

# Kindsville Times

## Adventures



CARE DEEPLY  
SHARE FREELY  
with Sharity™ & Friends



The NCSS Fund-Raising and Engagement Arm

Primary 3 and 4  
Issue 2/ 2021

# HAPPY KINDNESS DAY!

Celebrating Caring  
and Sharing



# HAPPY KINDNESS DAY!



It is the time of the year for Kindness Day! As we celebrate this special occasion in the month of May, we are reminded that one person and one kind act can make a difference.

Joining us in this Kindsville Times Issue are Sharity and friends! Sharity is Community Chest's cuddly pink elephant who believes in being his own superhero through thoughtful acts of caring and sharing. Did you know that Sharity's name is a combination of the words 'share' and 'charity'? True to his name, he regularly cares deeply for and shares freely with friends with and without special needs in the community.



Start Caring Deeply and Sharing Freely with Sharity by putting yourself in the shoes of people in the community in 'Caring Deeds with Sharity' Journal on pages 13 to 19 in this booklet. What's more, find out which Sharity & Friends character you are by embarking on a roadmap!

Let us be kind by caring for and sharing with others, in school and at home. Think about their needs and how we can help make their day better. Together, we can build a kinder and more caring nation!

## Comics

# Thankfulness Brings Joyfulness!

Sher and Kalle  
are taking a walk.

Hey, look!  
Is that Singa?



There are so  
many things  
I appreciate...

Like good health,  
good weather...

And  
good food  
on my plate!



I also love it when...  
A stranger says  
something kind,  
Or a friend tells you  
you're on their mind...



They pause when they see Sher and Kalle watching.

Hi Sher!  
Hi Kalle!

Hello boys. We didn't want to interrupt your song. It was really sweet.



Thanks, Kalle.  
We wanted to do something special for Kindness Day, so we are trying to write a song about appreciation.



That's amazing.  
I wish I could write a song too.



It doesn't have to be a song. There are so many ways you can express your gratitude for the people you love and the things that you have!

Hmm?  
Like what?



You could bake goodies for your loved ones to show your appreciation.



You could keep a gratitude journal, and write down all the things you are thankful for.





You could give a loved one a great big hug! Or visit someone you haven't seen recently. Just remind them you still think of them!



It can be as simple as talking to your family and friends, and sharing the nice things that you encounter every day!



Oh, these are all amazing ideas. Hmm... I think I will visit my grandparents today.



That's so sweet. It's always nice to see someone remember to respect and appreciate the elderly too!



Of course! I want to thank them for always taking good care of me when my parents are busy. I'll even bring some beautiful daisies too.



• **THANKS FOR THE IDEA, GUYS!  
HAPPY KINDNESS DAY!**



Cubbies Tips



# HOW CAN WE SAY IT KINDLY?

## WHEN I WANT TO...

## I SAY...

Show appreciation to someone

Thank you for listening to me today!

I really appreciate your help today. Thank you!

Thank you for taking care of me!

Compliment someone

It was brave of you to try something new!

I like what you shared in class today!

Encourage someone

Come on, you can do it!

That was a nice try!

Apologise to someone

I am sorry for making you feel sad.

I am sorry for shouting at you. I should not have done that.

Tell someone he/she was not being kind

Hey, what you said was unkind. If someone said that to you, you would be upset too. Please stop.

Spread kindness online

Good suggestions!

Thank you for sharing your ideas!



## Animation Series

# BIG LITTLE THINGS

The Compassion Compass level drops unexpectedly nearing to Kindness Day and the Kindness Cubbies are working hard to find the reason behind it. Will Kindsville be back to normal again? Watch the latest episode to find out!



Watch it at  
[kindsville.kindness.sg](http://kindsville.kindness.sg)  
or on  
 YouTube Kids



Season 5  
Episode 4



# BE A **FRIEND** F **SINGA**

## How To Be A **FRIEND OF SINGA?**

2

Submit your completed mission card to Singa via your school's Kindness Mailbox.



1

Follow the instructions to complete the FOS mission found on the next few pages.

3

Singa will send you a memento after each submission through your teachers.



4

There is a FOS mission in every issue of the Kindsville Times newsletter. Complete all missions to be recognised as a Friend of Singa with a badge and certificate at the end of the year!

Dear Students.

The Friend of Singa (FOS) programme turns 3! this year and you can become a Friend of Singa by going on a kindness adventure with us! As a Friend of Singa, your mission is to spread kindness in school and at home. Together, we can make Singapore a kinder and more gracious place!



# KINDNESS IN SCHOOL

Want to spread kindness and make someone's day? Together with your family members or classmates, complete the kindness missions below!

Think of 3 school staff you want to show kindness to. They could be the office staff, teacher, counsellor, canteen staff, janitor, security guard or school bus driver.

People I want to show kindness to

Name of school staff

Occupation

Here's what I did to show kindness  
(E.g. Greeting someone, writing an appreciation note, helping someone)


Name of school staff

Occupation


Name of school staff

Occupation




# KINDNESS AT HOME

Now, think of 2 family members you want to show kindness to. They could be your parents, guardian, siblings, grandparents, or uncle and aunty who stay with you.



People I want to show kindness to

Name of family member

Relationship

Here's what I did to show kindness  
(E.g. Helping with a chore, sharing something)


Name of family member

Relationship






# Submit your **FRIEND OF SINGA** mission card



Now, tell Singa...

How did the school staff and/or your family members feel after receiving your acts of kindness?

[Redacted lines for writing]

How did you feel after showing kindness to others?

[Redacted lines for writing]

Did you enjoy doing this mission?

<input type="checkbox"/>	Yes. Why? [Redacted]
<input type="checkbox"/>	No. Why? [Redacted]

Full Name [Redacted]

School [Redacted] Class [Redacted]

Parent/Guardian Signature [Redacted]

I agree to the collection and usage of my personal data provided in this mission card by the Singapore Kindness Movement (SKM). The personal data will only be used to administer this mission, in accordance with SKM's Data Protection Policy available at <https://www.kindness.sg/privacy-policy/>

Submit your completed mission card by dropping it into the Kindness Mailbox in your school by 30 April 2021. If your school does not have a Kindness Mailbox, you can submit your cards to 61 Stamford Road #01-08 Stamford Court, S178892 or email it to [kindsville@kindness.sg](mailto:kindsville@kindness.sg)

Incomplete  
mission cards will not  
qualify for the termly  
FOS memento





# CARING DEEDS WITH SHARITY™ JOURNAL

## SHARITY™ CLUB

Did you know that Sharity Club is a caring and sharing club for children like you and me? We care for people around us, and we always try to help one another. It is easy and fun! When we help, we can make a big difference and put a smile on someone's face!

Every bit of "Care and Share" matters! So, join us and show Singapore what a big difference we can make!



NAME:

CLASS:

## Activity:

**Submit your completed journal to your teacher to receive a Sharity collar pin with flashing lights.**



You read some rude and hurtful online comments about your classmate, Sarah, who is overweight. You start to notice that many classmates are discussing how to exclude Sarah from their groups.

**How would Sarah feel?**

Emotions

**How do you think you can help?**

Actions



Your dad recently lost his job and is worried about having enough money to pay the bills. He has been trying to look for a job for 3 months but is still unable to find one. Your mother is trying to help by reducing the expenses at home.

**How would your parents feel?**

Emotions

**How do you think you can help?**

Actions



Your classmate, David, has muscular dystrophy. He has difficulty walking and relies on his wheelchair to move around. Sometimes, you see others push his wheelchair, without even asking if he needs help. Playful classmates would hop on the back of David's wheelchair while he is moving, although David has repeatedly told them not to.

### Teacher's Acknowledgement

**How would David feel?**

**Emotions**

**How do you think you can help?**

**Actions**



Your neighbour, Auntie Soh, has weak legs and cannot walk well. She often stays at home and is usually alone. She only knows how to speak in dialect, therefore she does not talk much with other residents. When you see her around, she is often sighing and has a sad look.

**How would Auntie Soh feel?**

**Emotions**

**How do you think you can help?**

**Actions**



# A map to find out which Sharity™ & Friends characters you are!



# START!

If you see your classmate, Jane, absent from school, you would...

Call her and ask how she is. Offer to go through her missed homework when she is back in school.

wait for her to approach you instead.

Offer to be David's buddy to support him when he needs help.

Do your friends look for you whenever they need help?

Yes

No

Your friend, John, wants to eat ice cream but you prefer peanut ice kachang. Would you still join him?

Yes

No

Sharity

Flappy

Felicity



A kind and caring heart with a generous sharing spirit.



A trusted and supportive friend.



An emotionally intelligent and empathetic friend.

When you see a new friend, David, who looks different from you  
(e.g. he is on a wheelchair), you would...

Wait for him to say hi first

Say hi, introduce yourself and make him comfortable

David is finding hard to adjust to his new school.

Leave David alone to figure it out.

You noticed David is crying because nobody wants to be his friend.

Suggest some fun activities to do with David.  
You prefer to play...

Indoor games (e.g. Monopoly)

Outdoor games (e.g. soccer)

Think of ways to include David.  
You could push him around while he uses a stick to kick the ball.

It's tedious to include David so you decide to leave him out of the game.

David does not understand how to play the game, you would...

Explain the instructions patiently and show him how to play at least a few times.

Propose other games that David may be more familiar with.

Oh no!  
You should try to be more caring in your actions. Restart the game.

Spikey

Buddy

Cheeky



A tolerant and persevering friend.



A loyal and conscientious friend.



An independent and free-spirited friend.

# I AM UNIQUELY ME

Get to know your friends better by sharing your uniqueness with one another!

Picture of myself

I am

If I were a colour, I would be

My favourite song is

A word that describes me

My favourite hobby is

I love to eat

I love to wear

I am proud I can



## Ways to make someone feel welcome around you

- Be respectful to others
- Be appreciative of others despite their differences
- Accept others regardless of race, gender, language or ability
- Focus on their strengths
- Include someone as part of the group



We hope you have enjoyed the Sharity materials!

Ask your parents or guardian to scan the QR code to take part in a short survey. The first 50 submissions will be entitled to a Sharity surprise gift!

Alternatively, you may access the survey at  
<https://go.gov.sg/sharitysurvey>



<https://go.gov.sg/sharitysurvey>



The NCSS Fund-Raising and Engagement Arm



**CARE DEEPLY  
SHARE FREELY**  
with Sharity & Friends



# Kindness Stories



## A CARING SKGIAN, EVEN WHILE SAFELY APART

Kindness ambassadors from Sengkang Green Primary School believe that even a small act of care, kindness, appreciation, or encouragement can uplift the spirits of their schoolmates.

With social distancing measures in place, the ambassadors introduced their peers to several new hand gestures that can be used to say hello and other kind things. These were modelled through pre-recorded videos that were shared with classes during morning assembly. The hand gestures showed that, in spite of social distancing, students can still express care and kindness in different ways.

Ambassadors also led the school in a show of appreciation for teachers, non-teaching staff and Primary 6 graduating students. Together with student leaders, they made Thank You cards, paper origami crafts and handmade notes of thanks. These were collated into a video and art installation, functioning as impactful reminders for others to be kind and respectful.

The ambassadors felt really happy to be able to see the smiles on their teachers and non-teaching staff's faces. It allowed them to understand that showing appreciation to the people around you makes them happy too.

This kindness project was particularly meaningful after the Circuit Breaker period in 2020 as students have spent two months apart and away from school.



# #AKindnessProject

Looking for something meaningful to do during the June school holidays? You are invited to take part in A Kindness Project!

This project requires your help to give tips to our senior citizens on keeping well! Your tips will be put together in a video and shown to our senior citizens.

## *How to be part of this?*

Choose to complete Activity 1, 2 or both!

### **- Activity 1 -**

#### **Step #1**

Pen your well wishes for our senior citizens.



#### **Step #2**



@

Send it to us by email at [akindnessproject@kindness.sg](mailto:akindnessproject@kindness.sg) or by Whatsapp at 8204 4604 with your name and age by 30 April 2021.

## - Activity 2 -

### Step #1

Record a video with the message on the right using a smartphone. You may choose to record it in English or a translated version in Mandarin, Malay, Tamil or Chinese dialect (Cantonese, Hainanese, Hakka, Hokkien or Teochew).



### Step #2

Save and review the video.  
Make sure your voice can  
be heard loud and clear!



Tips

Make your video fun by acting out some lines! Use your creativity and feel free to ask your family members to join in.

### Step #3



Send it to us by email at [akindnessproject@kindness.sg](mailto:akindnessproject@kindness.sg) or send us the video by Whatsapp at 8204 4604 with your name and age by 30 April 2021.

We will be shortlisting 9 videos of the 9 different languages. If your entry is shortlisted, we will invite you for a videography shoot during the June holidays!

If your entry is not shortlisted for a videography shoot, your recorded well wishes will still be put into the video!

We look forward to your entries!

Made possible by:

Comics

# A Taste of Singapore

Cubbies!  
Cubbies! Guess  
what?



**NEWS**

**Singapore Hawker Culture**  
has been officially added to the **UNESCO Representative List of the Intangible Cultural Heritage of Humanity**

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat.

Wow!  
What does  
that mean?



That means the world recognises that hawker food is a big part of Singaporean life.

That's right!  
Regardless of race,  
language or religion,  
all Singaporeans enjoy hawker food.

Ooo, the food in Singapore is super delicious too!



Yeah! I really enjoyed the Chicken Rice and Bandung when we were there.

I love Roti Prata with Milo Dinosaur!

Don't forget about Laksa!

And Nasi Lemak!

But we must remember to eat these foods in moderation and have a healthy, balanced diet!



Singapore has so much good food and so many hawker centres to choose from!

Did you know?  
There are more than  
**110 hawker centres**  
in Singapore!



How did they become so popular?

Hang on... Let me look that up on the computer...



Let me see...  
It began a long time ago, in the 1800s...



People from other countries were starting to move to Singapore. Many of them became street food hawkers as it did not require too much money and skill.

The street food was cheap and delicious, so customers loved them regardless of their race, language or where they stayed.





Oh, so street food hawkers started selling their food in hawker centres instead? *(Yup!)*



If you love Singapore hawker food, make sure to support your local hawkers!

That way, Singapore will continue to have amazing hawker food for years and years to come!

I will give lots of support!  
I always want to enjoy Hokkien Mee, Satay, Indian Rojak, fresh sugar cane juice, icy Chendol and so many more yummy things!

*Me too!*





# WRITE FOR KINDNESS JUNIOR

Congratulations to the winners of the Write for Kindness Junior Contest!

**1ST**

It was a hot morning and I was at school. Recess had just started and I was queuing up for food at the canteen. I got my burning hot food and walked slowly to my recess table.

Suddenly, I bumped into someone and my food dropped on to the ground! It spilled and the area around me was flooded with Kway Teow noodle soup. I was rooted to the ground in shock and felt so ashamed of myself.

Thankfully, the lady whom I bumped into was a cleaner auntie. She quickly helped clean up my mess and even gave me a wet tissue to wipe the bits of food that was stuck to my pinafore.

I felt grateful and said, "Thank you so much, Auntie!" I was very touched by her actions.

In reply, she said. "It's okay, I was just doing my job! Next time, be more careful."

**Cathelyn Charles**  
**CHIJ Primary (Toa Payoh), Class P4 Rose**

## 2ND

One Saturday when I was reading a book, my mother called out to me: "Levellyn, could you help me to do some shopping?"

"Of course!" I said.

So, I went and a few minutes later, I was at the shopping centre. I took out the shopping list that my mum gave me earlier and said to myself, "Hmmm... I must buy milk, butter, bread, broccoli and apples!"

Looking at the shopping list, I went to buy all the food that was needed. Soon, the basket was full and I headed to the counter.

When I was on my way to the counter, I met a boy who was crying bitterly. "What's wrong?" I asked the boy.

"I'm lost and I can't find my mother," said the boy.

"Why don't we find her together?" I asked. The boy nodded his head. Soon, I saw a woman looking worried.

I asked the boy, "Is this your mother?" He replied "Yes!" and ran towards his mother.

After the boy ran towards his mother, I smiled and walked away happily for doing a good deed.

Levellyn Lim Qian Le  
Punggol Primary School, Class P3-1

## 3RD

One day while I was having my dinner with my family in a restaurant, I saw an elderly man that was not able to enter the restaurant as he was not wearing a mask. He looked so lost when the waiter told him that he was not allowed to enter the restaurant. I immediately dashed over and passed him my extra mask which I always carry in my bag.

My mother was wondering what was happening when she saw that I suddenly ran away while eating my dinner. After understanding the entire situation, she was amused at what I just did. The elderly man was so grateful for what I did and kept thanking me. He told me that I saved his day. I always remember what my mother tells me – Kindness is a gift that we can all afford to give.

Aedann Keffer Lim  
Rulang Primary School, Class 4G

## **CONSOLATION**

One Sunday, my parents and I visited a nearby hawker centre for lunch. Feeling thirsty, I left the table to buy a drink from the other end of the centre.

As I walk past a noodle store, an old man caught my attention. Looking tired and hungry in his ragged clothes, he stood looking quietly at a bowl of noodles. No one else seemed to notice him. I stopped and ran back to my parents. I felt a heavy feeling, as I told my parents about the old man.

My dad smiled at me as we walked back to look for the old man. Watching the old man eating the noodles we brought him, I felt happy that we could help him that day.

**Brandon Seow**  
Anglo-Chinese School (Primary), Class 3F

## **CONSOLATION**

One Tuesday afternoon during lunch time, my friend and I were playing Police and Thief. Suddenly, I saw something in the distance. It looked like someone was sitting under the tree. But when I went closer to it, it was my friend! He had tripped over the roots of the tree and his knee was bleeding. I quickly rushed to him and brought him to the nurse. The next day, my friend surprised me and gave me a thank you card. I was happy that I helped a friend!

**Shreyas Bandaru**  
NPS International School, Class 3A

## **CONSOLATION**

Last Sunday, my Daddy and I had participated in a charity event at Hougang Avenue 5. I saw many volunteers busy setting up tables, and arranging the goodie bags and chairs.

This is my first time participating in such a meaningful event. When I passed the needy the goodie bags, I felt so happy to see all the smiley faces.

I hope I can continue with this kindness act to help the community for years to come. One small act of kindness can make a big difference.

**Jayden Song Hao Zhe**  
Fuchun Primary School, Class 3 Ruby

All winners will be notified and will receive prizes from the Singapore Kindness Movement. Singapore Kindness Movement's decision on all winning entries is final. No correspondences will be entertained.

# Design a Mask

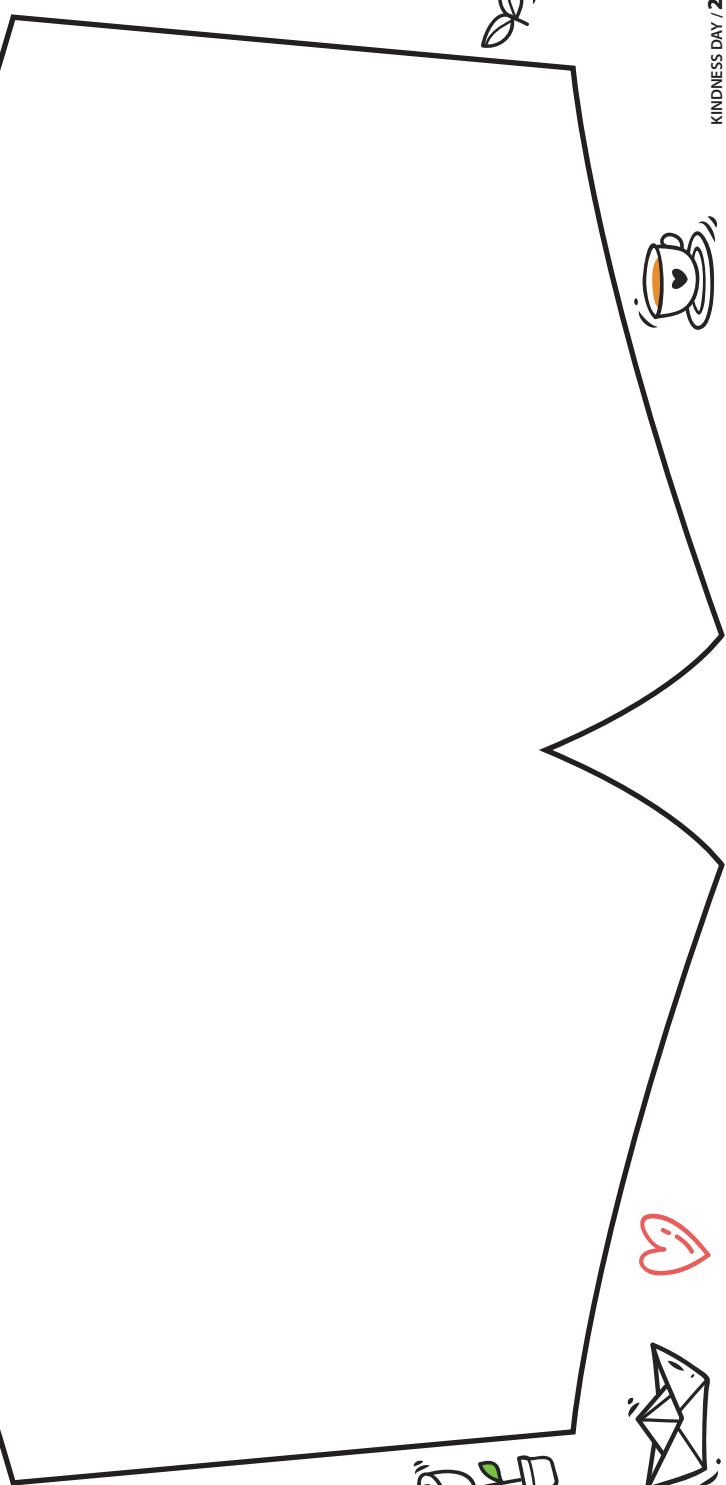


Contest

P3-4



Design a kindness themed face mask using the template below and stand a chance to win reusable face masks with your artwork for you, your classmates and class teachers!



Name: \_\_\_\_\_

School: \_\_\_\_\_

Class: \_\_\_\_\_

Parent's / Guardian's Email Address: \_\_\_\_\_

Parent's / Guardian's Contact Number: \_\_\_\_\_

Home Address: \_\_\_\_\_

I agree to the collection and usage of my personal data provided in this contest form by the Singapore Kindness Movement (SKM). The personal data will only be used to administer this contest, in accordance with SKM's Data Protection Policy available at <https://www.kindness.sg/privacy-policy/>

## JUDGING

### CRITERIA:

- ★ Relevance to the theme
- ★ Creativity

Winning entries will be featured in Issue 4 of Kindsvalle Times!

## PRIZES:

### ★ 1st

Design featured in print on reusable masks for all your classmates and teacher, A4 Kindsvalle folder, a set of Singa and the Kindness Cubbies plush keychains, a limited edition zipper bag, a crayon highlighter and other SKM merchandise.

### ★ 2nd, 3rd

A4 Kindsvalle folder, a set of Singa and the Kindness Cubbies plush keychains, a limited edition zipper bag, a crayon highlighter and other SKM merchandise.

### ★ 3 consolation prizes

A4 Kindsvalle folder, Singa self-inking stamp, a limited edition zipper bag, a crayon highlighter and other SKM merchandise.

## PRIZES FROM THE SINGAPORE KINDNESS MOVEMENT

Kindsvalle A4 Folder



Zipper Bag



Limited edition set of Singa and the Kindness Cubbies plush keychains

Prizes are subject to availability and the Singapore Kindness Movement has the right to substitute any prize.





# Kindness Poems



A poem is a piece of writing that expresses ideas or emotions in powerfully vivid and imaginative style. Many poems rhyme, but not all of them do. You may have heard of some well-known poems, like "Humpty Dumpty" and "Mary Had a Little Lamb".

Here's a poem written and illustrated by secondary school students for Write for Kindness 2020!



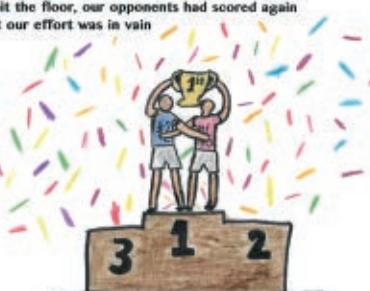
SCAN THE QR CODE TO  
READ MORE KINDNESS  
POEMS AND STORIES.

The crowd cheered and applauded  
We were on our way to the final  
The atmosphere was intense  
Winning the next match was vital

Our opponents were fierce and strong  
With smashes fast as lightning  
We were in for a tough fight  
But we knew it would be exciting

It was the final and when the match commenced  
We quickly went on the offense  
But our opponents countered with bold strokes  
Our dream of being victors was going up in smoke

The score was close, our opponents were in the lead  
To overcome the deficit would be no mean feat  
The shuttlecock hit the floor, our opponents had scored again  
We played on, but our effort was in vain



*Written by: Jude Michael Chua, Illustrated by: Aryisha Binte Maled Reymie  
Outram Secondary School*

## Sharing the Limelight



And thus the match came to an end  
We had lost despite our best intent  
The result was not what we expected  
We hung our heads, feeling dejected

What happened next was out of the blue  
The winners pulled us on stage and gave us our due  
In their kind gesture to share the limelight  
They recognized that we had put up a good fight

There was some joy in knowing we had passed the test  
In the giving of our best  
It was not a sweet ending to our dream  
But we were consoled, we had lost to a better team

# Kindsville stickers



THANK YOU  
FOR COOKING FOR ME!



