

A-OK!

Agents of Kindness

Issue

04

2023

Primary 5-6



singapore
kindness
movement
BE GREATER>



IT'S THE SCHOOL HOLIDAYS!





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Hello, friends!

How has your year been? The holidays are finally here! It's time to rest and recharge and look forward to next year! It will be fun making new friends as you continue to learn new and interesting things. In the meantime, think of something you're good at and love to do. You could spend time doing that during the holidays!

In this issue, we will explore meaningful activities that you can do with your family during the school holidays. But before we start, let's look back at 2023. Is there someone who made 2023 memorable for you? Write a "Thank You" card and give it to him/her!



Thank
YOU

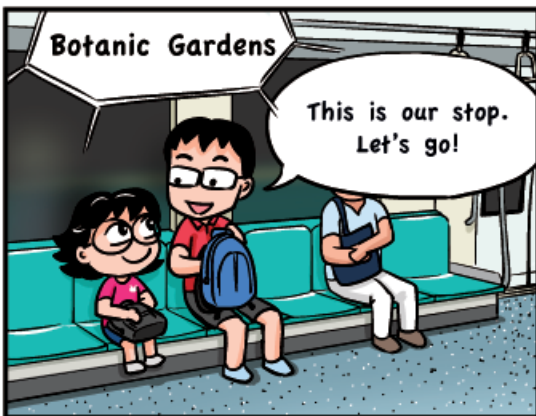
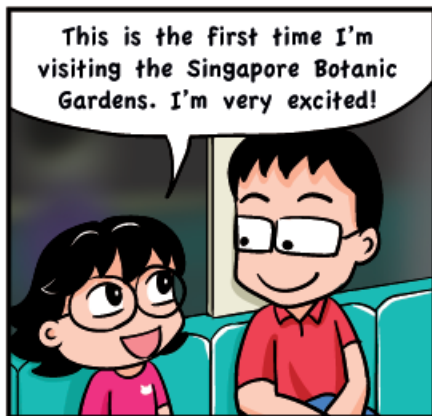
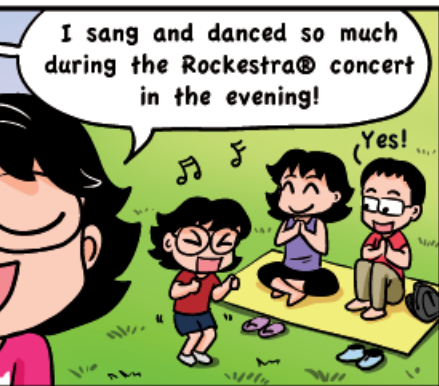
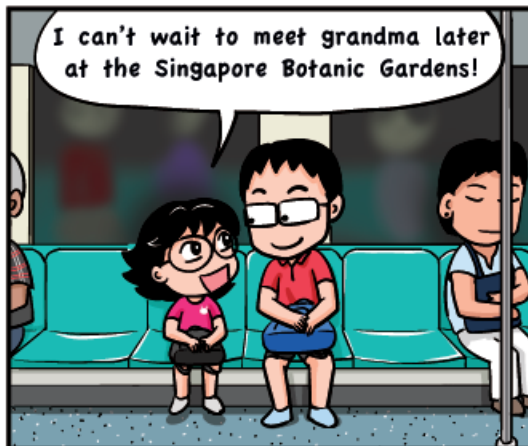
**for making
my year
a memorable
one!**

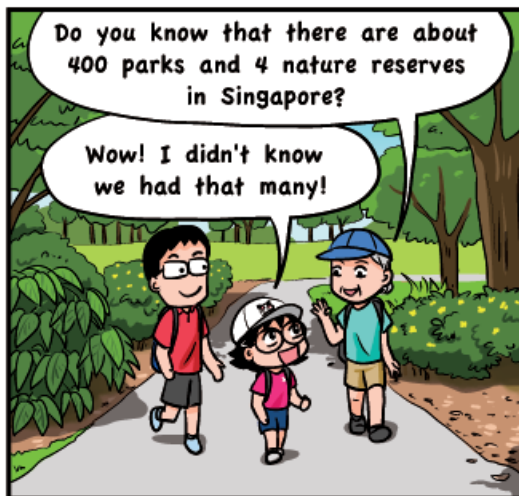


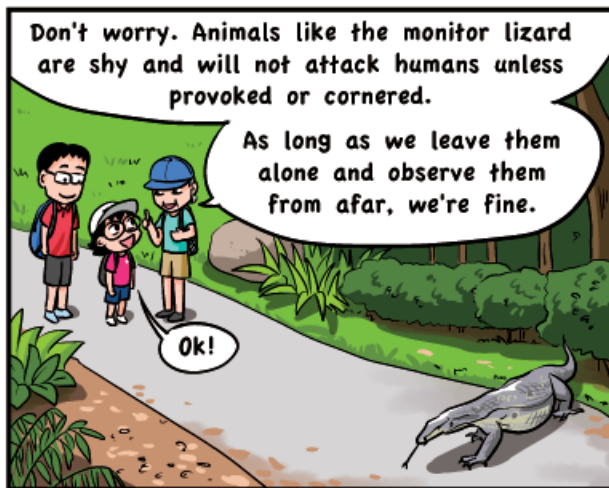
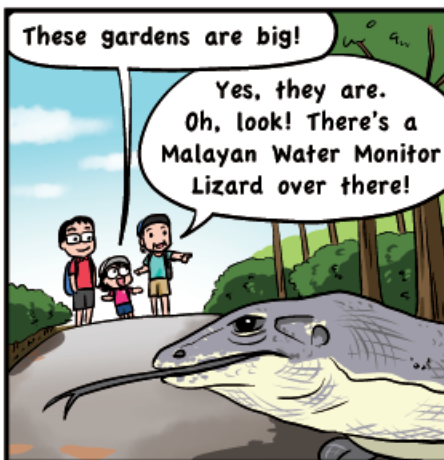
Dear _____,

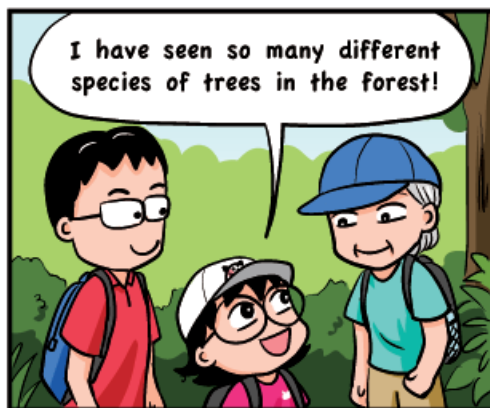
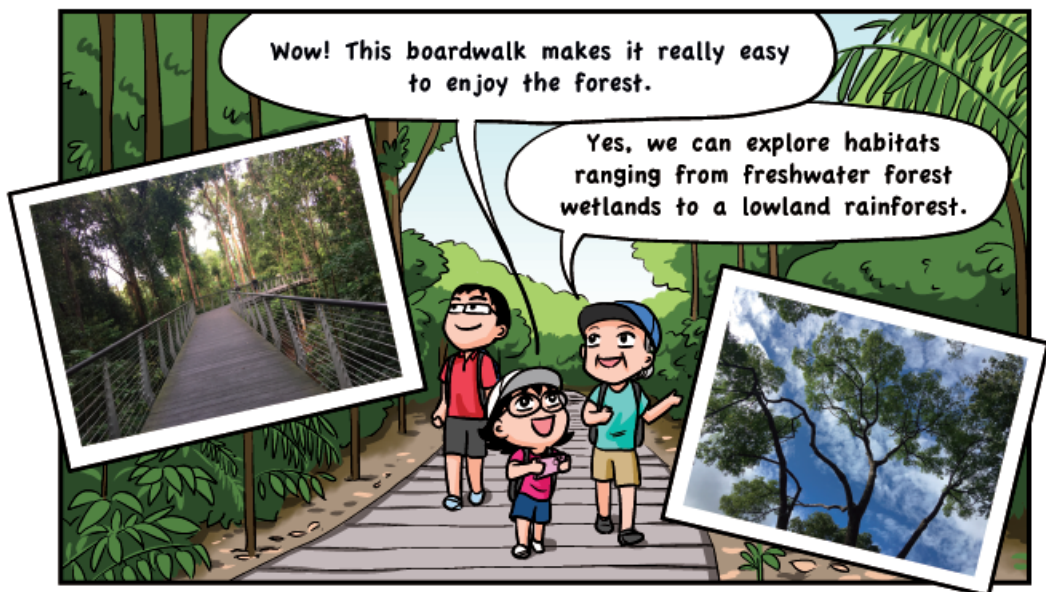
From: _____

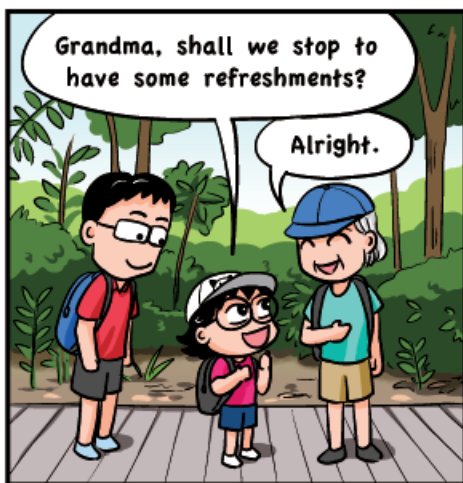
Outdoor Adventures












End

MY GRANDPARENTS AND ME

Some of us love to spend weekends with our grandparents, enjoying their company and having fun. Some children also live with their grandparents who provide them with daily care and support. Let's find out what pleasant memories some children in Singapore have of their time spent with grandparents!




I love my grandma. She is so cute.
She plays dolls with me and cooks me
delicious food that I like to eat.

She teaches me, helps me with my
homework, takes me for walks in the
park, and tells me exciting stories.

Grandma shows me how to fold origami
balloons and I will teach her how to
create even more objects!

Lyla-Jean Loh
Opera Estate Primary School, 1 Joy



My Gong Gong is a fun person. He plays
with me, hugs me, cooks my favourite
beef stew, and picks me up from school.
I love writing him notes.

Damien Wai Renjie
Catholic High School, 1 Faith

Thank you!

My grandpa loves gardening and sharing his stories. He makes the best milo and cooks the best scrambled eggs!

I made him feel loved and appreciated by greeting him, celebrating his birthday every year, accompanying him when he goes to buy food and giving him hugs!

Adryell Lai
Tampines Primary School, P3 Joy



This is a drawing of Nenek and Atuk.
We show our gratitude for their care
by writing thank-you cards!



Shaeyan Sheza & Raysha Ryfqa,
Punggol Cove Primary School,
Primary 3 Pearl & Primary 2 Diamond

I would describe my grandma as someone who will do everything in her power to ensure I have everything I need, such as food. She cooks for the entire family, even when she is tired. She is a strong and capable woman who always brings smiles to everyone's faces!

I may not be very good with my Mandarin, but I make an effort to speak with her in Mandarin since she does not know English. I always try to make her feel included in all family activities. I'll teach her about things that people my age do and help her with her handphone as well!

I am thankful to be able to experience the joy of having a grandma!

Eva Alemahy Chia
Mee Toh School, Primary 5-2

Did You Know?

In Singapore, "Celebrating Our Grands" Day on 7 October is a day to honour and thank our grandparents for loving, caring and supporting us. How would you make this day special for your grandparents?



FAMILY SNAKES AND LADDERS



IT'S FAMILY TIME!

Let us join Becky Bunny and her grandparents for a special game of Snakes and Ladders, where they learn to show kindness through **LOVE, CARE AND CONCERN, COMMITMENT** and **RESPECT!**

This pack contains:
Snakes and Ladders Board
Character Counters
Die
List of Trivia Questions

You'll need:
2-4 Players

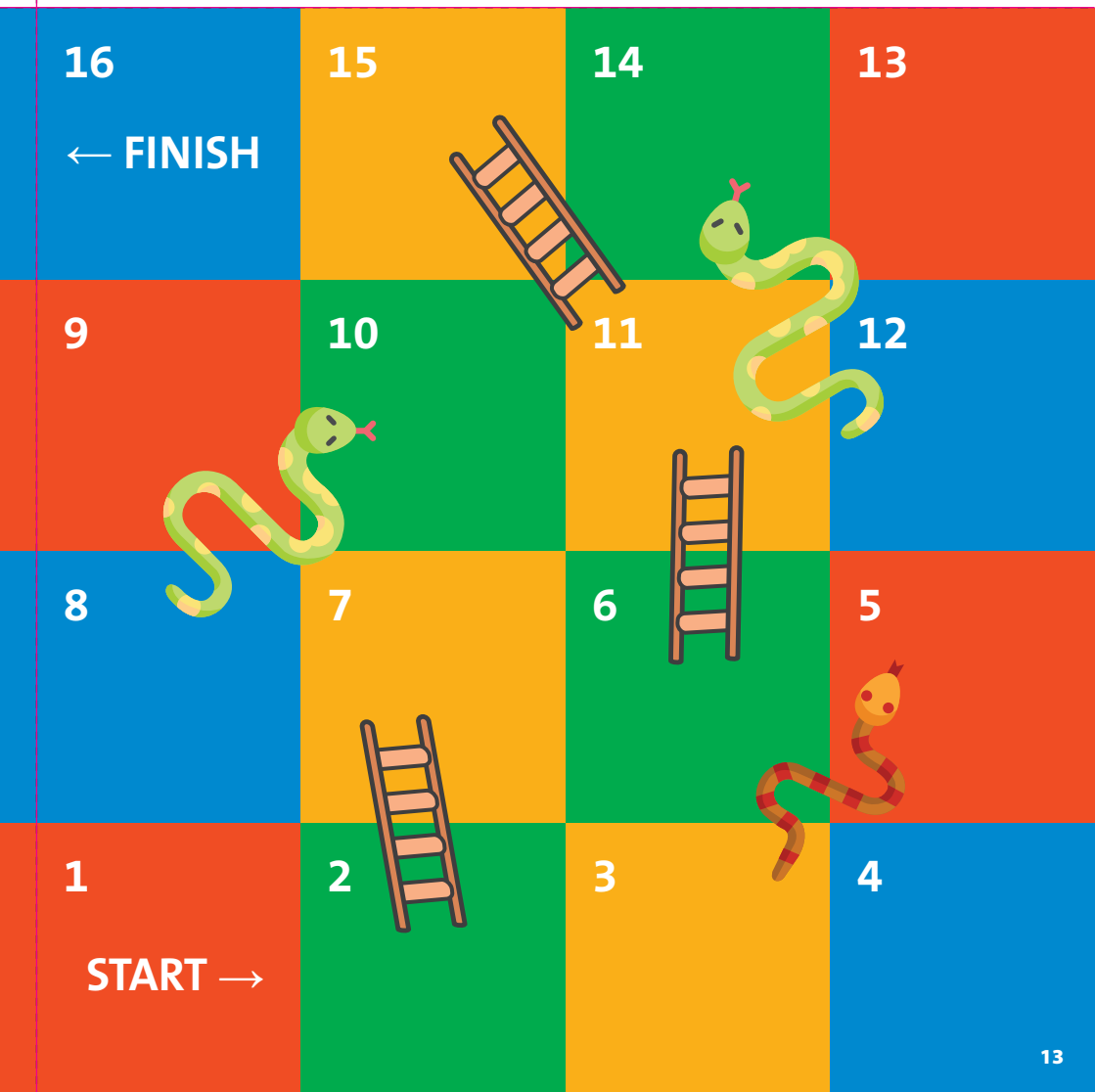
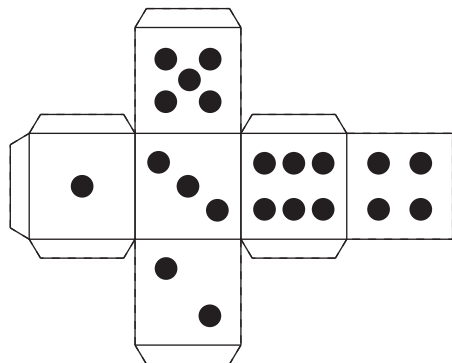
HOW TO PLAY

- 1 Tear out the character counters and die along their perforated lines.
- 2 Each player puts their character counter outside of the board, just before the 'START' square.
- 3 The youngest player starts first, followed by the other players in a clockwise direction. On your turn, roll the die and move your counter according to the number on the die. Look at the number on the square you have landed on and answer the question from the list of trivia questions.
- 4 If the other players agree with your answer, stay on this new square even if there is a head of a snake on this square. If there is a ladder on this new square, move up the ladder instead.
- 5 If the other players do not agree with your answer, return to your original square even if there is a ladder on this new square. If there is a head of a snake on this new square, slide down the snake's tail instead.
- 6 The first player who makes it past the 'FINISH' square wins!

I can't wait to know you better through the game, Grandma!



TEAR OUT THE DIE AND CHARACTER CUTOUTS BELOW!



LOVE

1. When was the last time you hugged a family member?
5. What gift would your family members enjoy receiving?
9. How do your family members show their love for others?
13. How can you show love to your family?

CARE AND CONCERN

2. What time do your family members usually go to sleep?
6. Do your family members prefer having cake or ice cream for dessert?
10. How did you help a family member recently?
14. How did a family member help you recently?

COMMITMENT

3. What do you and your family members enjoy doing together?
7. What food do you and your family member enjoy preparing together?
11. What is your family's favourite television show that you watch together?
15. How do your family members show that they are there for you?

RESPECT

4. When did you last apologise to a family member?
8. When did you last use the word, "Please"?
12. How do your family members show patience towards others?
16. How do your family members show that they are listening attentively when somebody is speaking?

CYBERKINDNESS

Contest Winners

Congratulations to all winners of the Cyber Singa contest from Issue 2/2023!

Remember the contest where you were invited to create your very own Cyber Singa design? We are delighted to announce the winners!

Er Tean Yee

**Rivervale Primary School
5 Respect**

Design 1



Design 2



Design 3



1st

Amber Louise Pereira

**CHIJ (Katong) Primary
AM 6**

Design 1



Design 2



Design 3



2nd

All winners will be notified by email and will receive exclusive merchandise from the Singapore Kindness Movement. Singapore Kindness Movement's decision on all winning entries is final. No correspondence will be entertained.

Yeng Khay

**Innova Primary School
6C**

Design 1



Design 2



Design 3



3rd

Muhammad Saad Ullah

**Xinghua Primary School
6E1**

Design 1



Design 2



Design 3



Consolation

Vera Quek Yi Cen

**Chongfu School
5 Gracious**

Design 1



Design 2



Design 3



Consolation

Ong Qi Ning

**Teck Ghee Primary School
5 Bravery**

Design 1



Design 2



Design 3



Consolation

STICKER PACK

To everyone who participated in the CyberKindness contest, thank you! We are excited to share with you the new Cyber Singa sticker pack! This sticker pack was created based on original winning artworks by students from P1-6.

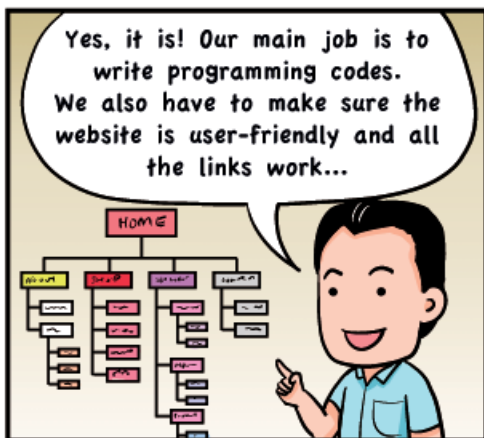
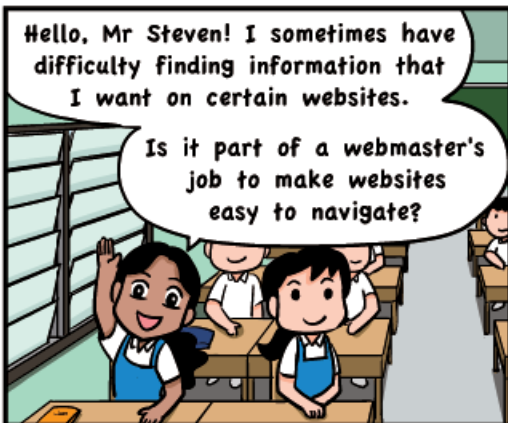
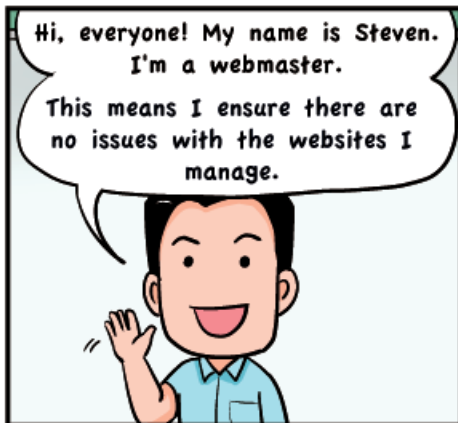
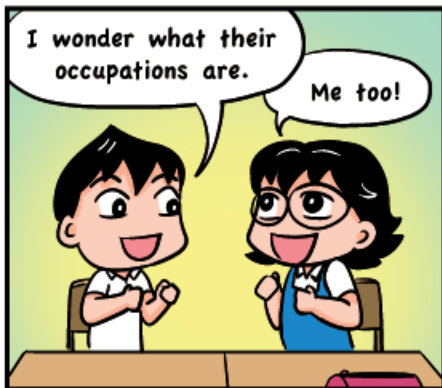


You can ask your parents to scan the QR code to find out more about the sticker pack and download the stickers. Be sure to spread kindness and positivity online while connecting with your friends and family this holiday!





I Wonder What I Could Be



Part of making websites easy to navigate...



...is experimenting with different layouts, colour schemes and graphics that could provide the best user experience for visitors.



FONT

FONT

FONT

FONT

And to make the websites even more attractive, we sometimes work with graphic designers.

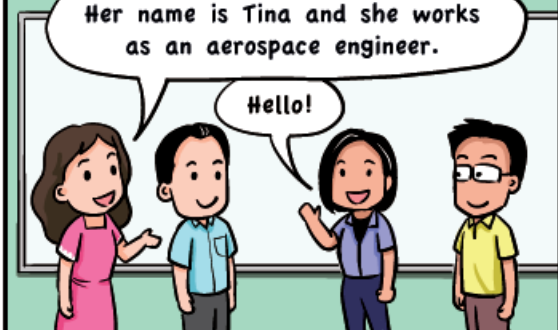
I see!



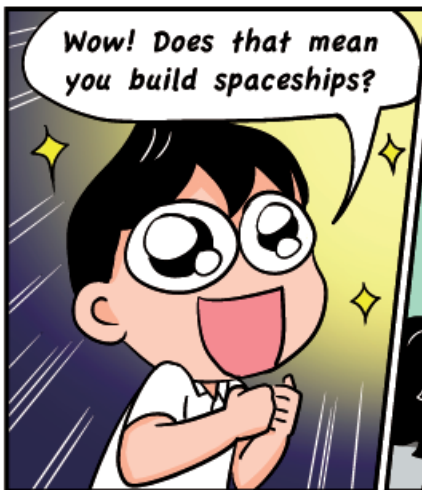
Thanks, Mr Steven, for sharing with us about your occupation. Let's meet our next guest.

Her name is Tina and she works as an aerospace engineer.

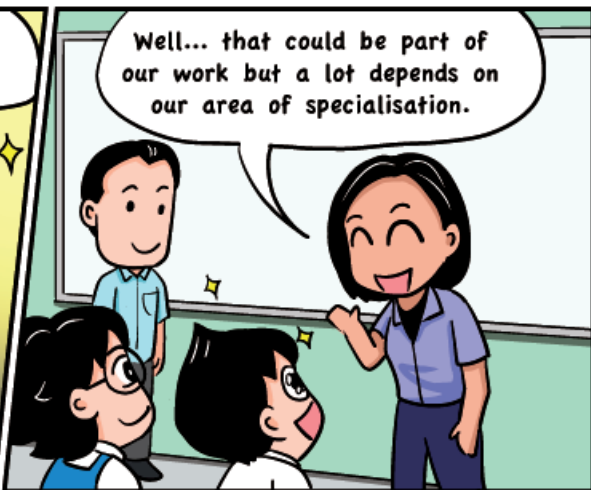
Hello!

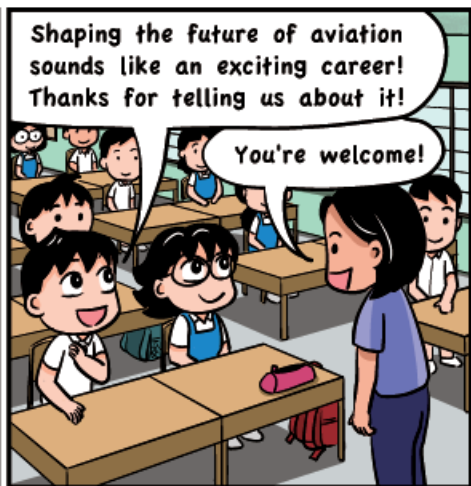
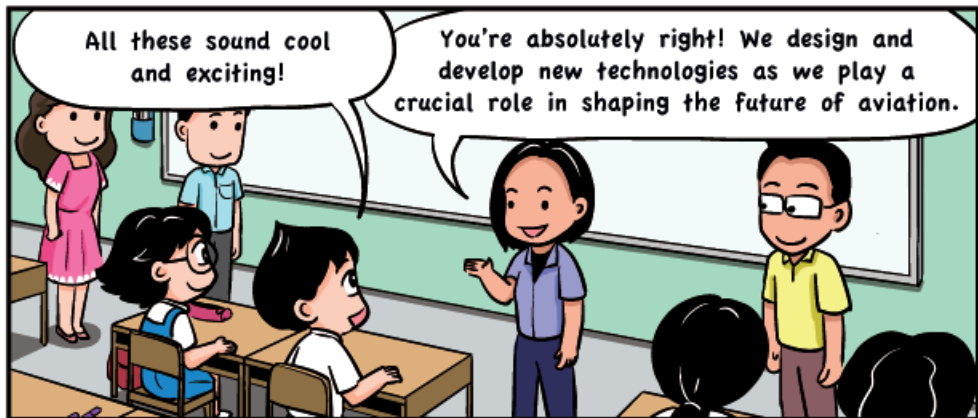
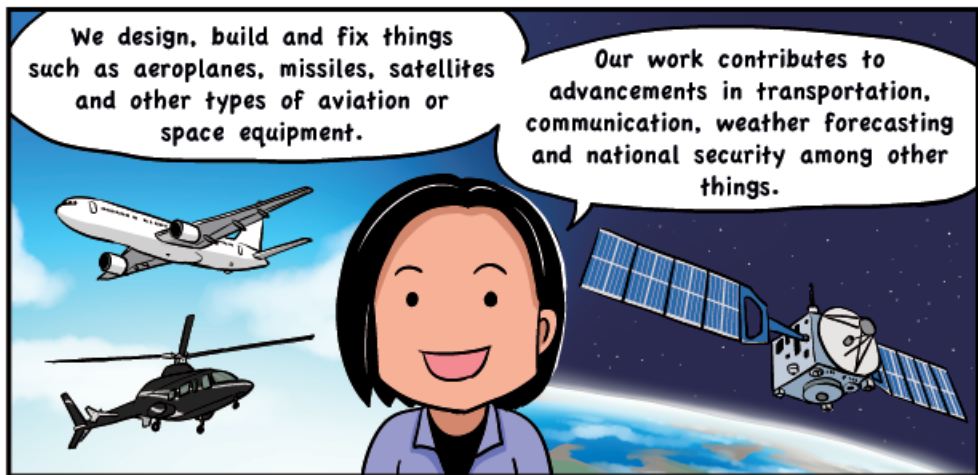


Wow! Does that mean you build spaceships?



Well... that could be part of our work but a lot depends on our area of specialisation.







Find out more about other occupations on the Student Learning Space!
(<https://go.gov.sg/ecg-industry-pri>)!





What occupations excite you?

Write down your thoughts on this page and mail it to us or send in your response through <https://mailbox.kindness.sg>

Name: _____

School: _____ **Class:** _____

Home Address*: _____

*Receive a personal reply from the Kindness Headquarters when you send in your response.
(Parental consent required)




TEAR OUT THIS PAGE AND MAIL IT TO US.

POST BY SNAIL MAIL TO:

**Agents of Kindness
Singapore Kindness Movement
61 Stamford Road
#02-01/02 Stamford Court
Singapore 178892**



Last term, some P5 students shared their experience at the NE Show.



I enjoyed the fireworks and managed to capture some videos during the show. My favourite part of the show was when everyone had to do the Padang Wave. I enjoyed all the performances and songs. It was heartening to see the uniform groups marching in as well.


I sang this year's NDP song, "Shine Your Light". The performers must have put in a lot of time and rehearsals for the show, and I am grateful for their effort. As I sang the National Anthem, I felt proud of being a Singaporean!

- Irissha Ursila
Temasek Primary School, 5RS

I enjoyed every part of the show! I truly appreciate the dedication of the performers, singers and organisers who put in so much effort to provide us with a great experience. I enjoyed the final part of the parade the most.

The NDP not only commemorate Singapore's Independence but also serves as a reminder of the nation's struggles and achievements. It's a celebration of Singapore as a multicultural country.

- Gerald Lian Zhi Xiang
Elias Park Primary School, 5 Integrity



Some P6 students also shared about their National Day Celebrations.



I celebrated National Day with my family by watching the parade on television. To celebrate the special day, we ate nasi lemak and red velvet cake! I also baked National Day themed cookies at my aunt's house. They tasted so good!

- Noorul Hidayah
Telok Kurau Primary School, 6 Integrity



My family and I celebrated National Day by spending time with my grandma and watching the NDP on television together. Along with my family and cousins, we wore red and celebrated the National Day together. This has become our yearly tradition!

- Muhammad Adiel Bin Muhammad Ashraf
West View Primary School, 6D

On National Day, my family and I enjoyed a hotpot meal while watching the NDP on television. When we heard the National Anthem, we sang out loud to show how much we love our country. We also danced when we heard this year's NDP song. I would like to wish Singapore a Happy 58th Birthday!

- Leong Jia Ting
Nanyang Primary School, 6H



"What does Racial Harmony mean to you?"



Congratulations to the winners for the Racial Harmony Day Contest!

DEAR SINGA,

1st

How are you? I hope you are doing well.

To me, Racial Harmony means respecting and caring for all cultures in Singapore. I remember a time when my family and I were on a holiday, and there was no one to look after our pet guinea pig. One of our neighbours, who was a Malay, kindly offered to help take care of our guinea pig while we were away. We were grateful and thanked her for taking care of our beloved pet.

I think people from different cultures can form strong bonds with one another. I enjoy interacting with people of different cultures because it allows me to learn about their cultures and languages. At the same time, I can also share my language and build meaningful friendships!



Alexander Stanis

Jiemin Primary School
6 Diligence

DEAR SINGA,

2nd

Racial Harmony means...

Not taking friends from other races for granted.

Sharing and enjoying traditions from other cultures.

Living in harmony with a variety of other races.



Claire Lai Xiao Xuan

Xishan Primary School
P5 Resilience

3rd

DEAR SINGA,

In my opinion, Racial Harmony is about stepping out of our comfort zones to interact with people of different backgrounds, races and religions. This way, we can know each other's culture better.

Sometimes, we hear people saying racist jokes. This needs to stop. When eating with our Muslim friends, we should always remember to use separate utensils, as non-halal ingredients must not come into contact with utensils used for halal dishes.

Let's treat everyone equally, without discrimination or prejudice. Let's build a multi-racial nation where everyone can fully integrate yet still have space to preserve their identities and practice their own faith and religion.

Ashwika Singh

North View Primary School
5 Hope

DEAR SINGA,

Consolation

Racial Harmony means celebrating our differences and appreciating diversity in Singapore.

I would like to contribute to strengthening Racial Harmony in Singapore by being inclusive. I will explore foods from other cultures, play with friends regardless of their race, language, or religion, and participate in celebrating different festivals!



Zi Ting

Jurong Primary School
5 Gracious

Consolation

DEAR SINGA,

Racial Harmony means that all races are equal and do not fight with each other. I have several close friends from other races, and we get along very well! Sometimes, we go out together and even attend block parties with our neighbours. We learn about each other's cultures, traditions, clothing and much more. We also exchange wishes during festivals.

Anisa Hadirah
Jiemin Primary School
6 Kindness

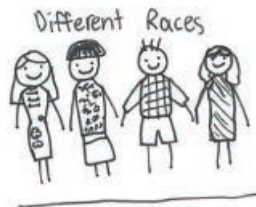


Lynette Lau
Poi Ching School
6J5

Consolation

DEAR SINGA,

Racial Harmony means people from different races coming together to strengthen harmony in Singapore. Racial harmony Day is a reminder for us to be understanding and respectful to all cultures. We can be more sensitive and mindful of our words and actions when interacting with our friends and neighbours who may be from different races.





Fun at Kindsville

Thank you for joining us!



This year, Singa and the Kindness Cubbies were on the move, meeting new friends like you! On 18 June, they brought Kindsville to the Children's Festival @ Gardens by the Bay. Families were invited to take part in fun activities such as the Kindsville Treasure Hunt, writing a letter to Singa and crafting a Thank You card.



Families also watched the Kindness Cubbies perform and joined in the K-I-N-D-N-E-S-S Dance!



Continuing with their June Holiday adventures, the Kindness Cubbies participated in the first-ever Park Connector Network (PCN) thematic trail along Punggol Waterway from 24 June to 30 July. As part of the PCN Kindness Campaign 2023, installations of the Kindness Cubbies were placed in various parts of the park connector to spread kindness and positivity to visitors. Many families were seen taking photos with the Cubbie installations during the campaign. Were you among those who did these and more?

Singa and the Kindness Cubbies have many more such events planned! Keep a lookout for new activities you can participate in with your family. We look forward to seeing you!

Photo credits: NParks



A poem is a piece of writing that tells stories using feelings and imagination. Some poems rhyme, while others don't. "Humpty Dumpty" and "Mary Had a Little Lamb" are examples of poems that bring stories to life!

Now, let's explore winning poems by secondary school students for Write for Kindness 2023.



Written by Beth Chew Chi En and illustrated by Isha Prakash from Cedar Girls' Secondary School



BIG-HEARTED BEAVERS

Written by Tvisha Agarwal

Illustrated by Aashika Grace Manuel

BIG-HEARTED BEAVERS
FUR OF DIFFERENT COLOURS,
SIZE, SHAPE, AGE, GENDER,
IT REALLY DOESN'T MATTER.
THEY CLENCH THEIR CLAWS
AND ON LOGS THEY GNAW.

THEY SWAM AND SWAM AND BUILT DAMS.
SOIL AND WATER IN PLACE, THEY DANCED WITH GRACE!
BUT LITTLE SOUND DID THEY MAKE
AS THE SLEEPING BEAVERS, THEY CANNOT WAKE.

THE BEAVERS WITH THEIR BIG HEARTS,
SERVED TWIGS AND GRASS FIRST TO GRANDPA AND MA,
LEAVING LITTLE LITTER LEFTOVER
KEEPING THEIR NATURE CLEAN FOREVER.

BIG-HEARTED BEAVERS WENT TO PLAY
WIN OR LOSE, THEY SMILE AND THEY
GIVE EVERY PAW A CLAW-FIVE
BEFORE THEY TAKE ANOTHER DIVE!

SMALL THE BEAVERS MAY BE
BUT KINDNESS IN THEM DO WE SEE.
STRONG THEY ARE WITH BIG HEARTS
THE KINDER, THE STRONGER WE ARE.



Written by Tvisha Agarwal and illustrated by Aashika Grace Manuel
from NPS International School

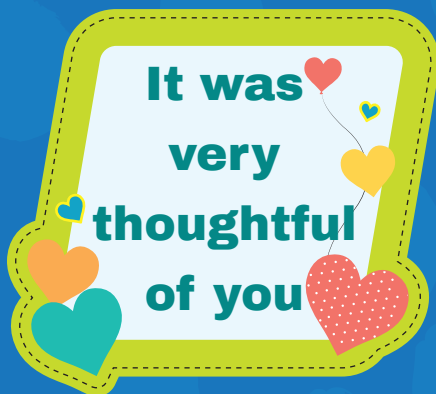
Scan the QR code
for more kindness
poems:



A-OK!

Stickers

Complete your "Thank You" Card on pages 3 and 4 using these stickers.



A-OK!

Stickers

CYBERKINDNESS *STICKER PACK*

Use these Cyber Singa Cubbie stickers to decorate your notebooks or stationery! Find out how you can download the online sticker pack on page 18.

