



It is the time of the year for Kindness Day!
As we celebrate this special occasion in
the month of May, we are reminded that
every kind act makes a difference in someone's life.
You are encouraged to show care and appreciation
towards the people around you. Remember,
A Kinder You, A Stronger Us!

Join Becky Bunny, Families for Life's adorable bunny in championing the four family values - Love, Care & Concern, Commitment and Respect. Look out for the Chatterbox activity for families.

Need more ideas? Join Singa and Sharity™ & Friends, as they share ideas on how we can be caring and kind in the Connect Five Good Deeds Activity.

Let us be kind by caring for and sharing with others, at home and in school. Think about their needs and how we can help make their day better. Together, we can build a kinder and more caring nation!



Look out for these Kindness Day stickers in this booklet! Give them to your family members or friends while telling them all about Kindness Day!







She helped me plant these beautiful daisies! I want to do something to thank her, but I have not thought of what I can do...



How about baking a cake or some yummy cookies for her?



Or you could draw her a 'Thank You' card!



Hmm...
I can't decide!

Don't worry, Sher. Even the smallest act of appreciation goes a long way.



Yup! It is the thought that counts.







You could simply give her a hug and tell her "I love you".



That's lovely! I'm sure it will make her very happy!







## BECKY BUNNYS CHATTERBOX

#### HELLO, I'M BECKY BUNNY!

Becky Bunny loves to create crafts that remind families to be kind to one another through showing LOVE, CARE & CONCERN, COMMITMENT and RESPECT. Get your family members to join you in making Becky Bunny's Chatterbox and do some of the acts on it as a family!



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## HOW TO FOLD

#### **YOUR CHATTERBOX**

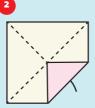
Tear out your Chatterbox sheet on page 9 and follow the steps below.



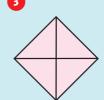
Place blank side of the sheet facing up.



Fold sheet in half diagonally both ways, to form an 'X'.



Fold the four corners to the centre.



Your Chatterbox should now look like this.



Flip paper over to the other side.

5



Fold the four corners to the centre again.

6



Your Chatterbox should now look like this.



Fold in half as shown and work your fingers and thumbs into the pocket.

8



Work the creases to form the points of your Chatterbox which is now complete.



## **BECKY BUNNY'S CHATTERBOX**

- 1. Place both of your thumbs and index fingers inside each pocket of the Chatterbox.
- 2. Have another family member pick out a colour on the chatterbox and spell it.
- While spelling the colour, move the chatterbox up and down, side to side, once for each letter.
   \*Game Tip: For an extra challenge, spell out the family values!
- Keep the Chatterbox open and get the family member to pick a number from the inner folds.
- Count the number as you move the Chatterbox again.
- Once you stop, have your family member pick a fold to open and complete the action behind the fold.
- 7. Repeat the steps again and discover the fun in each fold!



## Happy Kindness Day everyone!

We have learnt that it is important to show care and appreciation to our family. Let's do more to care, share and spread kindness to everyone around us.

We have teamed up with **Sharity<sup>TM</sup> & Friends** to show you how. But first, let's get to know them a little better!









Flappy is a supportive and chirpy girl who likes to help others.



sharity is a kind and cuddly pink elephant who loves to care for and share with others.



**Felicity** is a sweet girl who always lends a listening ear to her friends.



Buddy is a loyal friend who stands up for his friends and helps those in need.



**Spikey** is a quiet and hardworking kid who is trying to warm up to his new friends.



**Cheeky** is a playful boy who always offers help to others and makes his friends laugh.

Check out some activities you can do on the next page to show that you care and bring kindness to those around you.



CARE DEEPLY SHARE FREELY with Sharity & Friends





Share your toy or storybook with a friend



Help out with household chores



Hug a family member Looking for more ways to spread the spirit of kindness and uplift others through acts of caring and sharing? Try out this game of "Connect Five Good Deeds" with your family and friends!

Fill in all the blank spaces with good deeds that you can think of. After the board is filled, share it with your family and friends. You can compete with them to see who will be the first one to Connect Five Good Deeds in a row!



You are strongly encouraged to complete all the good deeds even after you have connected 5 deeds in a rowl



Draw a 'Thank You' card for someone you appreciate





him/her to play with you



## THE BIG BANG

The Kindness Cubbies are out on an important mission this Kindness Day! With Tomeo stuck at home, will the rest of the Kindness Cubbies be able to complete their mission and save the day? Find out in this episode!









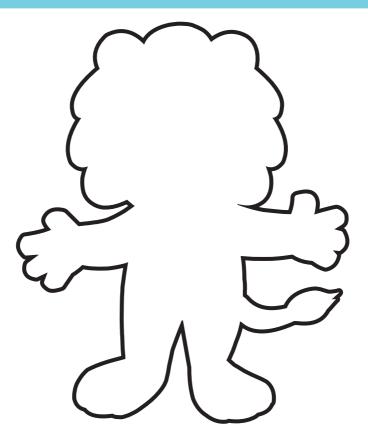


# GYBER SINGAS

Everyone can play a part in creating a kinder and safer cyberspace. We can start by being respectful to one another.

If you are on a mission to spread kindness and positivity in cyberspace, how would your Cyber Singa look like?

Draw and colour your Cyber Singa in the space below.



As a Cyber Singa, I will spread kindness and positivity in cyberspace by

(describe a simple action)

Name:	Send us your entry by mail to the following address by 4 May 2022.				
School:	Kindsville Times Contest Singapore Kindness Movement 61 Stamford Road				
Class:	#02-01/02 Stamford Court Singapore 178892				
Parent's / Guardian's Email Address:					
Parent's / Guardian's Contact Number:					
Home Address:					
I agree to the collection and usage of my personal data provided in this contest form by the Singapore Kindness Movement (SKM).  The personal data will only be used to administer this contest, in accordance with SKM's Data Protection Policy available at https://www.kindness.sg/privacy-policy/					

## JUDGING CRITERIA:

- Relevance to the theme
- **\*** Creativity

Winning entries will be featured in the next issue of Kindsville Times!

#### PRIZES:



A limited edition NDP Singa box set, A4 Kindsville folder and other SKM merchandise.

### \* 2nd and 3rd

A set of Singa and the Kindness Cubbies plush keychains, A4 Kindsville folder and other SKM merchandise.

## \*3 consolation prizes

A set of Singa and the Kindness Cubbies plush keychains and other SKM merchandise.

#### PRIZES FROM THE SINGAPORE KINDNESS MOVEMENT



#### Kindsville A4 Folder





Limited edition set of Singa and the Kindness Cubbies plush keychains



Prizes are subject to availability and the Singapore Kindness Movement has the right to substitute any prize.



Well done for completing the Friend of Singa mission in Issue 1!

Some of you have shared your own experience on public paths with me. You may read them below!



When I am cycling in parks or near the playground, I will ride slowly when I see children or the elderly. I say "Thank you" when someone makes way for me.

Tee Kai Yuan Class 4 Diamond, Keming Primary School

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Last December, I went to practise inline skating at a park near my house. It was a bright and breezy morning. I was skating in the middle of the path when an elderly lady in wheelchair came along behind me. I noticed her and quickly skated to the side of the path. The elderly lady thanked me warmly. I was glad to be able to share paths with others.

Alexis Lee Anne Class 4 Confidence Anchor Green Primary School ) 9

Keep a look out for the next Friend of Singa mission in Issue 3!

# ARE YOU SOAPER ENOUGH TO ACE THIS VACCINATION BINGO?

Took the shot? Now take this Soaper 5 challenge to see how many rows or columns you can form based on your vaccination experience! Play it with your friends and discuss your results!

There are no prizes for winning, but you are one step closer to protecting yourself, and your loved ones from Covid-19!

Was worried but my parents hugged me Brought my favourite toy along Was a teeny-weeny bit nervous Wasn't painful at all!



No fears, no tears!

Met a friend at the centre

Registered on the first week!

Watched the Soaper 5 cartoon after the jab

Teared up JUST a little Got a treat from my parents after the jab



Got a sticker/ notebook after my shot! Saw the Soaper 5 figures at the centre



BINGO

Friends encouraged me to get the shot!

Felt excited; wasn't afraid at all

Read up on vaccination before taking my shot Was jabbed with my brother/

Felt proud of myself!

Back to school the next day



I feel safer and protected







## Kindness Day Stickers

In celebration of Kindness Day, choose your favourite stickers and stick them on your personal items such as your handbook or your file. You can also give them to your family members or friends while telling them all about Kindness Day!

















