

Kindsville Times Adventures



Primary 3 and 4
Issue 1 / 2022



**Together We Keep
Singapore Strong**
★ Total Defence ★

15 February 1942: The Fall of Singapore

by Dr. William Wan

Do you know why Total Defence Day is on the 15th of February every year? Back then, on 15th February 1942, the Japanese took over Singapore during World War II.

At that time, Singapore was part of the British Empire. However, the British soldiers could not defend Singapore as they were fighting the German soldiers in Europe. The Japanese defeated the British and Allied soldiers. Our island came under the Japanese Occupation, which lasted from 15 February 1942 to 12 September 1945.



Photo of Former Ford Factory From National Archives of Singapore

Did you know this is the place where British forces surrendered to the Imperial Japanese Army on 15 February 1942?



Photo of The Civilian War Memorial From National Archives of Singapore

Every year on 15 February, a memorial service is held here, to remember the victims of the war.

During the Japanese Occupation, many people suffered and died of torture, diseases and starvation. Soldiers were locked up in prison.

Since 1965, Singapore has become an independent nation. To make Singapore a stronger country, we must be proud Singaporeans and do our part to defend the country against any threats to our security, survival and success.

Our Singapore Armed Forces (SAF), Singapore Civil Defence Force (SCDF) and Singapore Police Force (SPF) play an important role in protecting our country. So, remember to say thank you and show kindness to your father, brother, uncle or any adult male relatives who have served or are serving National Service. You can show your appreciation for them in the activity on page 5.

Total Defence is our way of life. Let us stay united and protect Singapore together.

Dr. William Wan, 74, is the General Secretary of the Singapore Kindness Movement.



What is National Service?

#1

Male Singaporeans and Permanent Residents are required to serve full-time National Service (NS) for two years when they turn 18 years old. After which, they become operationally ready and are known as Operationally Ready National Servicemen (NSmen). Amidst school and/or work commitments, NSmen are required to attend periodic training and stay fit to defend Singapore. This is part of Military Defence!

#2

NS was introduced in 1967, by then-Defence Minister Dr. Goh Keng Swee shortly after Singapore gained independence. This year, we celebrate 55 years of NS in Singapore!



Images from National Archives of Singapore

#3

Together, the three uniformed services of the Singapore Armed Forces (SAF), Singapore Civil Defence Force (SCDF) and Singapore Police Force (SPF) work together to defend and protect us, so that Singapore remains strong.



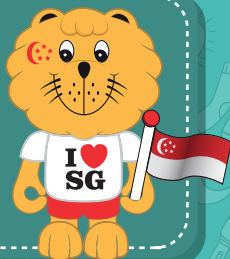
Image from SAFRA

#4

NS helps to ensure that we have a sizeable force to defend and protect us so that we can enjoy peace and prosperity in Singapore.

Our servicemen from the SAF, SCDF and SPF play a key role in countering terrorism, providing aid to deal with the aftermath of natural disasters, providing assistance during emergencies and protecting us against crimes to keep Singapore safe and strong.

You can play your part by learning about our history and showing our SAF, SCDF and SPF national servicemen your support! Together as one united people, we can keep Singapore strong!



Activity Time!

Show your love for Singapore and design your own personalised shield to play a part for Total Defence!

When you give the card to your father, brother, uncle or any adult male relatives, ask them to share some stories of their NS experience! Here are some questions you can start with:

- What did you do in NS?
- What was your most memorable experience in NS?
- How has NS made you better and stronger as a person?
- What do you think I can do to play my part for Singapore too?

End off by sharing why you love Singapore, and how you can play your part for Total Defence to defend our nation!



Family Time

Thank them for protecting us!

Give your father, brother, uncle or any adult male relatives a thank you card for defending our nation through National Service (NS)!



Cut along the line

**THANK YOU FOR
PROTECTING
OUR SINGAPORE!**

Get creative! Colour, draw and paste stickers on both sides of the card to make it your own and show how much you love Singapore!



Excited to show your Singapore spirit? Share a photo of your appreciation card to spread your support to all national servicemen!

Together with your parents/guardian, submit your photo at go.gov.sg/nsthankyou. You may see it featured at the future NS Gallery in NS Square or on the We Are Total Defence social media platforms!

Together We Keep Singapore Strong

Dear _____,

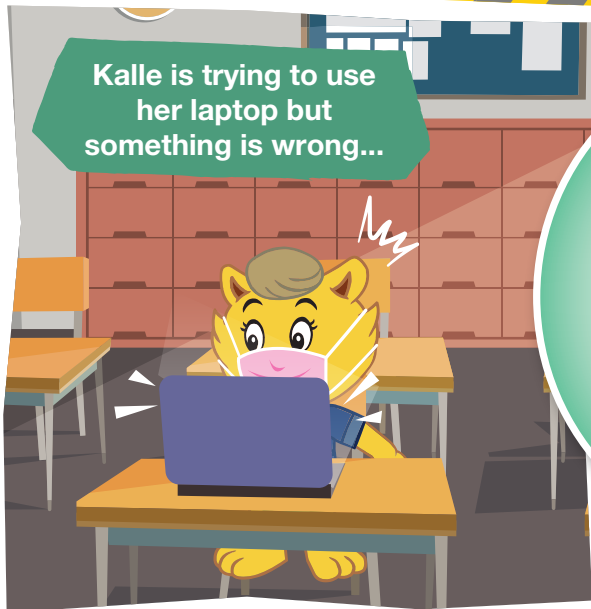
From: _____

Write a message here to thank him for serving NS, and in defending and protecting us!

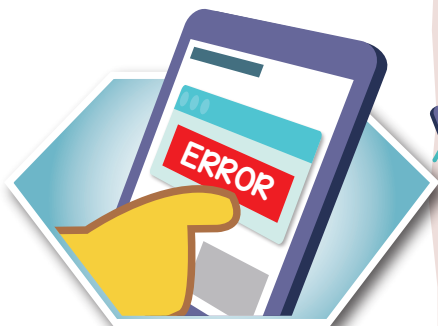
Are you **SAFE** **ONLINE?**

Let's play our part for Digital Defence!

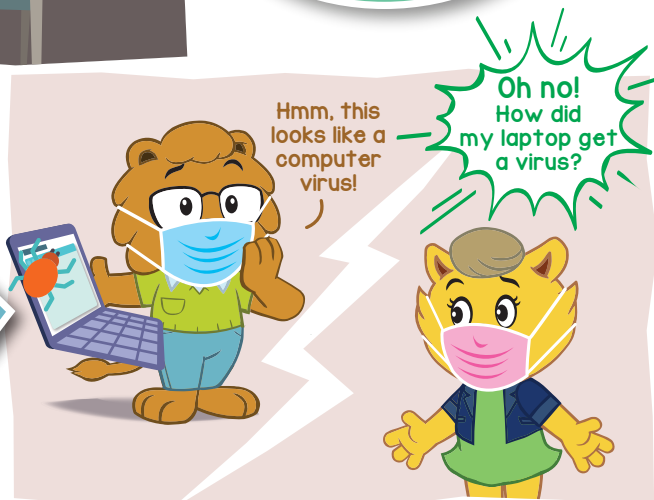
Kalle is trying to use her laptop but something is wrong...



Hey Tosh. Can you help me fix this, please?



Hmm, this looks like a computer virus!







Before Kalle can continue, she is interrupted by a notification sound.

DING DING!



Who's this?
Is this one
of our
classmates?



Are you sure?
He already knows
your real name
and that you're a
student.

Be careful, Kalle!
There are
dangerous and
tricky people online.



You're right...
It's better to
be safe than
sorry!





It can be confusing sometimes, trying to stay safe online...

Would you like me to share some tips on how we can better protect ourselves online?

Yes, please! That would be great!



#1. Create strong passwords for your accounts!

Choose a password that is easy for you to remember but hard for others to guess! Try to use a mix of uppercase and lowercase letters, numbers and symbols. That way, hackers will have a harder time guessing your password.



#2. Only download updates, apps and software from official or trusted sources!
Otherwise, you can't be sure of what you're downloading.

#3. Keep your software up-to-date!
Updates contain important security fixes that will help keep your devices safe.

THANK YOU SO MUCH, TOSH!

I will practise these tips to better protect myself online!





P@ssw@rd



Try creating your own strong password using the simple steps below.

1

Fill in the blank with (A) something you ate yesterday and (B) the time of the day.

Example: I-ate-noodles-at-2pm

I-ate-(A) _____ -at-(B) _____
(something you ate) (the time)

2

Let's make sure some letters are in uppercase. Use an uppercase for the first letter of (A) and the last letter in (B) that you wrote in Step 1.

Example: I-ate-Noodles-at-2pM

I-ate-(A) _____ -at-(B) _____

3

Change some of the letters to symbols or add them in between the words in Step 2.

Example: I-ate-Noodle\$-at!-2pM

I-ate-(A) _____ -at-(B) _____

4

Rewrite your password without the spaces in between and check that you have:

- ☐ At least 12 characters
- ☐ Uppercase and lowercase letters
- ☐ Numbers
- ☐ Symbols

My strong password: _____



Use these steps to practise creating a new password but remember, your password is meant to be a secret. Do not use this password that you have written here in your actual accounts and do not share your password with anyone except your parents/guardian if necessary! If you believe that your password has been compromised, change it immediately.



TOTAL DEFENCE IN ACTION

2021 was a difficult year, but many people still came together to help one another. Singaporeans stayed united and displayed acts of kindness.



Image source: Facebook/ Bharath Bala

A few months ago, three schoolboys and a lady were seen helping an elderly woman push her trolley across the zebra crossing and onto the pavement. One boy showed the lady how to push the trolley onto the pavement, while another made sure nothing was in the way. The boy in the middle held on to his friends' arms, making sure that they were safe. Together, they were able to push the trolley before the traffic light for cars turned green.

Sheeram Subramanyam, a Primary 5 student, showed compassion by helping others in need. While travelling to his tuition centre, he saw an elderly man lying on the ground and losing consciousness. When he saw that, he ran to the nearby supermarket and police station to ask for help. Two of the men he asked, took turns to perform CPR, until the SCDF responders came and brought the elderly man to the hospital.



Image source: Facebook/St Andrew's Alumni



Image source: Facebook/ Jmaleni Saravanan

7-year-old Shakthi started a project to help those facing challenges from the pandemic. With her pocket money savings, she turned a corner of her HDB block at Bukit Batok into a free grocery station. Her grocery station, called the 'Care & Share Corner, provided food for anyone who needed them. She had received several thank you cards from strangers for her kind act.

The smallest acts of kindness from each of us can have a big impact in our community. Let's all help one another. Together, we can keep Singapore strong!



Kindsville Mailbox



write to singa
and the Kindness Cubbies
and get a personal reply!

**How can we play our part for Total Defence?
Write or draw to Singa and the Kindness
Cubbies to share with them what you can do.**

Post it by snail mail to:

Singa and the Kindness Cubbies
Singapore Kindness Movement
61 Stamford Road
#01-08 Stamford Court
Singapore 178892

You may also email to:

kindsville@kindness.sg

Singa would like to know your home address, school and class so that he can write back to you! You may write them at the back of your letter or in the email. Thank you! (Please ask your parents/guardians for permission before sending the letter or email.)



**Turn to page 15 to read
the featured letters!**



FEATURED LETTERS FROM ISSUE 4/2021

WHAT IS YOUR FAVOURITE MEMORY OF SOMEONE SHOWING KINDNESS AND CARE TO YOU IN SCHOOL?

Dear Singa and the Kindness Cubbies,

My favourite memory of someone showing kindness and care to me was during my first day of school. This year, I had transferred to a new school. I was worried that I could not make any friends. Fortunately, there was a girl, called Sarah, helping me throughout the first few days in school. I felt her kindness and care. I am happy to have a friend like Sarah!

Vanthara Raguraman
Yangzheng Primary School, Class 3C (2021)

Dear Singa,

Once, I had difficulties doing my fractions corrections as I did not practise it as well as others. I felt ashamed because everyone did well. I asked for help and one of my classmates came to explain everything to me. I will always remember her act of kindness. I am grateful to have a friend like her.

Kaylea Gui Yu Xin
Maha Bodhi School, Class 3A (2021)





Dear Singa and the Kindness Cubbies,

I could vividly remember the day I met a very kind and caring girl. We first met on my first day of school in Primary 1. We got paired up as buddies. In the morning, she helped me find my way around the school. During recess, she introduced me to the wide variety of food and helped me find the correct amount of money to pay for my food. She also told me about the school rules. I was thankful that someone helped me!

Koh Chok En
Rulang Primary School, Class 4G (2021)



Dear Singa and the Kindness Cubbies,

My favourite memory was when my friend, Jonathan, and I were racing on the parade square tracks in school. I tripped on a football and fell onto the greasy rocky floor. I scraped my knees and blood dripped out from my wound. I cried out in pain upon seeing blood. Jonathan came to help me. He held me up and brought me to the General Office where the school staff cleaned and treated my wound. I thanked Jonathan for helping me!

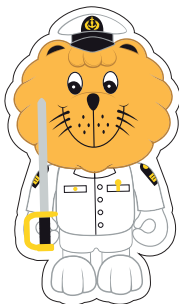
Muhammad Naushad Noraiz
Innova Primary School, Class P3A (2021)



Kindsville stickers



**Together We Keep
Singapore Strong**
★ Total Defence ★



**STAY
SAFE
ONLINE**



**BE SECURE,
ALERT AND
RESPONSIBLE
ONLINE**