

# Kindsville Times Junior



Primary 1 and 2  
Issue 4/ 2020

## LET'S SPREAD KINDNESS AND STAY SAFE!



# HAVE FUN & STAY SAFE!





We should be careful. We don't want to cause an unnecessary accident!



Oops, sorry! We got carried away!



I'm so sorry! I'll watch where I'm going.

At this moment, the Soaper 5 arrive!

**SUPER SOAPER SOFFY**



**WIPE UP WILSON**



**MASK UP MEX MEX**



**HANDS DOWN HANA**



**VIRUS SCREENER VARUN**



Hi there, Soaper 5!



Hi there, Cubbies! We heard it's the school holidays, and we wanted to share tips to help you play safely!



Wow! That's so kind of you!



You are right, Singa. You should all be careful, especially if places are crowded!



You can prevent possible accidents, and keeping a safe distance will also help prevent the spread of viruses!

So, if we see people at the slide, should we play at the swings instead?

Yes, that's a good idea, Sher!

We should also wash our hands before and after playing at the playground!

Soffy's right. Let's remember to keep clean by washing our hands frequently.

We should also avoid touching our eyes, nose and mouth. That is how germs get into our bodies!

Thanks for your reminder, Hana!

**After an hour, the Kindness Cubbies decide to take a break from playing.**

Now that we have washed our hands, let's have some snacks!

Perfect. I was starting to feel hungry!

Tomeo, these are delicious!

Thanks, Singa! I'm so glad you like the food!

**After their picnic...**

Hey friends, let's quickly get to the playground again!



Don't forget to clean up before you go!  
Clean surroundings are safer and more pleasant for everyone.



Wilson is right.  
We should clean up our mess.



Together, the Cubbies  
clean up after themselves.

Wow, it looks even cleaner now than before we came!



Wonderful work, Cubbies!  
Here, use these antiseptic wet wipes to clean your hands!



Great job, everyone.  
I'm glad that you remember the steps to maintaining good personal hygiene.



And remember,  
stay at home if you are sick to prevent viruses from spreading!



Yes! Kindness is important,  
and so is our health!  
We must continue to practise these good habits even when we are having fun!



**THANK YOU**   
**SOAPER 5**  
 **for sharing your tips!** 





# **SINGA INTERVIEWS THE SOAPERS 5**

What can you do to protect yourself from COVID-19?  
Hear it from the Soaper 5.

## **Q: CAN WE STILL SHARE OUR FOOD WITH OUR FRIENDS DURING RECESS?**

No, we should not share our food and drinks with others because viruses are spread through droplets, like saliva.



## **Q: IS IT SAFE TO SHARE STATIONERY WITH MY CLASSMATES?**

You should bring your own stationery to school. Avoid sharing it because viruses can spread by touching objects/surfaces that have droplets from an infected person, then touching your mouth or face.

## **Q: WHEN MUST WE CHANGE OUR MASKS?**

We should replace our mask when it is damp or damaged. We should also not reuse single-use masks. If we are using a reusable mask, wash it with soap and water and dry it after each day of use.



## **Q: HOW SHOULD WE CLEAN OUR FACE SHIELDS?**

We should wash our face shields daily with soap and water and dry them before each use.

## **Q: HOW LONG CAN GERMS OR VIRUSES STAY ON OUR CLOTHES?**

It may be possible that viruses can live on clothes for several hours. So, it's better to be safe and wash our clothes after we get home.

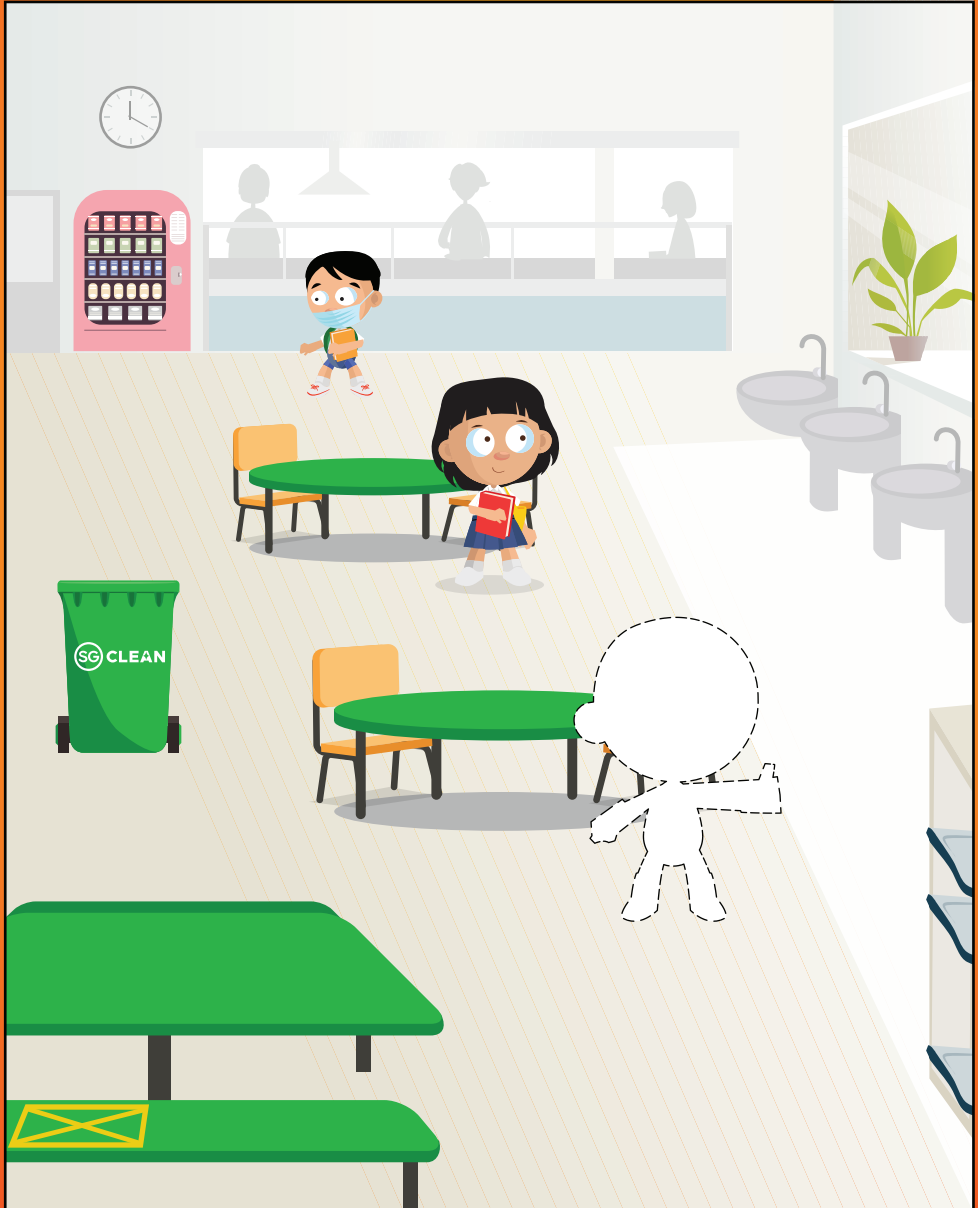


# THE SOAPER 5 SAFETY PATROL

How can you and the Soaper 5 keep this canteen clean and safe? Use stickers from the sticker page to show us how.



Scan the QR code to watch the cartoon series!





## Animation Series

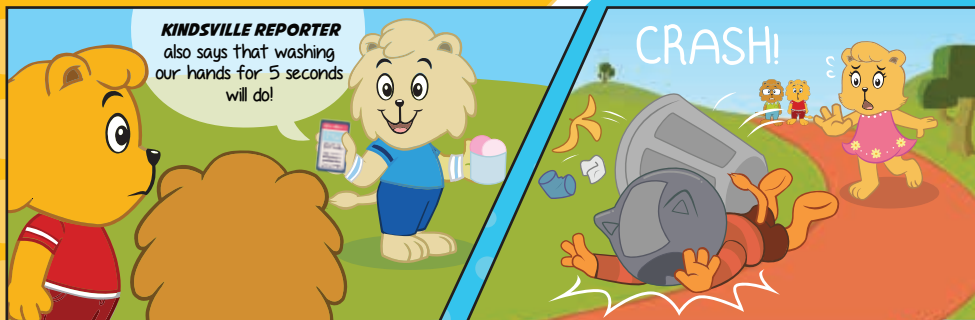


Watch it at  
[kindsville.kindness.sg](https://kindsville.kindness.sg)  
or on  
 YouTube Kids



### Season 5 Episode 2: Fake News Fiasco

A new online page, Kindsville Reporter, has been gaining popularity in Kindsville due to the recent virus. Fake news spreading through Kindsville Reporter is causing panic and unkind behaviour. Will the Soaper 5 and the Kindness Cubbies be able to stop the spread of fake news in Kindsville?



Catch the Soaper 5 in action in this episode!





## Kindness Stories



## SPARE A THOUGHT, PLAY A PART, BE KIND!

In Ai Tong School, Kindness Ambassadors encouraged students to show kindness to different members in the school community, such as fellow students, teachers, canteen vendors, security guards and cleaners.

### Kindness Calendars

Issued to Primary 1 and 2 classes, Kindness Calendars listed 30 kind acts for students to perform. Students filled in their names on the calendar once they completed a kindness task.

### Kindness Cards

Distributed to Primary 3 and 4 students, each Kindness Card came with 22 kind acts. When a student completed a kind act, they displayed their cards on a display board. Cards of different colours were issued to distinguish the class which accomplished the most kind acts by the end of the month.

### Kindness Stories

Primary 5 and 6 students submitted stories of kindness they witnessed their schoolmates performing. These stories inspired others to be kind too.

These activities showed how every little act of kindness can have a big impact. Students became positive influences for their schoolmates, spreading kindness throughout the school.

*\*Project was done in 2019 under the Singapore Kindness Movement's Friend of Singa programme.*



# DRAWING A FOLDING SURPRISE SINGA

Want to show your appreciation for a family member or encourage a friend this holiday? Grab some art materials and create a Folding Surprise Singa!

## Materials you'll need:

- A4 paper
- Black marker
- Coloured markers
- Glue (Optional)
- Cutouts and Stickers (Optional)



1. Fold paper



2. Draw Singa with a black marker



3. Open up the card and draw a box in the middle



4. Colour Singa and write your kindness message on the card!

Scan QR code to watch the video with step-by-step instructions!





Friend of Singa Mission

# Showing Appreciation

Everyone makes valuable contributions to Singapore. How can we show appreciation to the people who care for us and make Singapore a better place? Using the card below, write an appreciation note to someone in school or at home whom you want to thank.

**Be sure to thank him/her for the acts of kindness and the contributions to the nation!**

# Thank you



FOR MAKING SINGAPORE A BETTER PLACE



**To:** \_\_\_\_\_



**From:** \_\_\_\_\_





## WHAT DO YOU DO TO FEEL BETTER WHEN YOU ARE FEELING DOWN?

While we show kindness to the people around us, let's not forget to be kind to ourselves too!

It is okay to feel sad sometimes, especially when things are not going our way. What do you do to feel better when you are feeling down? Circle them or write your own method in the space below.



Talk to a friend



Talk to a family member, teacher,  
school counsellor or a trusted adult



Watch a show  
or read



Eat my  
favourite food



Write in my journal



Exercise or play  
a sport



Draw or colour

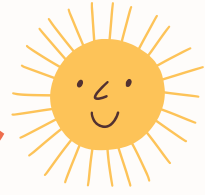


Listen to music

Others: \_\_\_\_\_



# Planning for my FAMILY DAY



How do you usually spend time with your family members during the weekends or holidays? Having a meal, exercising, cooking, playing a board game or going on an excursion together could be some of your favourite activities. This school holiday, plan for a family day and initiate an activity with your family members!

1

**Plan the day by bearing your family members' and your interests in mind.**



## QUESTIONS

01 What is your favourite food?

02 What is your favourite movie?

03 Would you rather...

- Stay indoors or go outdoors?
- Have savoury food or sweet food?
- Do an exercise or play a board game?
- Watch an action movie or a comedy?
- Visit a museum or a beach?

ME

MY FAMILY  
MEMBER

2

Think of an activity that your family members can do together.



## MY FAMILY DAY 1



Date:

Time:

Place:

Activity:

What do I need to find out or prepare for the family activity?

3

Show your family members what you have planned and invite them to the activity!



# THE SOAPER 5 STICKER PACK



**Wear a  
mask!**

**Wash your  
hands!**

**Bin your  
litter!**