

# Kindsville Times Junior



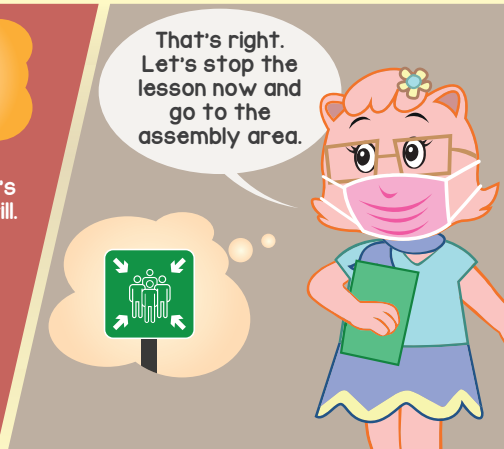
Primary 1 and 2  
Issue 1/ 2021

## TOTAL DEFENCE



# LET'S PLAY OUR PART IN TOTAL DEFENCE

Singa and the Kindness Cubbies are paying attention in class when suddenly...



Don't pack your bag, Sher. We won't have time in a real emergency.

$$\begin{array}{r} 3 + 1 = 4 \\ 2 + 3 = 5 \\ 4 + 5 = 9 \end{array}$$



Kalle's right. We should be quick and proceed to the assembly area in an orderly manner. Let's go!

The cubbies calmly make their way to the assembly area.

Why do we need a fire drill?

Drills help us practise and know what to do in times of emergencies.

Wait... Which way should we go?

This way! I saw the evacuation route earlier. Follow me!



See, it's important to practise. This way, we won't get lost or panic if something really happens.

Yeah! We already know what to do.

At that moment, Tosh trips!



It's important that we all look out for one another, so that we can keep each other safe.



Oh, that's right!

This is all a part of **TOTAL DEFENCE.**

It's also called being a good friend! Thank you, Singa.

You're welcome, Tosh.

Actually, Total Defence Day is right around the corner. We should all remember to play our part in Total Defence!



The cubbies arrive at the assembly area.



**Read more about staying safe online!  
Scan the QR code to read last year's  
Total Defence comic.**



# STAYING STRONGER TOGETHER

**In August last year, an elderly man with early-stage dementia went missing for almost four days. Thanks to the generous acts of kindness from his relatives, friends and even strangers, the family managed to get him home safe and sound.**

**Through this incident, we know that there is strength in unity. In times of crisis, like the Covid-19 pandemic, it is important for people to work together to help one another in times of need.**

**We can build strength in unity in Singapore by coming together to help one another!**

Here are some things you can do to build a strong Singapore by showing care, being helpful and staying alert.

## BE A THOUGHTFUL FAMILY MEMBER

- ★ Keep your toys after playing.
- ★ Show your appreciation to your family members by saying "Thank you for taking care of me!"



REMEMBER TO  
PUT ON YOUR  
MASK, SINGA.

## BE A HELPFUL CLASSMATE

- ★ Call to check in with your classmates who are sick to ask how they are.
- ★ Remind one another to put on masks and practise good personal hygiene.

THANKS FOR  
REMINING  
ME!

## BE A CONSIDERATE NEIGHBOUR

- ★ Keep shared spaces like playgrounds and parks clean for all to share.
- ★ Keep your volume level low at night so as not to disturb anyone.





Let's Learn!

# PLAYING OUR PART IN TOTAL DEFENCE

What are everyday things we can do to keep Singapore strong? Match the following pictures to the 6 pillars of Total Defence.



Scan the QR code to know more about the six pillars of Total Defence.

Appreciating our soldiers for keeping our home safe.



Caring for my family members, friends and neighbours by showing concern and support.



Following water and electricity saving tips to conserve resources.



Economic Defence

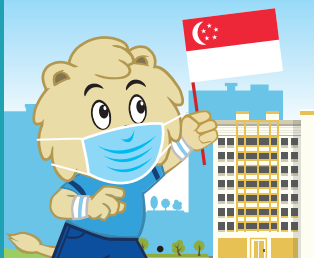
Military Defence

Social Defence

Being careful of what I share with others online. Personal information should not be shared.



Being a proud Singaporean!



Being alert and staying vigilant. Informing an adult about any suspicious person or activities that I see.



Digital Defence

Civil Defence

Psychological Defence



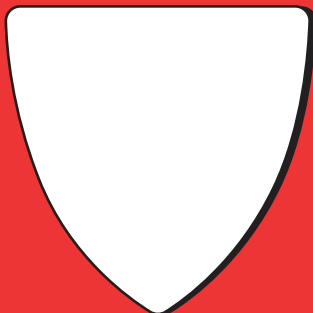
**Family Time**

# DESIGN YOUR TOTAL DEFENCE SHIELDS

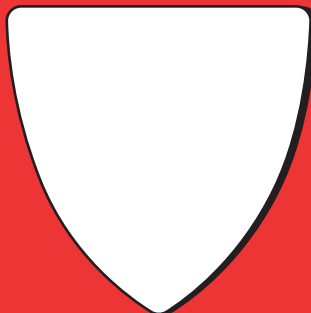
Together with your family members, design a shield for each of the 6 pillars of Total Defence.



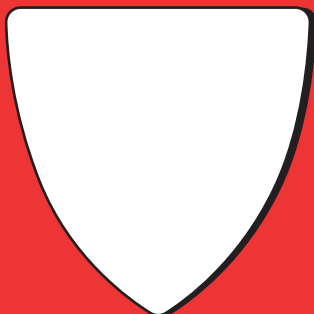
While designing your Total Defence shields, ask your family members to share stories of how they contribute or have contributed to Total Defence.



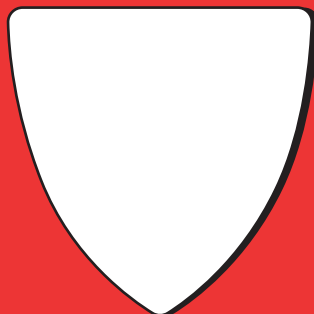
**MILITARY DEFENCE**



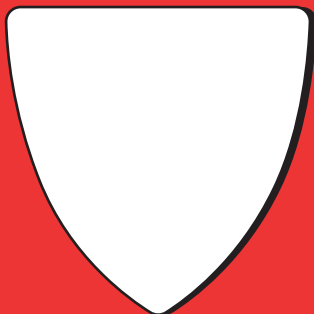
**CIVIL DEFENCE**



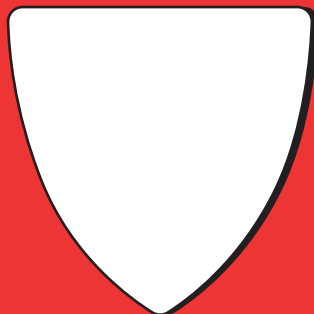
**ECONOMIC DEFENCE**



**SOCIAL DEFENCE**



**DIGITAL DEFENCE**



**PSYCHOLOGICAL DEFENCE**



**Kindsville Mailbox**



## **write to singa** and the Kindness Cubbies and get a personal reply!

**How can we play our part in Total Defence?  
Write or draw to Singa and the Kindness  
Cubbies to share with them what you can do.**

**Post it by snail mail to:**

**Singa and the Kindness Cubbies  
Singapore Kindness Movement  
61 Stamford Road  
#01-08 Stamford Court  
Singapore 178892**

**You may also email to:**

**[kindsville@kindness.sg](mailto:kindsville@kindness.sg)**

Singa would like to know your home address, school and class so that he can write back to you! You may write them at the back of your letter or in the email. Thank you! (Please ask your parents/guardians for permission before sending the letter or email.)



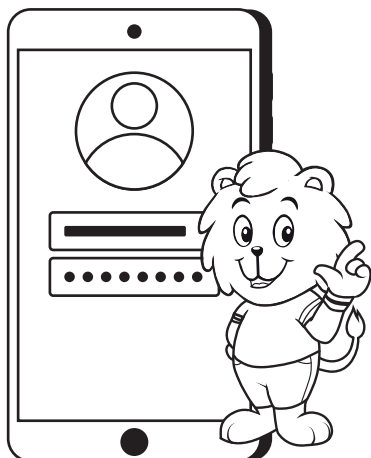
**Turn to page 13 and 14  
to read featured letters!**



# BE SAFE, ALERT AND RESPONSIBLE ONLINE

Tear out the bookmark below, colour and start practising safe online habits to protect yourselves from online threats!

**COME UP WITH DIFFERENT  
PASSWORDS.**



**NEVER GIVE OUT  
PRIVATE  
INFORMATION.**

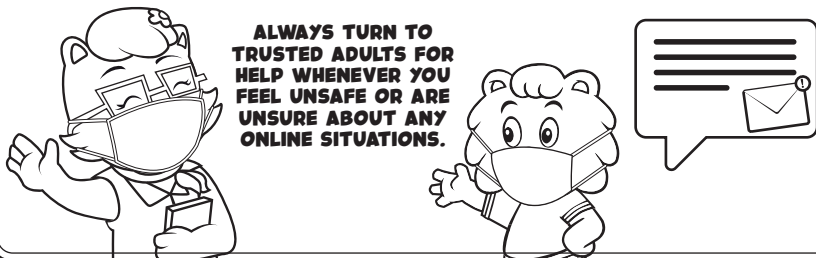


**ALWAYS ASK AN  
ADULT FOR  
PERMISSION TO  
GO ONLINE.**



# BE SAFE, ALERT AND RESPONSIBLE ONLINE

**ALWAYS TURN TO  
TRUSTED ADULTS FOR  
HELP WHENEVER YOU  
FEEL UNSAFE OR ARE  
UNSURE ABOUT ANY  
ONLINE SITUATIONS.**





## HOW CAN WE STAY SAFE ONLINE?

### COME UP WITH DIFFERENT PASSWORDS.

Use different passwords for different accounts so others cannot guess them easily. Pick words or phrases that stand out to you.

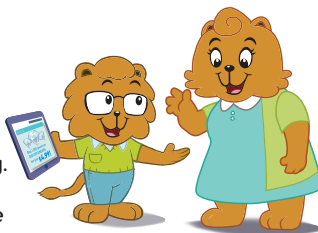


### NEVER GIVE OUT PRIVATE INFORMATION.

Sharing private information, such as your home address, phone number and school name, is dangerous! Ask your parents/guardians before sharing information with anyone online.

### ALWAYS ASK AN ADULT FOR PERMISSION TO GO ONLINE.

Always ask your parents'/guardians' permission before going online. Let them know which website or app you are visiting. Be sure to ask them for permission too if you want to create an account or purchase something.



### ALWAYS TURN TO TRUSTED ADULTS FOR HELP WHENEVER YOU FEEL UNSAFE OR ARE UNSURE ABOUT ANY ONLINE SITUATIONS.

The Internet can be helpful in many ways but it also comes with dangers. It is important to protect yourself. Always seek help from your parents/guardians and teachers when you are unsure.



### FEATURED LETTERS

Dear Singa and the Kindness Cubbies,

The most memorable moment I had during the circuit breaker was during home-based learning. During home-based learning, my teachers guided, encouraged and inspired me. They were caring towards to me. I felt touched that my teachers did not give up.

Raguraman Vanthana  
Zhonghua Primary School, P2 Integrity (2020)

Dear Singa and the Kindness Cubbies,

I had a fun and enriching time during the Circuit Breaker and May school holidays. I felt wonderful as I received care and kindness from my teacher, Ms Mahendran. She would give my mother a call to get me to go into Google Meet if I forgot my online classes. I enjoyed my Google Meet sessions. My teacher shared about watching birds from windows and caring for the environment. She also shared photos of hornbills and edible gardening. Some of my friends shared about their edible gardens too! I shared with the class about my coding lego. I gained new knowledge during this period and I felt happy!

Pranay Mehta  
Tanjong Katong Primary School, Primary 2 Faith (2020)





### FEATURED LETTERS

Dear Singa,

Some of my memorable moments was when I learnt to fold paper frogs and swords through watching YouTube videos and to bake cookies!

My mother would help me when I did not know how to do my homework. Sometimes, I would play with my little brother so that my mother can do her work at home.

Emmanuel  
Pei Hwa Presbyterian Primary School, 2R7 (2020)

Dear Singa,

During Circuit Breaker, I exercised with my family! I had lots of fun exercising with my family. During the May holidays, I celebrated my birthday. My birthday was on 21st May!

Celestine Loke Xuan Ying  
Primary 1 (2020)

Dear Singa and the Kindness Cubbies,

My mum taught me how to use the laptop to type a letter to you. I can't wait for Covid-19 to be over and celebrate Deepavali and Christmas together with my friends and family! It was a year the nation could never forget. Thank you, Singa, for guiding us with safety tips that we can practise every day!

Sarveswaran  
Xing Nan Primary School, P2E (2020)

