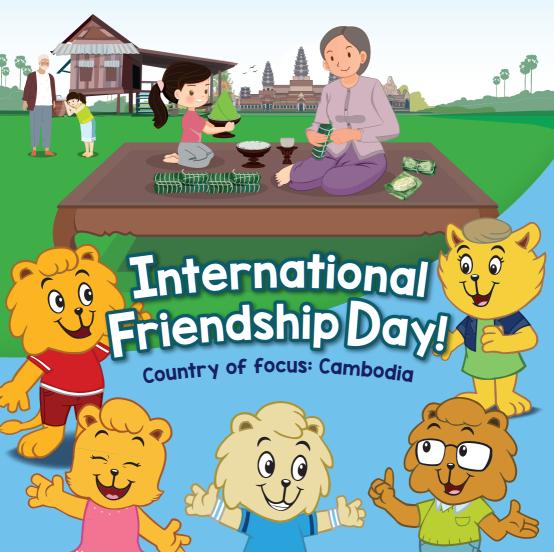




Primary 3 and 4 Issue 2/ 2022



<u>linternational</u>

Did you know that Singapore is part of a group of friends called ASEAN? ASEAN stands for Association of Southeast Asian Nations and there are ten member states in ASEAN. They are Brunei Darussalam, Cambodia, Indonesia, Lao PDR, Malaysia, Myanmar, Philippines, Singapore, Thailand and Vietnam.

The 10 countries in ASEAN take its turn to lead it. It is Cambodia's turn this year! Join Singa and the Kindness Cubbies on a journey to learn more about Cambodia's unique culture and attractions this International Friendship Day!





LET'S LEARN ABOUT CAMBODIA!

The cubbies are going to visit Singa at his house.





They find Singa watching a video on his computer.



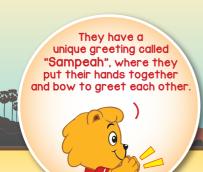


Sounds interesting! What did you learn? Cambodia is a country in Southeast Asia.



Cambodian people are very respectful. You can see this in their greetings and manners.





The younger person always does Sampeah first when they meet an older person.

That's how they show respect to their elders.

The lower they bow and the higher they place their hands, the deeper respect they are showing.







Are we doing it correctly?

Yes! When greeting friends of the same age, you can put your hands at chest level and bow slightly.



I will keep this in mind when I visit Cambodia in the future!



In Cambodia, younger people never sit above their elders as this is considered rude.

For example, if an elder is sitting on the floor, the younger person should not sit in a chair. That's good to know. I certainly don't want to do something rude and accidentally offend someone.







Pumpkin Custard

A dessert with eggs and coconut milk steamed



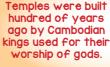
Bai Sach Chrouk

Grilled pork with rice.

There are also lots of amazing sights to see in Cambodia!

They are famous for their Ruddhist tamples

They are famous for their Buddhist temples, which are called "Wat" in Khmer language.

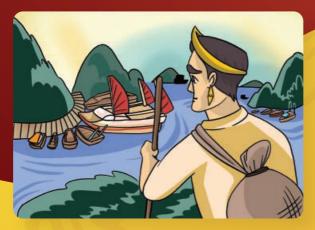








PRINCE PREAH THONG AND THE NAGA PRINCESS



A long, long time ago, Cambodia was one large island with other small islands around it. People had to travel by boat to get from island to island.

It was ruled by the Mon king who had a son named Preah Thong.

They lived on the largest island.



One day, Preah Thong went to the smaller islands to look around. He enjoyed the place so much that he forgot about the time! It was late and the waters were too high for him to return home.



He thought he was going to be alone. However, he met a beautiful lady who was also on the island. They chatted through the night and got to know each other very well. They fell in love and wanted to get married.



It was then that the lady shared a secret with him. She was a princess of the Naga, a group of divine beings who have special powers!





The Prince and the Naga princess then went to the Naga King for his permission to get married.

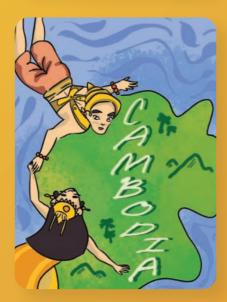


The Naga King was very happy for them.

As a gift for the couple, he used his special powers to combine all the islands ruled by the Mon people into one large land for them to live on. They would never need to worry about being stuck on small islands anymore!







That land is what we now know as Cambodia! To this day, the Cambodians say that they are "children of the Naga".





TABLE MANNERS MATTER IN CAMBODIA



SMONN OF

- Cambodians sit together at the table or on a raised wooden platform for their meals at home.
- When sitting on a raised wooden platform, older folks can sit cross-legged, while younger ones kneel with their feet pointing behind them, away from others.
- When the oldest person starts eating, everyone else can start too.
- If you are using a fork and spoon to eat, use the fork to push the food onto the spoon. Putting the fork into your mouth is rude.
- 5 Avoid handing out anything with only your left hand.
 The polite way to pass things around the table is with both hands!

Are there similar or different practices in your culture? What are some of them?



GETTING AROUND IN CAMBODIA



Tuk Tuks are the cheapest and most convenient mode of transport in Cambodia. They are two-wheeled carriages pulled behind a motorbike that operate like taxis.

Hey wait! Aren't Tuk Tuks in Thailand too? You are right! Tuk Tuks were invented in Thailand and became popular in Cambodia. The name Tuk Tuk comes from the "tuk-tuk-tuk" sound of the motor.



Won't it be nice to be polite and show your appreciation to the Tuk Tuk drivers? Here are some useful phrases in Khmer that you may use in your chats with them!

BASIC GREETINGS IN KHMER

These are some basic ways to greet in Khmer!

Hello Goodbye Thank you Sorry Sou sdey [soo-a-sday] Lea haey [le-hai] Ar kun [ar-koon] Som toh [som-toe]



Can you say the above in another language?
What other phrases do you want to know in Khmer?

CAN YOU GET ME THERE?



Many countries have their own unique way of getting around. Can you and your family members guess the names of the different modes of transportation below and where they are found? Match the pictures to the correct descriptions and fill in the blanks.

Clue: They are all countries in ASEAN.



JEEPNEY

This is the most popular form of public transportation in the P_____. They are very colourful and are a cheaper mode of travel!



SONGTHAEW

Shaped like a pick-up truck, it is the main form of public transport in many towns and cities of T_____.

Like buses in Singapore, you have to ring the buzzer or bell to tell the driver you want to get off!



ANGKOT

In I______, you will find mini-buses that are normally green, yellow or white in colour. Do you know what is special about them? You can hear them before they reach you because of the loud music played!

How do you usually travel in Singapore?

A



write to singa and the kindness cubbies and get a personal reply!

International Friendship Day encourages everyone to make friends from different countries. In this issue, you have learnt about how people from different countries travel around.

What is your favourite way of getting around in Singapore? Singa has lots of friends from other countries to befriend. Write to Singa to give him ideas of what to share with his friends.

Post it by snail mail to:

Singa and the Kindness Cubbies Singapore Kindness Movement 61 Stamford Road #02-01/02 Stamford Court Singapore 178892

New address.

You may also email to:

kindsville@kindness.sq

Singa would like to know your home address, school and class so that he can write back to you! You may write them at the back of your letter or in the email. Thank you! (Please ask your parents/guardians for permission before sending the letter or email.)









FEATURED LETTERS FROM ISSUE 1/2022

HOW CAN WE PLAY OUR PART FOR TOTAL DEFENCE?

Dear Singa and the Kindness Cubbies,

I can play my part in Total Defence by being alert and taking National Service seriously. I can also volunteer for charities, make new friends regardless of race or religion and defend my country when I grow up.

Jason Pan Junyi Nan Chiau Primary School, Class 3 Kindness



We can play our part for Total Defence by:

- · Caring for our friends, family and teachers
- · Reporting suspicious looking objects to the police
- Wearing our masks properly to protect ourselves and others around us

Together, our country can defeat Covid-19!

Zhang Xingyu Bukit Timah Primary School, Class 3 Adaptability





Use these stickers to help you remember what you have learnt about Cambodia!



LET'S LEARN ABOUT CAMBODIA!



















