

Kindsville Times Adventures



Primary 3 and 4
Issue 4/ 2020

**LET'S SPREAD KINDNESS
AND STAY SAFE!**



A SPLASH OF FUN & KINDNESS

I can't wait to jump in the water!

Me too!

Before they can reach the slide, the Soaper 5 appear!

Hey, look! It's the Soaper 5!

HANDS DOWN HANA

SUPER SOAPY SOFFY

VIRUS SCREENER VARUN

WIPE UP WILSON

MASH UP MEX MEX

Hello Kindness Cubbies! Nice to see all of you!

We heard you were coming to the water park today, so we are here to help you have fun in a safe way!

That's great!

The first thing is to make sure that everyone is healthy and well. That way, we won't spread any viruses to others.

All clear! None of you have a fever or any other symptoms.

But wait!
Someone there has a
high temperature!

Oh no,
I will go and
see a doctor.

Good! If you are
unwell, you should
see a doctor and
stay at home.

And if you are
healthy, feel free
to go out and have
fun, but remember
to follow the safety
guidelines!

**When they enter the
water park, the Cubbies
head straight to the
water slide.**

So many people
are queuing up!
I can't wait to slide
into the water!

Look here, guys! They only allow
a certain number of people in
each water playground. Let's
follow the rules and keep our
distance while playing in the pool.

**PLEASE
REMEMBER
TO KEEP
YOUR
DISTANCE**

Does that
mean we'll have
to queue for a
long time?

Let's be patient
while waiting for our
turn. I'm sure we will
have fun later!

That's right Sher!
After all, these
safe distancing measures
are here to keep us
all safe!

That is true!

**It is finally the
Kindness Cubbies'
turn to get into
the pool.**


Splash!




Teehee, that was fun!



Come on, Singa! Join us!



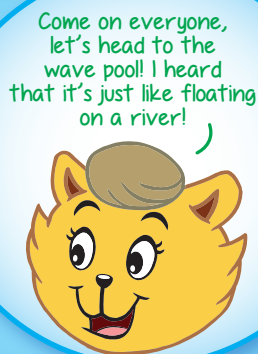
Wait a moment... I'll wait for this swimmer to pass before I slide down. I don't want to cause an accident!




When the swimmer is at a safe distance, Singa splashes into the pool!




You're right! That was fun!




Come on everyone, let's head to the wave pool! I heard that it's just like floating on a river!




That sounds fun! But wait... The wave pool is so crowded!



Oh no! Shall we play at another pool and come back to this later?



Hey Cubbies! You can play at the other pool over there! It's less crowded and you can keep up safe distancing more easily too!



Good idea! Let's play there!

The Kindness Cubbies had a super fun day at the water park.

It was a fun day,
but I'm tired...
And the swimming
pool water is making
my eyes hurt...



Wait, Tomeo! You should
not touch your eyes, nose
or mouth like that. You could
make yourself sick if your
hands are unclear.



Oh no, I forgot!
I will try and
remember!



**After washing up, the Cubbies
are ready to leave the water park.**

I learnt so
many new ways
to stay safe
while playing!



Great job, everyone.
It's important
to practise good
personal hygiene.



And to stay at
home if you are sick
to prevent viruses
from spreading!



Yes! If we are kind,
considerate and pay
attention to good personal
hygiene, everybody can
have a great time and be
safe, too!



Thank you Soaper 5
for sharing your tips!
We will continue
to practise these
good habits!

**HAVE FUN &
STAY
SAFE!**





SINGA INTERVIEWS THE SOAPERS 5

What can you do to protect yourself from Covid-19?
Hear it from the Soaper 5.

Q: CAN WE STILL SHARE OUR FOOD WITH OUR FRIENDS DURING RECESS?

No, we should not share our food and drinks with others because viruses are spread through droplets, like saliva.



Q: IS IT SAFE TO SHARE STATIONERY WITH MY CLASSMATES?

You should bring your own stationery to school. Avoid sharing it because viruses can spread by touching objects/surfaces that have droplets from an infected person, then touching your mouth or face.

Q: WHEN MUST WE CHANGE OUR MASKS?

We should replace our mask when it is damp or damaged. We should also not reuse single-use masks. If we are using a reusable mask, wash it with soap and water and dry it after each day of use.



Q: HOW SHOULD WE CLEAN OUR FACE SHIELDS?

We should wash our face shields daily with soap and water and dry them before each use.

Q: HOW LONG CAN GERMS OR VIRUSES STAY ON OUR CLOTHES?

It may be possible that viruses can live on clothes for several hours. So, it's better to be safe and wash our clothes after we get home.



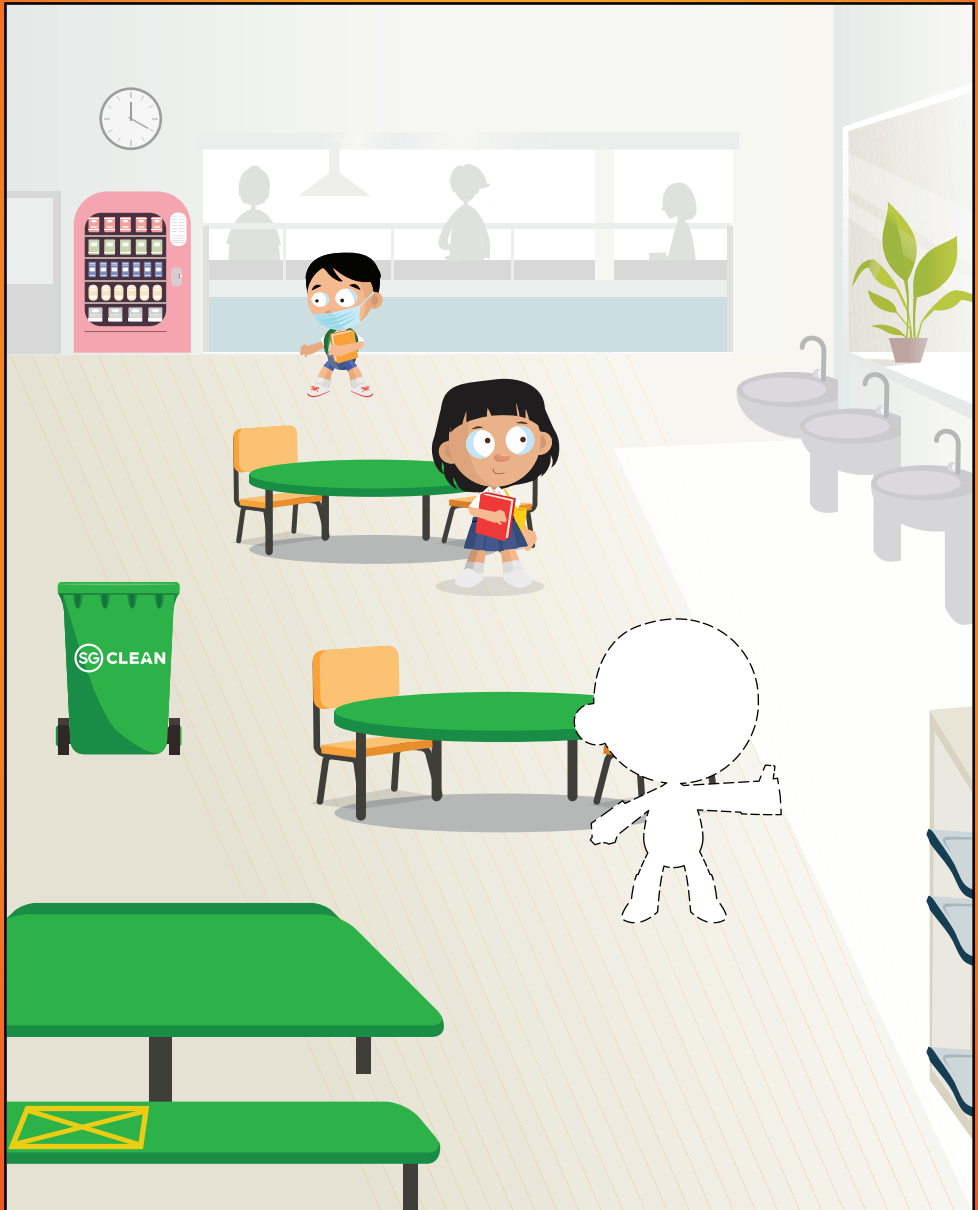
THE SOAPER 5 SAFETY PATROL

How can you and the Soaper 5 keep this canteen clean and safe? Use stickers from the sticker page to show us how.



How Soaper 5 works

Scan the QR code to watch the cartoon series!





Animation Series

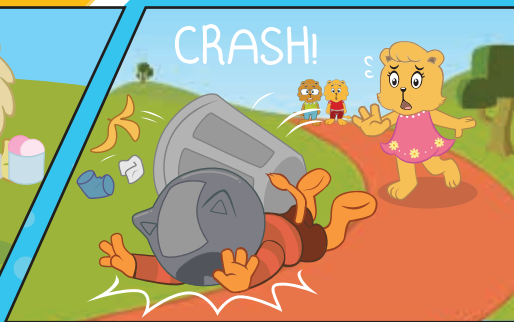
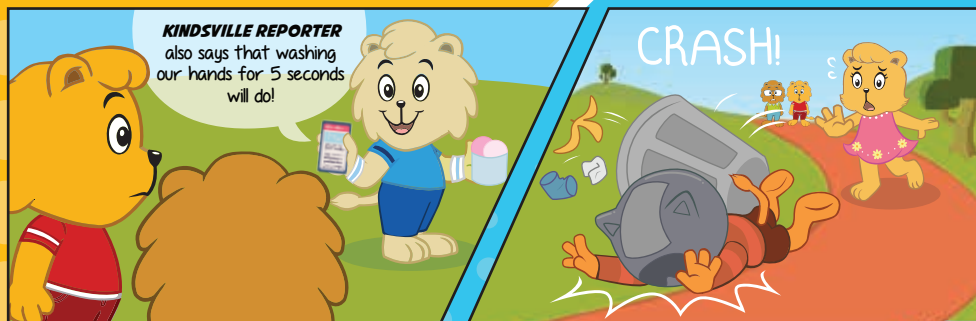


Watch it at
kindsville.kindness.sg
or on
 YouTube Kids



Season 5 Episode 2: Fake News Fiasco

A new online page, Kindsville Reporter, has been gaining popularity in Kindsville due to the recent virus. Fake news spreading through Kindsville Reporter is causing panic and unkind behaviour. Will the Soaper 5 and the Kindness Cubbies be able to stop the spread of fake news in Kindsville?



Catch the Soaper 5 in action in this episode!



Kindness Stories



SPARE A THOUGHT, PLAY A PART, BE KIND!

In Ai Tong School, Kindness Ambassadors encouraged students to show kindness to different members in the school community, such as fellow students, teachers, canteen vendors, security guards and cleaners.

Kindness Calendars

Issued to Primary 1 and 2 classes, Kindness Calendars listed 30 kind acts for students to perform. Students filled in their names on the calendar once they completed a kindness task.

Kindness Cards

Distributed to Primary 3 and 4 students, each Kindness Card came with 22 kind acts. When a student completed a kind act, they displayed their cards on a display board. Cards of different colours were issued to distinguish the class which accomplished the most kind acts by the end of the month.

Kindness Stories

Primary 5 and 6 students submitted stories of kindness they witnessed their schoolmates performing. These stories inspired others to be kind too.

These activities showed how every little act of kindness can have a big impact. Students became positive influences for their schoolmates, spreading kindness throughout the school.

**Project was done in 2019 under the Singapore Kindness Movement's Friend of Singa programme.*



DRAWING A FOLDING SURPRISE SINGA

Want to show your appreciation for a family member or encourage a friend this holiday? Grab some art materials and create a Folding Surprise Singa!

Materials you'll need:

- A4 paper
- Black marker
- Coloured markers
- Glue (Optional)
- Cutouts and Stickers (Optional)



1. Fold paper



2. Draw Singa with a black marker



3. Open up the card and draw a box in the middle



4. Colour Singa and write your kindness message on the card!

Scan QR code to watch the video with step-by-step instructions!





Showing Appreciation

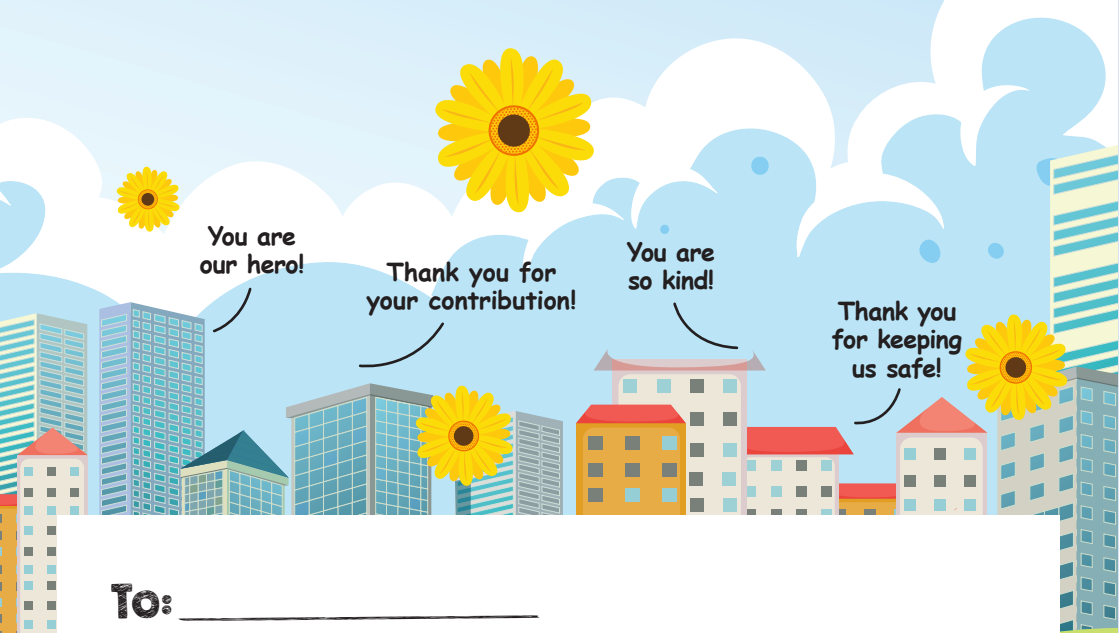
Everyone makes valuable contributions to Singapore. How can we show appreciation to the people who care for us and make Singapore a better place? Using the card below, write an appreciation note to someone in school or at home whom you want to thank.

Be sure to thank him/her for the acts of kindness and the contributions to the nation!

Thank you



FOR MAKING SINGAPORE A BETTER PLACE



To: _____



From: _____



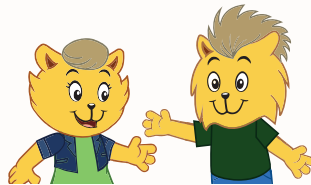
WHAT DO YOU DO TO FEEL BETTER WHEN YOU ARE FEELING DOWN?

While we show kindness to the people around us, let's not forget to be kind to ourselves too!

It is okay to feel sad sometimes, especially when things are not going our way. What do you do to feel better when you are feeling down? Circle them or write your own method in the space below.



Talk to a friend



Talk to a family member, teacher,
school counsellor or a trusted adult



Watch a show
or read



Eat my
favourite food



Write in my journal



Exercise or play
a sport



Draw or colour



Listen to music

Others: _____



Planning for my FAMILY DAY



How do you usually spend time with your family members during the weekends or holidays? Having a meal, exercising, cooking, playing a board game or going on an excursion together could be some of your favourite activities. This school holiday, plan for a family day and initiate an activity with your family members!

1

Plan the day by bearing your family members' and your interests in mind.



QUESTIONS

01 What is your favourite food?

02 What is your favourite movie?

03 Would you rather...

- Stay indoors or go outdoors?
- Have savoury food or sweet food?
- Do an exercise or play a board game?
- Watch an action movie or a comedy?
- Visit a museum or a beach?

ME	MY FAMILY MEMBER

2

Think of an activity that your family members can do together.



MY FAMILY DAY 1



Date:

Time:

Place:

Activity:

What do I need to find out or prepare for the family activity?

3

Show your family members what you have planned and invite them to the activity!



THE SOAPER 5 STICKER PACK



**Wear a
mask!**

**Wash your
hands!**

**Bin your
litter!**