONAL DAY 2020 ★ ★ ★

Singapore celebrates her 55th birthday on 9 August. This National Day, Singapore celebrates unity as one people and we are reminded to help one another to be caring and kind. When everyone steps up and do our part, Singapore can emerge stronger as a nation regardless of the challenges we face.

The NDP logo this year stands for **action: a pledge coming right from the heart**. Find out what the shapes and colours represent.



**TOGETHER  
A STRONGER SINGAPORE  
NDP 2020**

## THE HEART

The heart represents compassion. A heart for the nation, a heart for our fellow Singaporeans.

## THE COLOURS

The red-to-purple gradient shows passion flowing into an inspiring future.

## THE FIST

The fist signifies conviction. Pledging as one united people to build a better future together.

Do you know the origins of our National Pledge that we recite in school daily?



Scan the QR code to find out more.



# NDP 2020 THEME SONG

Check out the NDPeeps  
YouTube Channel to find  
out more!



## EVERYTHING I AM

### Verse 1

I want you to understand  
Because of you, I am who I am  
Because of who you are  
I can be everything I am

### Verse 2

Show me how I should be strong  
Teach me that I can be weak  
Because of who you are  
I can find anything I seek

### Pre-chorus 1

And in each other there will be  
The colours of your tapestry  
Colours you've never seen

### Chorus 1

Here's to my home, to my homeland  
To every shining crystal in the sand  
Because of who you are  
I can be everything I am  
Here's to you, to my homeland  
I hold this precious jewel in my hand  
Because of who you are  
I can be everything I am

### Verse 3

Teacher, teach me to be kind  
Quick to embrace  
And slow to close my mind  
If we reach that star  
We'll have the universe in time

### Pre-chorus 2

And in each other there will be  
The fabric of our destiny  
It's more than you and me

### Chorus 2

Here's to my home, to my homeland  
A sea of shining crystals in the sand  
Because of who you are  
I can be everything I am  
Here's to you Singapore  
Here's to my people,  
I could want nothing more  
Here's to you Singapore  
We hold this precious jewel in our hands  
Because of who you are  
Because of who you are  
I can be everything I am



Gather your family and friends for  
a fun and interactive GetActive!  
Singapore workout to the beat of  
this year's NDP song.





# ABOUT THE THEME SONG



What is the first thing you think of when someone asks you, "What do you want to be when you grow up?"

Have you thought about who or what helps you achieve your dreams? Let's find some answers from this year's National Day song!

The lyrics say...



## **"Because of who you are, I can be everything I am"**

With love, encouragement and support from the people around us, we can achieve wonderful things!



## **"Here's to you, to my homeland"**

Singapore is our home. Let's show our appreciation for our beautiful country!



## **"This precious jewel in my hand"**

We are thankful we can call Singapore our home!



## **"The sea of shining crystals in the sand"**

Every single person who has helped us is like a shining crystal. They are special. Remember to thank them for helping us. You can be a shining crystal too!



## **"Colours that I have never seen"**

This year's National Day song is very meaningful because it reminds us to be humble, united and kind. Together we make Singapore a beautiful and vibrant nation!

Lyrics by Joshua Wan  
Interpretation by Sydney Tan





# OUR HEART FOR SINGAPORE

## WHAT IS “OUR HEART FOR SINGAPORE”?

It is a project to encourage all of us to express ourselves and share our stories, our words of thanks and our hopes for Singapore during this challenging year. These contributions add up to a shared memory that represents “Our Heart for Singapore”.

## WHAT CAN WE SHARE?

Here are some ways you and your family members can participate in the “Our Heart for Singapore” project through words, pictures, videos and songs!



Share your experience of adapting to this challenging year, or how others have stepped forward to help.



Share words of appreciation and encouragement for those in the fight against COVID-19.



Video yourself singing your favourite NDP songs, or even write your own song!



Share your hopes and wishes for Singapore, and how you will commit to make a difference!

## HOW CAN WE SHARE?

Together with your family members, share your “Hearts for Singapore” online. Use the hashtag **#OurHeartforSG** and tag **@NDPeeps** in your posts!



Scan QR code to learn more about NDP2020’s “Our Heart for Singapore” project and also share your words, pictures, videos and songs.



# OUR HEART FOR SINGAPORE

Earlier this year, Art for Cause Singapore, together with NDP, encouraged students to design a card for the "Our Heart for Singapore" project.

Students had conversations with their elders and found out about life in Singapore many years ago. From the conversations, students drew the stories they had heard to share what they learnt and encouraged others to take action to build a stronger Singapore.

On page 11, you will see one of the card designs. This card was designed by Beatrice. Let's read about what Beatrice has to share about her card design.

When grandmother was 8 years old, she loved to play one of the traditional games named "five stones". She used to pick up pebbles or small, rough stones by the roadsides to play five stones. But after getting some cuts on her hand due to the pebbles and rough stones, my grandma started to learn how to make five stones on her own with recycled cloth and raw rice.

I have drawn this art piece as a reflection of how there was something nostalgic about looking back at this traditional game grandma played while growing up in Singapore, because this game which takes us back to a simpler era when life seemed to move at a slower pace reminds me of a carefree time enjoyed with our family and buddies.

**– Goh Jing Yi Beatrice, APSN Tanglin School**











**TOGETHER**  
**A STRONGER SINGAPORE**  
**NDP 2020**

**Dear Singapore,**

## Our Heart For Singapore

In this unprecedented year, we can all take a little time with our loved ones to reflect, give thanks, and look to the future with hope and determination.

Share your story, express your gratitude, or pledge your commitment on this card!

### Step-by-step instructions

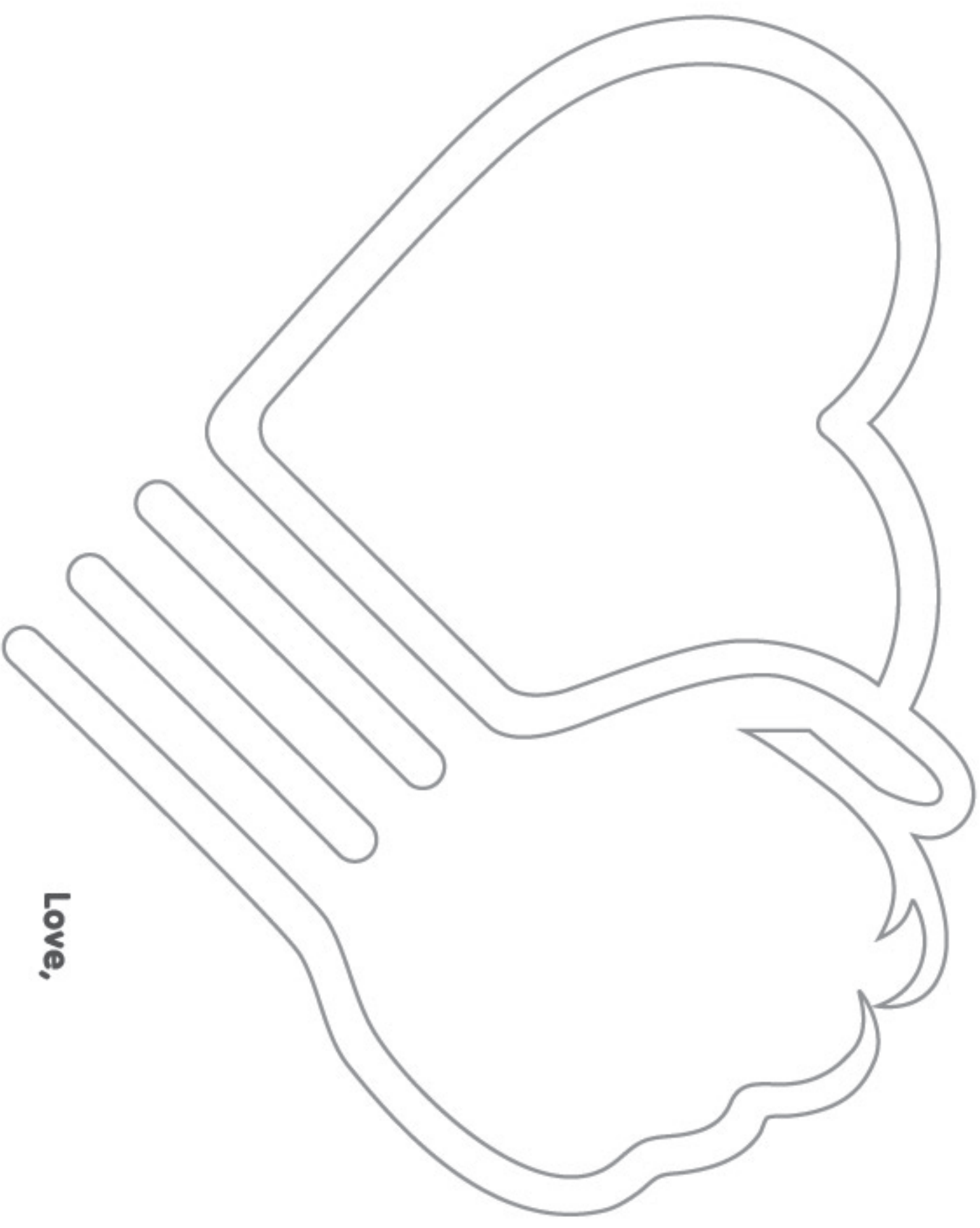
- 1 | WRITE**  
your reflection, words of appreciation, or pledge within the space below "Dear Singapore".
- 2 | DRAW**  
out your thoughts, using the logo as your canvas.
- 3 | SIGN-OFF**  
with your name(s).
- 4 | POST**  
a picture on social media with your card, using **#OurHeartforSG**, **#TogetherStrongerSG** and **#NDP2020**

### Ways to express ourselves from the heart:

**STORIES**  
Memories & reflections surrounding this trying time.

**GRATITUDE**  
Appreciating our front-liners, colleagues or loved ones.

**PLEDGES**  
Our hopes & wishes, and committing to make a difference



**Love,**



Scan QR code to learn more about the "Our Heart For Singapore" project.

In partnership with:





# KINDNESS STORIES



## SEMBAWANG IGNITE!

Kindness Ambassadors from Sembawang Primary School inspire students to show gratitude to others in their family, school and community.

### National Day Collage

On red or white cards, students wrote down what they were grateful to Singapore for. The cards were assembled into a Flag of Singapore collage, which were put up on display at the concourse before National Day.

### Thank You Cards for Parents

Students penned down their gratitude for their parents in Thank You cards that were given to them after the parent-teacher conference.

Through art, students learned to count their blessings and not take the things they love for granted. They also gained a deeper understanding of the importance of showing gratitude.

\*Project was done in 2019 under the Singapore Kindness Movement's Friend of Singa programme.



# KINDNESS STORIES



## PROJECT BEFRIEND

Kindness Ambassadors from Naval Base Primary School rallied together to look out, reach out and care for others. They initiated kindness activities which highlighted the importance of friendship in school, and elevated appreciation in the community.

### Kindness Tree

Students wrote down different ways to look out and care for others in the school and in public places. Many Navalites responded, filling the Kindness Tree with colourful messages and ideas to spread kindness.

### Appreciating Bus Captains

For SBS Transit Kindness Month, Kindness Ambassadors and well-being monitors extended their appreciation and gratitude to the bus captains at Yio Chu Kang Bus Interchange. They wrote Thank You cards, interacted with the bus captains, and learned more about their work. They also interacted with members of the public to share messages of kindness, graciousness and inclusiveness. It was a meaningful experience for the participants who will cherish it as an important part of their kindness journey.

\*Project was done in 2019 under the Singapore Kindness Movement's Friend of Singa programme.



# LET'S ASK THE SOAPPER 5!

I'm so excited!  
I can't wait to  
surprise Tosh at  
the party!

Me too!  
We've invited  
so many friends!  
He's going to  
be thrilled!

HAPPY BIRTHDAY

RIIIING!

It's Tosh's  
Mum!

Hi there, Cubbies...  
I have some bad news.  
Tosh is not feeling well.  
I'm afraid he won't  
be able to come to  
your party.

Oh no...

But the party is  
tomorrow. Maybe he'll  
feel better then! If he  
does, can he still come  
to the party?

That's not a good  
idea...He might  
spread the sickness  
to you!



I agree. Thank you for letting us know, Auntie.

We hope Tosh gets well soon!

Hopefully it's just a cold. Naughty Tosh got caught in the rain yesterday. But still, better to be safe than sorry! Bye bye for now, Cubbies!

Bye, Auntie!

After the call, the cubbies are worried.

I hope Tosh is okay.

Is there something we can do to stop germs and viruses from spreading?

Let's ask the Soaper 5! They are a virus-fighting squad. They can teach us what to do!

HELLO CUBBIES!  
WE ARE THE  
**SOAPER 5!**

Hi Soaper 5!  
Can you please tell us how you fight germs and viruses?





Of course!

I check my temperature  
two times a day. If I feel  
sick or have a fever,  
I will see a doctor.

**VIRUS  
SCREENER  
VARUN**

I wash my hands  
frequently to  
chase germs and  
viruses away!

**SUPER  
SOAPER  
SOFFY**



I sneeze and cough into  
tissues – I never use my  
hands! I also avoid touching  
my face with my hands.  
That way, germs and  
viruses can't get into  
my eyes, nose or mouth.

**HANDS  
DOWN  
HATA**



I can protect myself  
and others by wearing a  
mask when I go out.

**MASK UP  
MEI MEI**



I always make sure  
to clean up! I throw away  
my used tissues and masks.  
Clean surroundings are  
safer for us!

**WIPE UP  
WILSON**







These are excellent ways to protect yourself.

If you follow them and stay alert, you can fight germs and viruses just like us!



Of course! We will all play our part to keep everyone safe and healthy!

But wait... What about Tosh's birthday? We can't let him spend his birthday alone!

I know! We can all video-call him at the same time, then surprise him with a birthday song!



That's a wonderful idea! We should always look out for one another.



Yes! Be there for your friends and loved ones!

We will! Thank you for sharing with us,  
**SOAPER 5!**







## Animation Series



Watch it at  
[kindsville.kindness.sg](https://kindsville.kindness.sg)  
or on  
 YouTube Kids

Season 5 Episode 1: Captain Buzz Begone!



### CAPTAIN BUZZ BEGONE!



It is Founder's Day in Kindsville! Watch how Captain Buzz saves the day even as he becomes the unwelcomed guest of honour for the celebration.

SINGA AND THE  
KINDNESS CUBBIES  
**SEASON 5**

Special episode: Soaper 5 To The Rescue!



A new virus hits Kindsville and the Soaper 5 are on a mission to help Kindsville beat the virus! Find out how the Soaper 5 and the Kindness Cubbies help one another in Kindsville when they practise social responsibility and personal hygiene to keep the town safe!



# THE SOAPER 5 CHALLENGE

Can you spot the 5 differences between the two canteen scenes? What's Soaper 5 doing wrong in the first scene? Circle the 'mistakes' and share with a friend or family member.









# ANSWER SHEET



Soaper 5 are not wearing masks as they are protected by super powers!

Remember to:

- 1 Wash your hands frequently with soap
- 2 Use tissue when sneezing or coughing
- 3 Bin litter and soiled tissue
- 4 Avoid touching your face
- 5 Return your tray, and keep the table clean



# Kindsville stickers



**HAPPY**   
**NATIONAL DAY,**  
**SINGAPORE!**



**TOGETHER**  
**A STRONGER SINGAPORE**  
**NDP 2020**



  
**Thank You**  
**FOR KEEPING OUR NATION SAFE!**